Acute Lymphoblastic Leukemia in Adults

Ryan Cassaday, MD

cassaday@uw.edu

11th Annual SCCA Comprehensive Heme/Onc
Review Course



Outline & Objectives

- Epidemiology and Classification
- Risk Stratification
- Front-line Treatment and Role of HCT
- Relapsed/Refractory Disease



Epidemiology and Classification

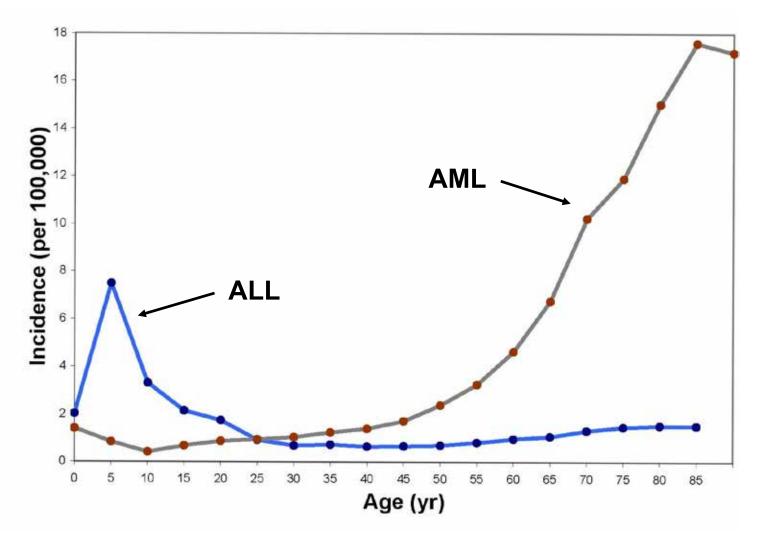


Leukemia in the U.S., 2020

	New Cases	Deaths
ALL	6,150	1,520
CLL	21,040	4,060
AML	19,940	11,180
CML	8,450	1,130
Other	4,950	5,210
Total	60,530	23,100



Acute Leukemia Incidence by Age





Adult ALL: Lineage Assignment

B-lineage:

• **Strong** CD19 with ≥ **1** of the following also strong: CD79a, cytoplasmic CD22, or CD10

OR

 Weak CD19 with ≥ 2 of the following also strong: CD79a, cytoplasmic CD22, or CD10

T-lineage:

Strong cytoplasmic CD3 (with antibodies to CD3 ε chain)

OR

Strong surface CD3



Risk Stratification



Classical Risk Factors at Presentation

• Age > 35

- High WBC
 - B-lineage: >30,000
 - T-lineage: >100,000



Major Cytogenetic Categories in Adult ALL

t(9;22) (Ph+) Ph-	19% 81%
<u>Favorable</u>	
High hyperdiploidy	10%
<u>Unfavorable</u>	
t(4;11)	7%
-7	6%
+8	10%
Low hypodiploidy/near triploidy	4%
Complex	5%
iAMP21	Rare



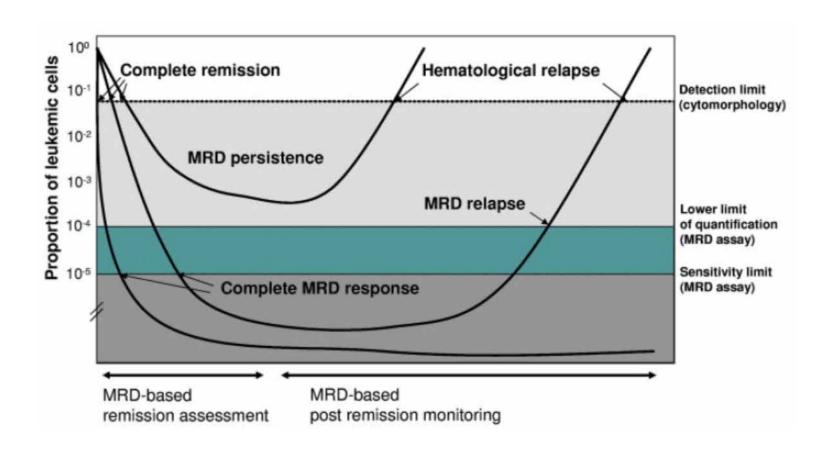
Wetzler, et al. Blood. 1999;11:3983-39 Moorman, et al. Blood. 2007;109:3189-97

Early T-Cell Precursor (ETP)-ALL

- Distinct immunophenotype
 - Cytoplasmic CD3
 - Lack CD1a and CD8
 - Weak or absent CD5
 - Often co-express stem cell or myeloid markers → "subset" of biphenotypic leukemia
- Felt to have a relatively poor prognosis



