

# Comprehensive Hematology & Oncology Review: MPNs



"We may need to remove your spleen because it might not be doing whatever it is the spleen does."

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# Disclosures

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# ABIM & MPNs

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## Hematology

- MPN- 4.5%:
  - CML
  - PV and secondary erythrocytosis
  - Myelofibrosis
  - ET
  - Mastocytosis
  - CNL

## Oncology

- CML and MPNs: 2%, focus on diagnosis, testing, treatment/care decisions

# Overview

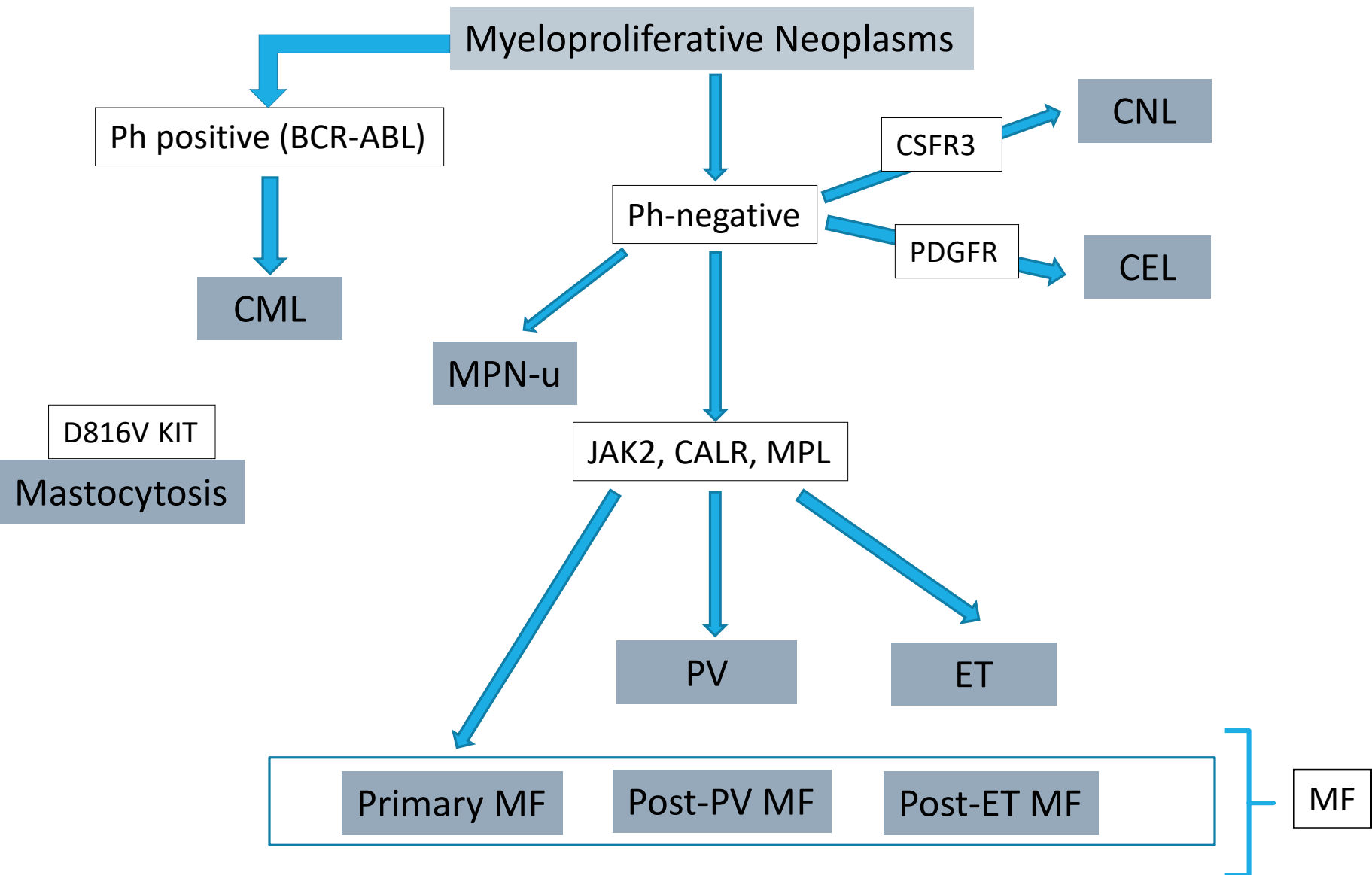
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1) Overview MPNs

2) Presentation, Diagnosis, Risk Stratification, Treatment

- Polycythemia vera
- Essential thrombocythemia
- Myelofibrosis

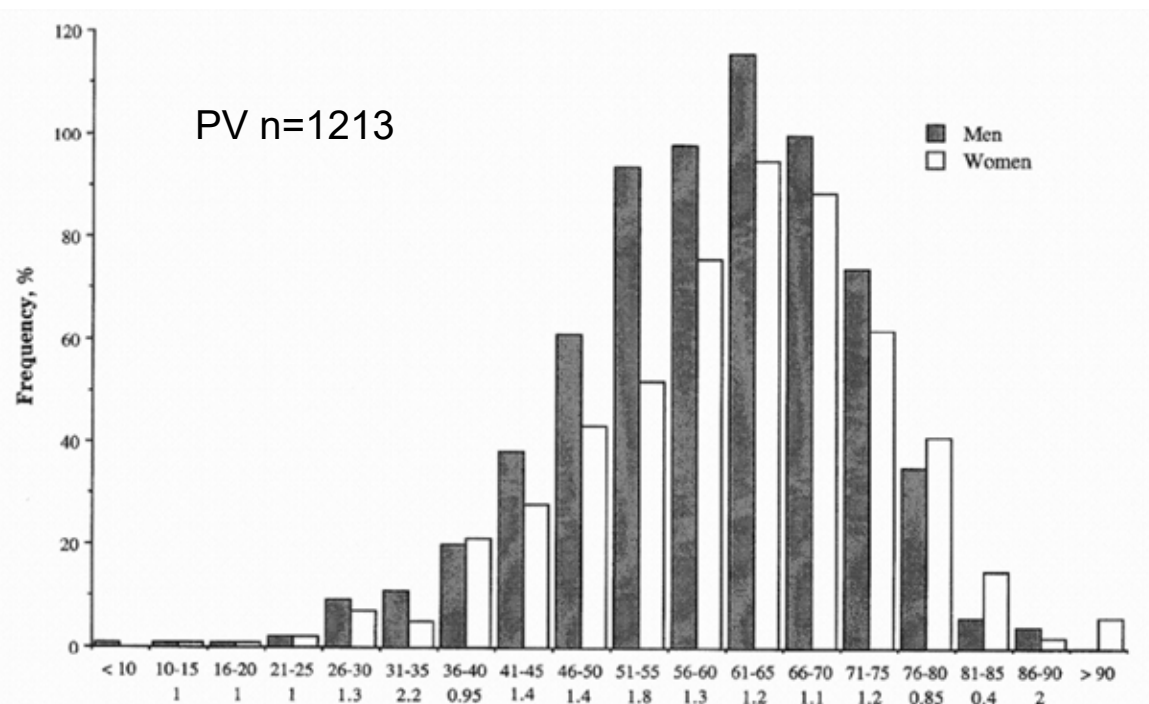
3) “Pearls” for mastocytosis, chronic neutrophilic leukemia (CNL), CMML



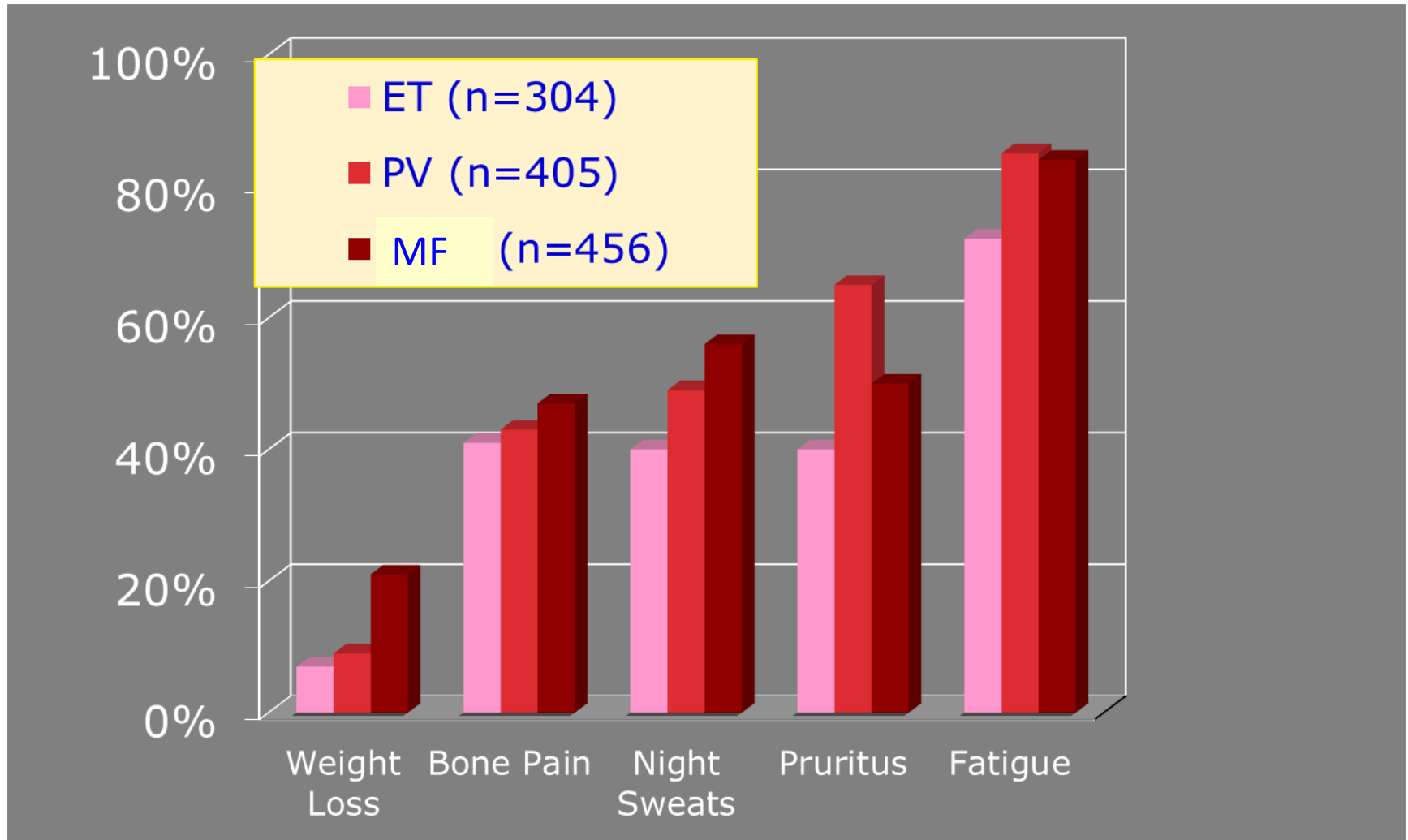
MF=myelofibrosis      CNL=Chronic neutrophilic leukemia  
 PV=polycythemia vera      CEL=Chronic Eosinophilic Leukemia  
 ET=essential thrombocythemia      CML=chronic myeloid leukemia

# Epidemiology of MPN

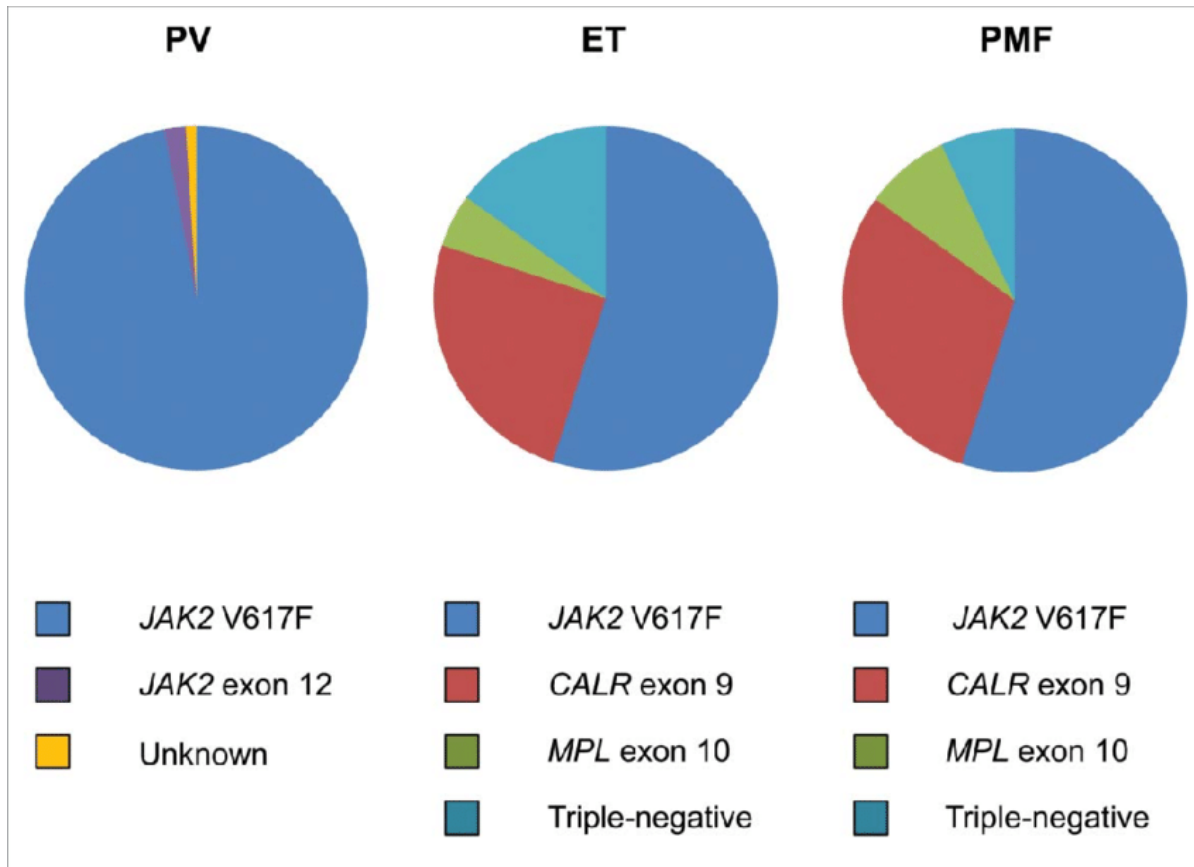
- ET: 1.55-2.53/100,000 Median age 72
- PV: 1.9/100,000 Median age 62
- MF: 0.3-1.46/100,000 Median age 67



