Adjuvant Breast Cancer

William R Gwin III, MD

University of Washington / Seattle Cancer Care Alliance

wrgwin@uw.edu

Disclosures

- Financial Interests:
 - None

Overview

- Breast Cancer epidemiology
- Breast Cancer local therapy
- ER/PR+ Breast Cancer
 - Adjuvant Anti-Estrogen Therapy
 - Indications for Chemotherapy
- HER2+ Breast Cancer
 - Adjuvant Trastuzumab
 - Neoadjuvant Pertuzumab
- Adjuvant Chemotherapy

Breast Cancer - Epidemiology

- Most common cancer in women and 2nd leading cause of cancer death in the US
- It is estimated that 268,600 individuals were diagnosed and 41,760 died of breast cancer in 2019
- 5 year Overall Survival 91%



American Cancer Society. Breast Cancer Facts & Figures 2019 – 2020 at <u>www.cancer.org</u>.

Breast Cancer Subtypes

- Triple Negative Breast Cancer (TNBC)
 - Estrogen Receptor (ER), Progesterone receptor (PR), and HER2 negative
 - Tx: Chemotherapy alone
- HER2 Positive Breast Cancer
 - HER2 overexpressing or amplified
 - Tx: Chemotherapy + HER2 therapy
- Hormone Receptor Positive BCa
 - Estrogen Receptor (ER) and / or Progesterone receptor (PR) positive
 - Tx: Anti-estrogen, Chemotherapy



Breast Cancer—Specific Survival by Joint Hormone Receptor Expression (SEER Data)



Anderson et al. J Clin Oncol. 2001;19:18.

Breast Cancer – Local Therapy

- Lumpectomy + Radiation (BCT) vs Mod Rad Mastectomy
 - 6 randomized trials
 - No survival difference
- Contraindications to breast conservation therapy (BCT)
 - Prior radiation
 - Multifocal disease
 - Ongoing pregnancy
 - Poor cosmetic outcome
 - Connective tissue disease involving the skin

LUMPECTOMY



MODIFIED RADICAL MASTECTOMY



Breast Cancer – Local Therapy

- Sentinel lymph node localization or Axillary LN dissection (AXLND)
 - Randomized trials confirmed utility of sentinel LN localization
- Is completion axillary LN dissection required for +SLN?
- ACOSOG Z0011 (Z11) Trial
 - Enrolled pts with clinically node negative w T1/T2 primary but <3+ LNs on SLN localization
 - Randomized to: Completion AXLND + XRT vs XRT alone
 - Results: No difference in DFS or OS at 10 yrs. follow-up

Biomarker testing

- ER and PR testing
 - Up to 20% inaccuracy
 - Determine on all invasive and recurrent cancers
 - Positive >1% positive tumor nuclei

• HER2

- Up to 20% inaccuracy
- Determine on all invasive cancers
- Positive if IHC 3+ or FISH amplified
- ASCO/CAP 2018 guidelines

Adjuvant Anti-Estrogen Therapy ER/PR+ Breast Cancer

Adjuvant Therapy – ER/PR+ disease

- Foundation of adjuvant therapy anti-estrogen therapy
- Chemotherapy is not need in all cases
- Chemotherapy is always needed for:
 - Large primary tumor >5cm (T3 or T4)
 - >3+ axillary LNs
 - High Oncotype RS (>25)
 - High Risk Mammaprint (Clinically High Risk)
 - Inflammatory breast cancer

How Effective is Adjuvant Tamoxifen?

ER/PR+ Breast Cancer

Tamoxifen

- Selective estrogen receptor modulator (SERM)
 - Agonist: bone, liver, uterus
 - Antagonist: breast, CNS
- Effective in pre- and post-menopausal states
- Side effects:
 - Hot flashes
 - Mood alterations
 - Hair Thinning
 - Endometrial carcinoma (rare)
 - DVT/PE (rare)

Estrogen Receptor Antagonists

Compete with estrogen binding to receptor¹



1. Gradishar WJ, Jordan VC. Hematol Oncol Clin North Am. 1999

EBCTCG Overview, 2000 % Alive with and without Tamoxifen in ER+

	5 years	10 years	15 years
Tamox <u>i</u> fen	91.4	80.9	73.0
Control	87.8	73.2	64.0
Reduction in Risk (SE)	3.6 (0.7)	7.8 (1.0)	9.0 (1.4)

Benefits of Adjuvant Tamoxifen (5 yrs., ER+)



Davies et al. EBCTCG, Lancet. Sept 2011

Post-menopausal women: Are Aromatase Inhibitors (Als) Better Than Tamoxifen?