Conceptualization of MRD





Measurement of MRD in ALL

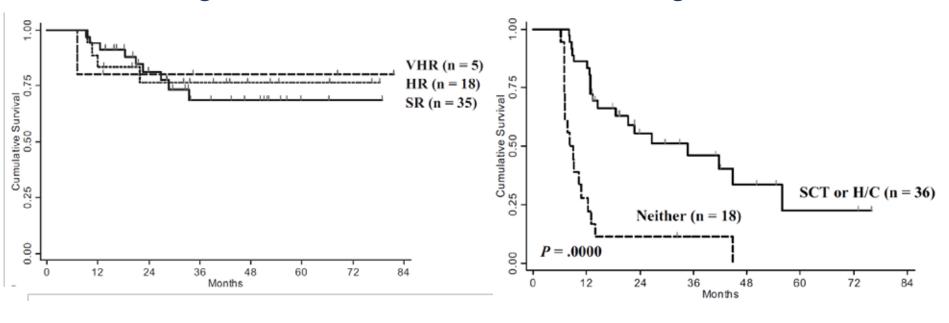
Target	Method	% Pts.	Sensitivity	Pros	Cons
IG and TCR gene rearrangements	RQ-PCR	~90%	0.01-0.001	Sensitive	Laborious
Fusion transcripts (e.g., BCR-ABL1)	RQ-PCR	~40%	0.01-0.001	Sensitive	Applicability
Leukemia immunophenotype	MFC	~95%	0.01	Rapidly Applicable	User expertise
IG and TCR gene rearrangements	NGS/HTS	Unk	0.00001	Most Sensitive	Role still unclear



NILG-ALL 09/00: Importance of MRD Status

DFS Among MRD^{neg} Patients

DFS Among MRDpos Patients



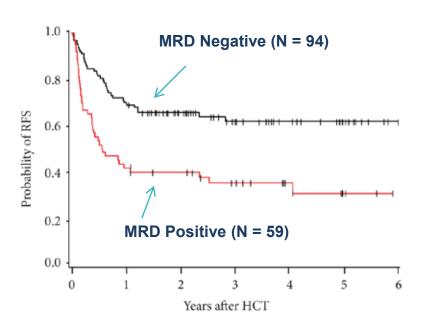
In a multivariate analysis of patients with complete data (n = 93), only two factors were predictive of relapse:

- MRDpos
- High WBC



MRD Predicts Outcome after Allo HCT: The Fred Hutch Experience

Myeloablative HCT



Non-Myeloablative HCT

Outcomes are anecdotally abysmal if MRD \geq 0.01%

Ram, et al. Haematologica. 2011;96:1113-20.

Bar, et al. Leuk Res Treatment. Epub 2014 Mar 23.



Risk Stratification in ALL: Summary

Past

Age

WBC at Diagnosis

Cytogenetics

Present

MRD

WBC at Diagnosis

Cytogenetics

(Molecular subclassification)



Front-Line Therapy

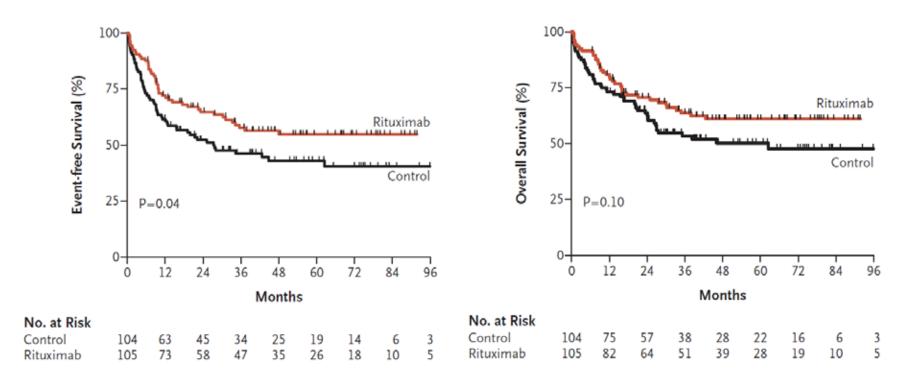


Contemporary Treatment

Group	N	Median age (range)	Ph+ (%)	T-cell (%)	CR	DFS at 3-9 yrs (%)
UKALL XII/ ECOG2993	1826	31 (15-65)	19	20	91	38
CALGB 19802	163	41 (16–82)	18	-	78	35
GIMEMA ALL 0288	778	27.5 (12–60)	22	22	82	29
GMALL 05/03	1163	35 (15–65)	24	24	83	35
GOELAMS 02	198	33 (15–59)	22	21	86	41
Hyper-CVAD	288	40 (15–92)	17	13	92	38
JALSG-ALL93	263	31 (15–59)	22	21	78	30
LALA-94	922	33 (15–55)	23	26	84	36



Rituximab Improves Outcomes in CD20+ B-ALL: GRAALL-2005/R



- CD20 positivity = expression on ≥ 20% of blasts
- More patients in R group received HCT (34% vs 20%)
- Adjust for HCT in CR1 → R group had significantly better EFS <u>and</u> OS