# Symptoms in 1179 MPN Patients

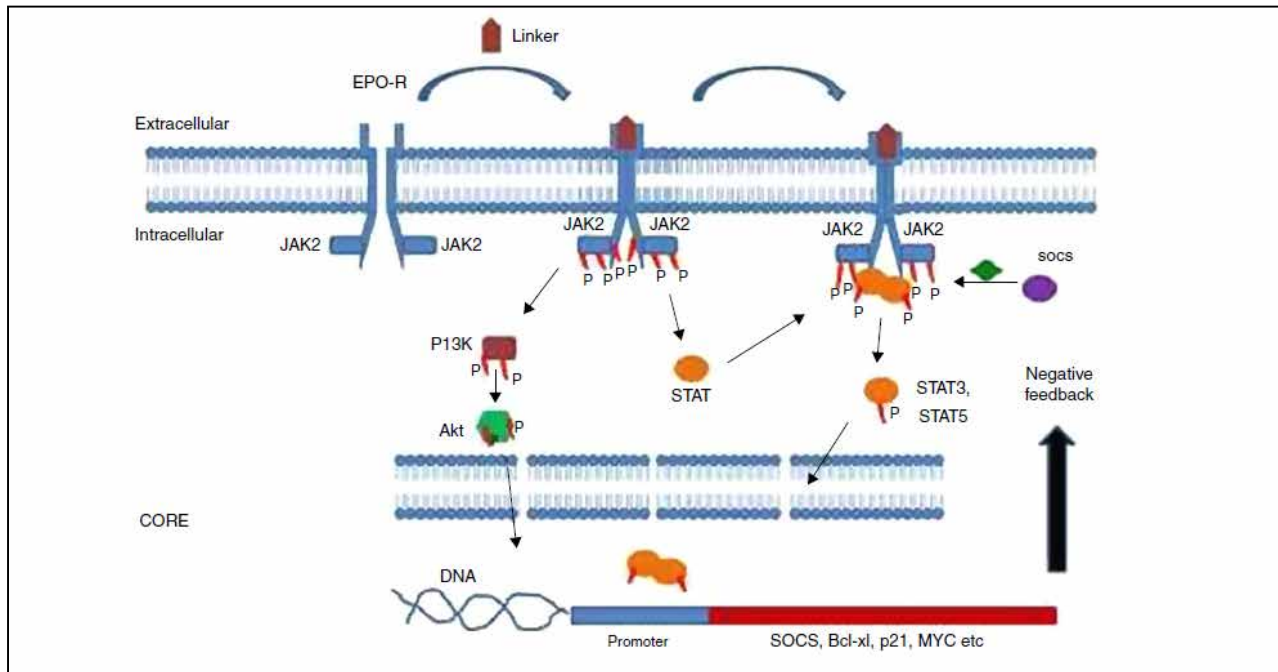


# Mutations in MPNs



| Disease | Mutation                                                      | %Patients                        |
|---------|---------------------------------------------------------------|----------------------------------|
| PV      | <i>JAK2</i> V16F<br><i>JAK2</i> Exon 12                       | 95-97%<br>2-4%                   |
| ET      | <i>JAK2</i> V16F<br><i>CALR</i><br><i>MPL</i><br>"triple-neg" | 60-65%<br>20-25%<br>5%<br>10-15% |
| PMF     | <i>JAK2</i> V16F<br><i>CALR</i><br><i>MPL</i><br>"triple-neg" | 60-65%<br>20-25%<br>5%<br>10-15% |

# MPN Etiology: Role of *JAK2* Mutation



V617F single point mutation in *JAK2* gene → an altered protein that constitutively activates the JAK/STAT signal transducers and activators of transcription pathways

Affects the expression of genes involved in regulation of apoptosis and regulatory proteins and modifies the proliferation rate of hematopoietic stem cells

# ET and PV: Sequelae

*Short Term*

Thrombosis  
& Bleeding

*\*All Risk = ASA*

PV  
ET

X

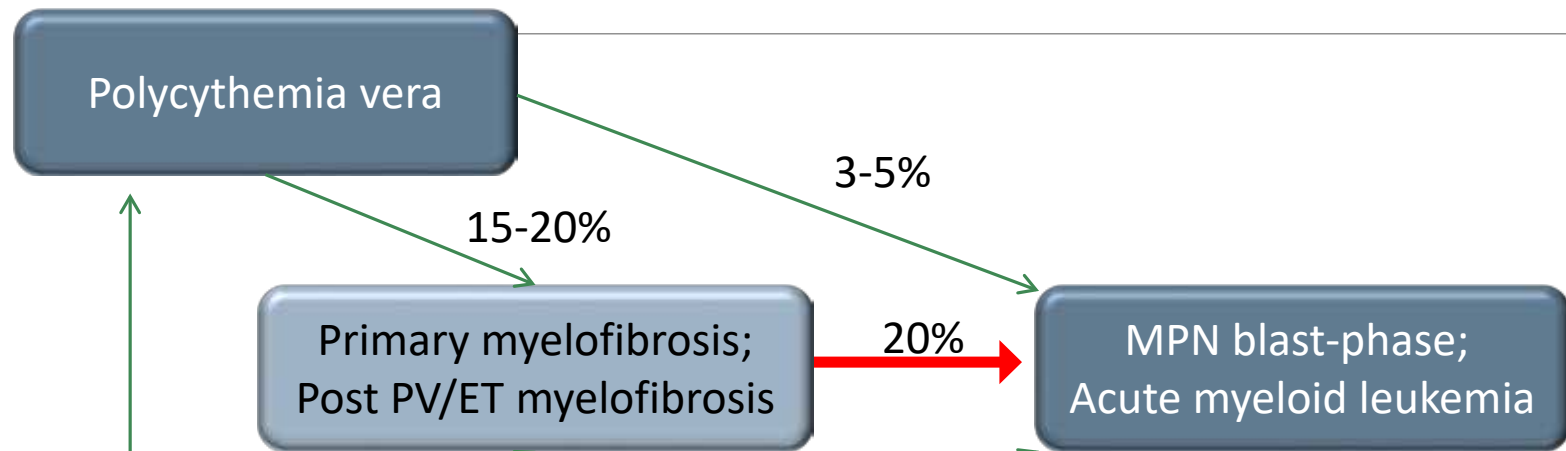
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*Long Term*

Post ET/PV MF,  
MDS, AML

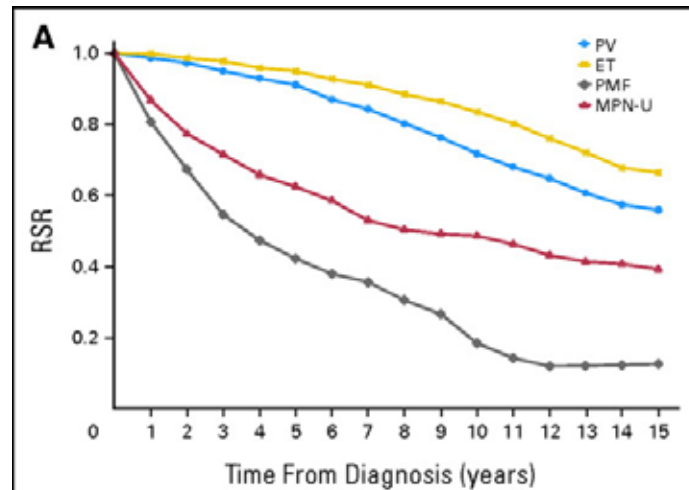
Increased viscosity  
Functional platelet abnormalities  
Leukocyte activation  
Increased platelets lead to acquired VWD

# Transformation to MF and AML

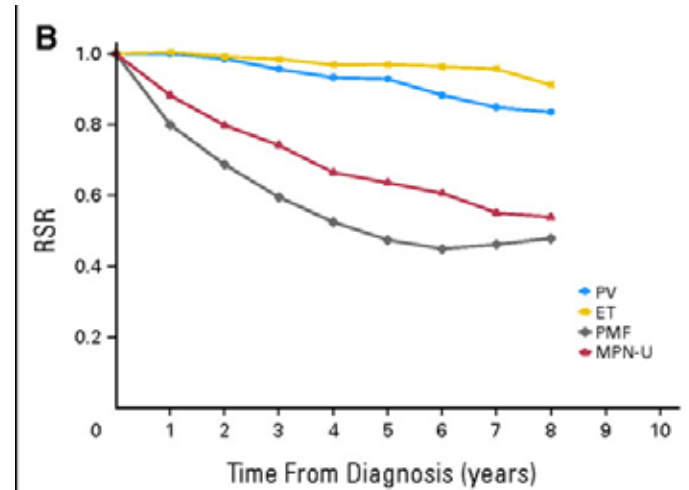


| MPN Subtype at Diagnosis  | 10-year Leukemic Transformation Rate <sup>2</sup> |
|---------------------------|---------------------------------------------------|
| Essential thrombocythemia | 1-5%                                              |
| Polycythemia vera         | 3-5%                                              |
| Primary myelofibrosis     | 20%                                               |

# MPN survival improving over time



1993-2008



2001-2008

# Case 1

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33 yo M with no PMH, presented with painful/red toes, later developed joint pain and pruritis

Physical: plethoric, no joint abnormalities

CBC: WBC21, Hgb 18.8, HCT 48, plts 490

- Epo level <1

JAK2 V617F mutation found positive on peripheral blood, BCR-ABL neg

Bone marrow: hypercellular >95%, trilineage hematopoiesis and proliferation, no fibrosis or increased blasts

Diagnosis of PV was made:

- Start Aspirin 81 mg daily
- Started phlebotomy target HCT <45%
- Did not tolerate phlebotomy → hydraemia → did not control symptoms → ruxolitinib

# Erythromelalgia

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# Polycythemia Vera: Presentation

## **MPN IWG Study presenting signs/symptoms**

- Laboratory evaluation:
  - Hemoglobin – median 18.4 g/dL (range 15.1 to 26.5)
  - Hematocrit – median 55% (range 36 to 78%)
  - Leukocyte count – median 10,400/mL (range 3000 to 172,000)
  - Platelet count – median 466,000/mL (range 70 to 2,370,000)
  - Elevated lactate dehydrogenase – 50%
- Hypertension – 46%
- Palpable spleen – 36%
- Pruritus (aquagenic) – 36%
- Vasomotor symptoms (eg, erythromelalgia) – 29%
- Arterial thrombosis – 16%
- Venous thrombosis – 7%
- Major hemorrhage – 4%

# Diagnostic Criteria

Start with CBC, Epo level and JAK2 V16F/BCR-ABL mutation; exclude secondary causes

## WHO Criteria: PV

**Major Criteria** (all 3 major or first 2 with minor)

- Hgb > 16.5 g/dL (HCT 49) in men, 16 g/dL HCT (48) in women or increased RCM\*
- †BM Trilineage Proliferation (panmyelosis)
- JAK2V617F or JAK2 exon 12 mutation

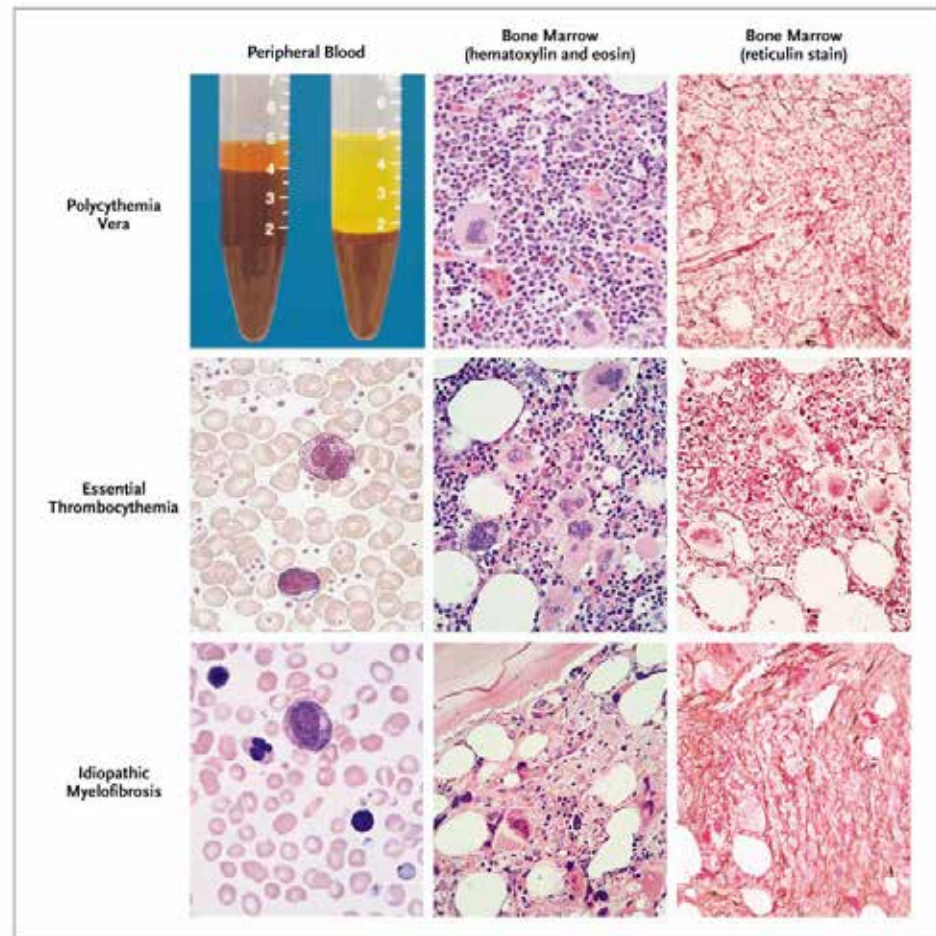
## Minor Criteria

- Low Epo level (<3mU/mL)

†Criterion number 2 (BM biopsy) may not be required in cases with sustained absolute erythrocytosis: Hgb>18.5 g/dL in men (HCT55.5%) or >16.5 g/dL in women (HCT49.5%) if major criterion 3 and the minor criterion are present.

\*\*Initial myelofibrosis (up to 20% of patients) can only be detected by performing a BM biopsy; may predict a more rapid progression to overt myelofibrosis (post-PV MF).

