

# Sarcoma Board Review 2020

Seth M. Pollack

Seattle Cancer Care Alliance

Fred Hutchinson Cancer Research Center

University of Washington

# Disclosures

Honoraria/advisory: Daiichi Sankyo, Apexigen

Grants/research: Immune Design, Merck, EMD Serono, Incyte, Omeros, Presage, Janssen, Juno

# Outline

## 1) Overview (etiology/risk factors/diagnosis)

Soft Tissue Sarcomas:

## 2) Non-GIST soft tissue sarcoma

- Includes treatment of select “benign,” aggressive tumors

## 3) GIST

## 4) Bone Sarcomas

- Osteosarcoma
- Ewing sarcoma

Sarcoma (1% of all cancer - percentages include children and adults; 20,000 patients all combined)

Bone Sarcomas (10%):

- Osteosarcoma
- Ewings Sarcoma
- Chondrosarcoma
- Giant Cell Tumor
- Other

Soft Tissue Sarcoma (STS)

GIST (18%)

RMS (3%)

Other “special” STS:  
Kaposi’s (3%)  
DFSP (5%) etc.

Non-GIST  
Non-RMS  
Not special  
STS:

Or, in other words, what I  
usually call: STS

# Risk Factors

- Lymphedema
  - Stewart-Treves (cutaneous angiosarcoma)
- Immunodeficiency
  - Human herpes virus 8 (Kaposi's Sarcoma)
- Chemical exposures?
- Role of Trauma?
- Radiation:
  - <1% of treated patients
  - Median latency 10 years following RT
  - Rarely seen with doses <40 Gy
  - Increased risk with anthracyclines + alkylating agents
  - Undifferentiated pleomorphic sarcoma (UPS) most common subtype
  - Angiosarcomas in breast cancer patients
- Genetics...

# Genetic Predisposition For Sarcoma

- Neurofibromatosis (type 1) – Malignant Peripheral Nerve Sheath Tumors (MPNST) and others
- Retinoblastoma – Osteosarcoma, leiomyosarcoma and others
- Li-Fraumeni syndrome – Many Sarcoma types
- Gardner's syndrome (familial adenomatous polyposis) – Desmoid Tumors <sup>1</sup>
  
- Other Syndromes: Tuberous sclerosis (rhabdomyosarcoma) , Rothmond-Thomas Syndrome (Osteosarcoma) , Costello Syndrome (Rhabdomyosarcoma), Beckwith-Wiedmann Syndrome (Rhabdomyosarcoma), Multiple Enchondromas (Chondrosarcoma) <sup>2</sup>

<sup>1</sup>Thomas et al J. Surg Onc 2015

<sup>2</sup>Pakaksama et al., Ped Clin N. Amer. 2002

# Biopsy

## For Extremity Tumors:

- Usually core biopsy or incisional biopsy preferred.
  - Extremity masses should be biopsied through a small *longitudinal* incision so that entire biopsy tract can be excised at the time of resection
- Tru-cut core biopsies may be adequate.
- FNA has no role in initial diagnosis of extremity STS. May document a recurrence.
- Excisional biopsy for small <3 cm superficial tumors.

## For abdominal tumors, biopsy is not helpful unless:

- Suspect lymphoma or germ-cell tumor
- Plan to give preoperative chemotherapy and/ or radiation
- Tumor is unresectable



Lewis J, Brennan MF. Current Probl Surg 33: 817: 1996  
Mankin HJ et al. J Bone Joint Surg 78A:656-63: 1996

# Histological Subtype: Expert Review is Key

- Present and colleagues reviewed 216 sarcoma cases to see if experienced academic pathologist would agree with pathologists who see few sarcomas.
- Experienced pathologist have a high degree of concordance
- However, in experienced pathologists misclassify sarcomas 27% of time
- 6% of tumors initially called “sarcomas” were not actually sarcoma

**Summary: any pathology thought to be sarcoma should be reviewed by an experienced bone and soft tissue pathologist.**



# Histological Grade

- Histological grade predicts risk of metastasis and survival
- FNLCC (most common): based on differentiation, mitosis, necrosis. Slightly improvement in predictive power over histology based NCI system.
- Grade is of no prognostic value in certain subtypes:
  - MPNST
  - Extraskeletal myxoid chondrosarcoma
- Others are always considered high grade
  - Angiosarcoma
  - PNET

# Translocation-related Sarcomas

Disease	Chromosomal Change	Fusion Gene	Frequency
Ewing' s/PNET	t(11;22) or t(21;22)	<i>EWS-FLI1</i> <i>EWS-ERG</i>	85% 5-10%
Synovial sarcoma	t(x;18)	<i>SYT-SSX</i>	> 90%
Myxoid liposarcoma	t(12;16)	<i>CHOP-TLS</i>	> 75%
Alveolar rhabdomyosarcoma	t(2;13) or t(1;13)	<i>PAX3-FKHR</i> <i>PAX7-FKHR</i>	70% 15%
Clear cell sarcoma	t(12;22)	<i>EWS-ATF1</i>	> 75%
Desmoplastic small round cell tumor	t(11;22)	<i>EWS-WT1</i>	> 90%

# Standard Imaging/Staging Approach

## MRI:

- important for extremities (e.g. muscle versus tumor/fat), head and neck, chest wall
- Accurate at defining tumor relationship to muscle, fascial planes, bones and neurovascular bundles

## CT:

- Initial chest CT recommended to evaluate for metastatic disease in all sarcoma patients
- Used as main evaluation for primary sarcomas in the abdomen and pelvis.

Other imaging including PET may play a role in select circumstances

# Soft Tissue Sarcoma Staging

Stage IA	G1,2	T1a,b	N0	M0
Stage IB	G2	T2a,b	N0	M0
Stage IIA	G3,4	T1a,b	N0	M0
Stage IIB	G3,4	T2a	N0	M0
Stage III	G3,4	T2b	N0	M0
Stage IV	Any G	Any T	N1	M1

5 year Survival by AJCC Stage	
Stage I	90%
Stage II	70%
Stage III	50%
Stage IV	10-20%

# Staging of Bone Sarcomas

		Enneking Stage	AJCC Stage
IA	Low grade	Intracompartmental	< 8 cm
IB	Low grade	Extracompartmental	> 8 cm
IIA	High grade	Intracompartmental	< 8 cm
IIB	High grade	Extracompartmental	> 8 cm
III	Any grade	N1 or M1	Skip metastasis
IVA	Any grade	Has no stage IV	Lung only mets
IVB	Any grade		Lymph node or other sites

# Key “pearls” for Overview (etiology/risk factors/diagnosis)

- Translocations and heritable syndromes are easy to test. Memorize these.
- Transverse incisions and FNA are “no-no’s” for evaluation of soft tissue masses
- Review pathology with an experienced bone and soft tissue pathologist
- Grade and tumor size are both important predictors of local recurrence, distant metastasis and survival.

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# Prognostic Factors in STS

- **Histologic grade – includes:** Differentiation (histology specific), mitotic rate, extent of necrosis
- **Tumor size (Stage includes size and grade)**  
**Other tumor-related factors**
- Depth (superficial/deep to fascia)
- Site (extremity vs trunk/retroperitoneum; distal vs proximal) **Treatment setting**
- Better outcomes at high-volume sarcoma centers: Improved R0 margin rate, local recurrence rate, 30-day mortality, overall survival and functional outcomes
- **Adherence to guidelines — associated with improved survival**

Adapted from *Research to Practice Soft Tissue Sarcoma Grand Rounds*

Abarca T et al. *J Surg Oncol* 2018;117:1479; Bagaria SP et al. *Sarcoma* 2018a, b; Gutierrez JC et al. *Ann Surg* 2007;245:952; Clasby R et al. *Br J Surg* 1997;84(12):1692; Gustafson. *Acta Orthop Scand* 1994;65(1):47; Voss RK et al. *Ann Surg Oncol* 2017;24(11):3271.



# Treatment of Localized STS

- Surgery + RT (most common)
- Surgery + chemo + RT – may make sense for large high grade tumors where surgery is difficult
- Neoadjuvant Chemo – may play a role for larger, higher grade tumors
- Adjuvant Chemo – controversial and not definitively proven but likely plays a role for some patients

# Extremity Soft Tissue Sarcoma Surgery

- Whenever possible, function- and limb- sparing procedures should be performed
- As long as the entire tumor is removed, less radical procedures do not adversely affect local recurrence or outcome
- Goal is complete removal of the tumor with negative (2-3 cm) margins and maximal preservation of function

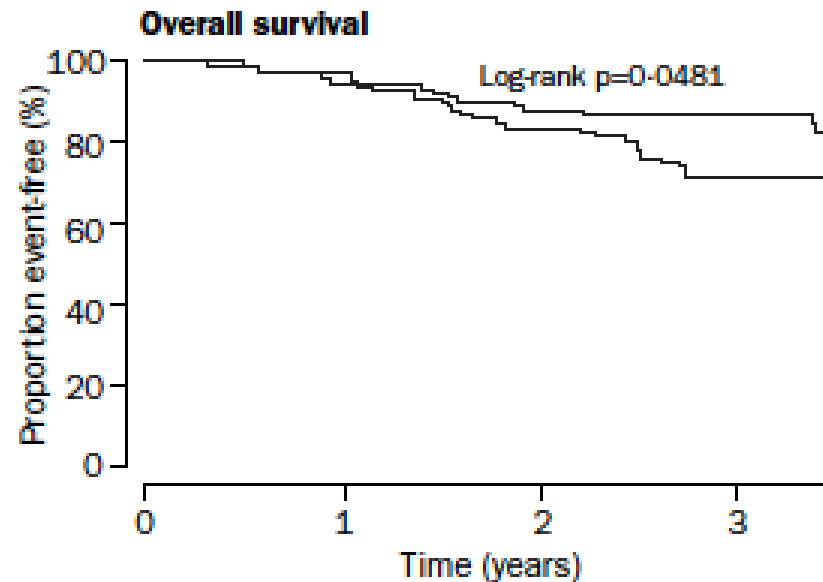
Rosenberg SA, Tepper J et al. Ann Surg 196; 305-15: 1982

# Extremity Soft Tissue Sarcoma: Adjuvant Radiation

- Wide surgical excision alone is adequate for small lesions <5 cm
- Consider adjuvant RT with high grade lesions greater than 5 cm or with resection margin <1 cm
- RT choices include IORT and Brachytherapy

Yang J, Chang A, et al. J Clin Oncol 16;197-203: 1998

# Adjuvant versus Neoadjuvant Radiation



**Patients at risk**

Preoperative radiotherapy	92	87	81	51
Postoperative radiotherapy	94	90	74	48

Although the O'sullivan series showed better survival with neoadjuvant rads compared with post-op rads, others have criticized it as it was not an intention-to-treat analysis

Neoadjuvant Radiation:

Higher rates of wound complications  
Higher rates of returning to the operating room.

Adjuvant Radiation:

Higher rates of edema and fibrosis  
Higher rates of radiation associated fractures.

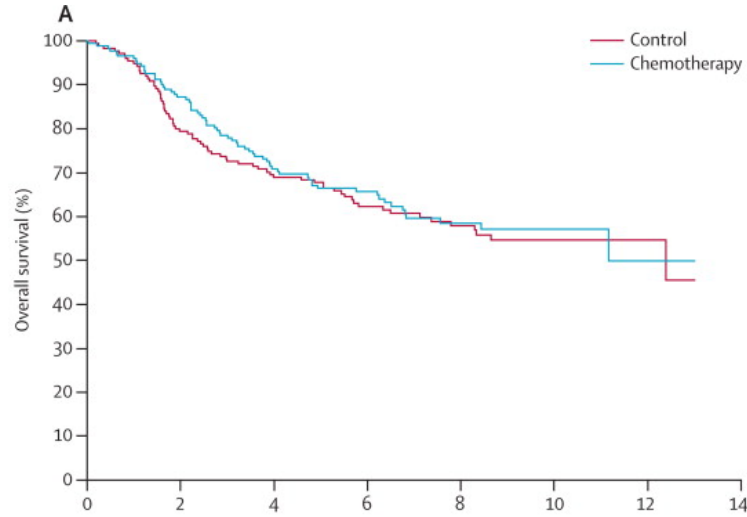
*O'Sullivan et al, Lancet, 2002*

# Adjuvant Chemotherapy

- The role of chemotherapy is established in some special cases:
  - Ewing' s/ PNET
  - “Pediatric type” rhabdomyosarcoma (Embryonal or Alveolar)
- Local therapy alone only cures 10-20%.
- Addition of combination chemotherapy affords cure rate of
  - 60-70% in Ewing' s/ PNET
  - 60-90% in embryonal rhabdomyosarcoma

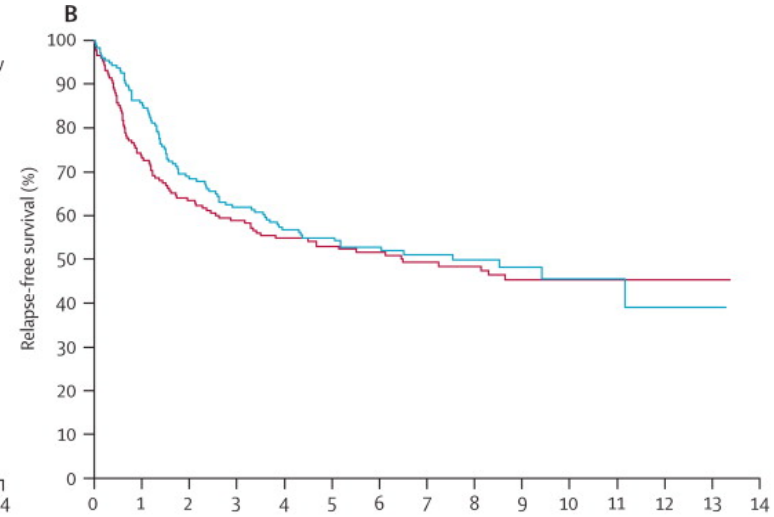
*These are relatively rare tumor types in the adult population ...*