Adult ALL: CNS Prophylaxis

- Without prophylaxis risk of CNS relapse is 35%
- With prophylaxis risk is 10%
- Risk factors include
 - TWBC
 - ↑ LDH
 - T-cell or mature B-cell phenotype (i.e., Burkitt)
- ? Need for cranial XRT if IT MTX is used

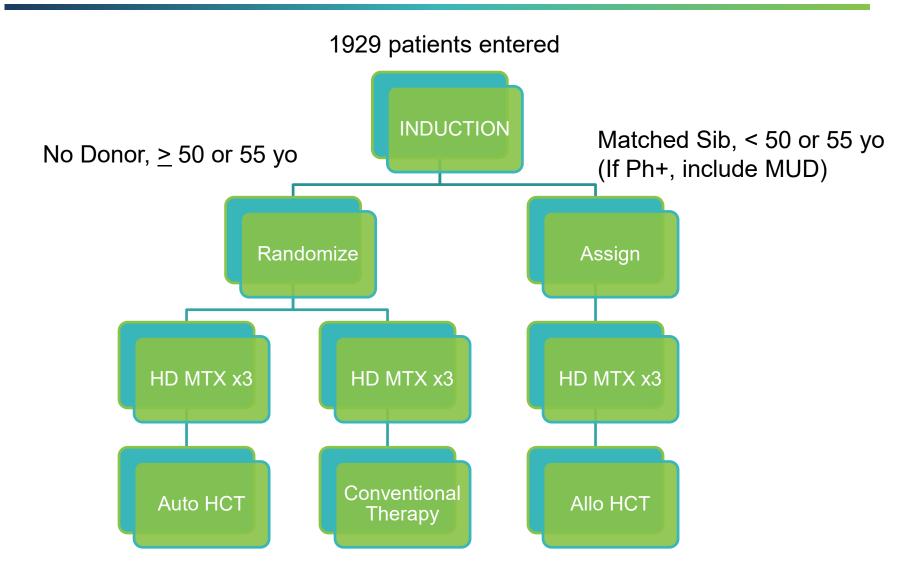


Post-Remission Therapy of Adult ALL

- Intensive multi-drug consolidation followed by maintenance chemotherapy
- Allogeneic transplantation



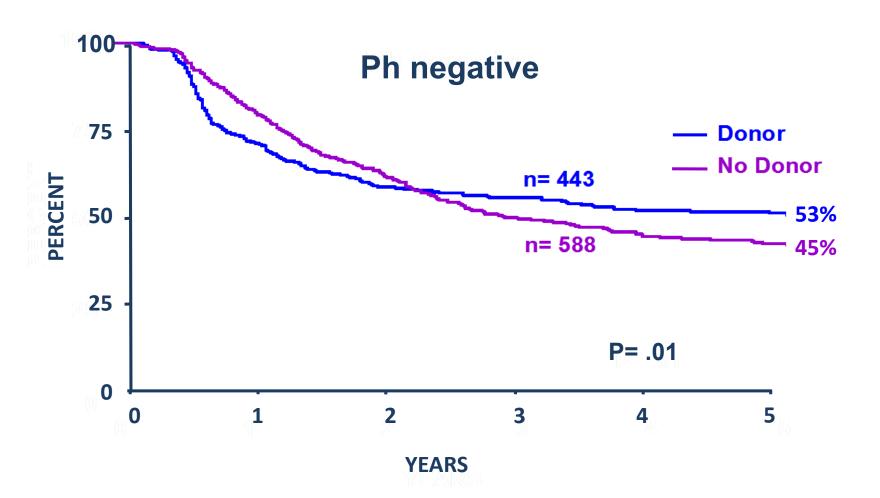
MRC UKALL XII/ECOG2993





Rowe, et al. Blood. 2005;106:3760-7. Goldstone, et al. Blood. 2008;111:1827-33.