\*elevated RCM > 25% above predicted



# PV Risk Stratification

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## **LOW RISK:**

- Age <60
- No history of thrombosis

## **HIGH RISK**

- Age > 60 OR
- History of thrombosis

# PV: Treatment

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Phlebotomy to maintain HCT <45%

Aspirin

Cardiovascular risk-factor modification

Hydroxyurea

Interferon

Ruxolitinib

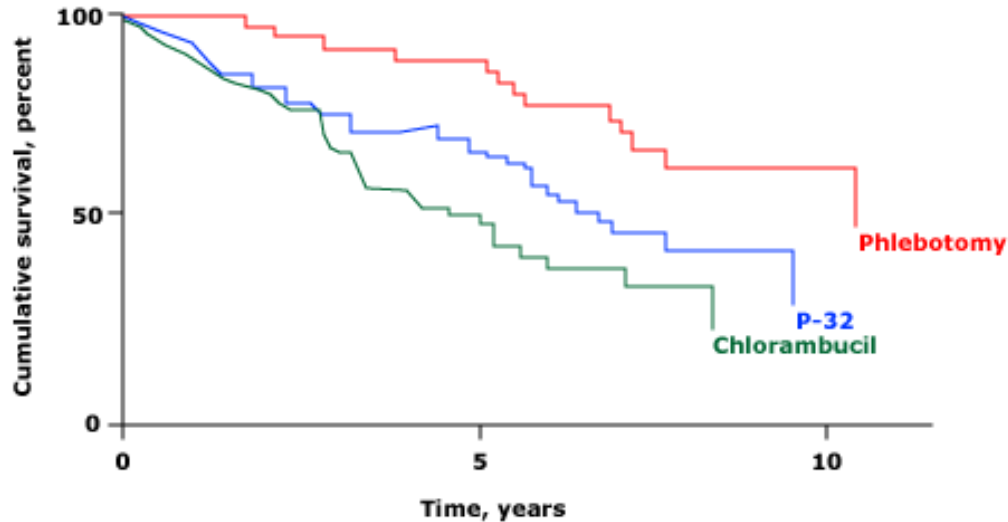
~~Chemo~~

ALL

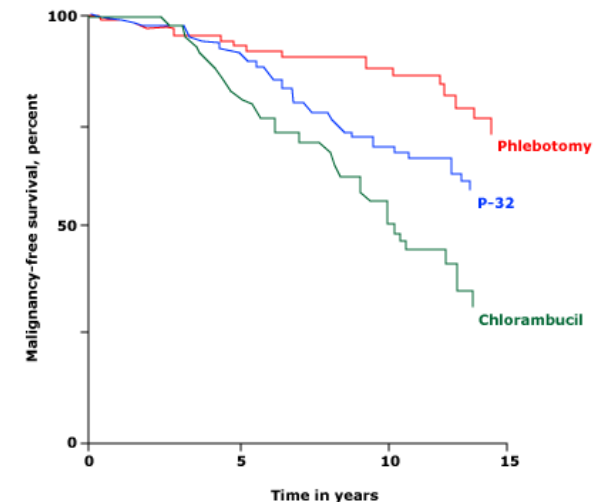
High-risk OR  
uncontrolled  
PV symptoms

# Initial trials in PV: no more chemo

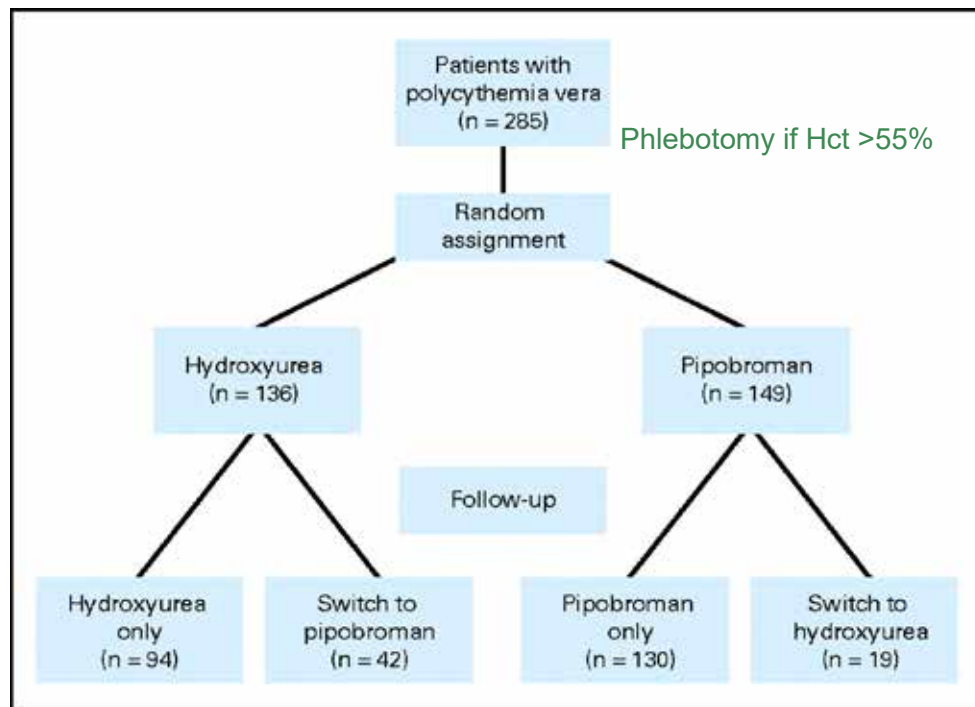
Lower cumulative survival with chemotherapy in polycythemia vera



Lower malignancy-free survival with chemotherapy in polycythemia vera



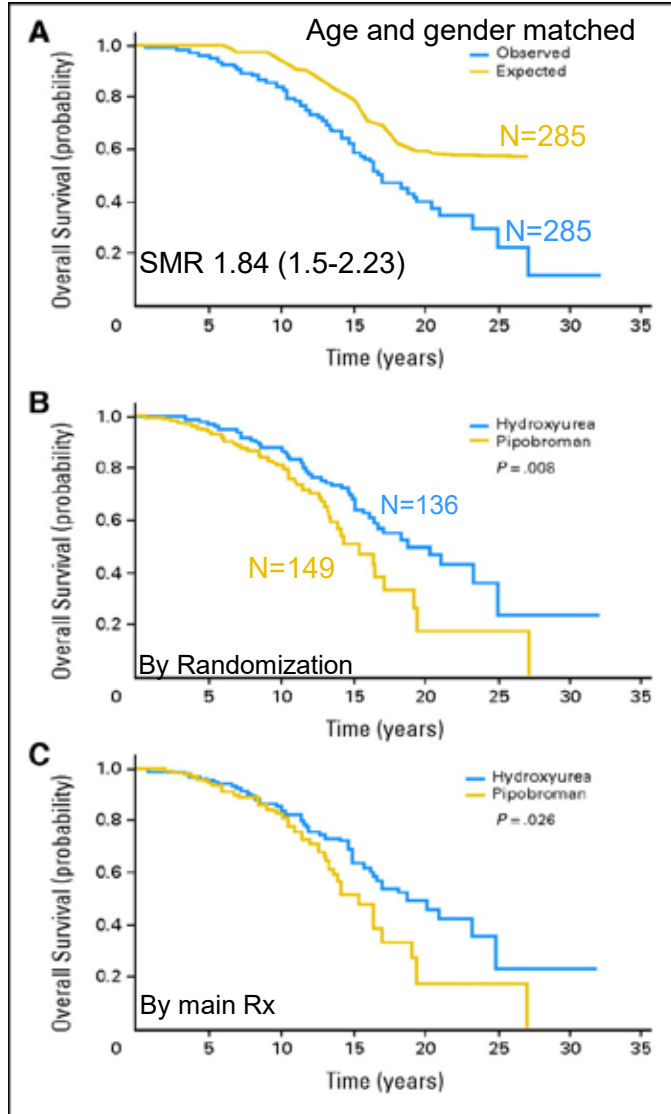
# Hydroxyurea vs. Pipobroman (alkylating agent) in PV



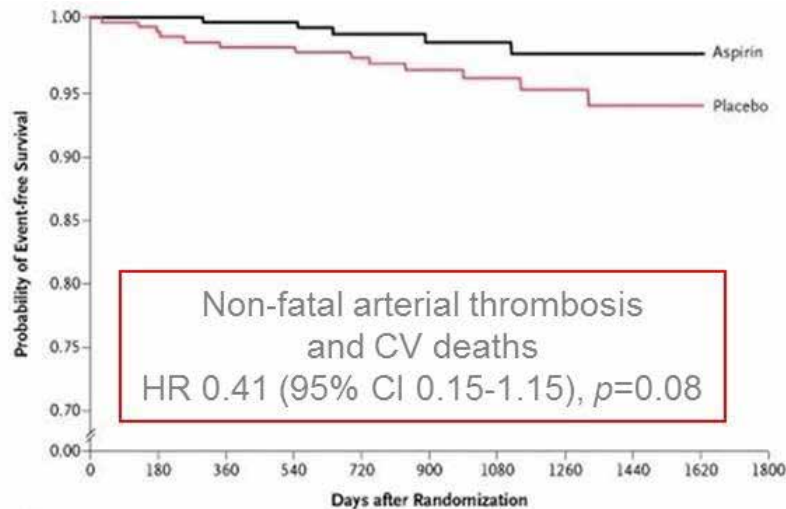
Switch to Pi HR 2.06 (95% CI 1.09-3.87,  $p=0.026$ )  
3.08),  $p=0.45$

Switch to HU HR 1.37 (95% CI 0.61 to

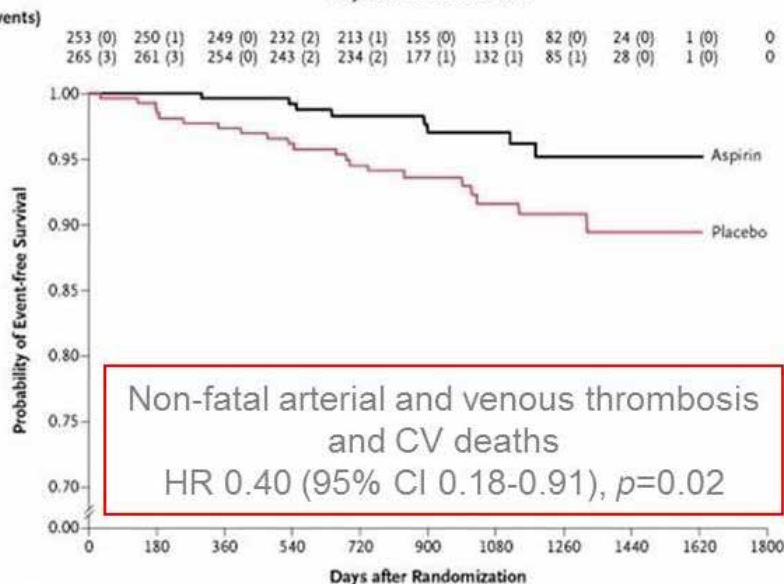
Cause of death  
MDS/AML 54%  
Thrombosis 15%



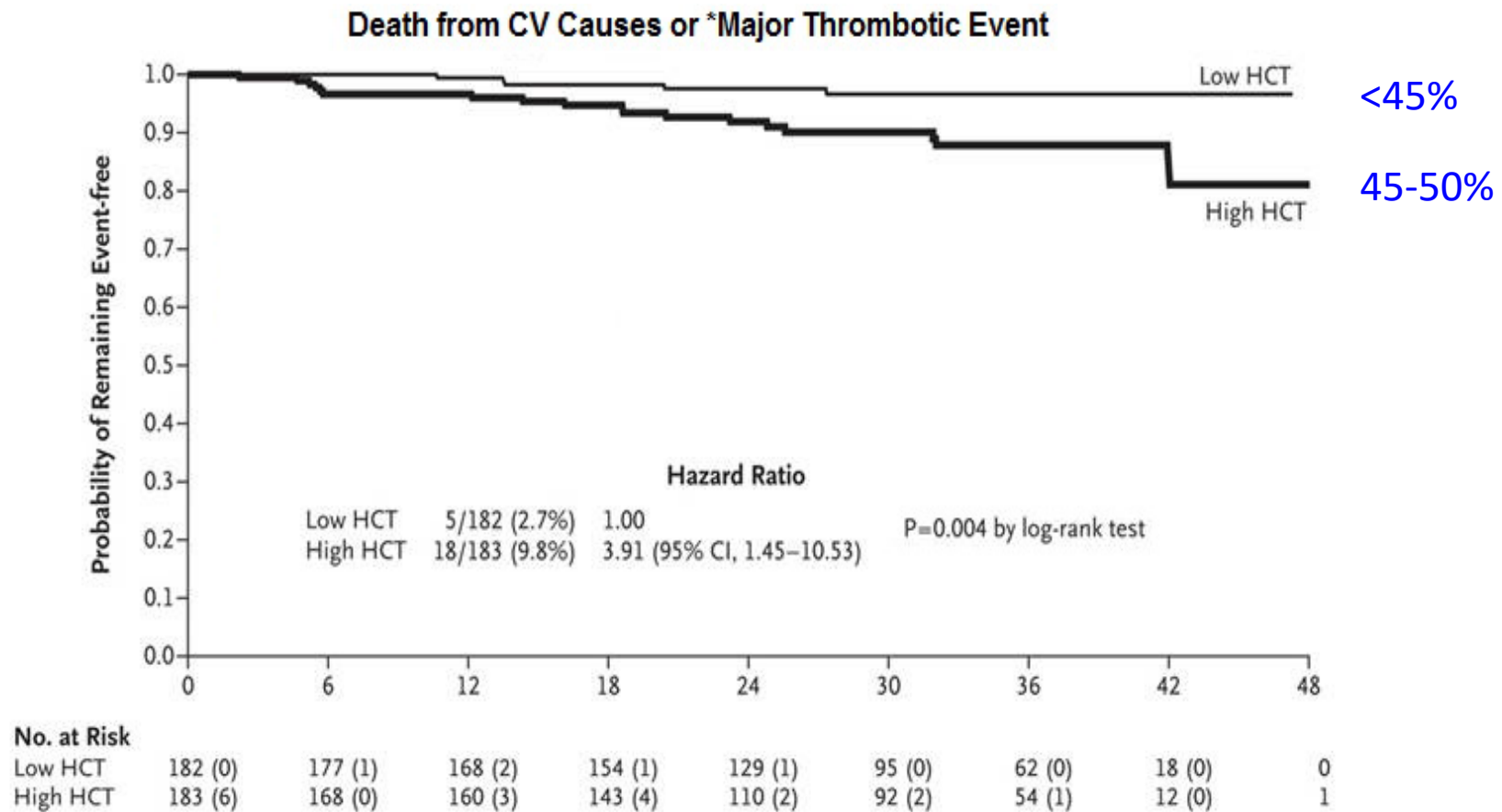
# ECLAP TRIAL: RCT ASA vs. Placebo in PV



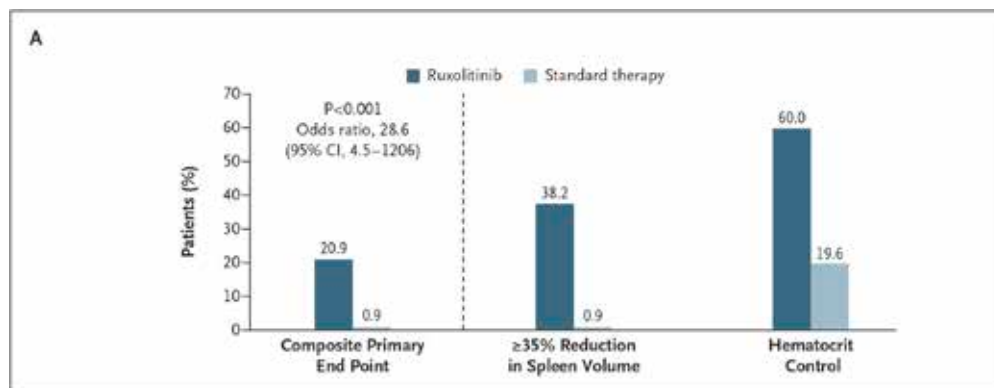
- 500 PV patients randomized to Aspirin 100 mg daily vs placebo
- Reduced risk combined endpoint non-fatal arterial+venous thrombosis +CV deaths
- No reduction in overall mortality
- No increase incidence bleeding