ER/PR+ Breast Cancer

Aromatase inhibitor (AI)

- Blocks aromatase, that converts androgens to estrogens
 - Aromatase is the main source of estrogen in post-menopausal women
- Side effects that of estrogen loss:
 - Hot flashes
 - Mood disturbances
 - Hair thinning
 - Accelerated loss of bone mineral density
 - Musculoskeletal pain and stiffness

Aromatase Inhibitors

• Inhibit synthesis of estrogens^{1,2}



1. Gradishar WJ, Jordan VC. Hematol Oncol Clin North Am. 1999; 2. Goldhirsch A, Gelber RD. Semin Oncol. 1996.

Aromatase Inhibitors

Steroidal Inactivator:

Nonsteroidal Inhibitors:



Exemestane (third generation)



Smith et al. NEJM. 2003

Adjuvant Hormonal Therapy in ER+ Postmenopausal Breast Cancer

ATAC 2001: Tamoxifen vs. Anastrazole Tam Α MA-17 2003: Tamoxifen +/- Letrozole IES 2004: Tamoxifen vs. Switch to Exemestane

ATAC: Adjuvant Anastrazole vs Tamoxifen

- 10 year follow-up of Anastrazole vs Tamoxifen in postmenopausal women
- Anastrazole significantly improved:
 - Time to recurrence
 - Disease-free survival
 - Time to distant recurrence



ATAC: Time to distant recurrence



Cuzick et a. Lancet Oncol. 2010 Dec;11(12):1135-41.

Adjuvant Aromatase Inhibitor Trials

	Ti	me Since Random Assignment
Irial	-5 -4 -3 -2 -1	0 1 2 3 4 5
Primary Adjuvant		
ATAC ¹¹¹		TAM
60-month strategy; median follow-up 100 mos		ANA
Postmenopausal, HR (+)		TAM + ANA
BIG 1-98 ³⁹		
Median follow-up 76 mos (monoty) 71 mos (switching)		LET (2 vrs), TAM (3 vrs)
Postmenopausal, HB (+)		TAM (2 vrs), LET (3 vrs)
ABCSG-12 ²²	7	TAM + GOS
36 month strategy		ANA + GOS
Median follow-up 47.8 mos		TAM + GOS + ZOL
Premenopausal, ER and/ or PR (+)		ANA + GUS + ZUL
Sequencing		
ABCSG-859		
Primary random assignment		► TAM
60 month strategy; median follow-up 72 mos		TAM (2 yrs), ANA (3 yrs)
Postmenopausal, ER(+)/PR(+), no chemo		
ITA ¹¹²		
Randomly assigned to 2-3 yrs tx (5 yrs total)	TAM (2-3 yrs)	
Median follow-up 64 mos		
Postmenopausal, ER(+), Node (+)		
TEAM ³¹		TAM (21/2 yrs), EXE (21/2 yrs
Primary random assignment		
60 month strategy; Follow-up 61 mos		EXE
Postmenopausal, ER and/or PR (+)		TANA
IES ¹¹³	TAM (2-3 yrs)	
Median follow-up 55.7 mos		► FXF
Postmenopausal, ER(+) or unknown		
NSAS BC-038		TAM
Randomly assigned to 1-4 yrs tx (5 yrs total)	TAM (1-4 yrs)	
Median follow-up 42 mos		ANA
Postmenopausal		
ARNO 95114		TAM
Randomly assigned to 3 yrs tx (5 yrs total)	TAM (2 yrs)	A.N.A.
Median follow-up 30.1 mos		
Extended Adjuvant		
MA 17 ¹¹⁵		LET
5 yrs of TAM, randomly assigned to 60 mos of tx	TAM	
Median follow-up 64 mos		
Postmenopausal, HR(+)		Placebo
ABCSG-6a ¹¹⁶	00000000	ANA
5 yrs TAM, randomly assigned to 36 mos of tx	TAM	
Median follow-up 62.3 mos		Placebo
Postmenopausal, endocrine responsive		57/5
NSABP B-33 ¹¹⁷	TAM	EXE
5 yrs of LAM, randomly assigned to 60 mos of tx		Placebo
Postmenopausal, FR or PR (+)		