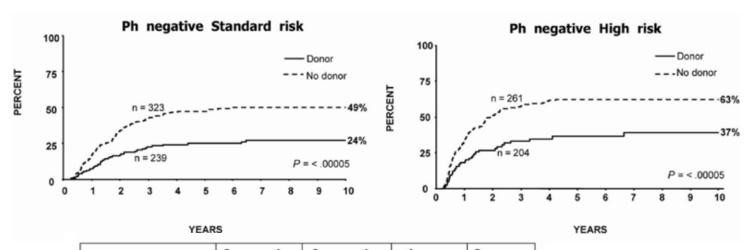
UKALL XII / ECOG2993: Overall Survival





UKALL XII/ECOG2993: Less Relapse but More NRM with Allo

Less Relapse

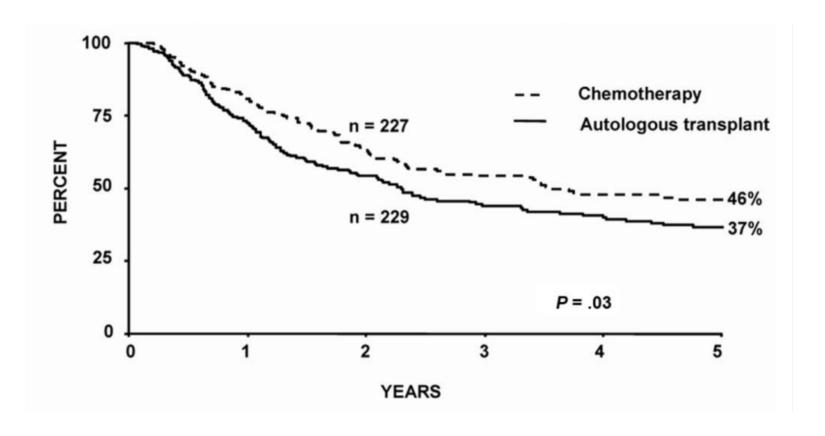


More NRM

	3 months	6 months	1 year	2 years
High Risk				
Donor	1.5	7.3	26.0	35.8
No Donor	1.2	2.0	10.3	13.6
Standard Risk				
Donor	0.4	3.4	17.6	19.5
No Donor	0.3	1.2	5.3	6.9

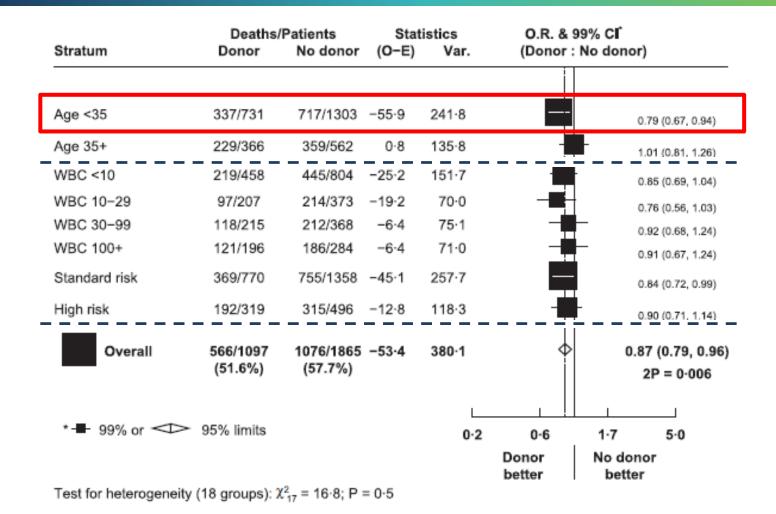


UKALL XII/ECOG2993: Auto x 1 vs POMP x 2 years





Donor vs No-Donor Meta-Analysis: Ph- ALL in CR1



Only sub-group with improved mortality with allogeneic HCT = Age < 35

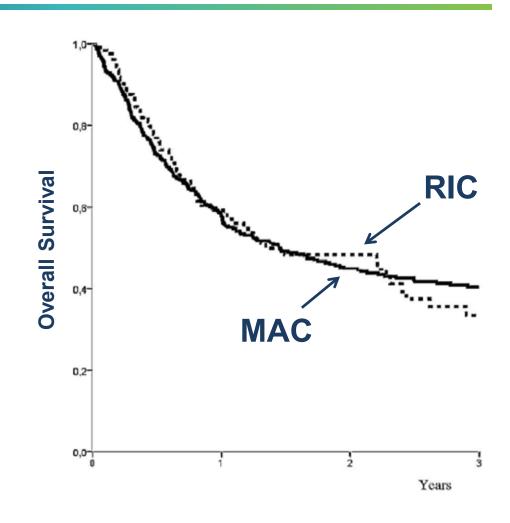


Comparison of RIC vs MAC: EBMT

Characteristics:

- Any ALL in CR1 or CR2
- 45 years or older
- MSD PBSCT or BMT from 1997-2007

127 RIC's vs 449 MAC's



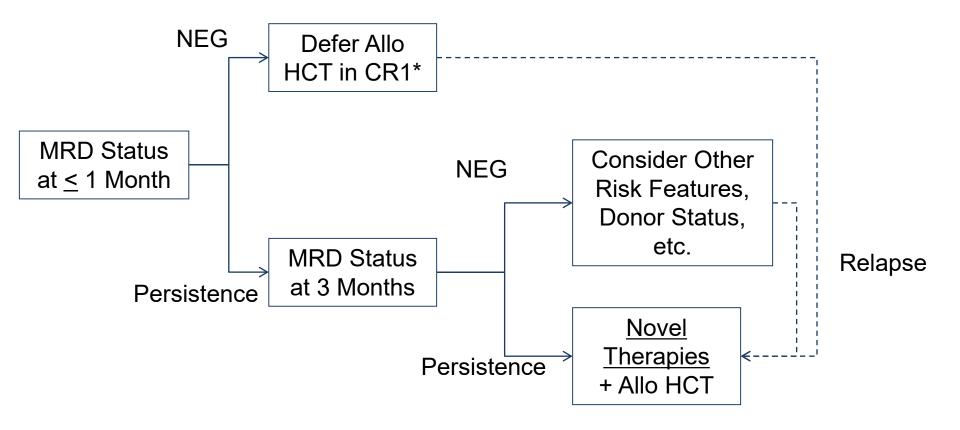


Summary: Role of HCT in CR1 for ALL

- Level I evidence supporting matched related-donor myeloablative allogeneic HCT in CR1 for adults with ALL, though overall benefit is modest
- Autologous HCT is not superior (and is likely inferior) to prolonged maintenance therapy
- Reduced-intensity/non-myeloablative allogeneic HCT may be reasonable in pts ineligible for high-intensity conditioning, based on retrospective/registry data
- Improved risk-stratification methods can help determine which patients are most likely to benefit from allogeneic HCT in CR1 (particularly MRD)



MRD and Transplant for Ph-, *KMT2A*- ALL: The Cassaday Approach



* Assuming patients can complete a full course of treatment and remain MRD negative

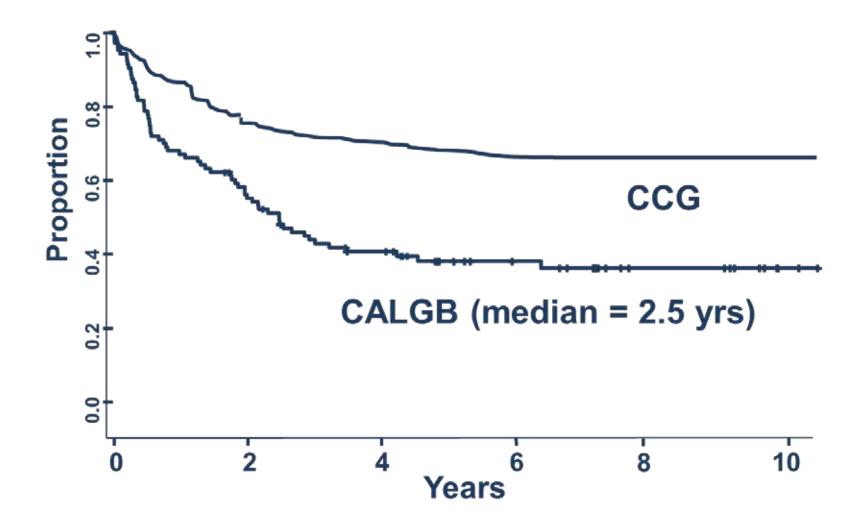


Specific Scenarios:

Adolescents and Young Adults (AYA)



EFS of Young Adults (16-21 yo) on CCG and CALGB Trials for ALL (1988-1995)



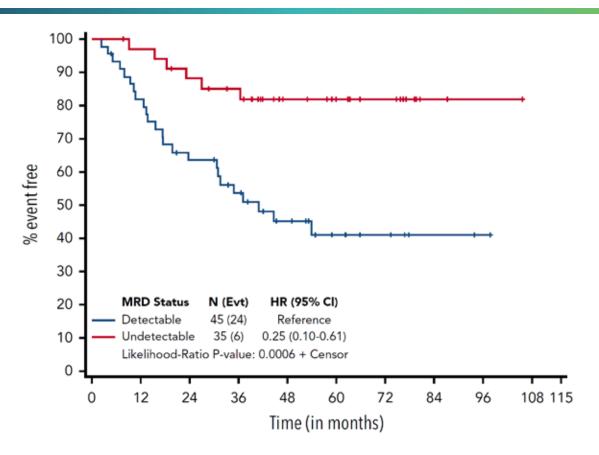


Pediatric vs. Adult Therapy for ALL: Reasons for Different Outcomes

- Therapies are different
- Doctors are different
- Patients are different



EFS by MRD Status: C10403



- Of 263 patient who achieved remission, only 20 (8%) underwent HCT in CR1 → reserve HCT for MRD+?
- Increased BMI associated with worse outcome