# Target HCT in PV: CYTO-PV Trial

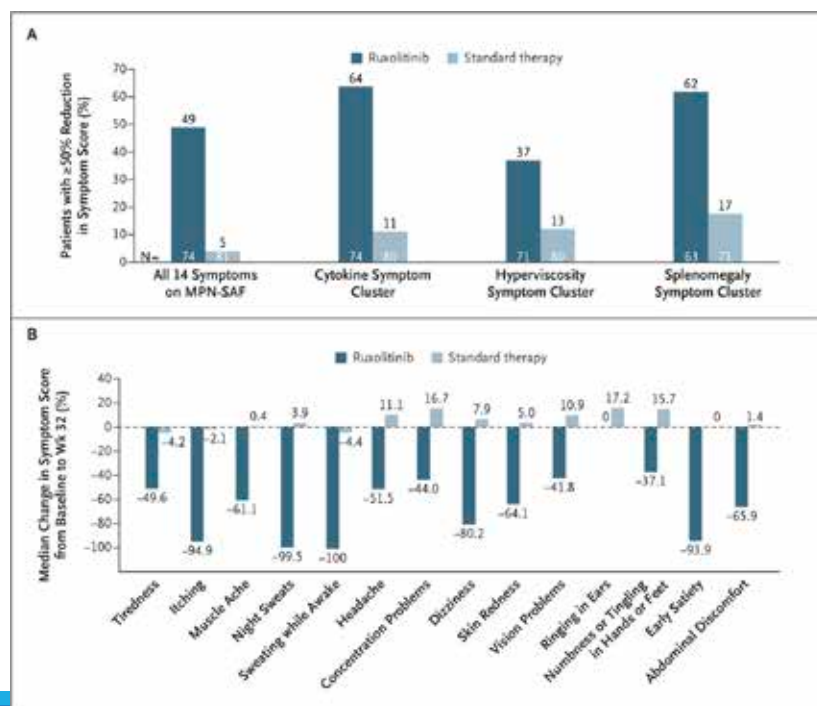


# RESPONSE: Ruxolitinib vs BAT in PV



Open label, 222 patients with PV  
Resistant (46%) or intolerant to HU (54%)

Randomly assigned to:  
Ruxolitinib (110)  
BAT (112): 59% HU, INF 12%,  
pipobroman 2%, no med 15%



Primary endpoint HCT control (wk 32)  
and >35% reduction spleen volume

Symptoms evaluated by MPN-SAF TSS

# Thrombosis Risk-Adapted Management of PV

| Category  | Characteristics                   | Treatment                                                                                                                                                           |
|-----------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Low-risk  | Age <60 AND<br>No thrombosis      | Phlebotomy : goal HCT <45<br>Aspirin 81 mg daily<br>Address CV risk factors                                                                                         |
| High-risk | Age ≥ 60 OR<br>Thrombosis history | All of the above AND<br>Cytoreductive Therapy:<br>1) 1 <sup>st</sup> Line: Hydrea<br>PegIFN<br>1) 2 <sup>nd</sup> Line: Ruxolitinib<br>PegIFN<br>Busulfan (age >70) |

Indications for cytoreduction in low-risk pts may include:

- Poor tolerance of phlebotomy
- Progressive leukocytosis
- Platelets > 1500 x 10<sup>9</sup>/L (risk of bleeding)
- Severe disease-related symptoms

**\*\*Pts with plts >1 million should be tested for acquired VWD prior to initiation of Aspirin**

# Case #1.5

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40 yo M with presenting with fatigue, pruritus and burning after showers and sexual activity

On exam: ruddy, plethoric, obese

CBC: white count of 8, hemoglobin of 18.5, plts 455

History:

- Non-smoker
- Lives in Seattle area
- No history of lung disease
- Not on diuretics
- Girlfriend says he snores and “stops breathing” all night long
- Self-injects testosterone x 4 years
- Epo level is . . . .18

# Primary vs secondary polycythemia

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Polycythemia vera: EPO independent

Secondary polycythemia: EPO dependent

- Appropriate Epo production:
  - High altitude
  - COPD
  - OSA/obesity
  - Smoking
  - Diuretics
  - Carbon monoxide poisoning (chronic)
  - \*\*\*Anabolic steroids, testosterone, blood doping\*\*\*
- Inappropriate Epo production:
  - Tumors: RCC, HCC, uterine leiomyoma
  - Renal ischemia
  - Hereditary defects in Epo/associated proteins/high-affinity oxygen Hgb (familial polycythemia)

Distinguish these by history and Epo level

# Case 2

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31 yo F found to have thrombocytosis to 550k on routine lab check 2010

JAK2, MPL negative; +CALR

Bone marrow: normocellular, trilineage hematopoiesis, atypical megakaryocytic proliferation, no increased blasts, no fibrosis, normal cytogenetics

Monitored for 10 years, plts decreased in 2 pregnancies

2018 – plts rose to 1.85 million, developed headaches, fatigue, chest tightness, heavy menstrual bleeding

VWF testing negative

Initiated on Aspirin and PegIFN → plts now 500K, symptoms improved

# Essential Thrombocythemia (ET)

- Asymptomatic ~50%
- Vasomotor symptoms – 13-40%
  - Headache
  - Lightheadedness
  - Syncope
  - Atypical chest pain
  - Acral paresthesia
  - Livedo reticularis
  - Erythromelalgia (burning pain of the hands or feet with erythema and warmth)
  - Transient visual disturbances (eg, amaurosis fugax, scintillating scotomata, ophthalmic migraine)
- Splenomegaly – 35%
- Thrombosis – 9-20% (fetal loss 11%)
- Hemorrhage – 3-37%



# Diagnostic Criteria

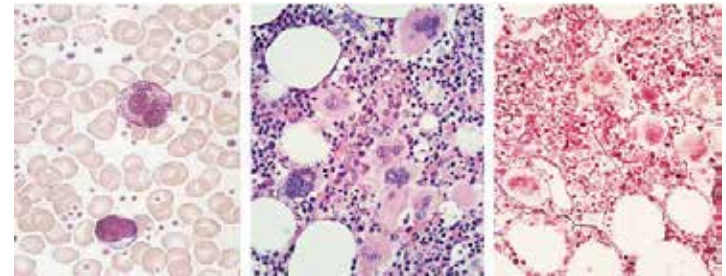
## WHO Criteria: ET

### Major Criteria (all 4 major or first 3 with minor)

- Plt Count  $\geq 450 \times 10^9/L$  sustained
- BM bx: megakaryocyte proliferation with increased # of enlarged mature megakaryocytes. No significant increase in granulo/erythropoiesis
- Not meeting WHO criteria for : PV<sup>¥</sup>, MF<sup>†</sup>, CML<sup>‡</sup>, MDS<sup>§</sup>
- JAK2V617F*, *CALR*, or *MPL* mutation

### Minor Criteria (all 3 major or first 2 with minor)

- Presence of a clonal marker or no evidence of reactive thrombosis<sup>§</sup>



¥ failure of Fe to increase Hgb in setting of a low ferritin  
† absence of relevant reticulin or collagen fibrosis, leukoerythroblastosis, or abnml meg morphology (n/c ratio, hyperchromatic, bulbous, irregularly folded nuclei, and clustering)  
‡ absence of BCR-ABL1.

§ absence of erythroid and granulocytic dysplasia

§ the presence of a condition associated with reactive thrombocytosis (Fe def, infection, inflammation, met cancer, connective tissue disease, lymphoproliferative d/o) does not exclude possibility of ET

# ET Prognostic Models

## IPSET

| Risk factors                    | Scores |      |      |
|---------------------------------|--------|------|------|
|                                 | 0      | 1    | 2    |
| Age, y                          | < 60   |      | ≥ 60 |
| WBC count, × 10 <sup>9</sup> /L | < 11   | ≥ 11 |      |
| History of thrombosis           | No     | Yes  |      |

Low risk implies a sum of scores equal to 0; intermediate risk, a sum of scores equal to 1-2; and high risk, a sum of scores equal to 3-4.

ET indicates essential thrombocythemia; and WBC, white blood cell count.

| Risk               | % Pts | Median OS  |
|--------------------|-------|------------|
| Low (0)            | 48%   | NR         |
| Intermediate (1-2) | 47%   | 24.5 years |
| High-risk (3-4)    | 5%    | 13.8 years |

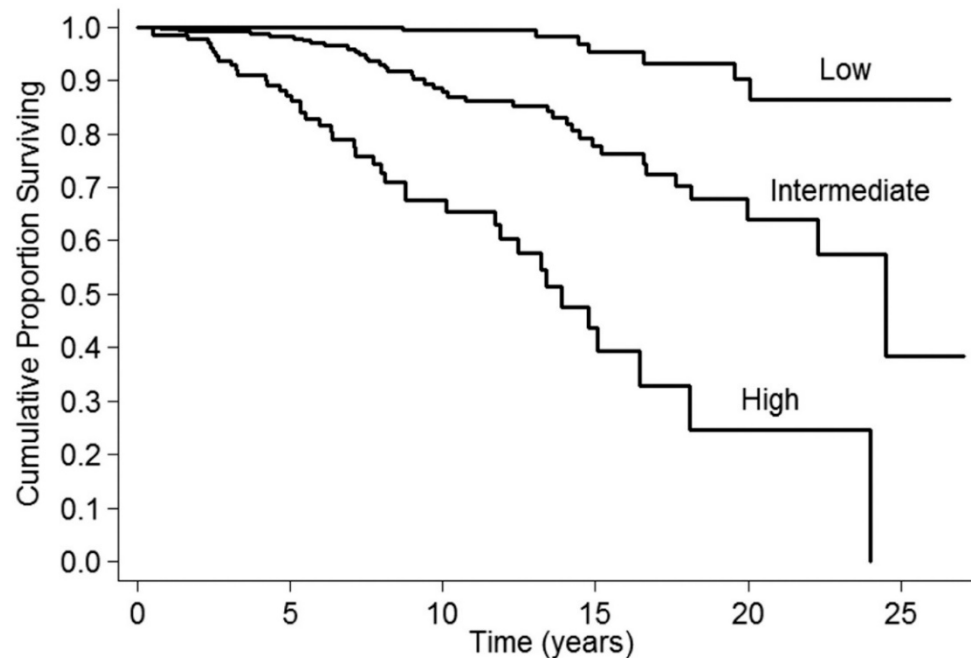
## IPSET-Thrombosis

| Risk factor                 | HR   | Score |
|-----------------------------|------|-------|
| Age > 60 y                  | 1.50 | 1     |
| Cardiovascular risk factors | 1.56 | 1     |
| Previous thrombosis         | 1.93 | 2     |
| JAK2V617F                   | 2.04 | 2     |

Low risk implies a score = 0-1; intermediate risk, score = 2; and high risk, score ≥ 3.

| Risk             | %/year thrombosis |
|------------------|-------------------|
| Low (0-1)        | 1%                |
| Intermediate (2) | 2.4%              |
| High-risk (>2)   | 3.6%              |

# IPSET Risk Stratification



867 patients total

87 patients died

51% thrombosis

10% hemorrhage

17% AML/MDS

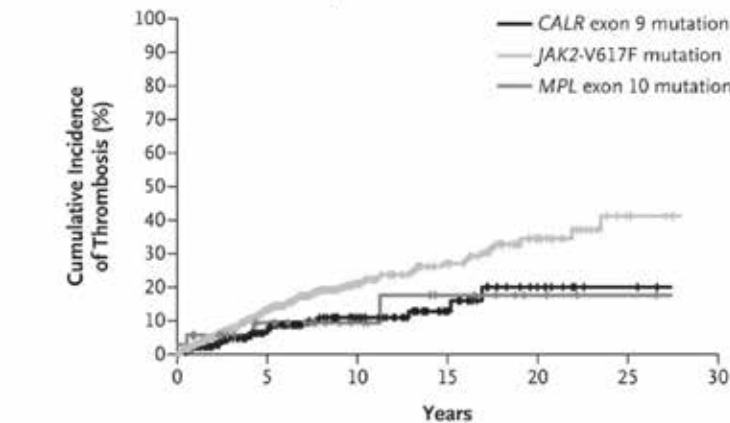
22% other cancer

|                |     |     |     |    |    |   |
|----------------|-----|-----|-----|----|----|---|
| Number at risk |     |     |     |    |    |   |
| Low            | 342 | 211 | 123 | 63 | 25 | 3 |
| Intermediate   | 374 | 223 | 109 | 51 | 15 | 2 |
| High           | 151 | 84  | 32  | 10 | 2  | 0 |

# Impact of Mutations on prognosis

JAK2 associated with higher thrombotic risk than CALR

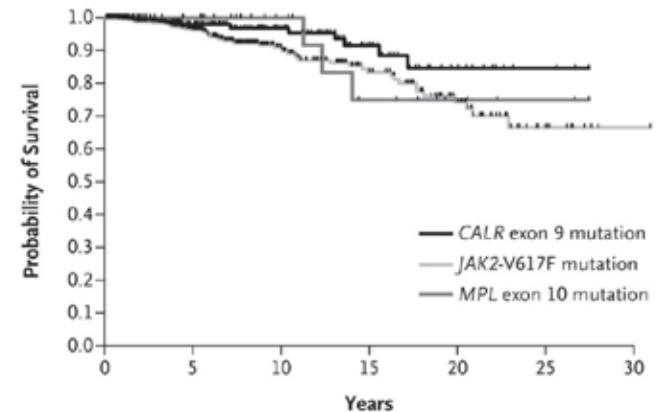
**C** Thrombosis in Essential Thrombocythemia



No. at Risk

|               |     |     |     |    |    |   |   |
|---------------|-----|-----|-----|----|----|---|---|
| CALR mutation | 186 | 115 | 63  | 27 | 9  | 3 | 0 |
| JAK2 mutation | 575 | 267 | 116 | 62 | 25 | 5 | 0 |
| MPL mutation  | 35  | 21  | 13  | 8  | 4  | 2 | 0 |