# EORTC Adjuvant trial

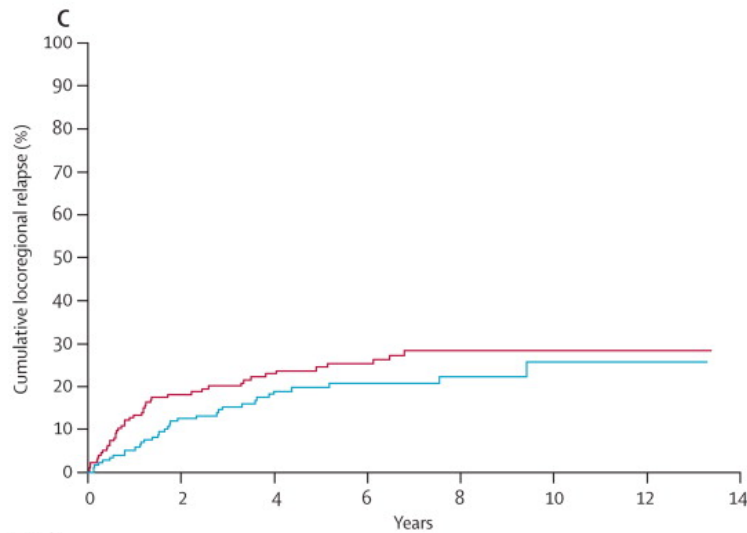


Number at risk

Control	176	138	116	84	57	23	7
Chemotherapy	175	149	120	82	45	19	1

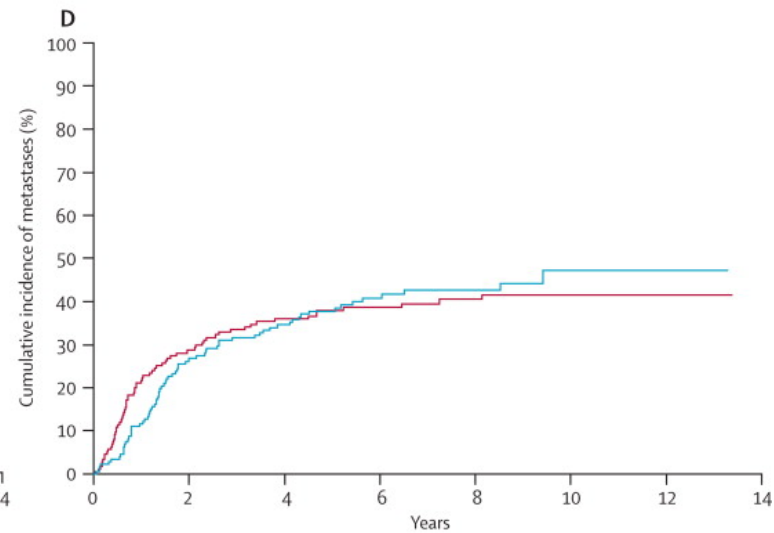


Control	176	128	110	102	92	84	71	59	52	34	19	9	5	1
Chemotherapy	175	149	118	107	97	81	64	50	35	23	14	9	1	1



Number at risk

Control	176	127	103	77	53	21	6
Chemotherapy	175	138	108	73	41	17	1



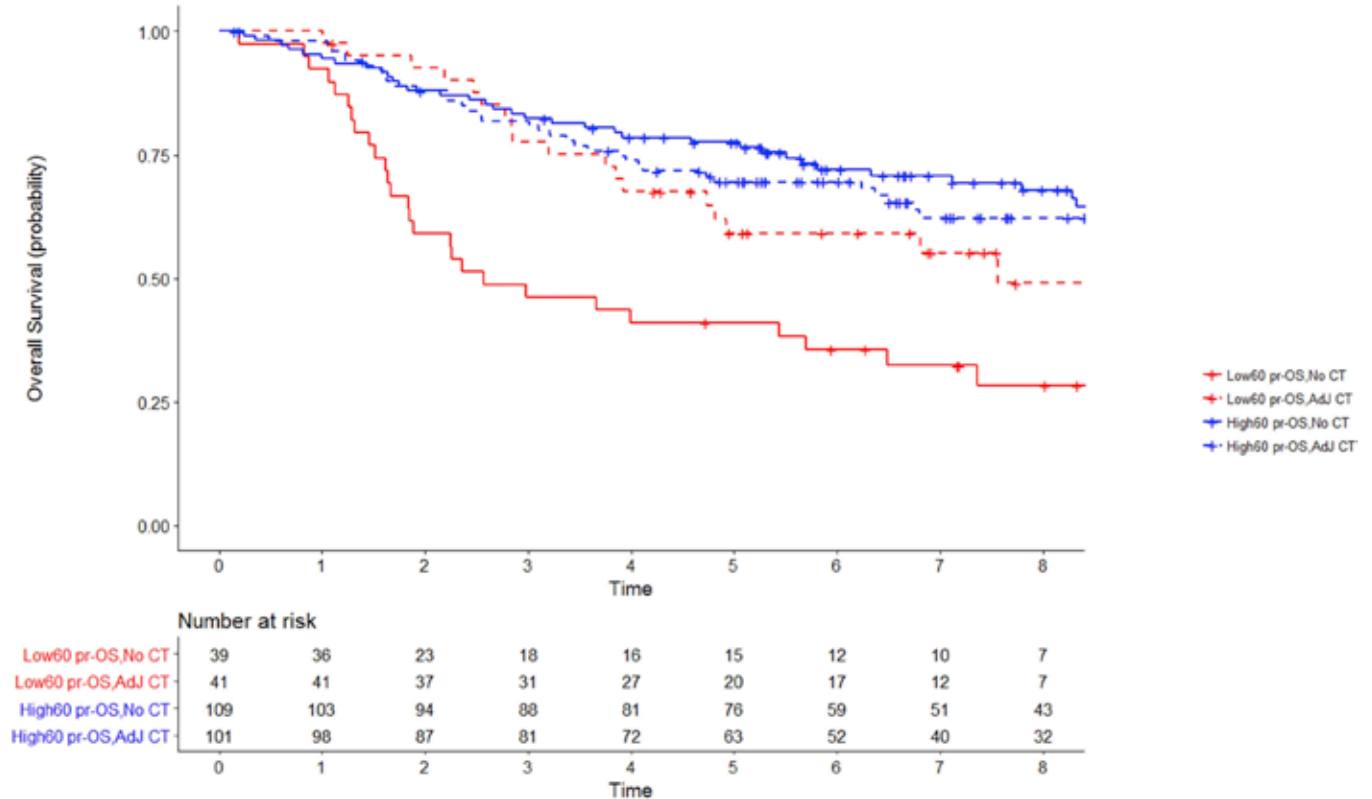
Control	176	118	101	77	55	22	6
Chemotherapy	175	124	106	68	38	15	1

Randomised trial ± doxorubicin 75mg/m<sup>2</sup> + ifosfamide 5g/m<sup>2</sup> + lenograstim q 3wk x 5

Woll P et al, Lancet 2012

# Navigating Adjuvant Chemo:

- High-risk patients identified using the “sarculator” nomogram.
- For these patients, in the EORTC adjuvant trial, chemo improved survival
- Most sarcoma physicians in the US are giving adjuvant chemotherapy to their most high-risk patients.

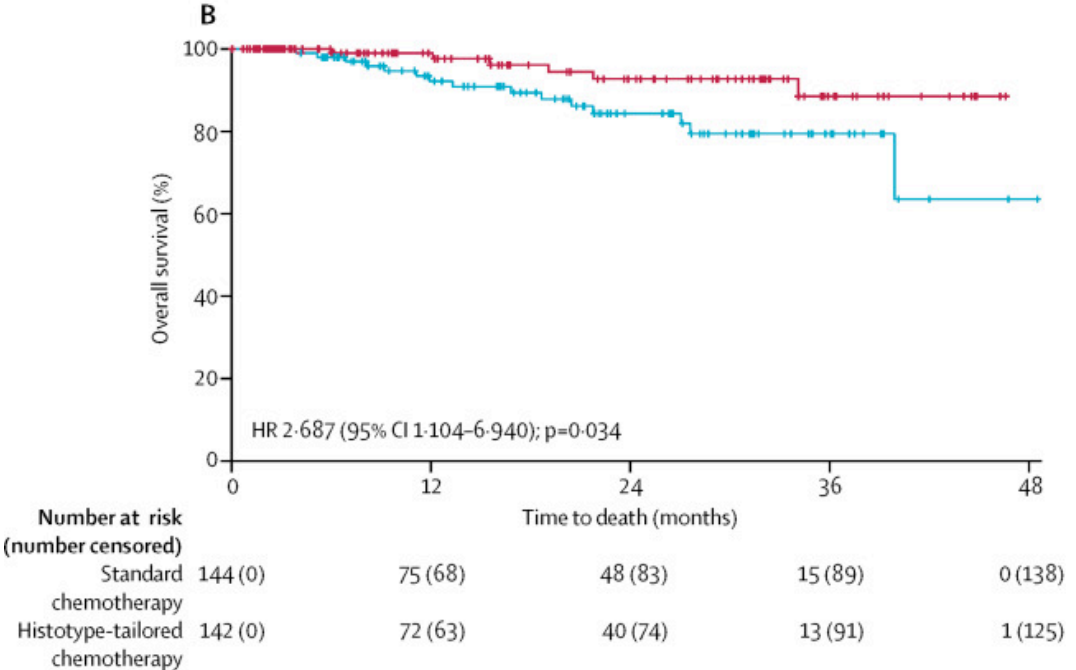
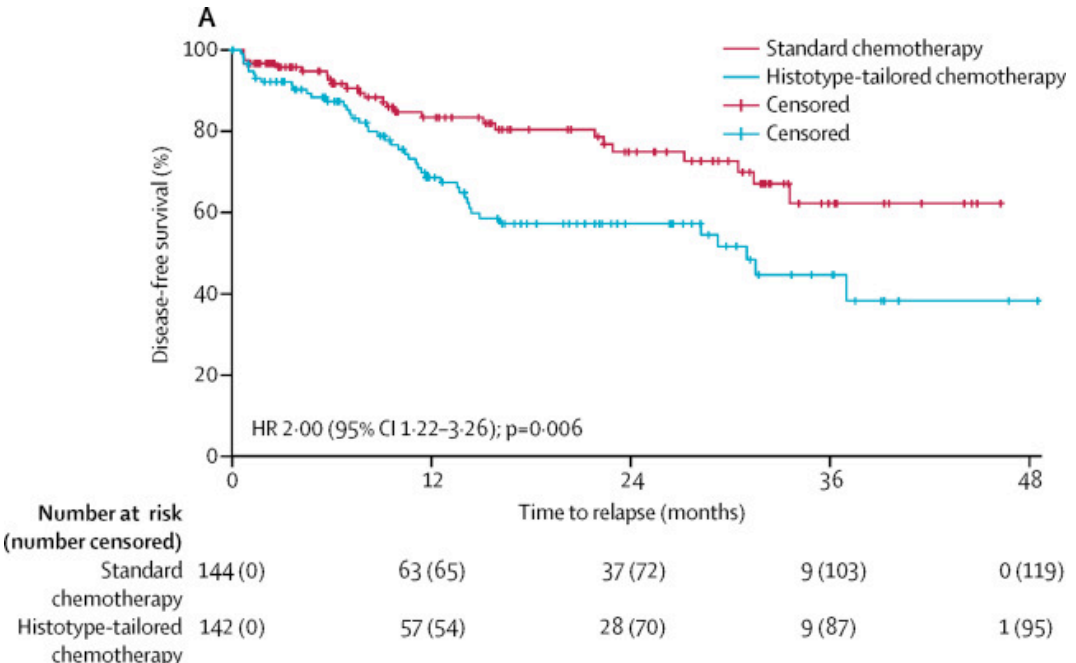


# Neoadjuvant Chemo:

For many patients, it makes more sense to give chemotherapy in the neoadjuvant setting.

Neoadjuvant AIM leads to superior outcomes compared with histology-tailored regimens in high risk patients.

Some have interpreted this as a survival benefit for AIM generally.



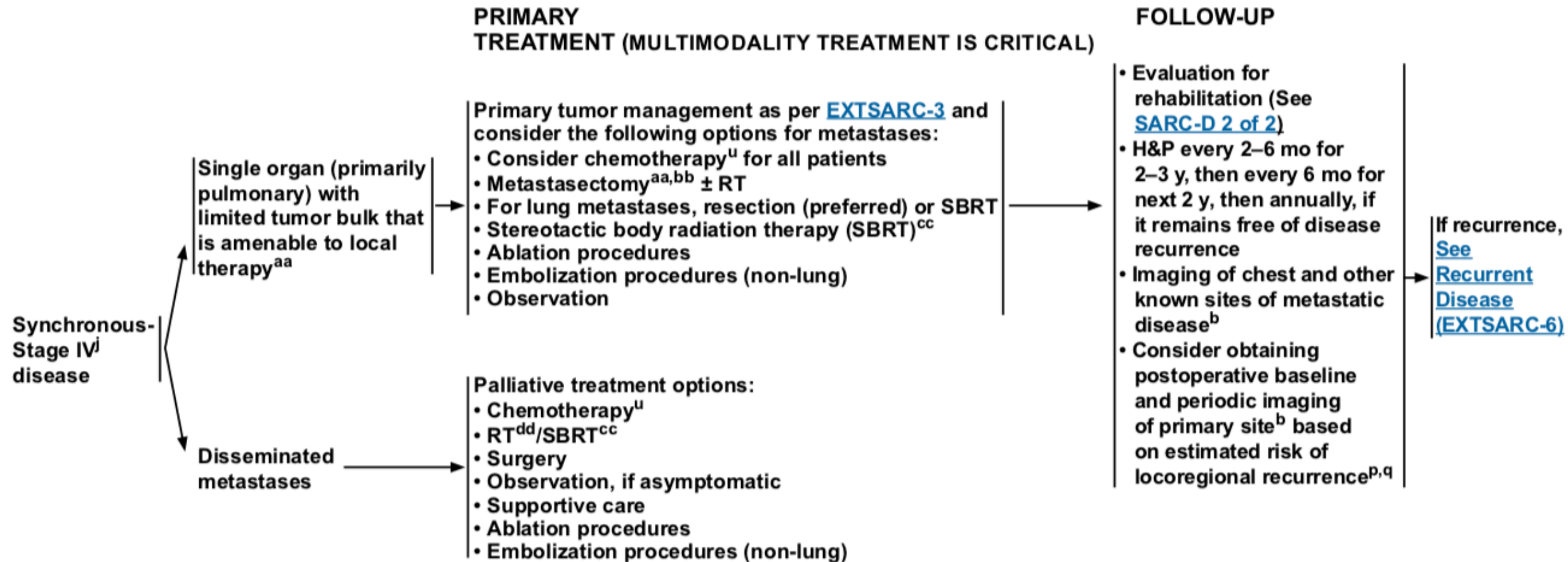
# Surveillance

- Chest Imaging Q3-6 months 2-3 years, then every 6 months until 5 years, then annually
- Consider period imaging of primary site.