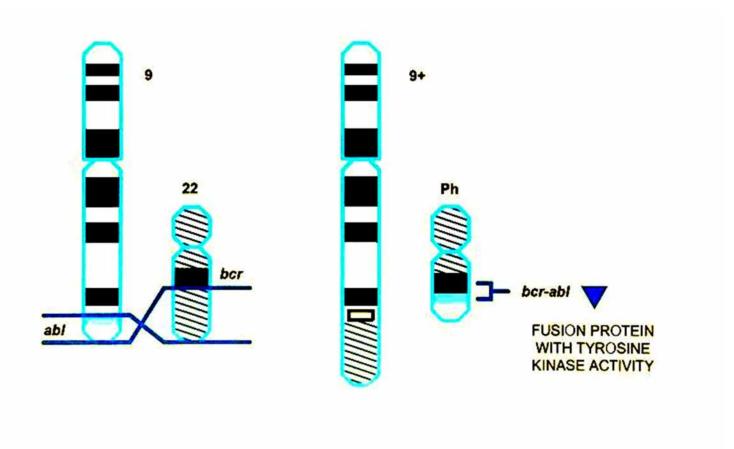


Specific Scenarios:

Ph+ ALL



The Philadelphia Chromosome: t(9;22) Translocation





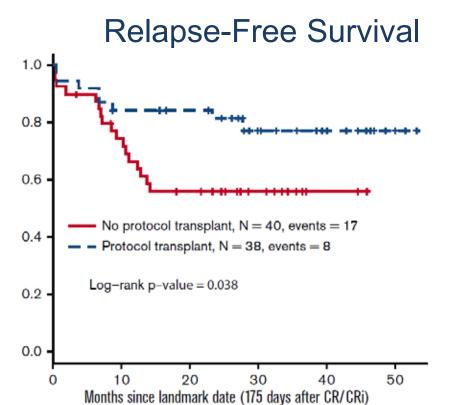
Management of Ph+ ALL: Summary

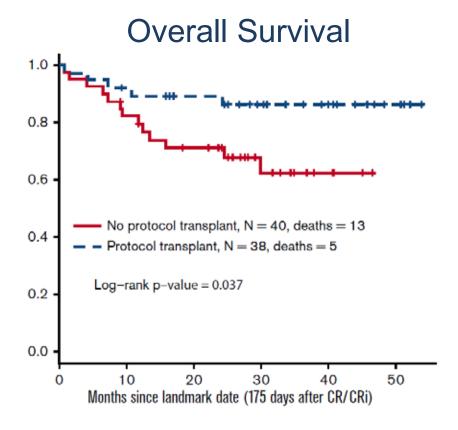
- The basics:
 - Include TKI with chemotherapy

- Controversial topics:
 - Is one particular TKI superior?
 - How much chemo is necessary?
 - HCT in CR1 for all patients?



SWOG 0805: HyperCVAD + Dasatinib





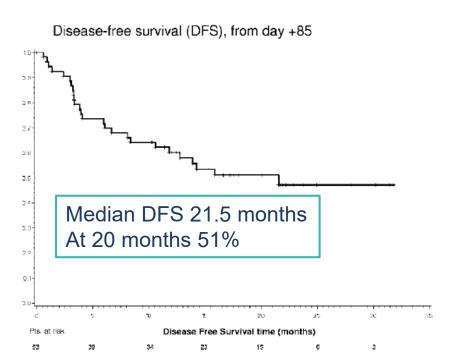
- All patients with matched donor were "encouraged" to undergo allogeneic HCT followed by dasatinib maintenance
- If no HCT, dasatinib-based maintenance therapy



Lower-Intensity Options: Likely Safer, but Less Effective?

GIMEMA LAL1205:

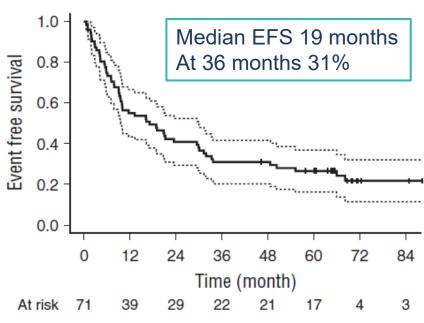
Dasatinib + Prednisone



Foa, et al. Blood. 2011;118:6521-8.

EWALL-PH-01:

Dasatinib + Low-Intensity Chemo



Rousselot, et al. Blood. 2016;128:774-82.





Specific Scenarios:

ALL In The Elderly



Outcomes with Different Approaches for Older Patients with ALL

Approach	N	CR Rate	Early Death Rate	Survival (Median/2-yr)
Population-Based Studies	N/R	40%	N/R	6-30%
Palliative Treatment	94	43%	24%	7 mo
Intense chemotherapy designed for younger adults	519	56%	23%	14%
Prospective studies specifically for older adults	447	71%	15%	33%