Absolute Gain in DFS of AI vs Tam at 3-6 yrs.

Al vs Tamoxifen Primary	2-4%
Tam -> Al Sequential	3-5%
Tam x 5 yrs> Al Extended	6%

Burstein et al. JCO 2010

Extended Adjuvant Anti-Estrogen Therapy

ER/PR+ Breast Cancer

Benefit of Tamoxifen by Period of Follow-up

	Tamoxifen	Control	Ratio of annual event rates (SE)
Years 0-1	3.2%	6.5%	0.47 (0.05)
Years 2-4	3.6%	5.9%	0.58 (0.05)
Years 5-9	2.6%	3.5%	0.69 (0.06)
Years 10+	2.6%	2.5%	1.01 (0.11)

The benefit of 5 years of tamoxifen extends to 10 years, after which recurrence rates are similar.

ATLAS: 5 vs 10 yrs. of Tamoxifen

•N=6,846 who had received 5 yrs. of Tamoxifen

- •Randomized to:
 - Additional Tam x 5 yrs.
 - Stopping Tam



•reduced BC mortality (331 vs 397 deaths, p=0.01)

•reduced overall mortality (639 vs 722 deaths, p=0.01)

Davies et al. Lancet. 2012 Dec 4.

ATLAS: Adverse Events

1·03 (0·72–1·46)	0.89	
1.21 (0.48-3.04)	0.69	
0.85 (0.69-1.03)	0.10	
1.49 (0.71–3.13)	0.29	
1.01 (0.74–1.39)	0.94	
1.03 (0.83-1.28)	0.80	
1.06 (0.86–1.32)	0.58	
0.88 (0.77-1.00)	0.05	
1.74 (1.30–2.34)	0.0002	+53 cases
0.99 (0.20-4.90)	0.99	
0.86 (0.58–1.27)	0.44	
0.99 (0.83-1.18)	0.91	
1.06 (0.83–1.36)	0.63	
1·87 (1·13-3·07)	0.01	+20 cases
0.76 (0.60-0.95)	0.02	
1.11 (0.80–1.54)	0.54	
1.11 (0.79–1.56)	0.54	
0.86 (0.61–1.21)	0.39	Dav
	$\begin{array}{c} 1.03 (0.72-1.46) \\ 1.21 (0.48-3.04) \\ 0.85 (0.69-1.03) \\ 1.49 (0.71-3.13) \\ 1.01 (0.74-1.39) \\ 1.03 (0.83-1.28) \\ 1.06 (0.86-1.32) \\ 0.88 (0.77-1.00) \\ 1.74 (1.30-2.34) \\ 0.99 (0.20-4.90) \\ 0.86 (0.58-1.27) \\ 0.99 (0.83-1.18) \\ 1.06 (0.83-1.36) \\ 1.87 (1.13-3.07) \\ 0.76 (0.60-0.95) \\ 1.11 (0.79-1.56) \\ 0.86 (0.61-1.21) \\ \end{array}$	1.03 (0.72-1.46) 0.89 $1.21 (0.48-3.04)$ 0.69 $0.85 (0.69-1.03)$ 0.10 $1.49 (0.71-3.13)$ 0.29 $1.01 (0.74-1.39)$ 0.94 $1.03 (0.83-1.28)$ 0.80 $1.06 (0.86-1.32)$ 0.58 $0.88 (0.77-1.00)$ 0.05 $1.74 (1.30-2.34)$ 0.0002 $0.99 (0.20-4.90)$ 0.99 $0.86 (0.58-1.27)$ 0.44 $0.99 (0.83-1.18)$ 0.91 $1.06 (0.83-1.36)$ 0.63 $1.87 (1.13-3.07)$ 0.01 $0.76 (0.60-0.95)$ 0.02 $1.11 (0.79-1.56)$ 0.54 $0.86 (0.61-1.21)$ 0.39

Davies et al. Lancet. 2012 Dec 4.