**B** Survival in Essential Thrombocythemia



No. at Risk

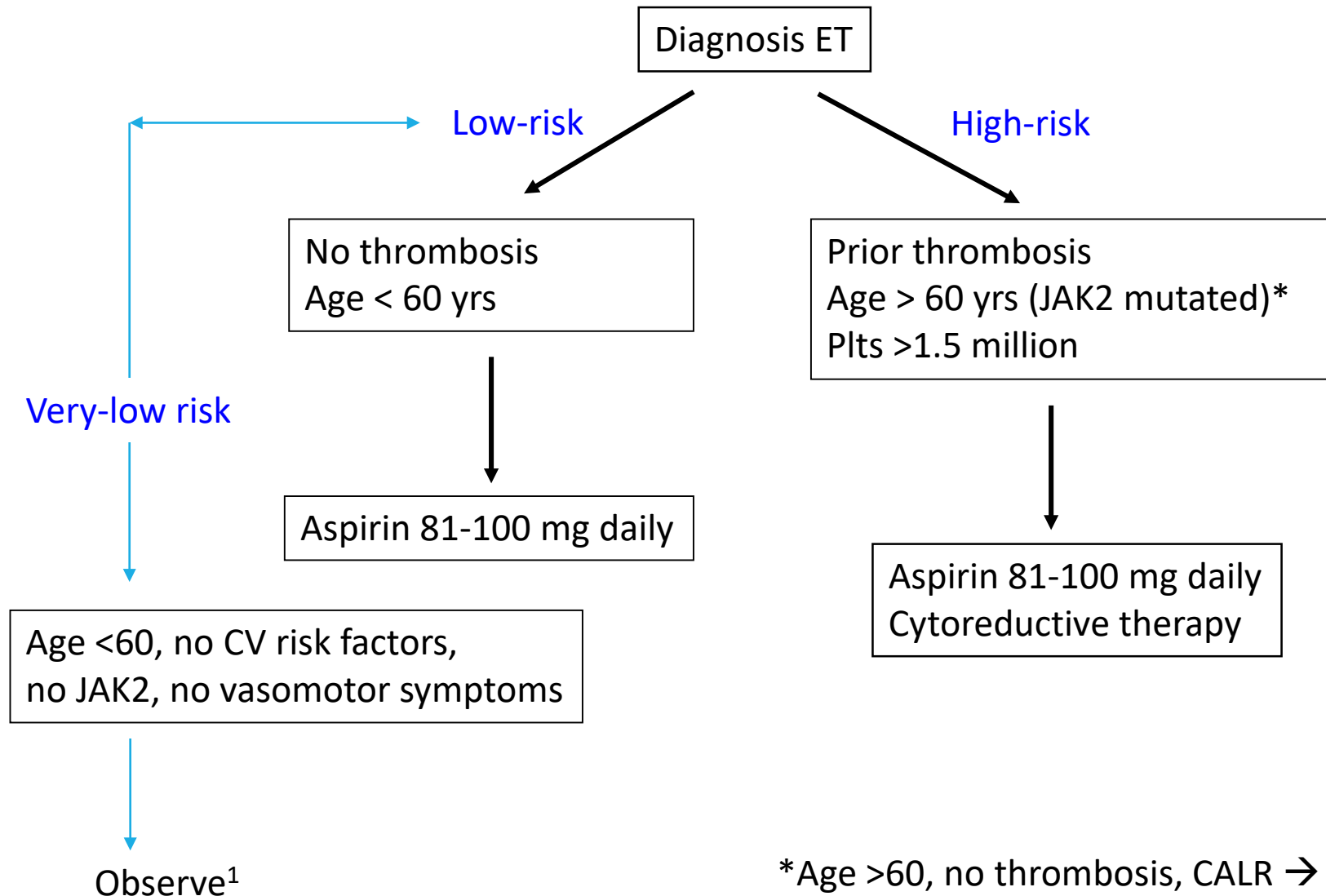
|               |     |     |     |    |    |    |   |
|---------------|-----|-----|-----|----|----|----|---|
| CALR mutation | 186 | 122 | 71  | 33 | 11 | 3  | 0 |
| JAK2 mutation | 576 | 310 | 145 | 83 | 42 | 10 | 1 |
| MPL mutation  | 35  | 25  | 14  | 8  | 4  | 2  | 0 |

# ET: Treatment Options

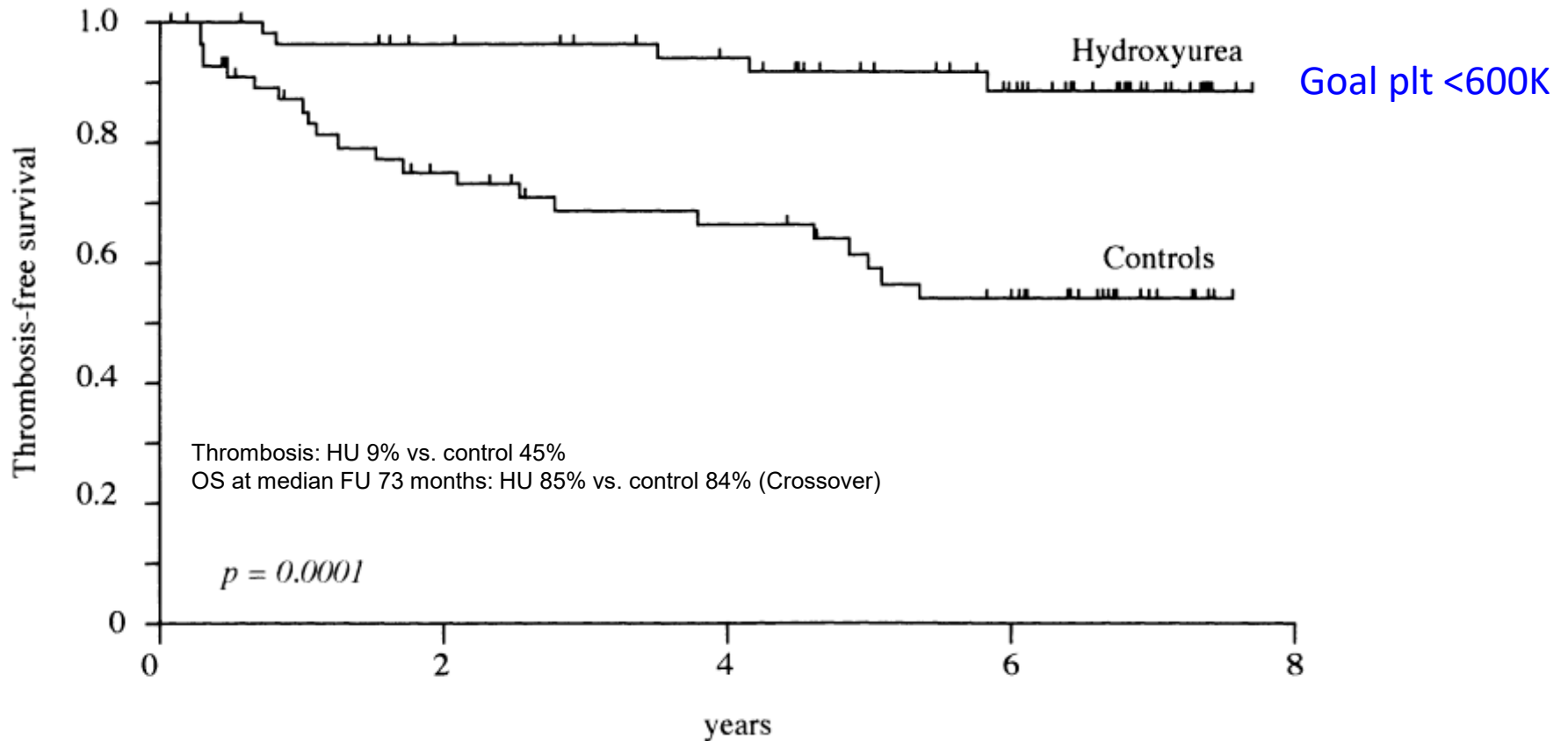
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- Observation
- Aspirin
- Hydroxyurea
- Interferon
- Anagrelide
- ~~Ruxolitinib~~

# Treatment Recs for ET

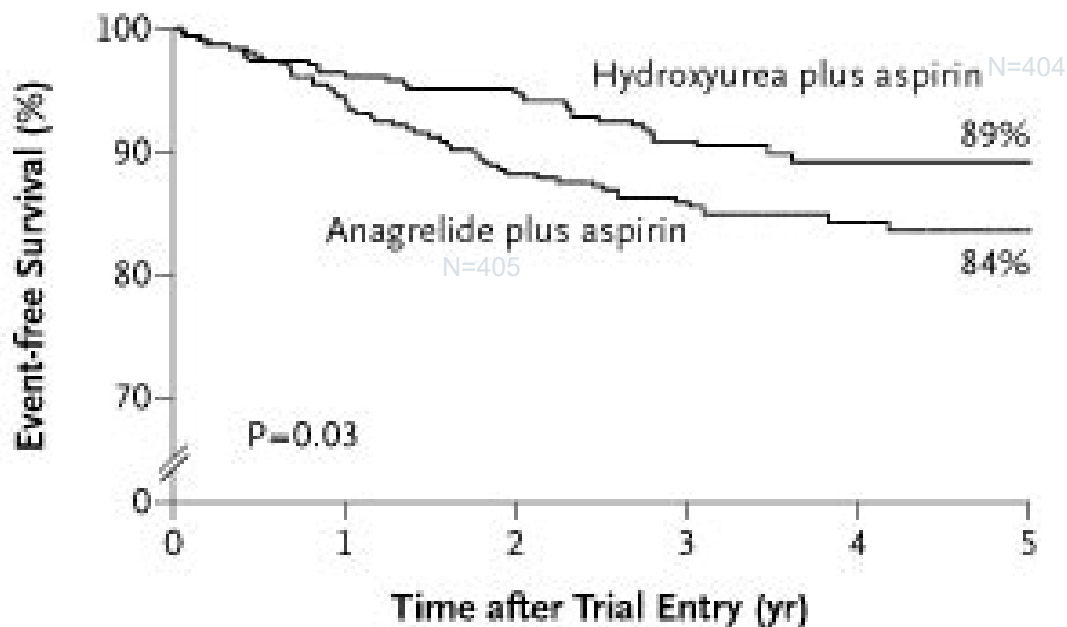


# Hydrea in High-Risk ET: RCT



Age > 60 or previous thrombosis and plt  $\leq$  1.5 million

# Hydrea vs. Anagrelide (+ASA)



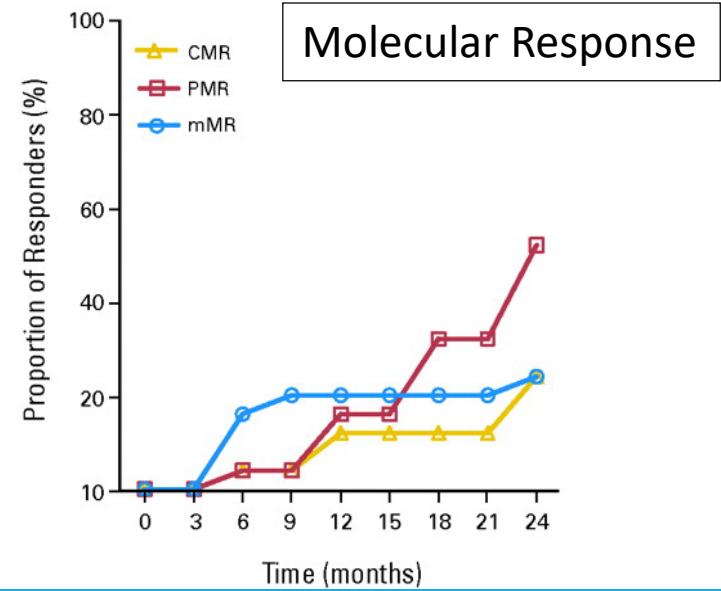
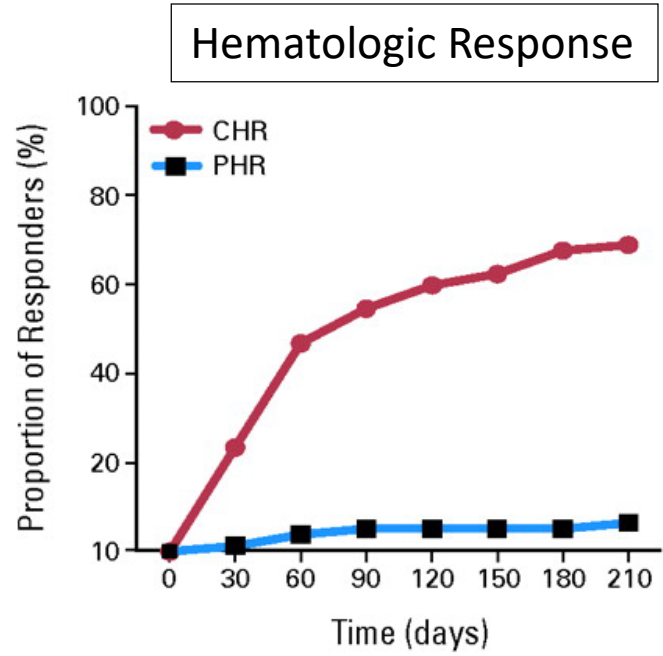
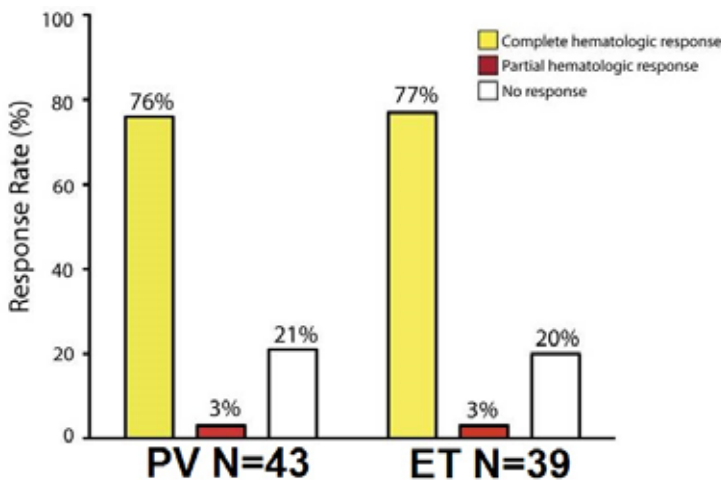
## No. at Risk

|                          |     |     |     |     |     |    |
|--------------------------|-----|-----|-----|-----|-----|----|
| Hydroxyurea plus aspirin | 404 | 388 | 298 | 204 | 129 | 57 |
| Anagrelide plus aspirin  | 405 | 379 | 272 | 190 | 119 | 52 |

**Composite endpoint:**  
arterial and venous  
thrombosis, hemorrhage,  
death from vascular causes

Anagrelide-treated patients had a significantly greater increase in bone marrow reticulin and a higher rate of transformation into myelofibrosis at five years (7 versus 2 percent, odds ratio 2.9, 95% CI 1.2-6.9)