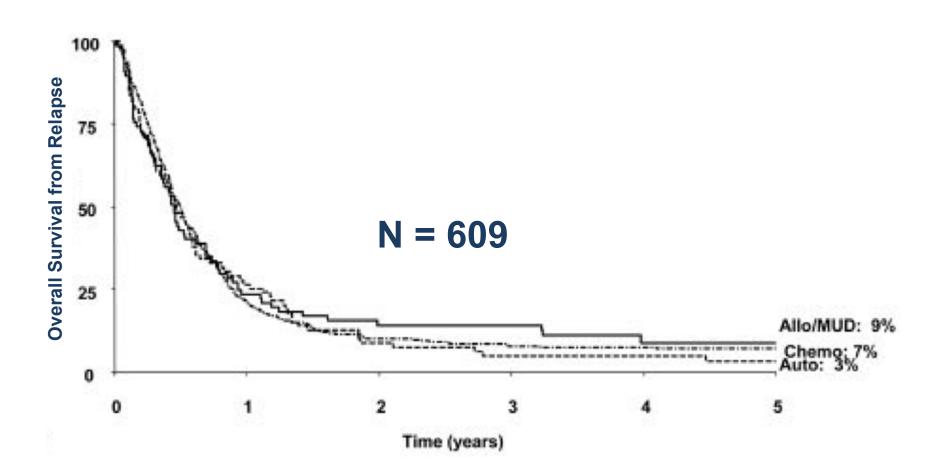
Author's Conclusion: "Palliative, supportive treatment in acute leukemia does not, in general, reduce the risk of early death and does not improve quality of life compared to moderate intensive chemotherapy."



Relapsed/Refractory ALL

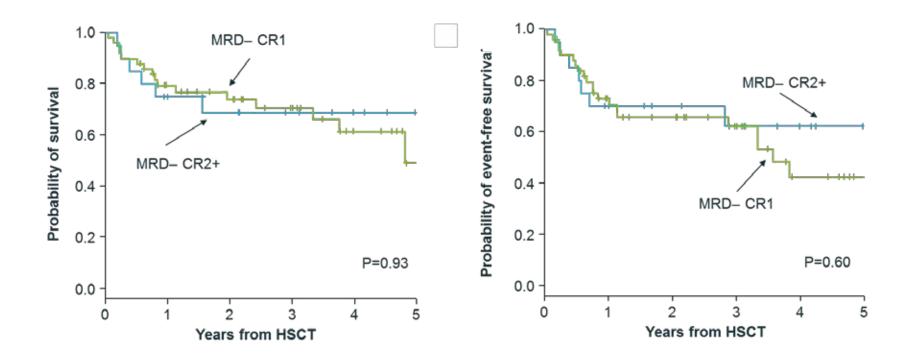


Outcome of Relapsed ALL: UKALL XII/ECOG2993





HCT in MRD^{Neg} CR2+ Comparable to MRD^{Neg} CR1



Patients who achieve MRD^{Neg} CR1 are significantly more likely to achieve MRD^{Neg} CR2+ if they relapse.

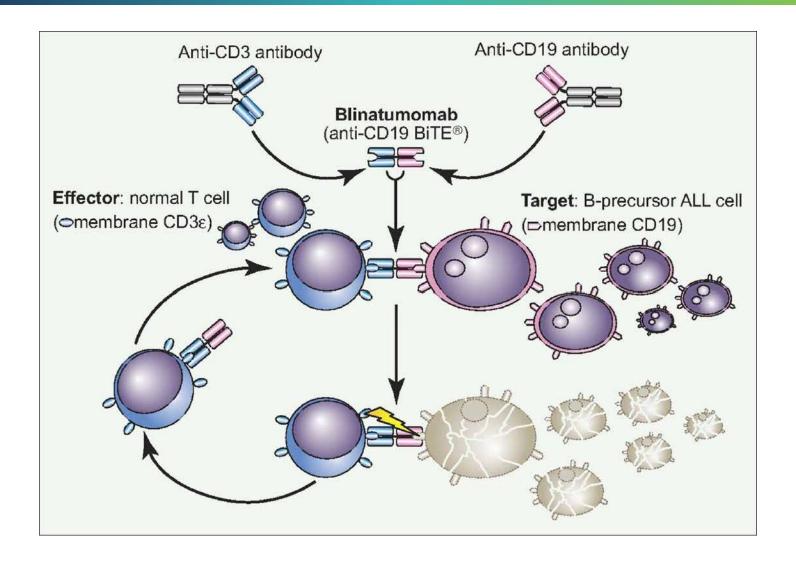


Options for Relapsed/Refractory ALL

- Purine analogues
 - Nelarabine (T-ALL)
 - Clofarabine (age ≤ 21; ≥ 2 prior therapies)
- Liposomal vincristine (<u>></u> 2 prior therapies; Ph- only)
- ABL kinase inhibitors: ponatinib (Ph+ with T315I or no other option)
- CD3-CD19 BiTE: blinatumomab
- CD22 antibody-drug conjugate: inotuzumab ozogamicin
- CD19 CAR-T cells: tisagenlecleucel (age ≤ 25; refractory or ≥ 2nd relapse)