MA.17R: Extended Adjuvant with AI

- Breast cancer pts who had completed 5 yrs. of adjuvant anti-estrogen therapy
- 5-year disease-free survival rate:
 - Letrozole 95%
 - Placebo 91%
- No significant difference in overall survival



MA.17R: +10 years AI?

Variable	Letrozole (N=959)	Placebo (N = 959)	
	number (p	percent)	
Patients with a recurrence of the primary cancer or with contra- lateral breast cancer	67 (7.0)	98 (10.2)	
Recurrence*†	55 (5.7)	68 (7.1)	
Local breast	8 (0.8)	10 (1.0)	
Local chest wall	6 (0.6)	7 (0.7)	
Regional	5 (0.5)	13 (1.4)	NNT =
Distant	42 (4.4)	53 (5.5)	Distant Mets1:100
Contralateral breast cancer†	13 (1.4)	31 (3.2)	

NNH =

- 1. Fracture, 1:20 (14% v 9%, p=0.001)
- 2. New osteoporosis, 1:20 (11% v 6%, p<0.001)

Pre-menopausal women and adjuvant antiestrogen therapy

ER/PR+ Breast Cancer

Adjuvant ovarian suppression

- In pre-menopausal women ovarian supression:
 - Further decreases risk of recurrence
 - Enable use of Aromatase Inhibitors
- Direct
 - Medical: GnRH analogues
 - Goserelin, Leuprolide
 - Surgical: oophorectomy
 - Radiation
- Indirect:
 - Chemotherapy-induced

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Longer Therapy, Iatrogenic Amenorrhea, and Survival in Early Breast Cancer



Swain NEJM 2010

SOFT and TEXT Trial – Pre-menopausal

- Pre-menopausal women Combined analysis of:
 - Tamoxifen
 - OS + Tamoxifen
 - OS + AI
- OS + AI significantly reduced recurrence
- Clinical application:
 - Most pre-menopausal women only need Tam
 - Consider OS + AI with high risk features
 - <35yo
 - Received chemotherapy



Which ER/PR+ Patients Need Chemotherapy

ER/PR+ Breast Cancer

Clinically Available Genomic Profiling Assays in Breast Cancer

- Oncotype Dx
- Mammaprint
- Prosigna
- Breast Cancer Index

Agendia Mammaprint 70-Gene Prognostic Signature Assay

Giving you the expression of 70 genes to make the right treatment decision

Oncotype Dx: Indications for assay

Criteria:

- Invasive breast cancer
- Hormone receptor positive (ER+ and/or PR+)
- HER2 negative (IHC 0-1+ or FISH/ISH non-amplified)
- pT1b (>0.5cm to 1.0cm) AND histologic grade 2 or 3, LVI
- pT1c or pT2

TAILORx: Prospective Validation for Oncotype Dx, 9-yr event rates



<u>Arm A</u>: ET alone (RS 0-10) 3% Distant recurrence rate

<u>Arms B & C</u>: Randomized (RS 11-25) 5% Distant recurrence rate overall

<u>Arm D</u>: Chemo + endocrine (RS 26-100) 13% Distant recurrence rate despite chemotherapy + endocrine therapy

TAILORx: Benefit of Chemotherapy in Women ≤50yo

- Interaction between Age Recurrence Score Chemotherapy
 - Some chemotherapy benefit in women \leq 50yo with a RS of <u>16-25</u>
 - Greatest impact on distant recurrence with RS 21-25

Subgroup Age ≤50 years					
RS 0-10	RS 11-15	RS 16-20	RS 21-25	RS 26-100	
No CT Benefit	No CT Benefit	~1.5% CT Benefit	~7% CT Benefit	Large CT Benefit	