# PEG-IFN-α-2a



**Table 2. Molecular response rates to PEG-IFN-α-2a therapy**

| JAK2V617F allele burden | PV (n = 40) number (%) | ET (n = 18) number (%) |
|-------------------------|------------------------|------------------------|
| CMR (undetectable)      | 7 (18)                 | 3 (17)                 |
| PMR (>50% decrease)     | 14 (35)                | 6 (33)                 |
| mMR (20%-49% decrease)  | 3 (8)                  | 3 (17)                 |
| No response             | 16 (40)                | 6 (33)                 |

\*Gowin et al. *Haematologica* 2012;97:1570-1573

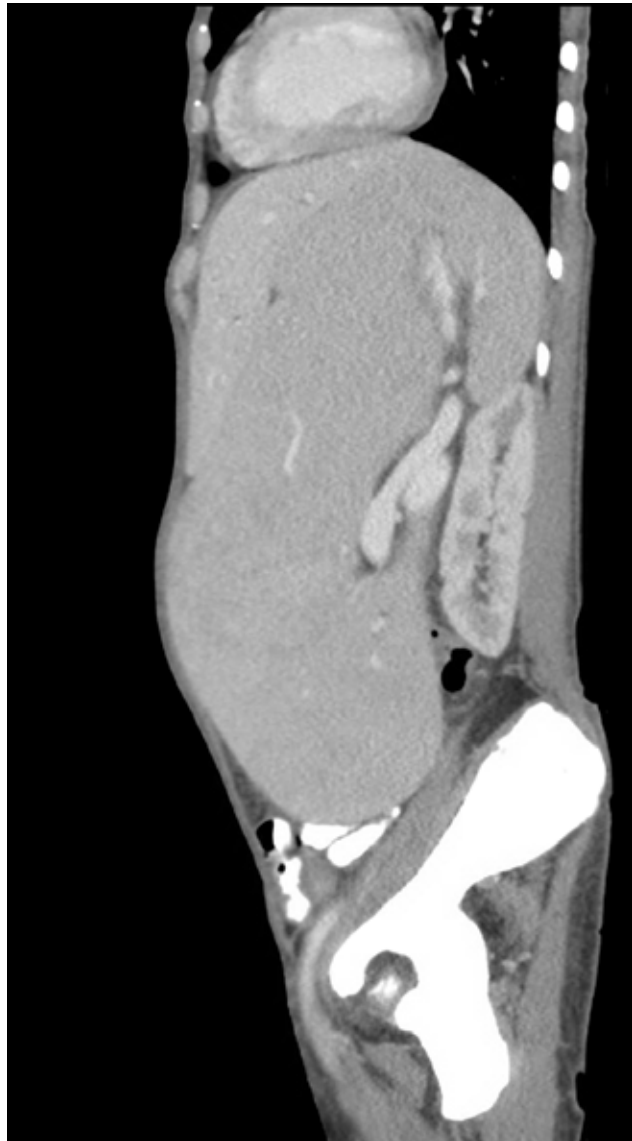
# Case 3

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55 yo F with no PMH p/w bilateral leg swelling and DOE. Did not respond to herbal tea/supplements/CBD oil

- ROS: 20 lb wt loss/2 months, night sweats
- PE: tachycardia, holosystolic murmur, JVD, LE edema, splenomegaly
- Labs: Hgb 3.4, WBC 5.9, plts 79, normal BMP, ferritin 487, iron sat 38%, B12 548, folate >24, LDH 584, INR 1, Hapto 64, normal BR, smear: tear drop cells
  - → 13 units of PRBCS
  - CT Abdomen
  - Bone marrow biopsy

## CT Abdomen



# Bone marrow biopsy

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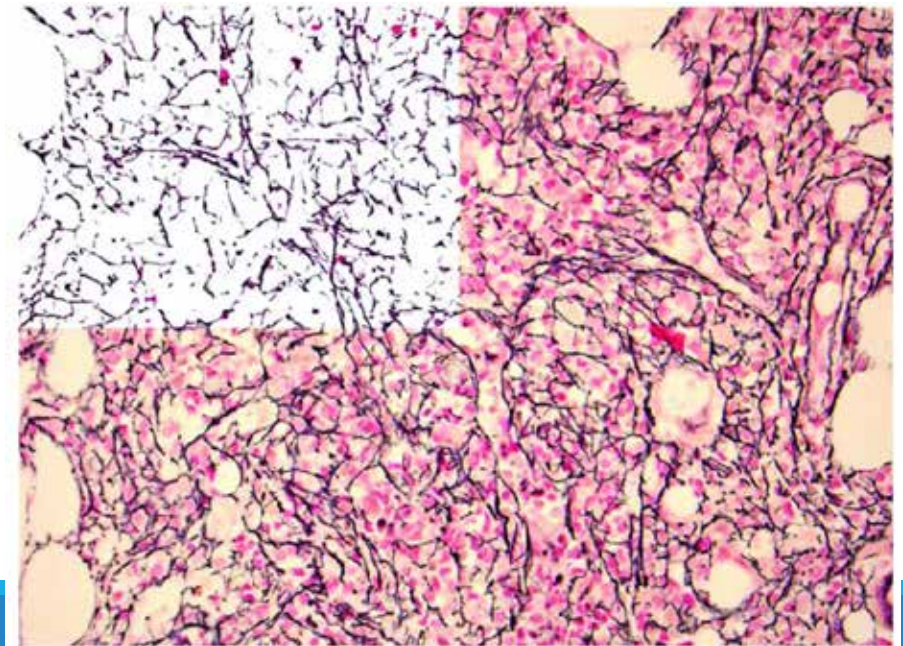
Hypercellular 90%; Megakaryocytic atypia

WHO Grade 3/3 fibrosis

No increased blasts on morphology or flow

Cytogenetics: 46, XX, del(7)(q11.2q22)[4]/46, XX[2]

+ JAK2 V617F and ASXL1 mutation



# MF Diagnostic Criteria

## WHO Criteria: Primary MF

### **Major criteria** (*all 3 major + 1 minor*)

- Megakaryocyte proliferation and atypia with reticulin or collagen fibrosis grade 2 or 3
- Does not meet WHO criteria for other myeloid disorders (ET, PV, CML, MDS)
- Clonal marker (*JAK2*, *MPL*, *CALR*), presence of another clonal marker, or absence of reactive fibrosis §

### **Minor criteria** (*2 consecutive determinations*)

- Increase in serum LDH >ULN
- Palpable splenomegaly
- Leukocytosis ( $\geq 11 \times 10^9/L$ )
- Anemia
- Leukoerythroblastosis

§ infection, autoimmune, chronic inflammatory, hairy cell leukemia or other lymphoid neoplasm, met malignancy, or toxic chronic myelopathies

## IWG Criteria<sup>2</sup>: **Post-ET MF & Post-PV MF**

### **Major criteria** (*all required*)

- Previous diagnosis of ET or PV
- Grade 2-3 bone marrow fibrosis (on 0-3 scale) or Grade 3-4 bone marrow fibrosis (on 0-4 scale)

### **Minor criteria** (*must meet 2*)

- $\geq 5$  cm increase in palpable splenomegaly or new splenomegaly
- Leukoerythroblastosis
- One or more constitutional symptoms
- Increase in serum LDH (**Post-ET MF only**)
- Anemia with a Hgb  $\geq 2$  mg/mL decrease from baseline (**Post-ET MF only**)
- Anemia or sustained loss of requirement for either cytoreductive treatment or phlebotomy (**Post-PV MF only**)

<sup>1</sup> Arber, et al. *Blood*. 2016;127(20):2391-2405

<sup>2</sup> Barosi G, et al. *Leukemia*. 2008;22(2):437-438.

# MF Disease Features

85% or more of MF patients present with palpable splenomegaly at the time of diagnosis<sup>1</sup>

60% to 80% of MF patients report spleen-related symptoms<sup>2</sup>

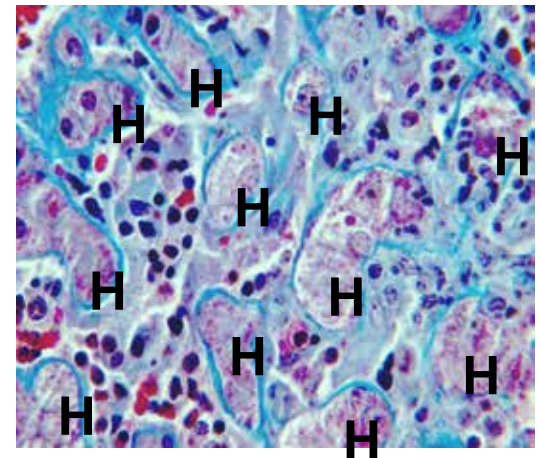
- Abdominal pain/discomfort, early satiety

Other MF symptoms that can be present include<sup>3</sup>

- Pruritus- 50%
- Night sweats – 56%
- Bone pain – 47%

Extramedullary features:

- Sinusoidal hepatic fibrosis
- Extramedullary hematopoiesis (collage deposition blue)
- Pulmonary and portal HTN



<sup>1</sup>Barosi G. *J Clin Oncol*. 1999;17:2954-2970.

<sup>2</sup>Scherber RM, et al. *Blood*. 2011;118(2):401-408.

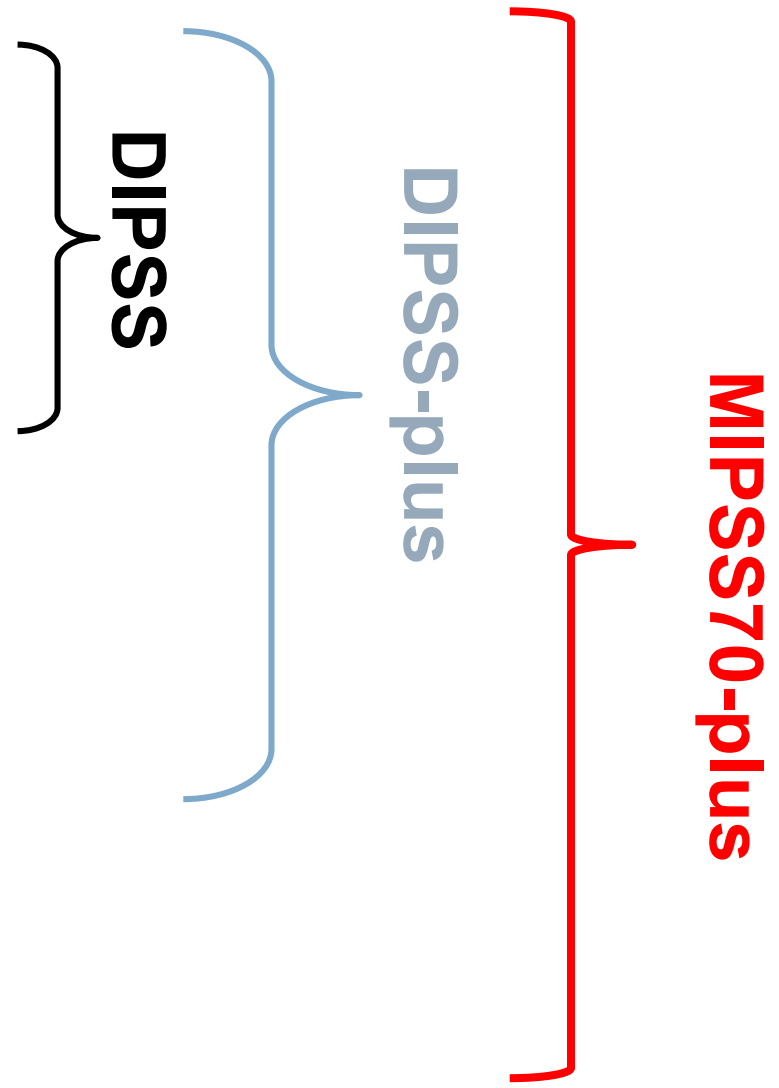
<sup>3</sup>Mesa RA, et al. *Leuk Res*. 2009;33:1199-1203

# PMF - Risk Classification

- Age > 65 years <sup>(1)</sup>
- Constitutional symptoms <sup>(1)</sup>
- Hgb < 10 /L <sup>(2)</sup>
- WBC > 25,000 <sup>(1)</sup>
- PB blasts ≥ 1% <sup>(1)</sup>

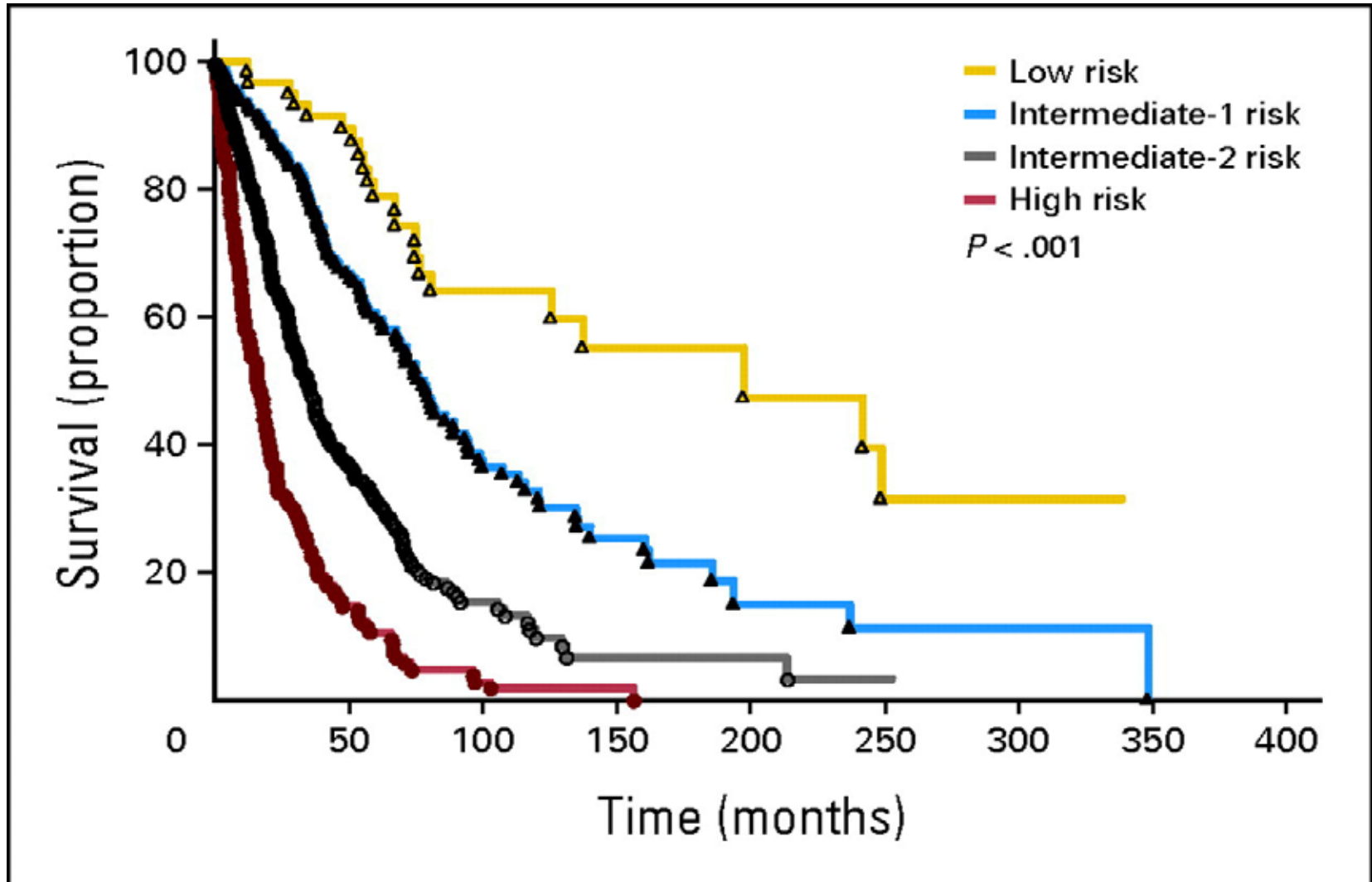
- Abnormal chromosomes\*
- Plts <100,000
- Transfusion dependence