# Options for Metastatic Soft Tissue Sarcoma (according to NCCN):

Note: both surgery and SBRT may be good options for patients with isolated/metastatic disease

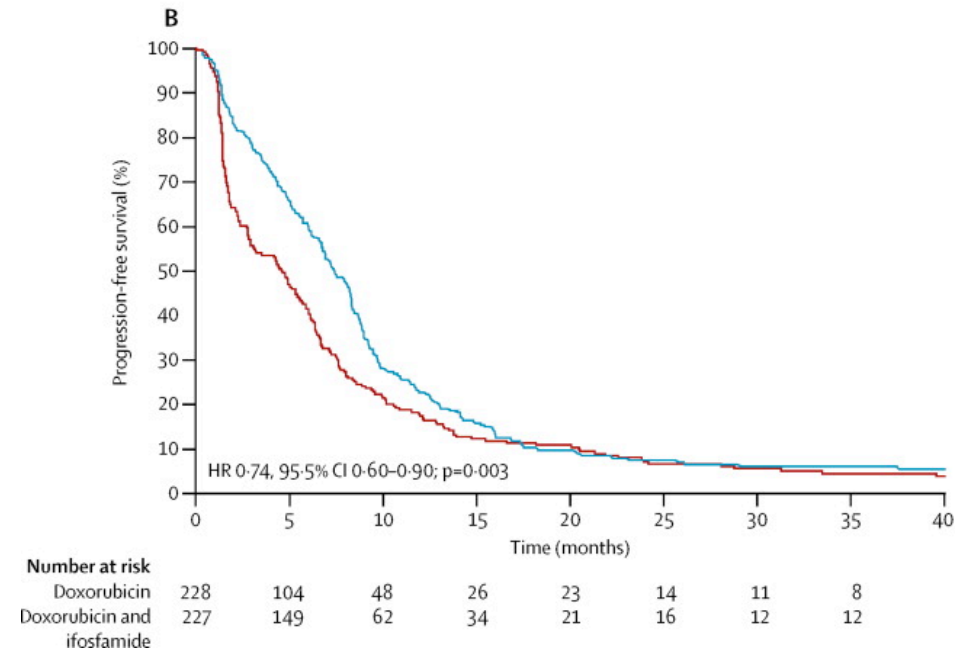
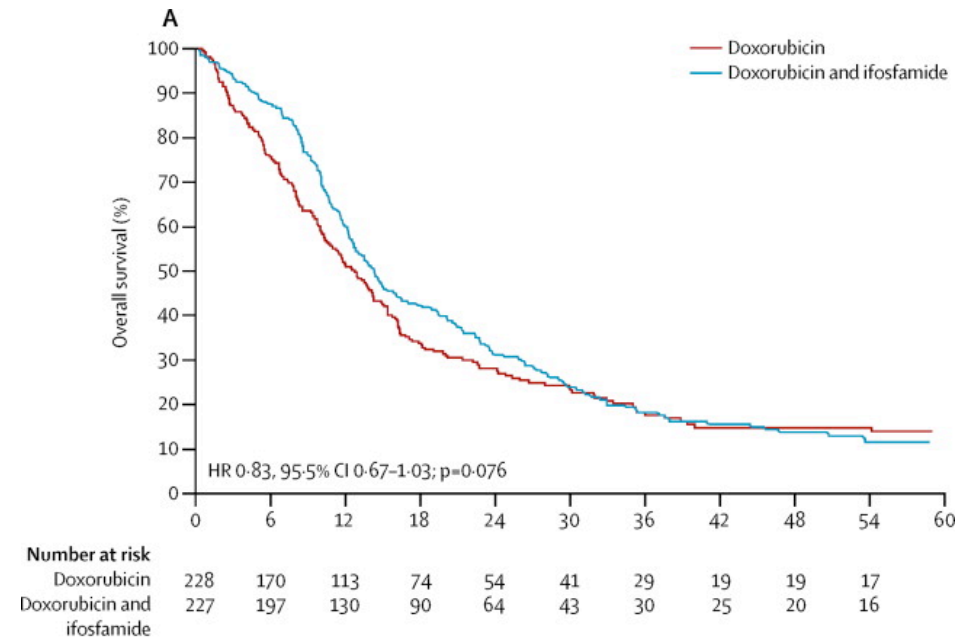


# Principals Systemic therapy in soft tissue sarcoma

- Chemotherapy: mainstay of treatment for unresectable/ metastatic disease
- Previously “one size fits all” approach to therapy:
  - Anthracycline +/- ifosfamide
- Other agents:
  - Gemcitabine/ docetaxel
  - Eribulin
  - Trabectedin
  - Pazopanib
  - Older agents (e.g. decarbazine etc)

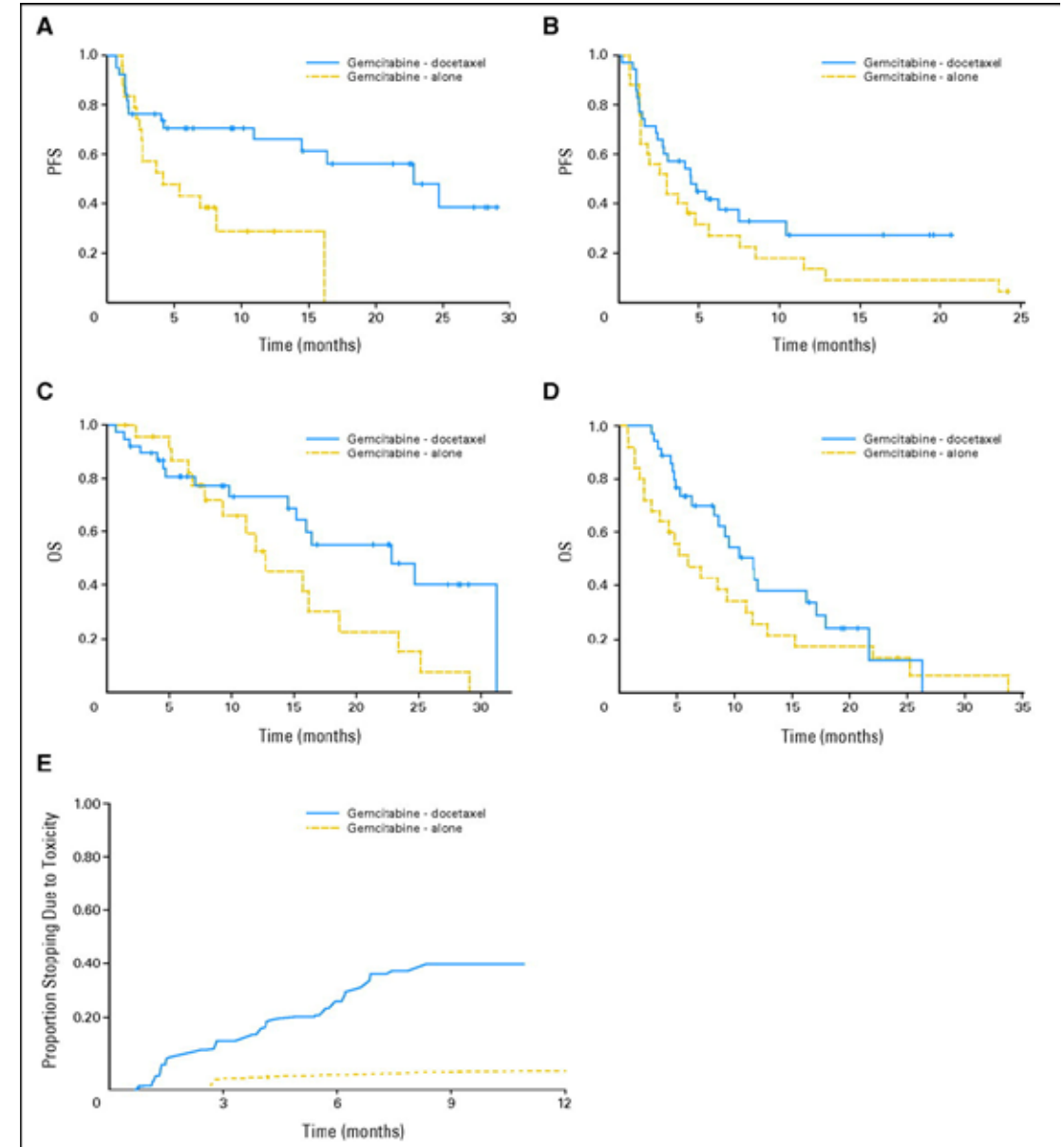
Although chemotherapy should be tailored to an individual, anthracycline-based therapy (dox alone or in AIM) is generally the gold standard front line.

- EORTC randomized Phase III trial:
  - Doxorubicin + ifosfamide versus doxorubicin alone (N=455)
- Median PFS:
  - 7.4 (95%CI, 6.6-8.3) v 4.6 (95%CI, 2.9-5.6) months
  - (HR 0.72, 95%CI; 0.59-0.88, p=0.002)
- Median OS: No significant difference
- Dox+ifos more toxic



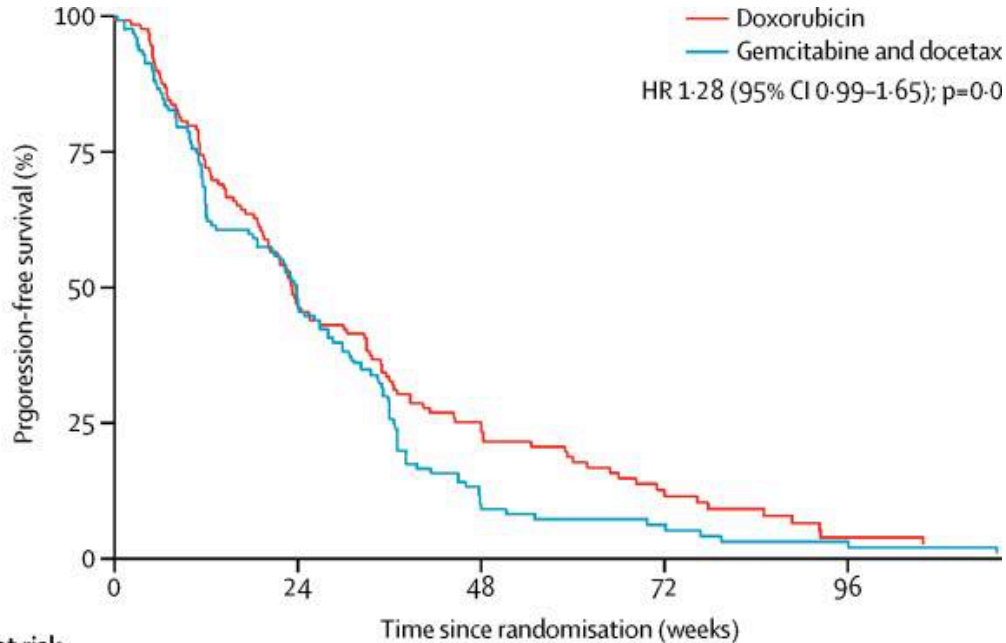
# Gemcitabine and docetaxel

- Randomized Phase II trial, N=122
- Gemcitabine
  - Response rate: 8%
  - Median PFS: 3.0
  - Median OS: 11.5 months
- Gemcitabine/ docetaxel
  - Response rate: 16%
  - Median PFS: 6.2 months
  - Median OS: 17.9 months
- Other Gemcitabine Based Combinations:
  - Navelbine
  - Decarbazine

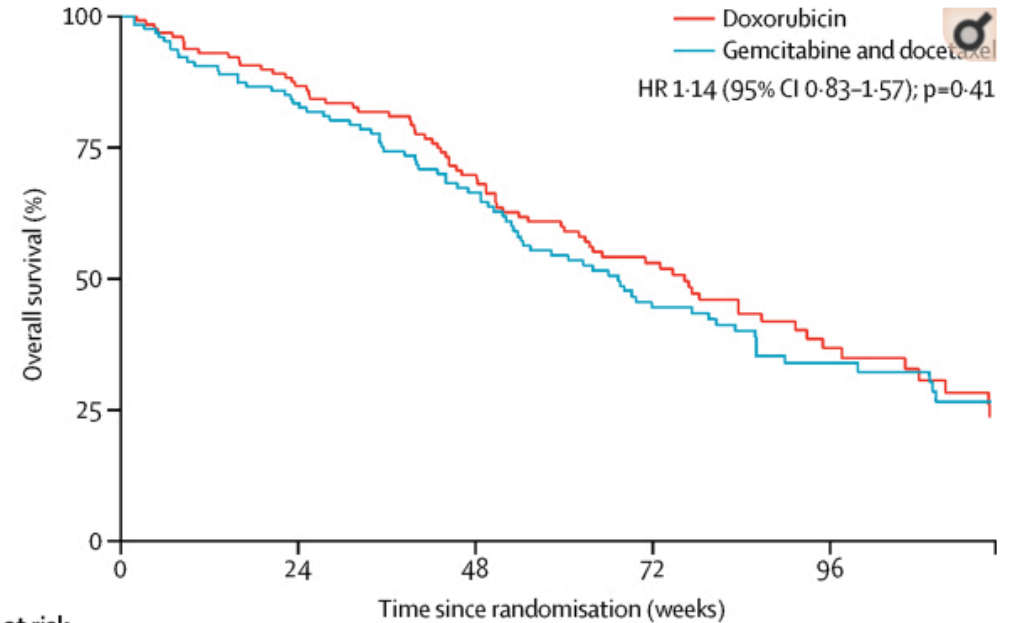


# Geddis trial: gem/tax vs. dox

No benefit to up front gem/tax instead of dox for STS (including the subset of LMS patients)



Number at risk (number censored)		0	24	48	72	96
Doxorubicin	129 (0)	60 (1)	28 (6)	11 (10)	3 (11)	
Gemcitabine and docetaxel	128 (0)	60 (2)	12 (4)	5 (6)	3 (6)	



Number at risk (number censored)		0	24	48	72	96
Doxorubicin	129 (0)	108 (4)	80 (12)	47 (27)	20 (42)	
Gemcitabine and docetaxel	128 (0)	104 (3)	74 (13)	44 (20)	24 (31)	