TAILORx: Integrating Clinical Risk and Recurrence Score

- Low Clinical Risk tumors:
 - \leq 1cm and high grade
 - ≤ 2cm and int. grade
 - ≤ 3cm and low grade
- High Clinical Risk tumors:
 - Everything else

	Estimated Absolute Chemo Benefit <u>Not Stratified</u> by Clinical Risk	Clinical Risk	No.	Estimated Absolute Chemo Benefit <u>Stratified</u> by Clinical Risk
RS 16-20 (N=886)	Δ +1.6%	Low	671 (76%)	Δ -0.2% (<u>+</u> SE 2.1%)
	(<u>+</u> SE 1.9%)	High	215 (24%)	Δ +6.5% (<u>+</u> SE 4.9%)
RS 21-25 (N=476)	Δ +6.5%	Low	319 (67%)	<mark>∆ +6.4% (+</mark> SE 4.9%)
	(+SE 3.7%)	High	157 (33%)	<mark>∆ +8.7%</mark> (<u>+</u> SE 6.2%)

Absolute difference in distant recurrence rates by chemo use in women ≤ 50 stratified by Recurrence Score and clinic risk

MINDACT Trial: Mammaprint

- Phase III Trial
- Mammaprint 70-gene assay
- Clinical High + Low genomic risk

 No benefit from
 chemotherapy
- Clinical High + High genomic risk
 -> Benefit from chemotherapy



Mammaprint: Indications for assay

- Consider with patients who are <u>Clinical High Risk</u> (per Adjuvant! Online)
 - Grade 1 and >3cm or >2cm with 1-3+ LNs
 - Grade 2 and >2cm +/- 1-3+ LNs
 - Grade 3 and >1cm +/- 1-3+ LNs

HER2 status	Grade	Nodal status	Tumor Size	Clinical Risk in Mindact
		N	≤ 3 cm	C-low
		N-	3.1-5 cm	C-high
	well differentiated	1-3 positive nodes	≤ 2 cm	C-low
i.			2.1-5 cm	C-high
egat		N	≤ 2 cm	C-low
22 no	moderately differentiated	N-	2.1-5 cm	C-high
HER		1-3 positive nodes	Any size	C-high
		N	≤ 1 cm	C-low
	poorly differentiated or undifferentiated	N-	1.1-5 cm	C-high
		1-3 positive nodes	Any size	C-high

Adjuvant Bisphosphonates

- Meta-analysis of adjuvant bisphosphonates
- Post-menopausal women:
 - Significant reduction in bone recurrence (RR 0.83, 0.73–0.94; 2p=0.004)
- SEs:
 - Osteonecrosis of the jaw
 - Renal impairment

Bone recurrence rate/year (%) events/woman-years



HER2+ Breast Cancer

HER2 Positive Breast Cancer

- 25–30% of breast cancers
- Human epidermal growth factor receptor 2 (HER2) important in cell signaling and proliferation
- Overexpression of HER2 correlates with a more aggressive breast cancer
- HER2+ disease diagnosed by immunohistochemistry (IHC) or gene amplification by fluorescence *in-situ* hybridization (FISH)
 - ASCO/CAP updated guidelines 2018

Trastuzumab (Herceptin): humanized anti-HER2 antibody



- Targets HER2 protein's ECD
- High affinity and specificity
- 95% human, 5% murine
 - Increases potential for recruiting immune effector mechanisms
- Fc portion recruits and interacts with immune effector cells
- Extensively investigated mechanisms of action

Pivotal adjuvant trastuzumab trials: patient characteristics

- HER2 positive (IHC 3+ or FISH amplified) invasive breast cancer, post lumpectomy/mastectomy
- Nodal status
 - Node positive (NSABP B-31)
 - Node positive or high-risk node negative (NCCTG N9831, HERA, BCIRG 006)
- No previous or current cardiac disease

HER2+ Randomized Phase III Trials





No vs. sequential vs. concurrent

NCCTG N9831: Sequential Trastuzumab

- Sequential vs Chemo alone
 - No benefit from sequential Trastuzumab

N9831 Disease-Free Survival Control vs Sequential



Combined Analysis of B-31 and N9831

• Trastuzumab improved DFS



• Trastuzumab improved OS



Romond et al; NEJM 2005

Combined analysis of B31 and N9831 – 10 yr.