- Absence of CALR
- High-risk mutations^
- Marrow fibrosis ≥ grade 2
- HMR genes: ASXL1, EZH2, SRSF2, IDH 1/2, U2AF1

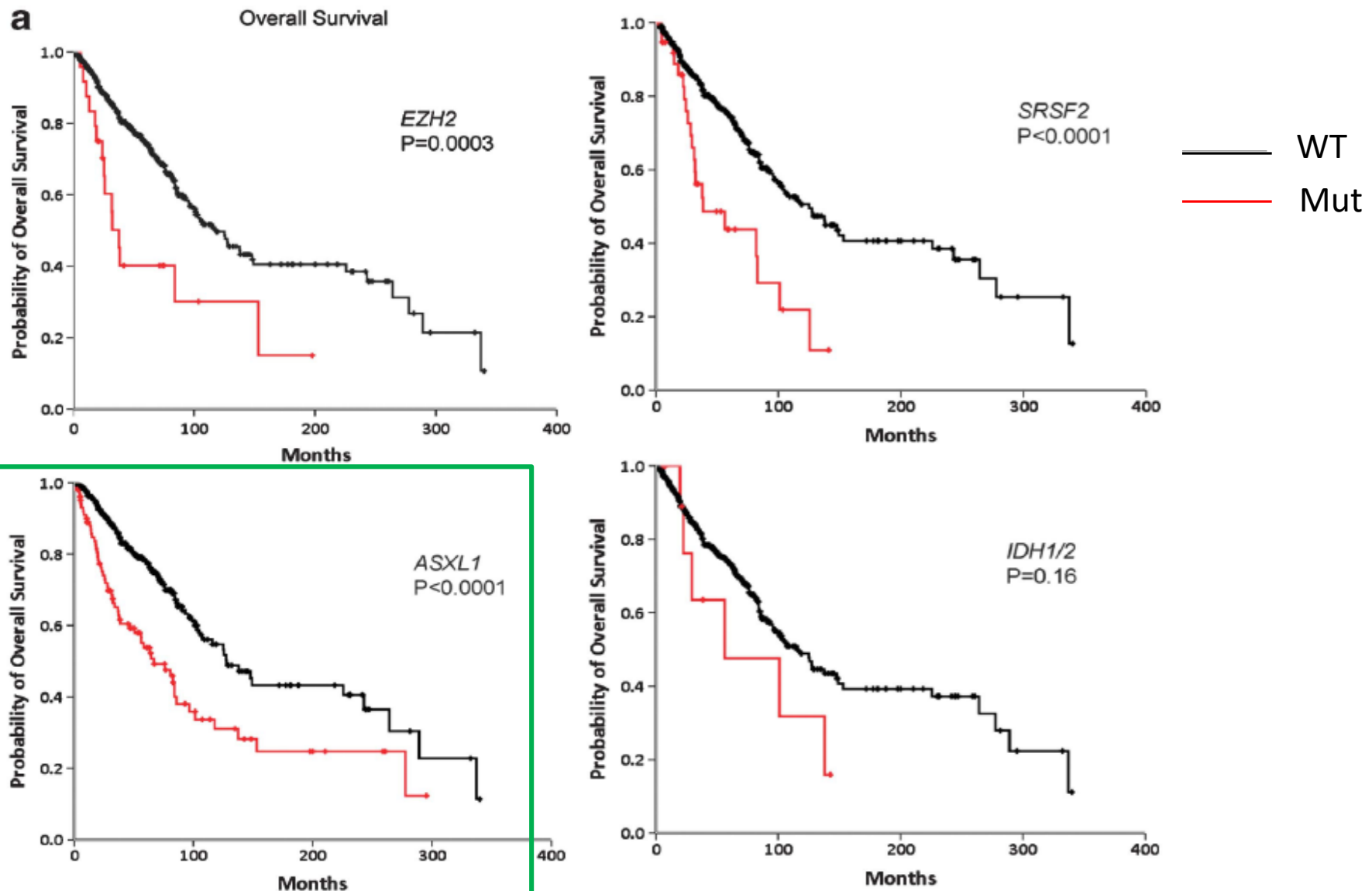


\*+8, -7/7q-, i(17q), -5/5q-, 12p-, inv(3) or 11q23 rearrangement    ^ any abnormal karyotype other than normal or sole abnormalities in 20q-, 13q-, +9, chromosome 1 translocation/duplication, -Y or sex chromosome abnormality other than -Y

# DIPSS-plus and Survival



# Overall Survival by Mutation



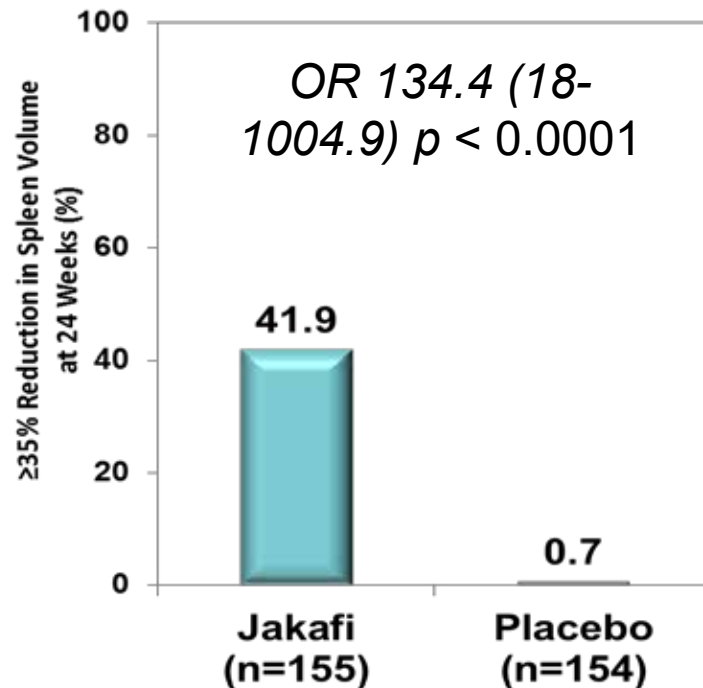
# Treatment Options

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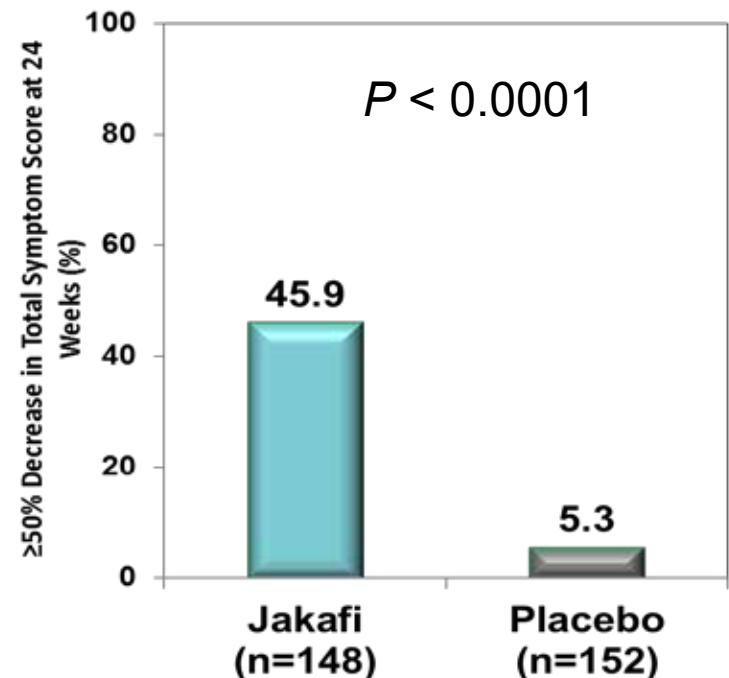
- Active surveillance in low-risk disease
- Hydrea for proliferative disease, splenomegaly
- Anemia: Lenalidomide/prednisone, danazol
- Newest options:
  - Ruxolitinib (Jakafi) – JAK1/2 inhibitor: best for splenomegaly, constitutional symptoms, pruritis
  - Fedratinib (Inrebic) – JAK2 inhibitor; just approved
- Allogeneic stem cell transplant for higher risk disease (generally DIPSS int-2 and high-risk)