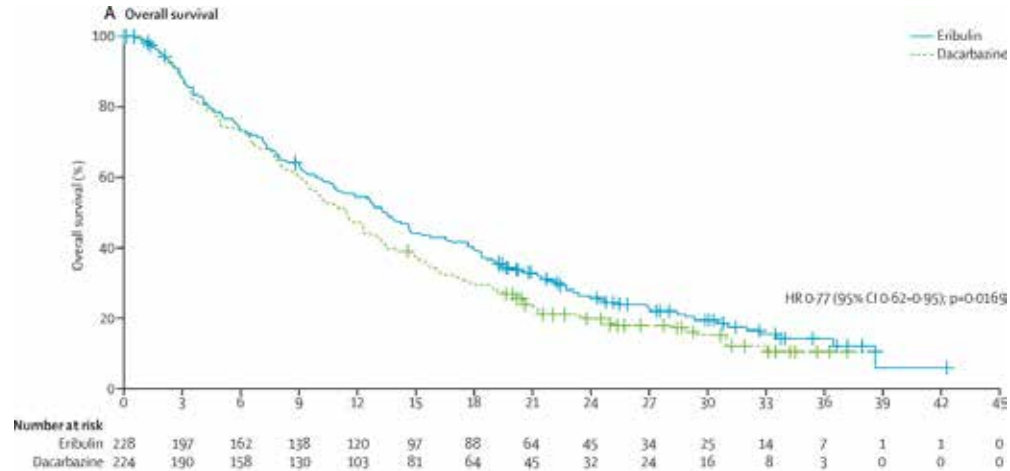
# PFS: Pazopanib Phase III trial

	Placebo	Pazopanib
Median (months)	1.5	4.6
Hazard ratio (95%CI)	1	0.31 (0.24-0.4)
P value	<0.0001	

	N (%)	HR	CI	p-value
Overall	369	0.31	0.24-0.4	<0.0001
LMS	158 (43%)	0.31	0.2-0.47	<0.0001
Synovial	38 (10%)	0.19	0.23-0.6	0.0002
Other	173 (47%)	0.36	0.25-0.52	<0.0001

# Eribulin versus dacarbazine in previously treated patients with advanced liposarcoma or leiomyosarcoma: a randomised, open-label, multicentre, phase 3 trial

OS



PFS

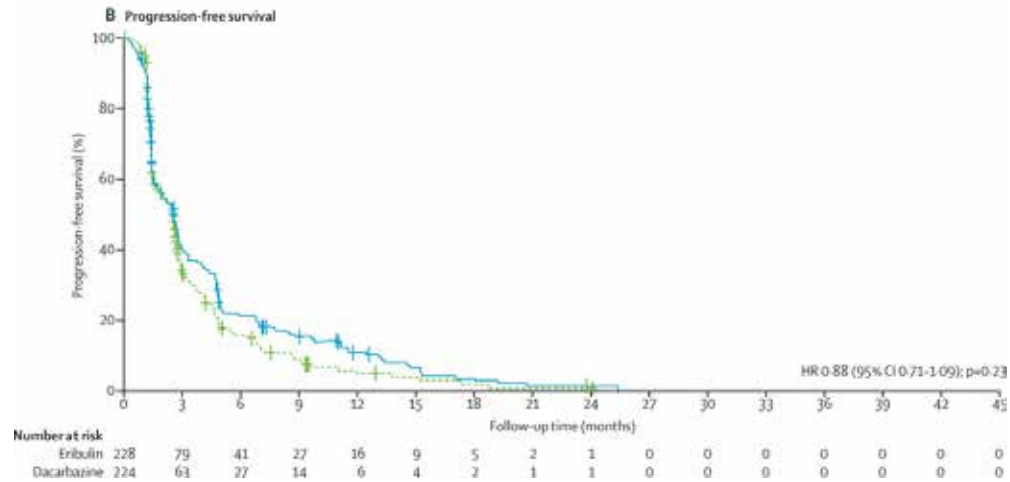
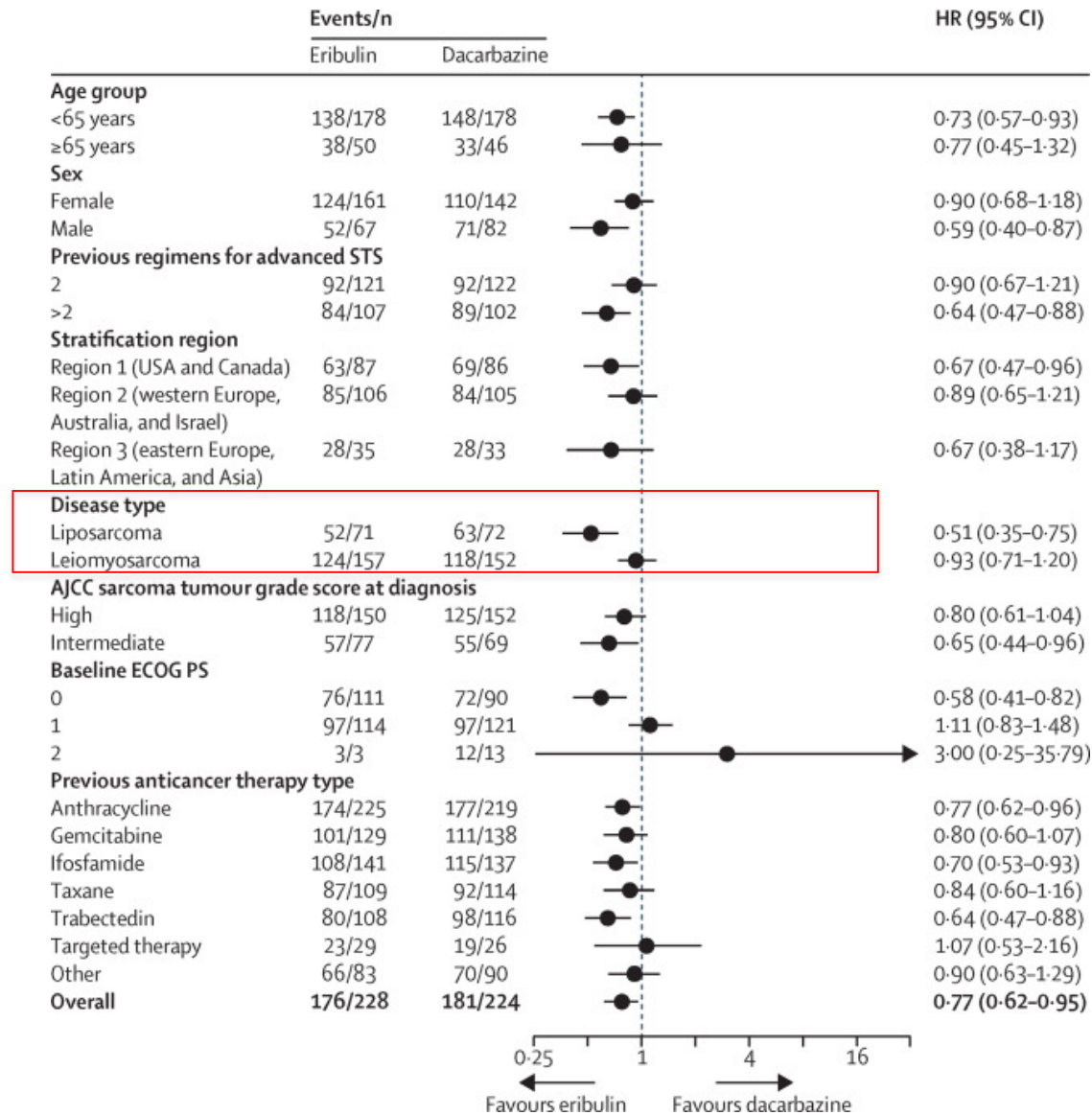
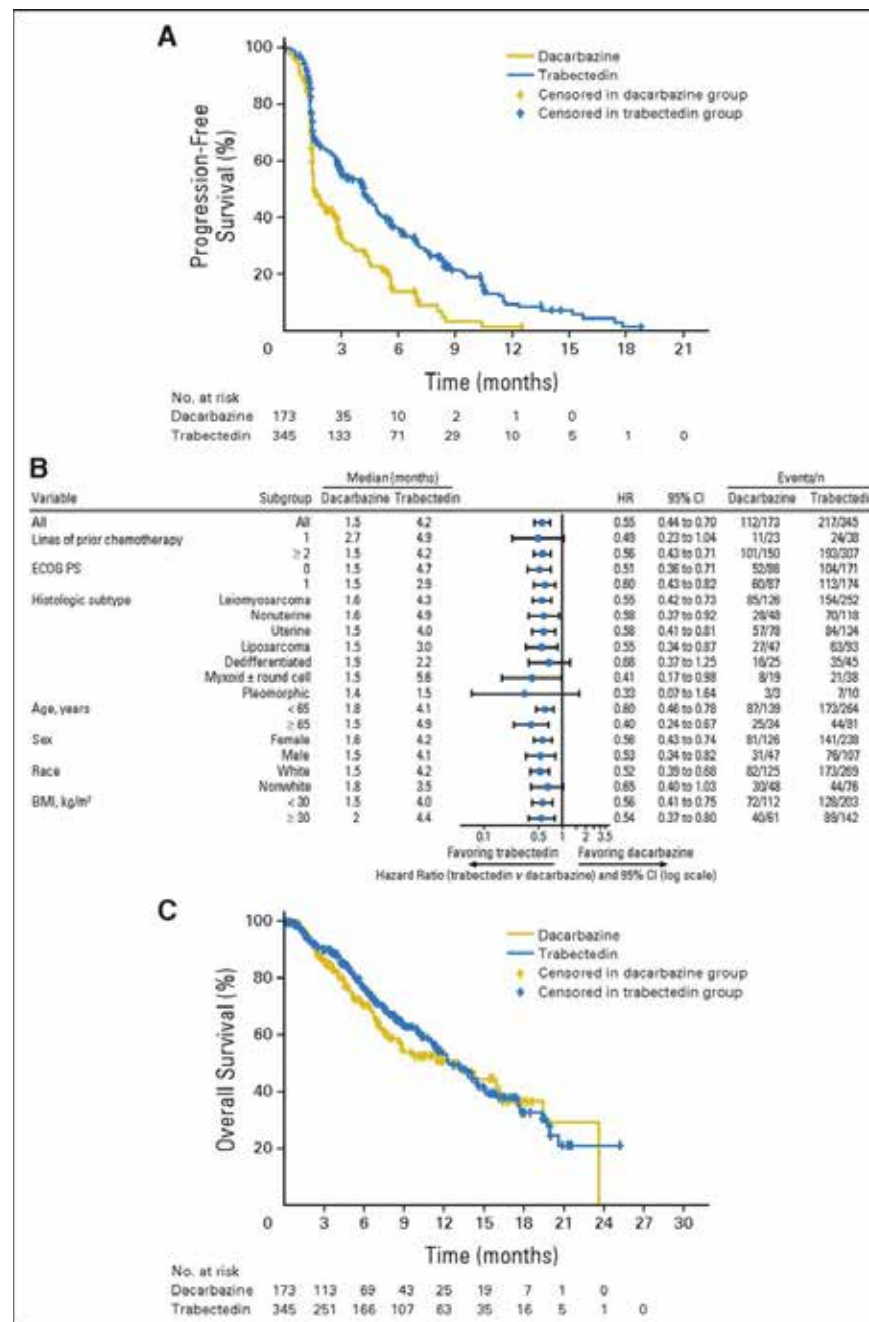


Figure 2. Overall survival (A) and progression-free survival (B) HR=hazard ratio.



# Trabectedin is FDA approved for liposarcoma and leiomyosarcoma

Kaplan-Meier estimates of progression-free survival, subgroup analyses, and overall survival at the interim analysis.





# Trabectedin monotherapy after standard chemotherapy versus best supportive care in patients with advanced, translocation-related sarcoma: a randomised, open-label, phase 2 study

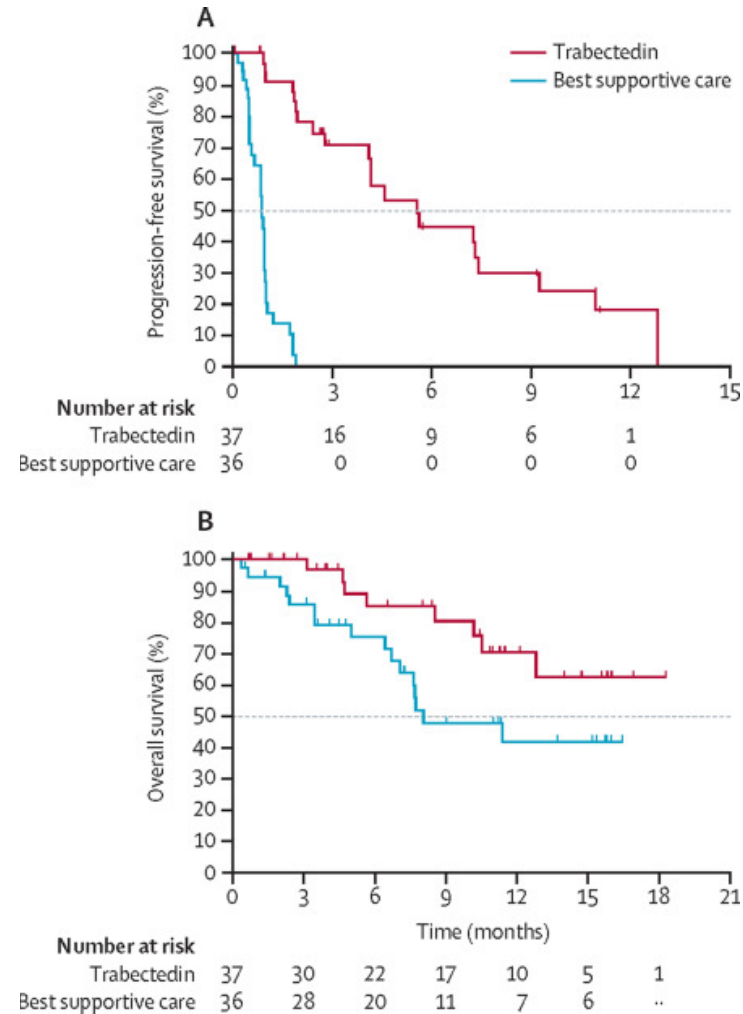


Figure 2. Kaplan-Meier plot of progression-free survival by central radiology imaging review (A) and overall survival (B) in the full analysis set

# Kaposi's Pearls

- HHV8 associated cancer, AIDS defining in setting of HIV
- KS most commonly involves skin. Extracutaneous spread: oral cavity, GI tract, lungs + lymph nodes
- For HIV associated disease, most important is to get HIV under control
- For local disease, surgery. Systemic therapy generally not required. Radiation, imiquimod also options.
- For systemic disease, paclitaxel and liposomal doxorubicin are very effective options.