- Adding Trastuzumab to chemotherapy resulted in:
 - Improved DFS 40%
 - Improved OS 37%
- Acceptable toxicity
 - Cardiac events 3%



Perez et al. JCO. 2014

CV Risk: Trastuzumab and Anthracyclines



CV side effects w/ Anthracycline and Trastuzumab:

- 15% will have clinically significant decrease in EF
- 1-3% w/ symptomatic CHF

Slamon et al. NEJM, 2011

Months since Randomization

Duration of Trastuzumab (HER2 therapy)

• HERA Trial: 1 year vs 2 years of Trastuzumab

- No difference between 2-year vs 1-year for DFS (HR, 0.99, 95% Cl, 0.85-1.14; *P*=0.86)
- OS was also similar between both groups (HR, 1.05, 95% CI, 0.86-1.28; P=0.63)
- Asymptomatic cardiac dysfunction was higher after 2 years of trastuzumab (7.2% vs. 4.1%)
- PHARE Trial: 6 months vs 1 year of Trastuzumab
 - HR for DFS in the study was 1.28 (95% CI: 1.05-1.56; p=0.29).
 - The non-inferiority of 6 months of trastuzumab compared to 12 months could not be demonstrated
 - Could not prove noninferiority of 6 months

Gelber RD et al. 2012 ESMO 2012, Abstract LBA6. Pivot X et al. ESMO 2012, Abstract

Stage I HER2+ breast cancers: APT Trial

- APT Trial
 - Multicenter, Single-Arm Trial
 - Paclitaxel + Trastuzumab
- Eligibility:
 - HER2+ (3+ or FISH>2.0)
 - Primary tumor ≤ 3cm
- Results:
 - 7 yr. Relapse Free Interval:
 - 97.5% at 7 yrs.
 - DFS by HR status:
 - HR positive: 94.6%
 - HR negative: 90.7%



Tolaney EM, et al. JCO 2019

Neosphere Trial: Neoadjuvant Pertuzumab



Neosphere Trial: Path complete response

- Highest pathologic CR rate in the Pertuzumab + Trastuzumab + Docetaxel arm
 - 45.8% (95% CI 36.1-55.7)
- Most common grade ≥3 AEs:
 - Neutropenia
 - Febrile neutropenia
 - Leukopenia



Schiemann et al. Cancer Management and research. 2016

Residual disease after neoadjuvant therapy

Residual Cancer Burden (RCB) -Prognostic

- pCR had RFS of 95% 5 yrs. and 10 yrs.)
- RCB-I (RFS of 81% 5 yrs., 77% 10 yrs.)
- RCB-II (RFS of 74% 5 yrs., 47% 10 yrs.)
- RCB-III (RFS of 21% 5 yrs. and 10 yrs.)

* Additional Therapies Needed



Symmans et al JCO 2017

KATHERINE Study – Adjuvant TDM-1

KATHERINE Study Design

- cT1-4/N0-3/M0 at presentation (cT1a-b/N0 excluded)
- Centrally confirmed HER2-positive breast cancer
- Neoadjuvant therapy must have consisted of
 - Minimum of 6 cycles of chemotherapy
 - · Minimum of 9 weeks of taxane
 - · Anthracyclines and alkylating agents allowed
 - · All chemotherapy prior to surgery
 - Minimum of 9 weeks of trastuzumab
 - Second HER2-targeted agent allowed
- Residual invasive tumor in breast or axillary nodes
- Randomization within 12 weeks of surgery

Stratification factors:

- Clinical presentation: Inoperable (stage cT4 or cN2–3) vs operable (stages cT1-3N0-1)
- Hormone receptor: ER or PR positive vs ER negative and PR negative/unknown
- Preoperative therapy: Trastuzumab vs trastuzumab plus other HER2-targeted therapy
- Pathological nodal status after neoadjuvant therapy: Positive vs negative/not done