# COMFORT-1 : MF patients randomized to Ruxolitinib or placebo

## DECREASE SPLEEN VOLUME

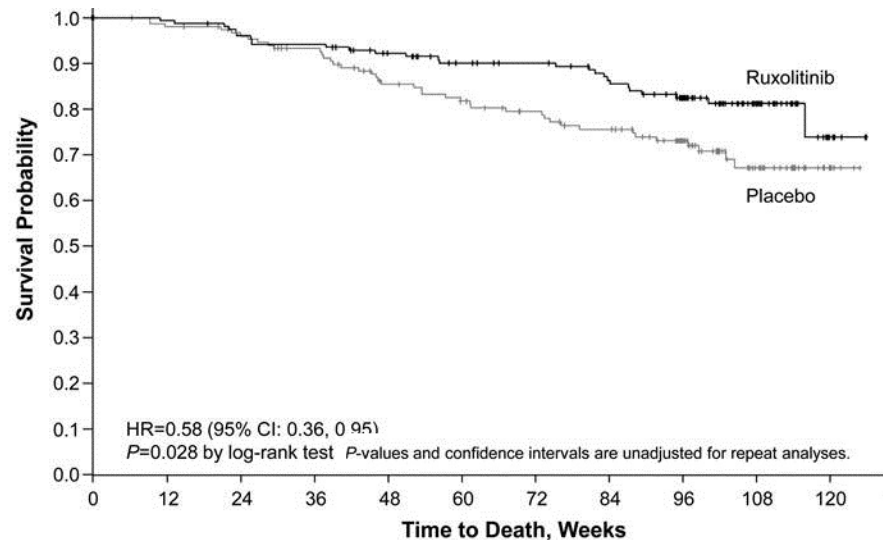


## IMPROVEMENT MF SYMPTOMS

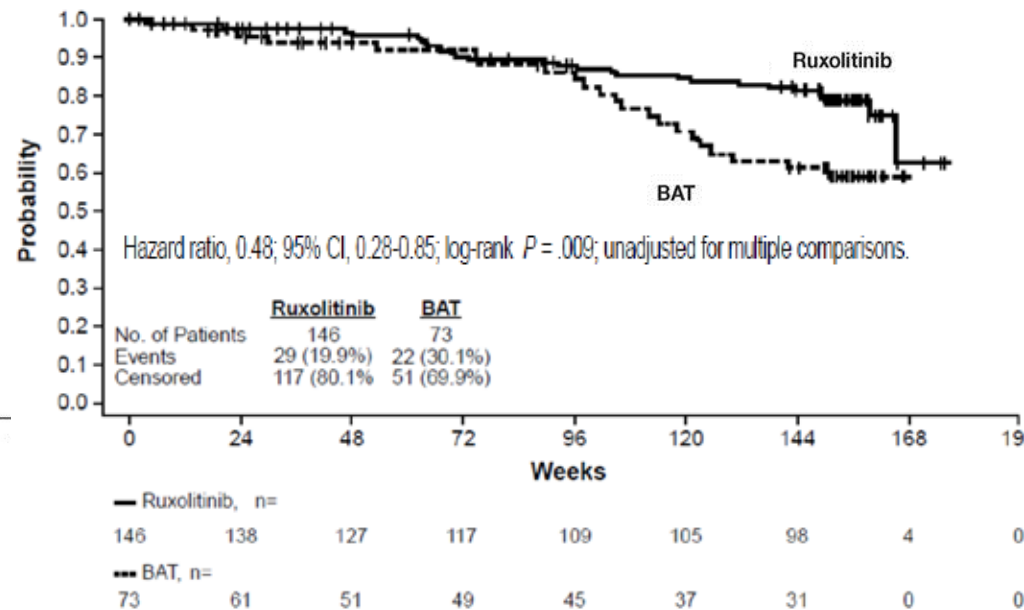


# Comfort 2: MF patients randomized to Ruxolitinib vs. BAT

## COMFORT 1

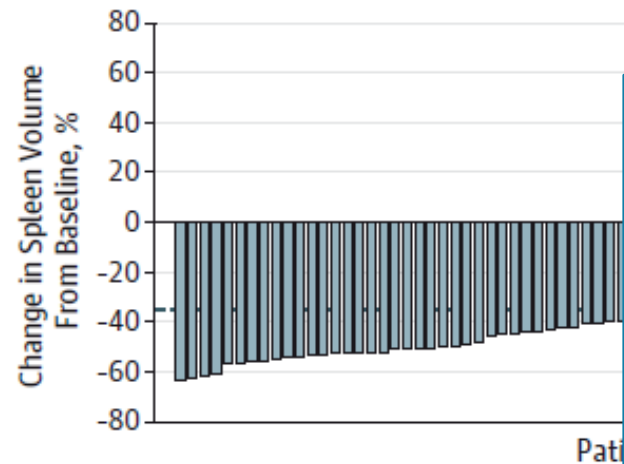


## COMFORT 2



# Fedratinib: JAKARTA Trials

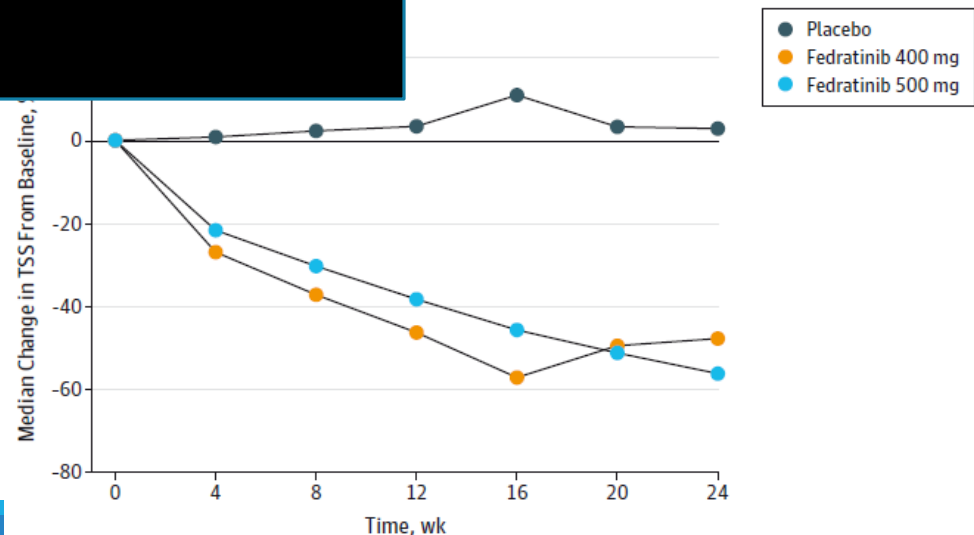
Fedratinib 400 mg



37% >35% spleen volume reduction  
vs. 1% placebo; med duration 18 mo

**BLACK BOX WARNING:**  
**WERNICKE ENCEPHALOPATHY:**  
**CHECK THIAMINE level (B1)**  
**PRIOR TO STARTING THERAPY**

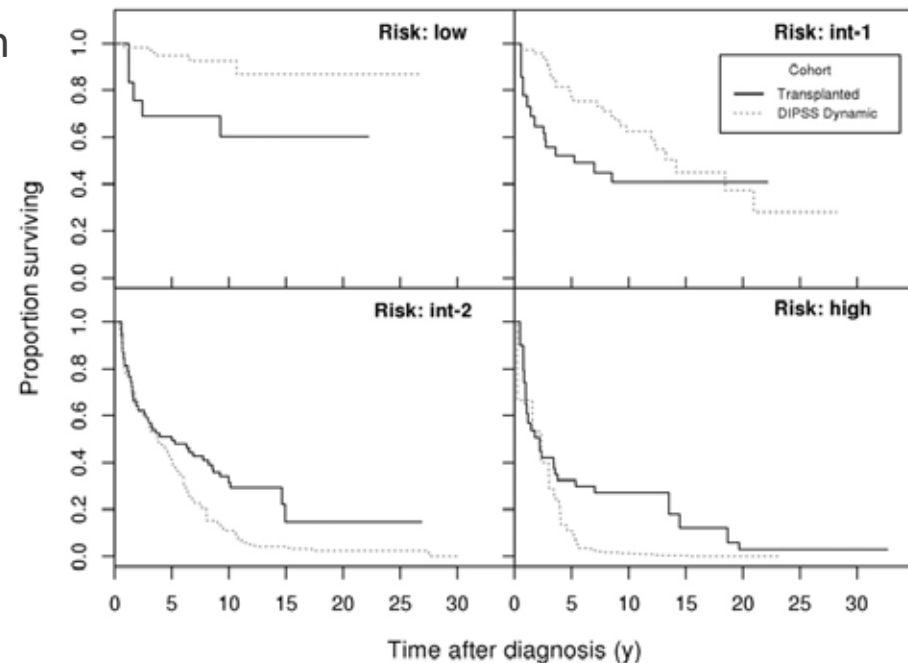
40%: > 50% reduction in MF-TSS vs.  
9% placebo



# So, Whom and When to Transplant?

## Disease characteristics:

- DIPSS int 1 – some patients (adverse risk mutations, 2+ mutations?, triple negative disease?) will benefit
- DIPSS int 2/high – indication for HCT
- Disease progression – HCT only real option
- Loss of response to JAK inhibitor



# Risk Factors for transplant

Comorbidities

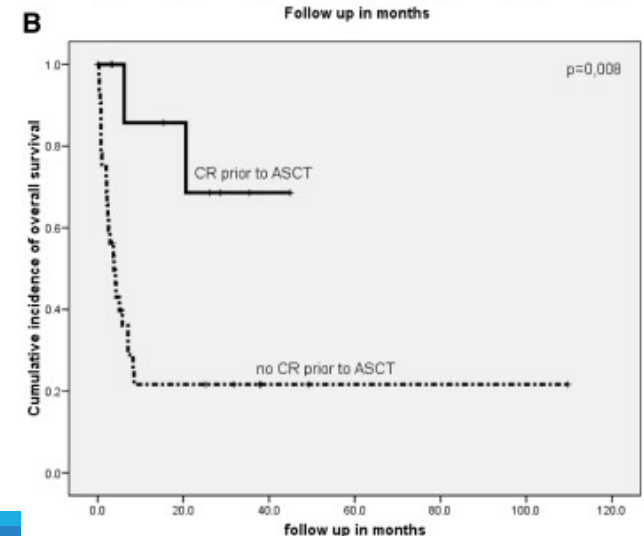
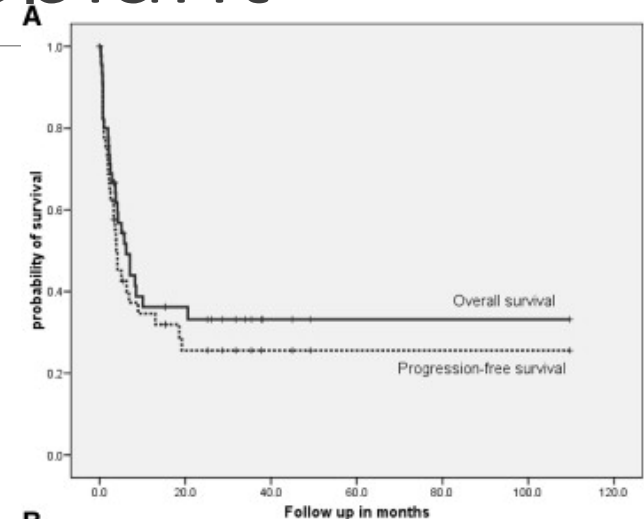
Pulmonary or portal HTN

Extramedullary hematopoiesis/disease

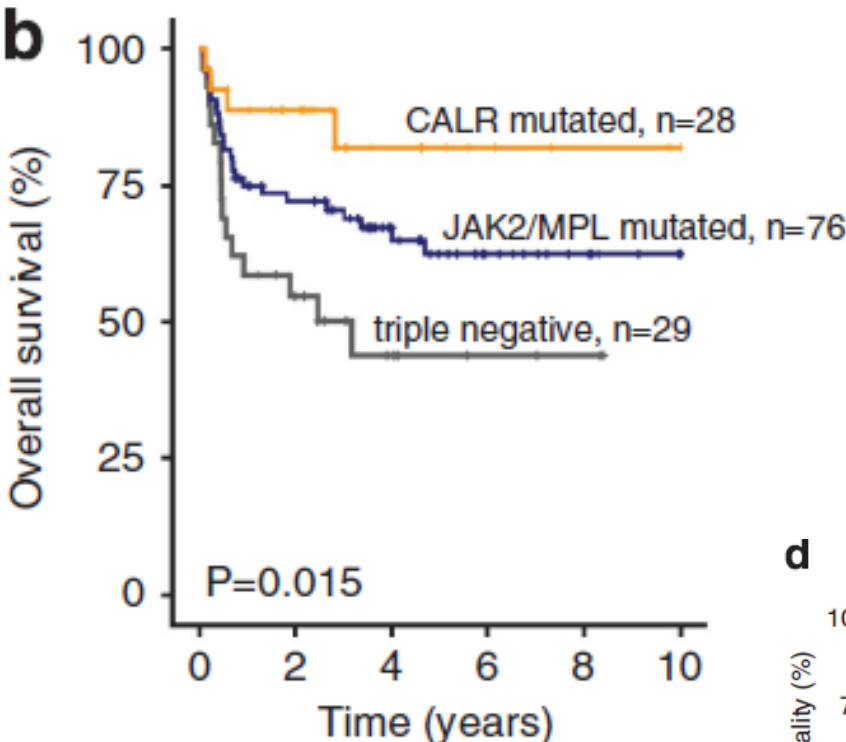
Massive splenomegaly (>22 cm)

Adverse mutations

Leukemic transformation

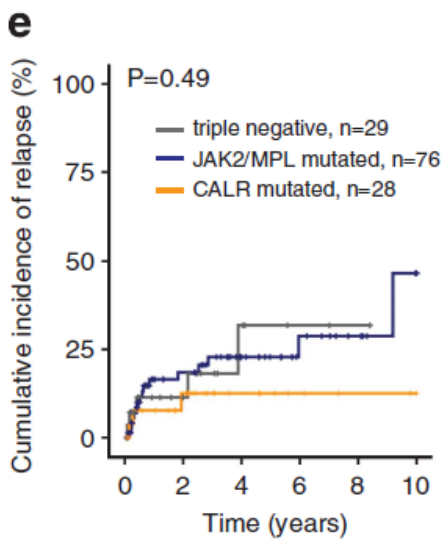
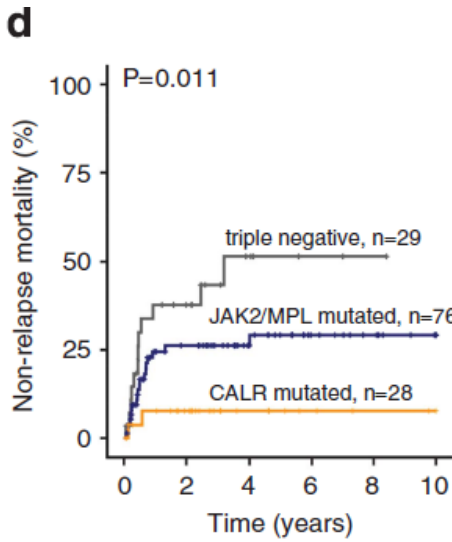


# Mutations and transplant outcome



*CALR mutated patients have prolonged OS after HCT, both due to decreased relapse and non-relapse mortality*

*Triple-negative patients do worst*



# Case 3

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High-risk DIPSS plus score

No response to Ruxolitinib (low dose due to baseline plts)

Referred to transplant, still with massive splenomegaly up to 27 cm, cachexia at 38 kg (BMI 15)

Patient had splenectomy given size and severe malnutrition, tolerated it well

Now >1 year s/p matched, unrelated donor stem cell transplant, doing well

# MPN-accelerated/blast phase

MPN-AP (10-19% blasts) and MPN-BP ( $\geq 20\%$  blasts) difficult to treat

- ~15% PV, 3-5% ET, 20% MF will progress to AML

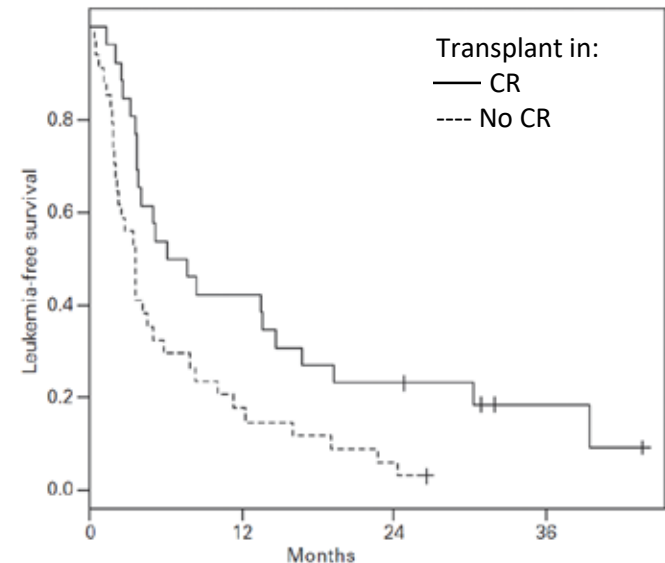
Sequelae of their chronic underlying MPN (eg splenomegaly, fibrosis) often complicate their treatment

Prognosis in absence HCT 3-6 months

Treatment options:

- Hypomethylating therapy (HMA)
- AML-induction type therapy
- Early clinic experience with HMA+ruxolitinib

Myeloproliferative neoplasms in blast phase  
X Cahu *et al*



# Mastocytosis

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No longer consider an MPN in WHO 2016

Cutaneous mastocytosis- limited to skin

Systemic mastocytosis involve extracutaneous organs

- >70% adults have **D816V KIT mutations**
- Systemic mastocytosis with an associated hematologic neoplasm (SM-AHN)

Skin, GI, neuropsychiatric, anaphylaxis, episodic mediator release:

- episodes of vasodilation, hypotension, flushing, pruritus, syncope, abdominal pain, nausea, vomiting, diarrhea, fatigue, and headache

Midostaurin is a new treatment option

# Chronic Neutrophilic Leukemia (CNL)

## WHO Criteria: CNL

- 1) PB WBC  $>25 \times 10^9/L$
- 2) Hypercellular BM
- 3) Not meeting WHO criteria for CML, PV, ET, PMF
- 4) No PDGFRA, PDGFRB, FGFR1, or PCM1-JAK2
- 5) **Presence of CSF3R T6181** or other activating CSF3R mutation  
OR if no CSF3R mutation: persistent neutrophilia  
>3 months, no cause of reactive neutrophilia,  
splenomegaly, or clonality of myeloid cells by  
cytogenetic or molecular studies

Mature granulocytic proliferative in blood and marrow, hepatosplenomegaly

Short survival (<2 years)

Treatment (?): Ruxolitinib, interferon, dasatanib

# CMML

## WHO Criteria: CMML<sup>1</sup>

- 1) Persistent (>3 months) PB monocytosis  $\geq 1 \times 10^9/L$ , with monocytes accounting for  $\geq 10\%$  of the WBC count
- 2) Not meeting WHO criteria CML, PMF, PV, ET\*
- 3) No evidence of PDGFRA, PDGFRB, FGFR1, PCM1-JAK2
- 4) <20% blasts/blast equivalents in blood and marrow
- 5) Dysplasia in  $\geq 1$  myeloid lineages, unless:
  - 1) There is a clonal cytogenetic/molecular abnormality §
  - 2) Monocytosis persisted >3 months
  - 3) Reactive causes excluded

\*Monocytosis can develop with MPNs, so prior documented MPN excludes CMML

§ Commonly: *TET2*, *SRSF2*, *ASXL1*, *SETBP1*

**Presentation:** leukocytosis, cytopenias, splenomegaly (25%), hepatomegaly, lymphadenopathy, effusions, constitutional symptoms

### Stratification:

CMML-0/1/2 (blast percentage <5/5-9, 10-19% in the marrow)

Myelodysplastic CMML vs myeloproliferative CMML (WBC < 13 vs >13 x  $10^9/L$ )

Risk models: CPSS-Mol<sup>2</sup>: wbc, cytogenetics, PRBC dependence, mutational analysis

**Treatment for symptoms or cytopenias:** hydraea, hypomethylating agents, induction chemo, HCT