# Histological subtype specific approaches

- **Angiosarcoma:**

- Paclitaxel

- Penel et al, JCO 26; 5269-5274: 2008
    - Shlemmer et al, EJC 44; 2433-2436: 2008

- **Perivascular epithelioid cell tumours (PEComa):**

- mTOR inhibition (sirolimus)

- Wagner et al, JCO 28; 2010

- **Chordoma:**

- Imatinib

- Stacchiotti S et al, JCO 2012

- Imatinib + sirolimus

- Stacchiotti S et al, Annals Oncology 20; 1886-1894: 2009

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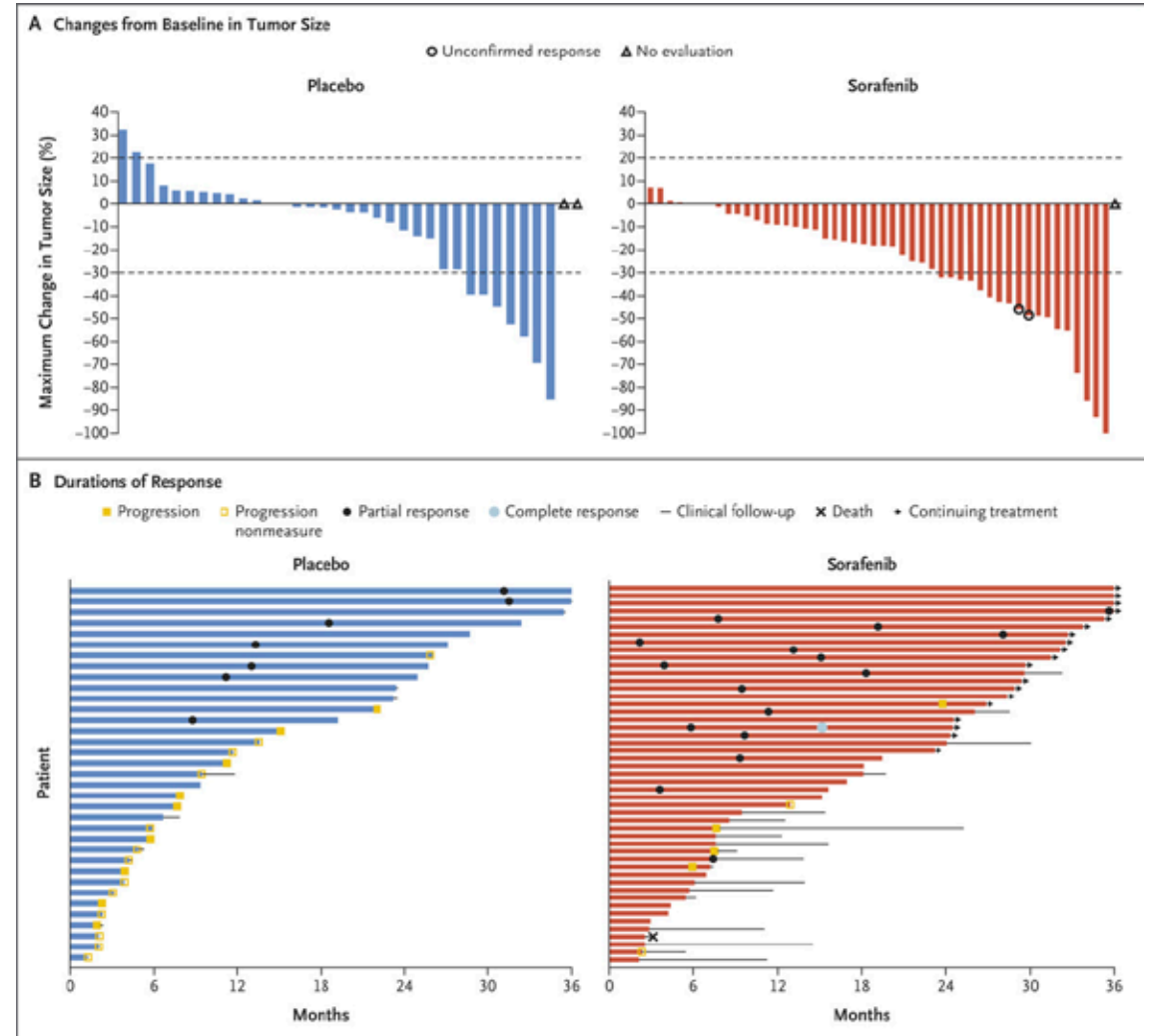
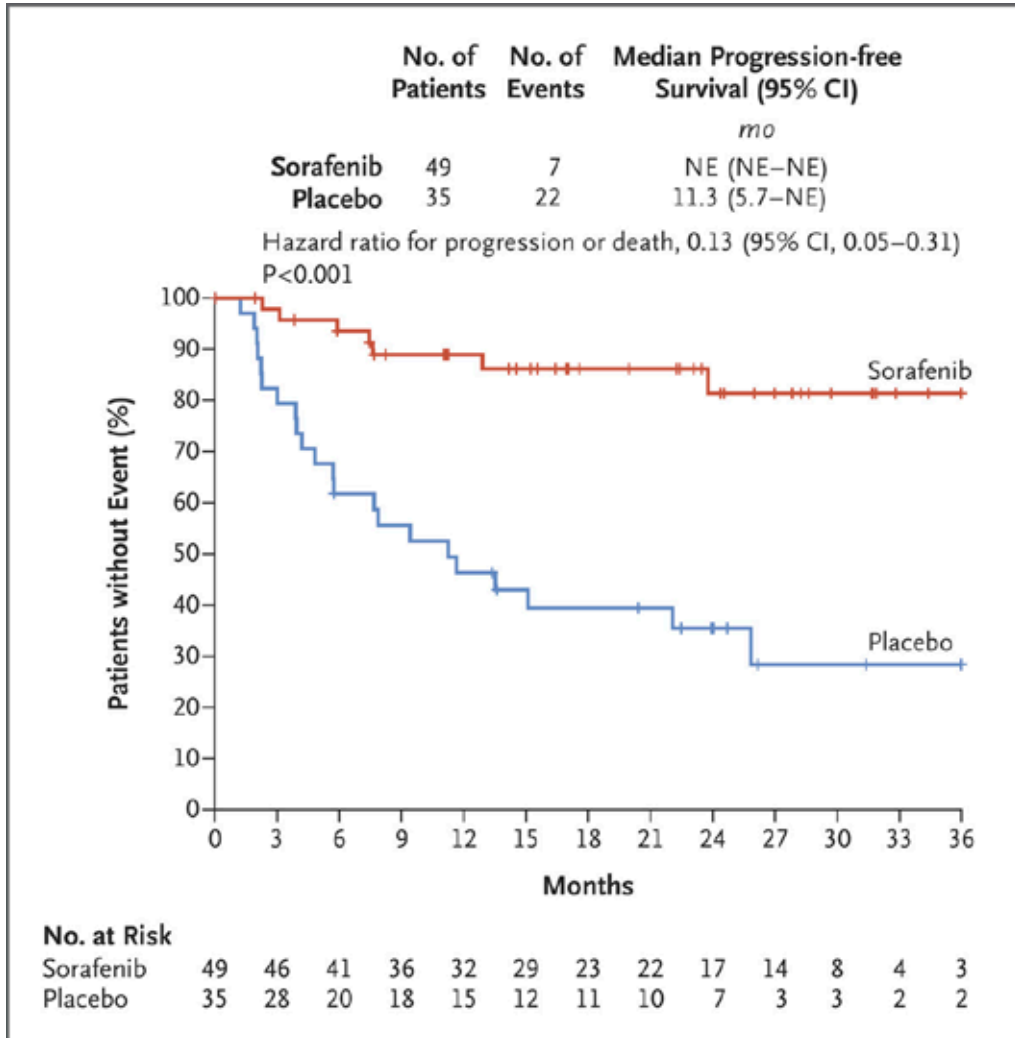
- Includes treatment of select “benign,” aggressive tumors

3) GIST

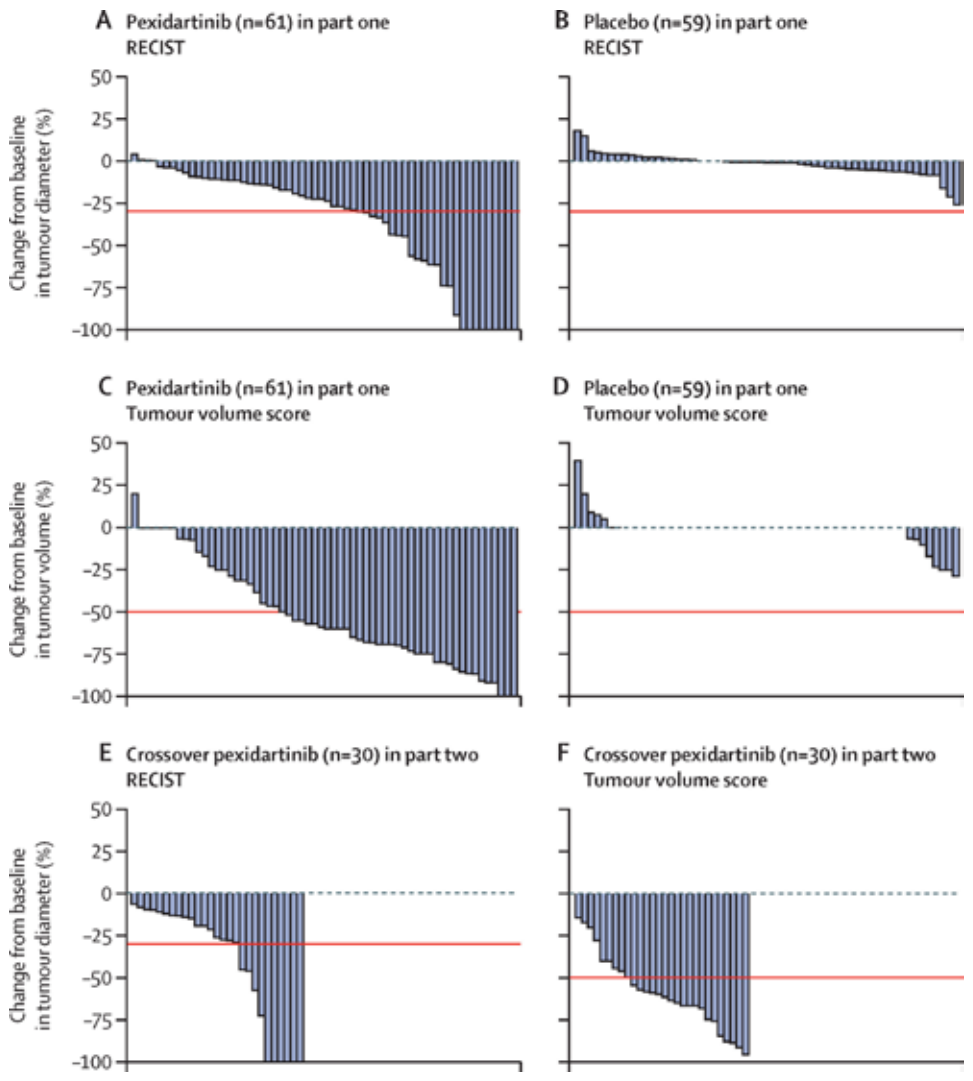
4) Bone Sarcomas

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- Ewing sarcoma

# Desmoid Tumors Respond To Sorafenib



# Tenosynovial Giant Cell Tumor



# Histological subtype

- **Giant cell tumor of bone:**
  - Rank-L driven tumors
  - Denusomab
    - Thomas D et al, Lancet Onc 11; 275-280; 2010
- **Inflammatory myofibroblastic tumours:**
  - ALK mutations (approx. 50%)
  - Crizotinib can be effective
    - Butrynski et al, NEJM 363; 2010
- **Dermatofibrosarcoma:**
  - PDGFB-COL1A1 fusion
  - Imatinib Sensitive
    - Stacchiotti et al., CCR 2016; 22(4)

# Key “pearls” for non-GIST Soft Tissue Sarcomas

- Surgery is the mainstay of therapy of treatment for localized disease
- Radiation plays an important role for large/high grade tumors or when wide excision is not feasible.
- The role of chemotherapy for localized disease is a “work in progress”
- AIM has no proven survival benefit over single agent doxorubicin
- Pazopanib, trabectedin and eribulin are important options
- Individual histologic subtypes have unique biologies that can be important therapeutically



# Outline

Overview (etiology/risk factors/diagnosis)

Soft Tissue Sarcomas

- Non-GIST soft tissue sarcoma

  - (includes Kaposi's and rare subtypes)

- GIST

Bone Sarcomas

- Osteosarcoma

- Ewing sarcoma

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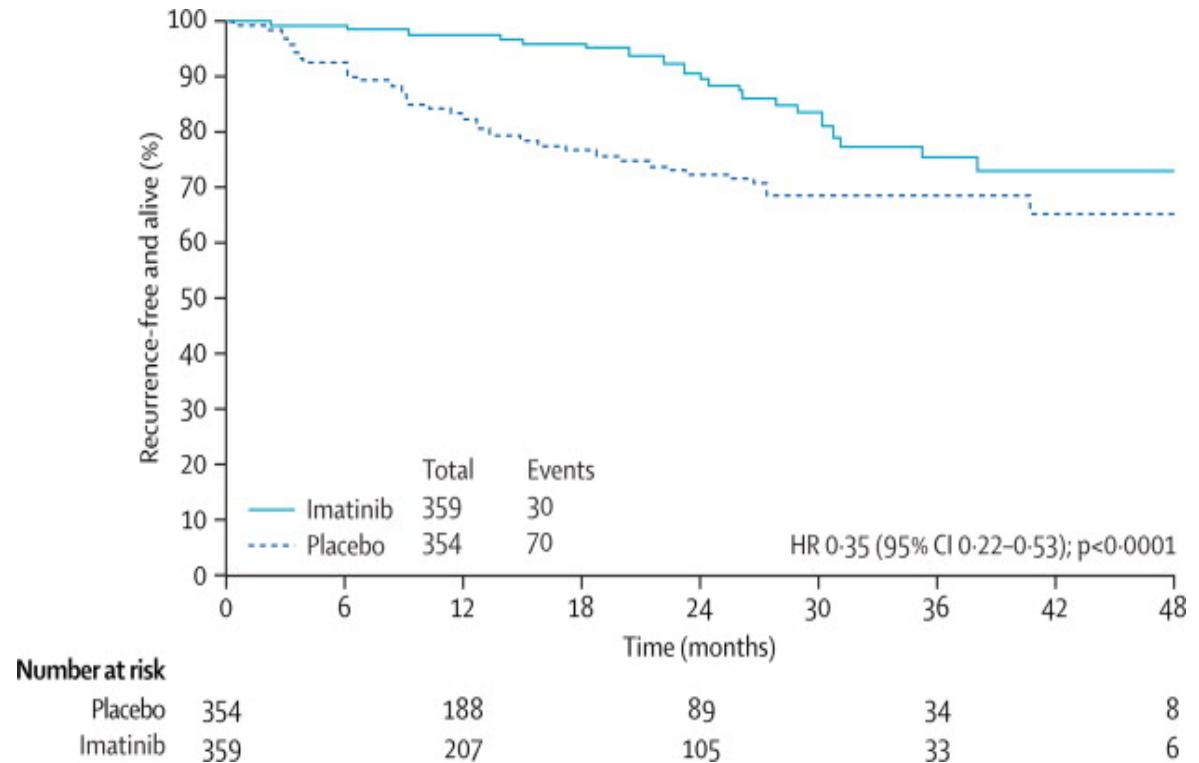
- Osteosarcoma
- Ewing sarcoma