Radiation and endocrine therapy per protocol and local guidelines

KATHERINE – Invasive disease-free survival



- Invasive disease occurred in:
 - TDM-1: 91 (12.2%) patients
 - Trastuzumab: 165 (22.2%) patients
- Estimated invasive disease-free survival at 3 years:
 - TDM-1: 88.3%
 - Trastuzumab: 77.0%

KATHERINE – Distant recurrence



- Distant recurrences:
 - TDM-1: 78 (10.5%) patients
 - Trastuzumab: 121 (16.3%) patients
- To date no significant difference in overall survival
- Adverse events leading to discontinuation occurred in:
 - TDM-1: 133 (18.0%)
 - Trastuzumab: 15 (2.1%)

Chemotherapy regimens

Localized or locally advanced breast cancer

Benefits of Adjuvant Chemotherapy

- Polychemo. vs No Chemo, results in:
 - Decreased risk of recurrence
 - Decreased breast cancer mortality
 - Improved OS



 CMF vs Anthracycline Based chemotherapy



EBCTCG, Lancet. 2012

Dose Density – Q2 vs 3 weekly Anthracycline

- Meta-analysis of 26 studies adjuvant chemo trials
- Dose Dense Q2 weekly chemo is superior to Q3 weekly chemo in reducing:
 - Risk of recurrence
 - Breast cancer mortality



Adjuvant Taxane vs Anthracycline Chemo

- TC associated with improved DFS
 TC associated with improved OS compared to Q3 wk. AC
 - compared to Q3 wk. AC



Jones JCO 2009

Adjuvant chemotherapy: Taxane + Anthracycline

- Addition of Taxane chemotherapy to Anthracycline resulted in:
 - Decreased risk of recurrence
 - Decreased breast cancer mortality
 - Improved overall survival



Weekly Paclitaxel in the Adjuvant Treatment of Breast Cancer

What is the optimal Taxane and schedule?



Treatment Group	No. of Patients	Hazard Ratio for Overa Survival (98.3% CI)			all	P Value	
Weekly paclitaxel	2484					1.32 (1.02-1.72)	0.01
Docetaxel every 3 wk	2489					1.13 (0.88-1.46)	0.25
Weekly docetaxel	2483		-	_		1.02 (0.80–1.32)	0.80
		0.5	1.0	1.5	2.0		

Sparano et al, NEJM. 2008

Cochrane Database of Systematic Reviews

Preoperative chemotherapy for women with operable breast cancer

- Meta-analysis of 14 trials
- Neoadjuvant vs Adjuvant Chemotherapy
 - Equivalent OS rates (HR 0.98, 95% CI, 0.87 to 1.09)
 - Equivalent DFS rates (HR 0.97, 95% CI 0.89-1.07)
- Neoadjuvant associated with improved breast conservation rates
- Pathologic complete response associated w/ significant improvements in:
 - OS (HR 0.48, 95% CI 0.33-0.69)
 - DFS (HR 0.48, 95% CI 0.37-0.63)

Adjuvant chemotherapy regimens

- Preferred Regimens (NCCN)
 - Dose-Dense AC followed by Paclitaxel wkly
 - Dose-Dense AC followed by Paclitaxel Q2 wkly
 - TC (Docetaxel/Cyclophos) Q3 wkly

- Additional Regimens (NCCN)
 - Dose dense AC (Doxorubicin/Cyclophos)
 - AC Q3 wkly
 - CMF
 - AC Q3 wkly followed by Paclitaxel wkly

Triple Negative Breast Cancer

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Adjuvant Capecitabine for Breast Cancer after Preoperative Chemotherapy

- HR+ and TNBC patients with residual disease after neoadjuvant chemo
- In TNBC patients adjuvant Capecitabine improved:
 - Disease-free survival
 - Overall Survival



Masuda N, et al. NEJM. 2017

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Goserelin for Ovarian Protection during Breast-Cancer Adjuvant Chemotherapy

- Pre-menopausal undergoing adjuvant chemo assigned to:
 - Goserelin + chemotherapy
 - Chemotherapy alone
- Goserelin associated with:
 - Less ovarian failure
 - More pregnancies (21% vs 11%)
 - Improved DFS and OS



Moore, NEJM 2015