# GIST

5000 new cases/year  
85%-95% have activating  
KIT or PDGF mutation

## Major Risk Factors

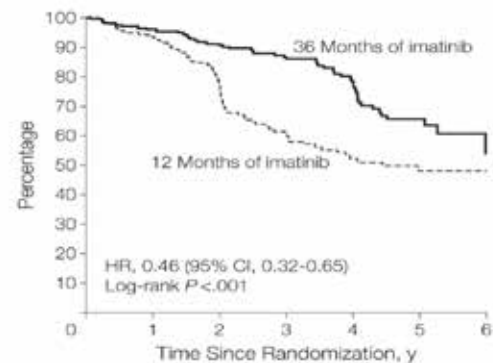
- Size > 5 cm
- Mitosis > 5/ 50 hpf
- Small bowel location



The Original Adjuvant Studies for Imatinib in GIST showed RFS benefits for 1 year of treatment in high risk patient populations.

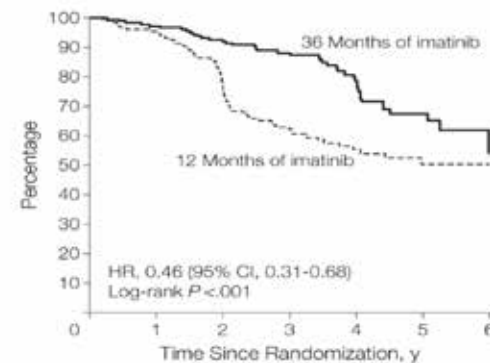
# OS Benefit for 3 vs 1 Year of Adjuvant Imatinib: Should you ever stop imatinib?

**A** Recurrence-free survival: intention-to-treat population



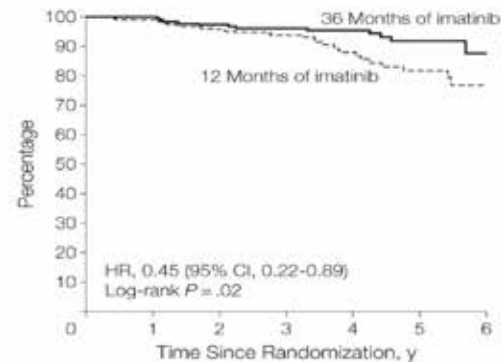
No. of patients	198	184	173	133	82	39	8
36 Months of imatinib	199	177	137	88	49	27	10

**B** Recurrence-free survival: efficacy population



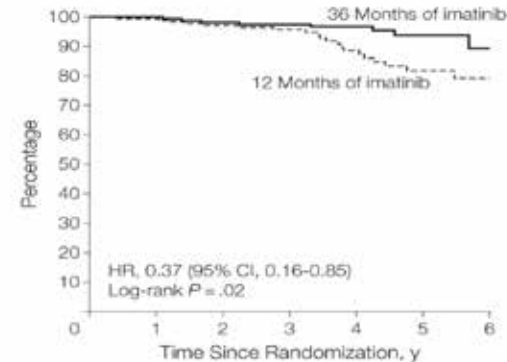
No. of patients	177	167	157	121	71	35	7
36 Months of imatinib	181	163	126	81	46	25	10

**C** Overall survival: intention-to-treat population



No. of patients	198	192	184	152	100	56	13
36 Months of imatinib	199	188	176	140	87	46	20

**D** Overall survival: efficacy population



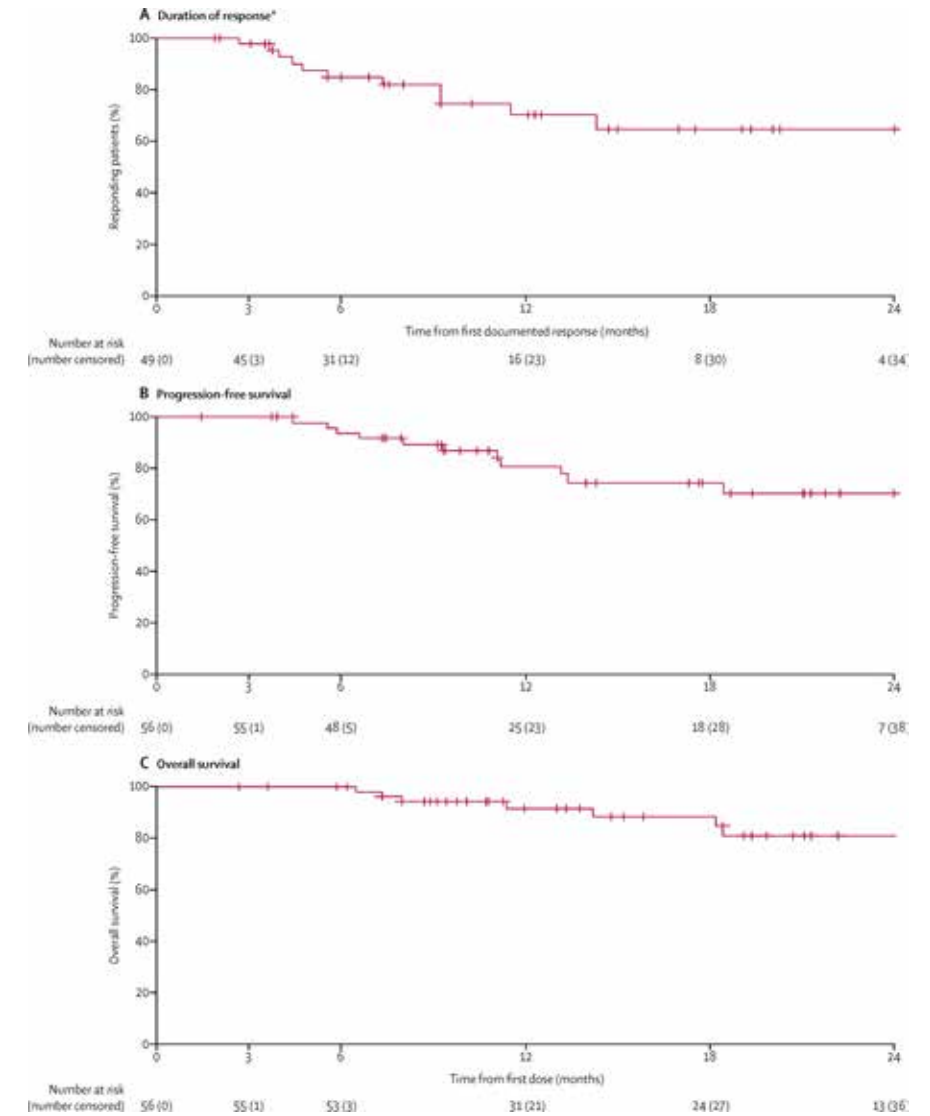
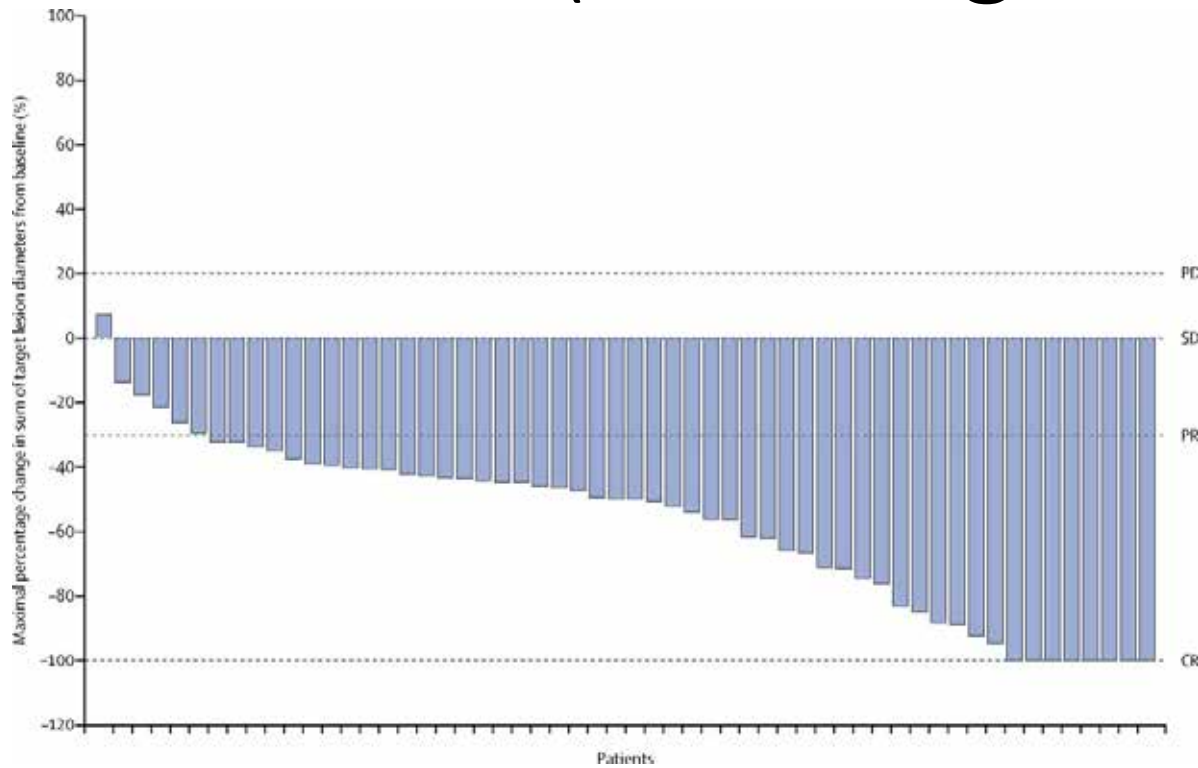
No. of patients	177	172	166	138	87	48	12
36 Months of imatinib	181	171	162	128	77	41	19

# Surveillance

CT abd/pelvis every 3-6 months for 3-5 years then annually

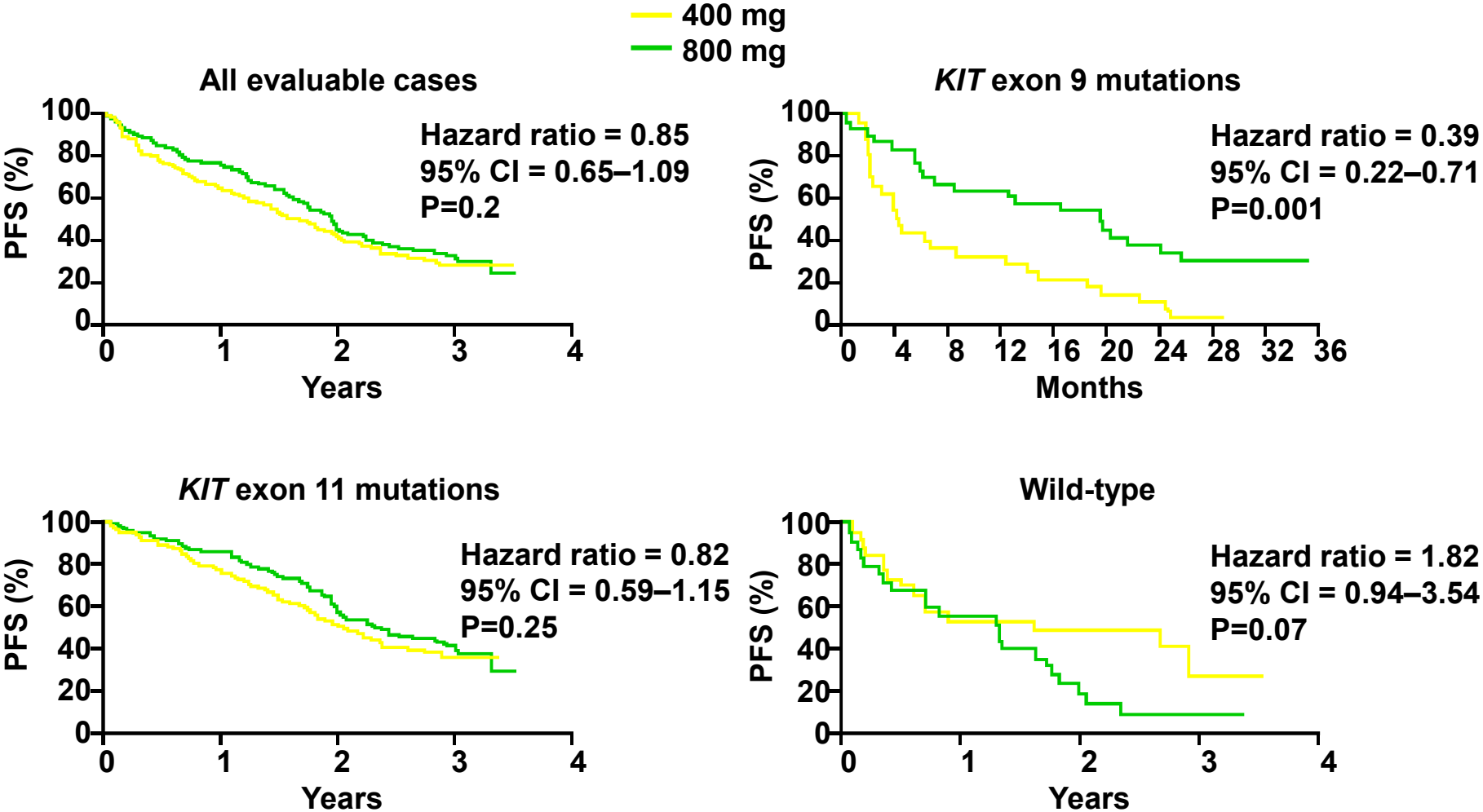
For Metastatic disease: Should Front Line Treatment  
Always be Imatinib 400mg?

# Avapritinib is FDA Approved for Exon 18 mutations of PDGFRA (including D842V)



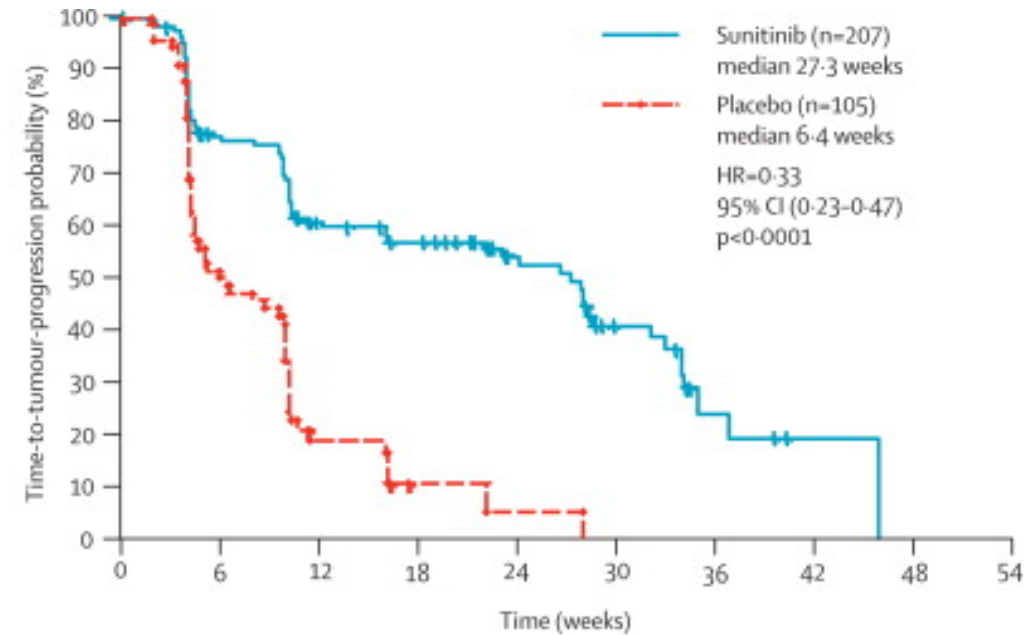
# Imatinib Dose dependency and mutational status

Benefit of using higher dose of imatinib for patients with Exon 9 mutation is probably preserved whether it is started initially or increased at time of progression.



# Sunitinib

- TKI: KIT, PDGFRs, VEGFR 1-3, FLT3
- Phase III: 312 patients randomised to
  - Sunitinib
  - Placebo
- Sunitinib median PFS 24.1 weeks
- Placebo median PFS 6.0 weeks
  - $P < 0.0001$
- OS significantly longer sunitinib arm
  - $p = 0.007$



Number at risk										
Sunitinib	207	106	67	53	34	18	5	1	0	
Placebo	105	36	9	2	1	0	0	0	0	



## Efficacy and safety of regorafenib for advanced gastrointestinal stromal tumours after failure of imatinib and sunitinib (GRID): an international, multicentre, randomised, placebo-controlled, phase 3 trial

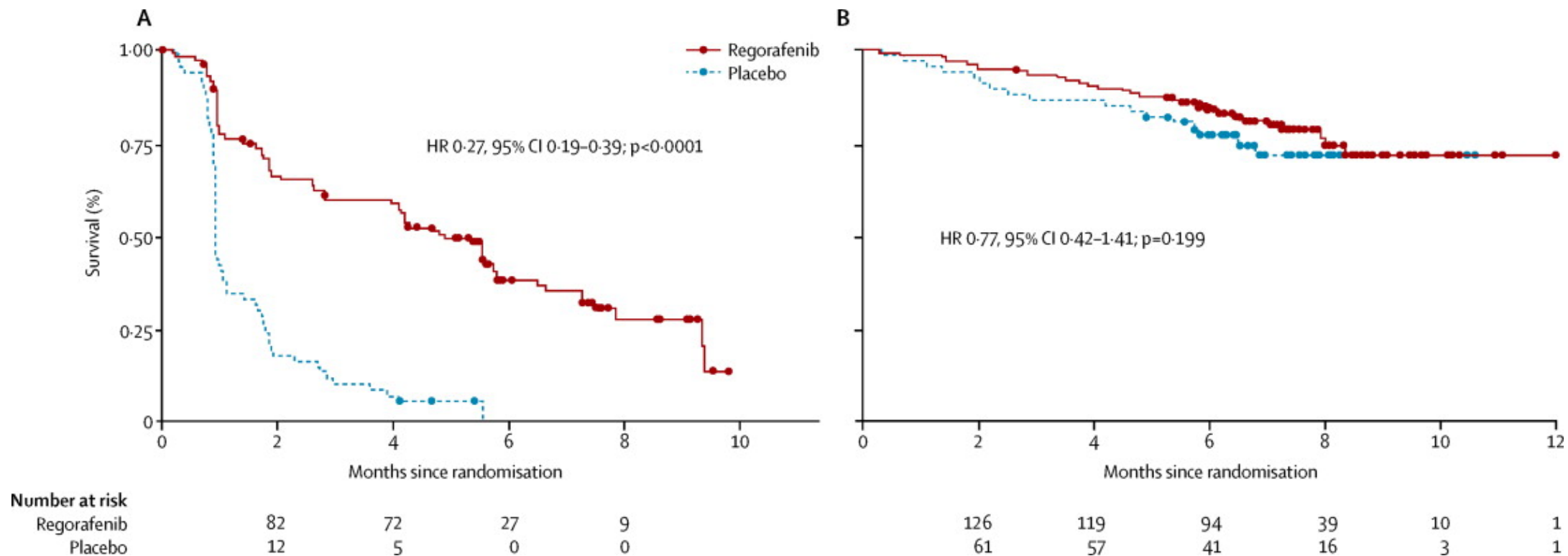
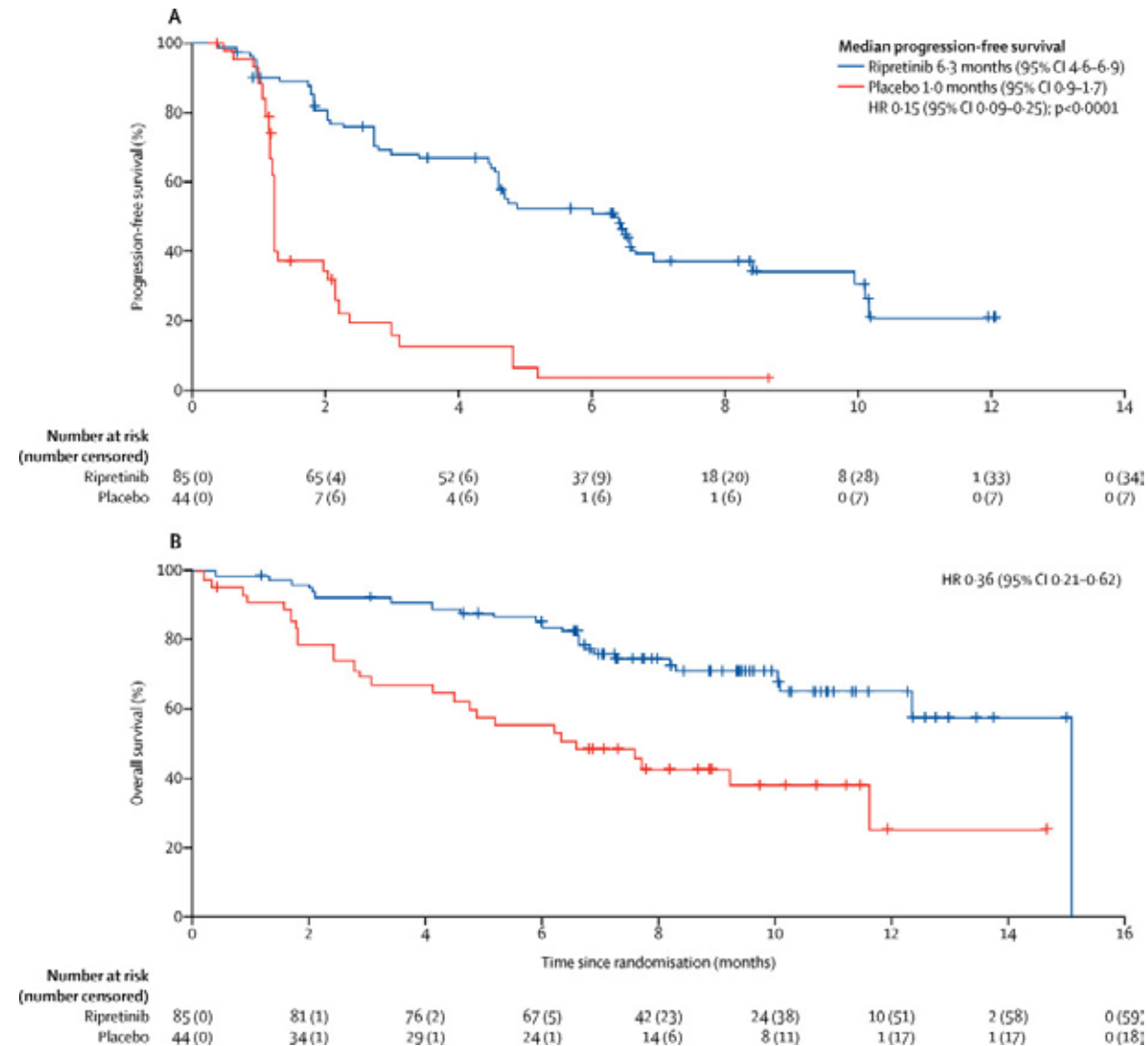


Figure 2. Kaplan-Meier survival analysis after treatment with regorafenib or placebo (A) Progression-free survival, per central review (primary endpoint, final analysis). (B) Overall survival (interim analysis). HR=hazard ratio.

# Repritinib Now Approved for 4<sup>th</sup> Line GIST



# Key “pearls” for GIST

- Size, mitosis, location are important risk factors for localized GIST
- 3 years of adjuvant imatinib improves survival for localized disease
- 800 mg of imatinib is no better than 400 mg except for patients with exon 9 mutation
- Avapritinib should be considered for D842V mutation
- Sunitinib then regorafenib for patients with imatinib refractory metastatic GIST.
- Repritinib is now approved for 4th line

# Outline

1) Overview (etiology/risk factors/diagnosis)

Soft Tissue Sarcomas:

2) Non-GIST soft tissue sarcoma

- Includes treatment of select “benign,” aggressive tumors

3) GIST

4) Bone Sarcomas

- Osteosarcoma
- Ewing sarcoma

# Bone Sarcomas

- Osteosarcoma
- Chondrosarcoma
- Ewings Sarcoma

Others: rare bone tumors, Giant Cell tumor of bone

# “Classic” Osteosarcoma vs. Ewings Sarcoma Characteristics

## Osteosarcoma

- Rarely associated with “B symptoms”
- Predilection for *metaphyseal* region of long bones
- Most common sites: distal femur, proximal tibia, proximal humerus (80-90% occur in long bones)

## Ewings Sarcoma

- Frequently associated with “B symptoms.” Patients can sometimes appear quite ill.
- Predilection for *diaphyseal* region of long bones
- Pelvis and ribs also common sites of disease

*Both frequently present with painful bone mass.*

# Osteosarcoma Epidemiology

- 400 cases/ year USA
- Most common primary bone tumor in children and young adults
- Median age 20 years
  - 30% of cases occur in patients over 40

# Treatment Approach in Osteosarcoma

- Intramedullary (>90% of cases – “classical osteosarcoma”): almost always high grade. Chemotherapy essential.
- Low grade = excellent prognosis, no need for chemotherapy (regardless of location)
- Parosteal osteosarcoma –generally low grade, much better prognosis: wide excision only. After resection, only if high grade component is found, consider chemotherapy.
- Periosteal osteosarcoma (considered “intermediate” risk): wide excision. If high grade component is seen, use chemo



# High Grade Localized Osteosarcoma: Chemotherapy is absolutely critical

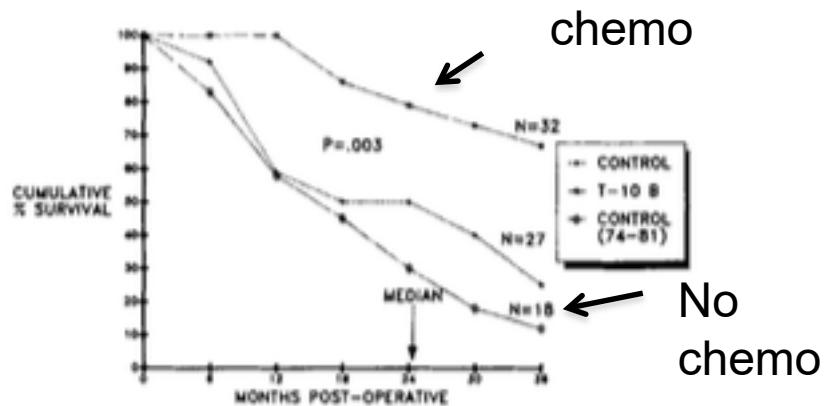


Fig 4. Overall survival rate.

Eilber F et al. J Clin Oncol 5;  
21-26: 1987

- Doxorubicin based chemotherapy (generally with cisplatin) is critical for all osteosarcoma patients
- High Dose Methotrexate is often given to younger patients (with less evidence)

# Histological Response to Neoadjuvant Chemotherapy: Predictor of Outcome

- 5-year survival:
  - 75-80% for good responders (>90% tumor necrosis) compared
  - 45-55% for poor responders.
- Patients with little or no necrosis at surgery still benefit from chemotherapy compared to surgery alone.

# Surveillance in bone tumors

- Chest Imaging Q3-6 months 2-3 years, then every 6 months until 5 years, then annually
- Consider period imaging of primary site.

# Recurrent Osteosarcoma

- Five-year survival: 23-29%
  - Complete surgical resection required to achieve cure
- No standard chemotherapy schedule
  - Clinical trial participation
- Other treatment options:
  - Radiation to metastatic sites
  - Samarium-153
  - Bisphosphonates
  - Radiofrequency ablation

Ferrari S et al. J Clin Oncol 21; 710-715: 2003

Kempf-Bielack B et al. J Clin Oncol 20; 559-568: 2005

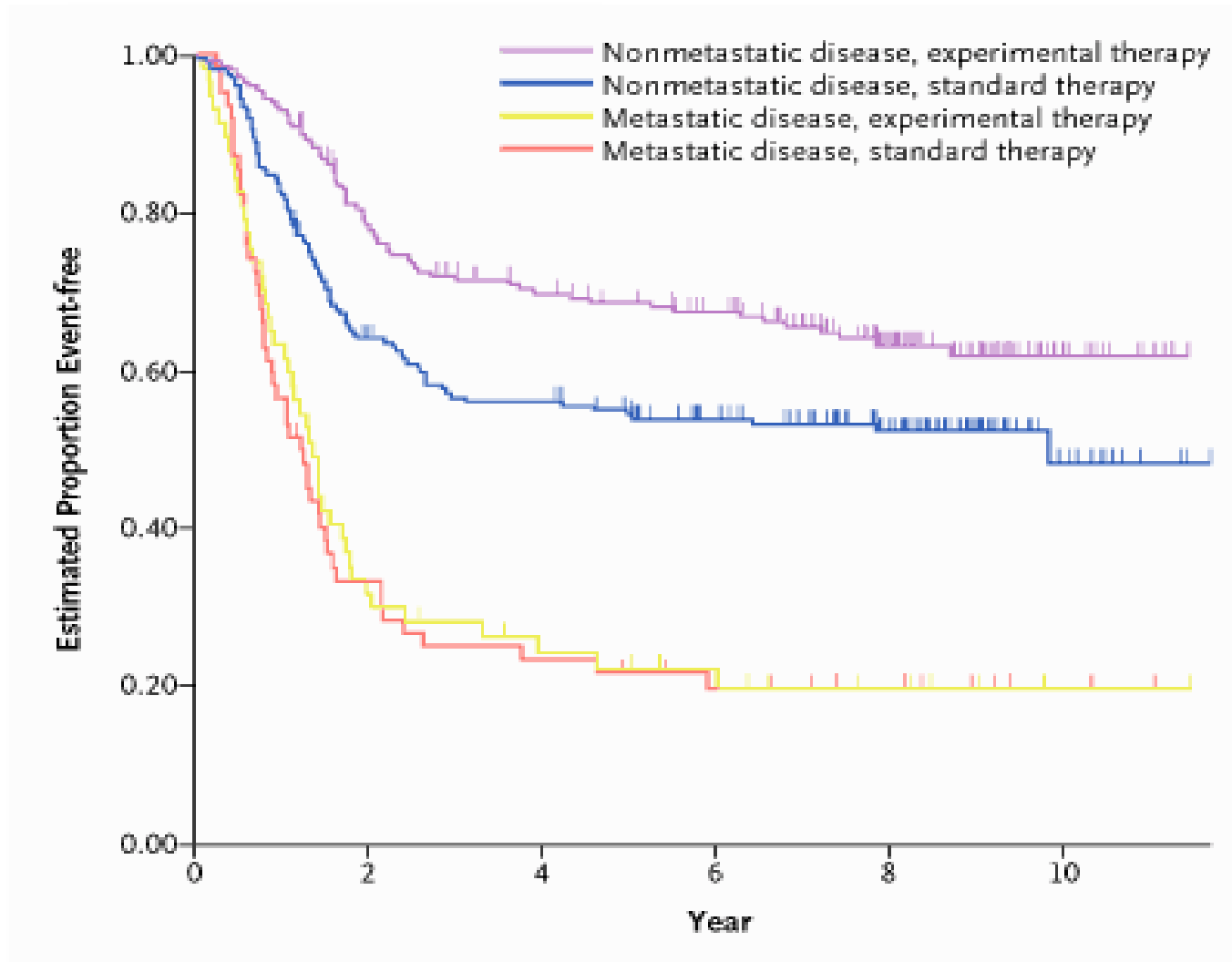
# Ewing Sarcoma: Epidemiology

- 200 cases/ year
- Second most common bone malignancy in children and adolescents
- Peak incidence between ages 10 and 20 years
  - 20% of cases in older patients
  - Slight male predominance (1.4:1)
  - Mainly occurs in Caucasians
- No hereditary or congenital syndromes
- No known risk factors

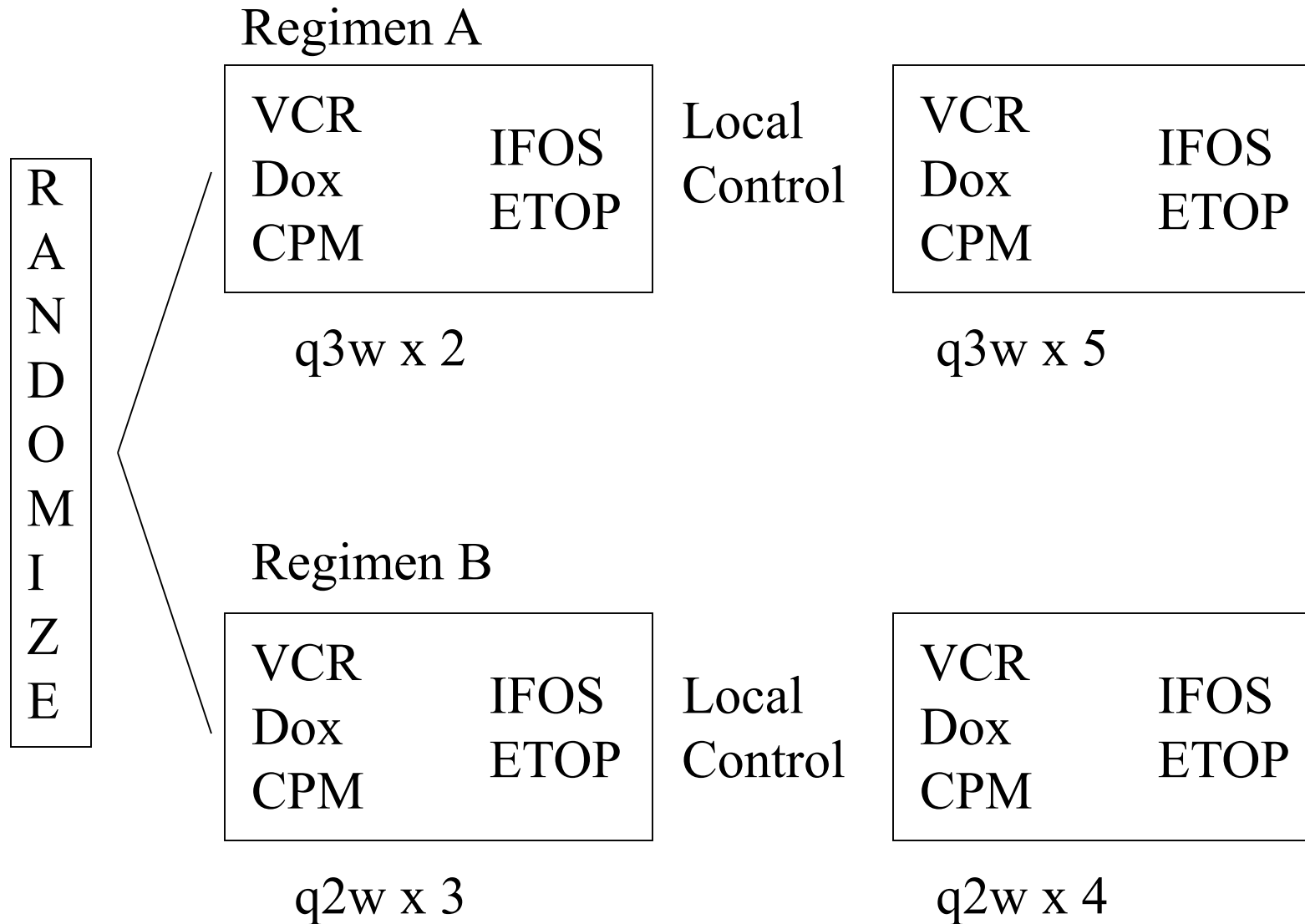
# Ewing Sarcoma: Management

- Chemotherapy and radiotherapy sensitive
  - Surgery/ radiation only: <10% 4 year EFS
  - Multimodal therapy including chemotherapy: >70% year EFS
- Poor prognostic factors:
  - Age
  - Metastasis at diagnosis
  - Poor histological response to therapy
  - Tumor size
  - Large pelvic tumors

# Addition of ifosfamide/VP-16

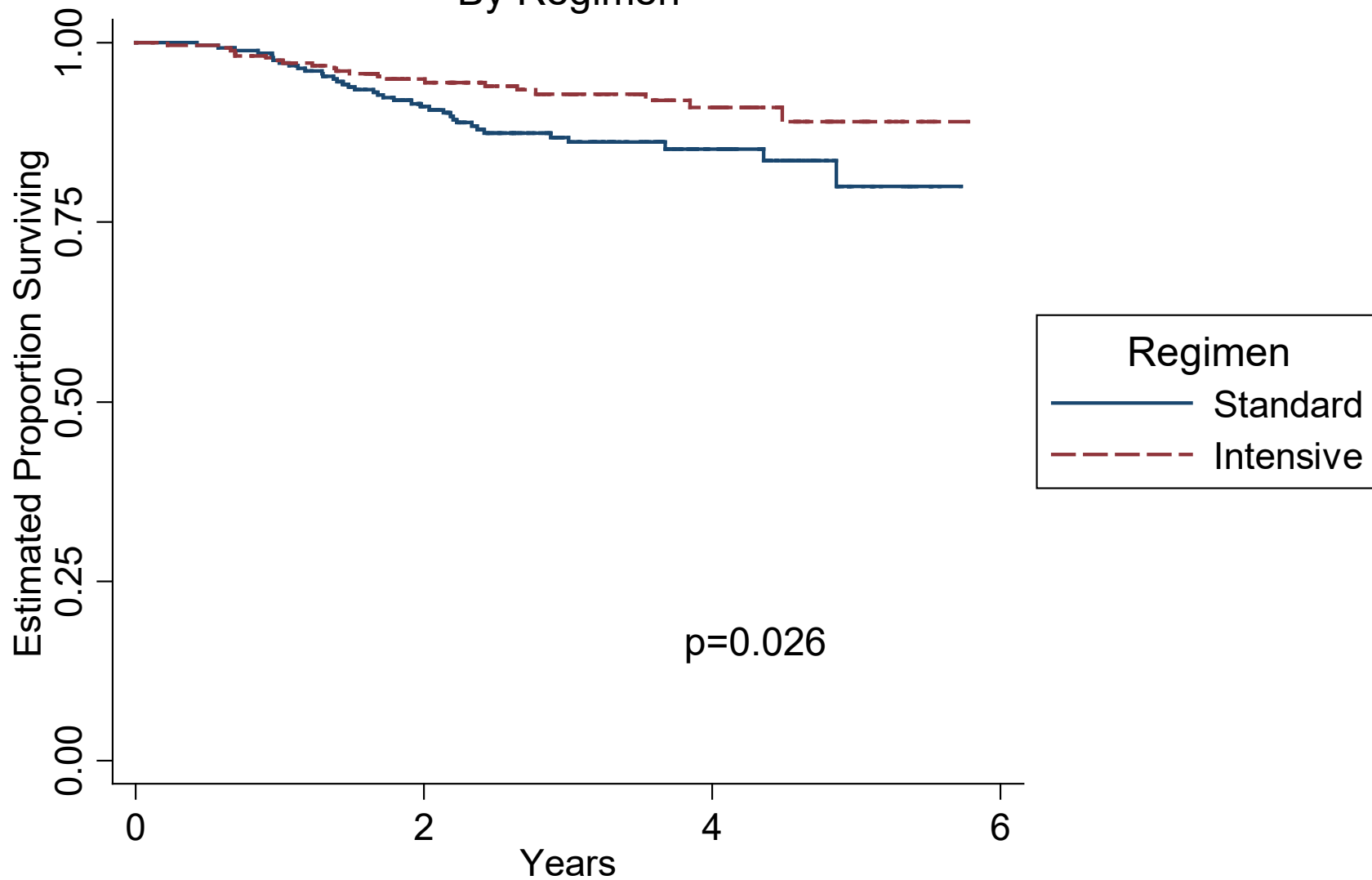


# COG AEWS0031: dose-dense therapy in Ewing family tumors





# Survival for All Eligible Patients By Regimen



# Recurrent/ Metastatic Ewing

- 5-year relapse-free survival in metastatic patients:<sup>1</sup>
  - 29% lung only
  - 19% bone only
  - 8% combined lung and bone
- Relapsed: Long-term survival  $\leq 20\%$
- Salvage chemotherapy schedules:
  - Irinotecan + temozolamide<sup>2</sup>
  - Cyclophosphamide + topotecan<sup>3</sup>
  - Gemcitabine + docetaxel<sup>4</sup>
- High dose chemotherapy: Benefit uncertain<sup>5</sup>

<sup>1</sup>Cotterill et al JCO 18; 3108-3114: 2000

<sup>2</sup>Wagner LM et al. Ped Blood Cancer 48; 132-139: 2007

<sup>3</sup>Saylor RL et al. J Clin Oncol 19; 3463-3469: 2001

<sup>4</sup>Navid F et al. Cancer 113: 419-425: 2008

<sup>5</sup>Balamuth NJ, Womer RB. Lancet Onc 11; 184-192: 2010

# Key “pearls” for Bone Tumors

- Doxorubicin based chemotherapy makes a **huge** impact on survival for Ewings and high grade osteosarcoma. Don't ever miss this one.
- Necrosis following chemotherapy is a predictor of survival in osteosarcoma but doesn't change your treatment
- Ifosfamide improves survival for patients with Ewings Sarcoma
- An interval compressed schedule improves survival in young patients with Ewings sarcoma.

# Sarcoma: Conclusion

- Each subtype is different
- Surgical resection: mainstay for localized disease
- Chemotherapy is controversial for most localized soft tissue sarcomas, critical for Ewings sarcoma and Osteosarcomas
- GIST – 3 years adjuvant imatinib for high risk disease. Imatinib, sunitinib, regorafenib, repretinib in metastatic disease
- Lack of options in the advanced setting, more research is needed.