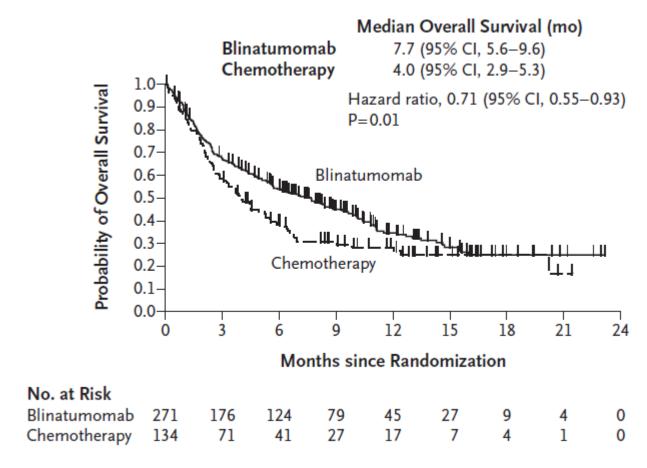


Blinatumomab = Bispecific T-Cell Engager





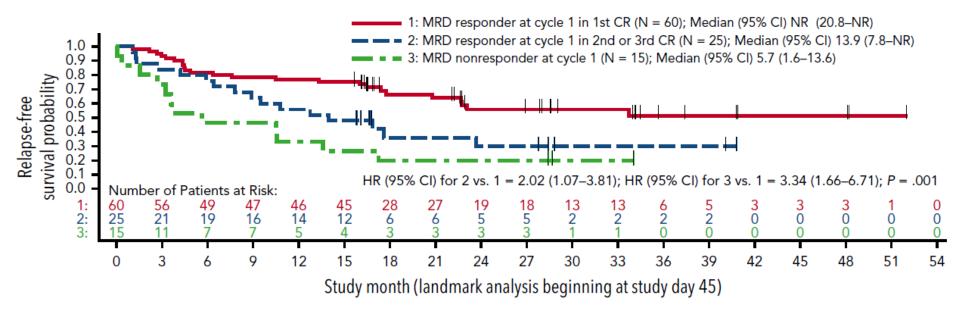
Blinatumomab for Rel/Ref B-ALL



- Given as 24-hr continuous infusion: 4 weeks on, 2 weeks off
- Side-Effects: neurologic toxicity, cytokine release syndrome



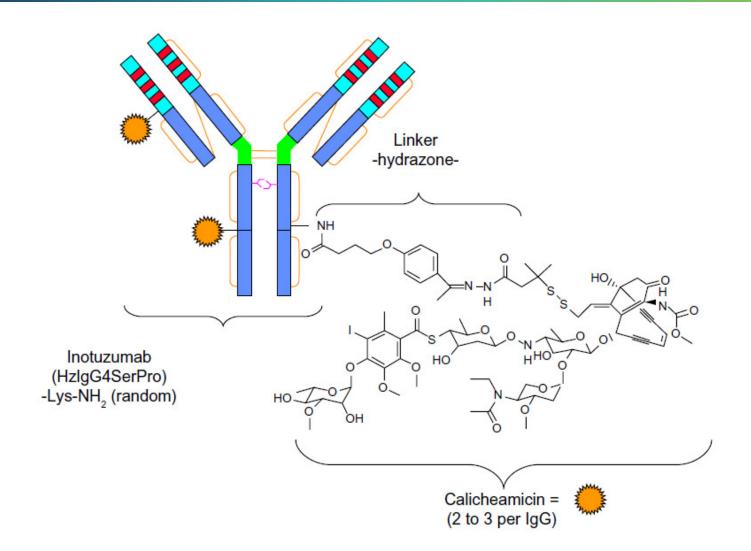
Blinatumomab for MRD



- 78% achieve complete MRD response
- CRS and severe neurotoxicity are uncommon (~10%)
- If no HCT or chemo after response to blin, 25% in continuous CR (median f/u = 24 mo)

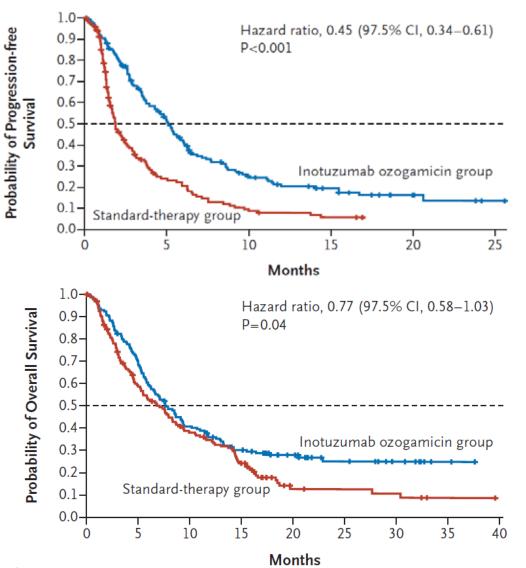


Inotuzumab Ozogamicin = Anti-CD22 ADC





Inotuzumab Ozogamicin for Rel/Ref B-ALL



Dosing:

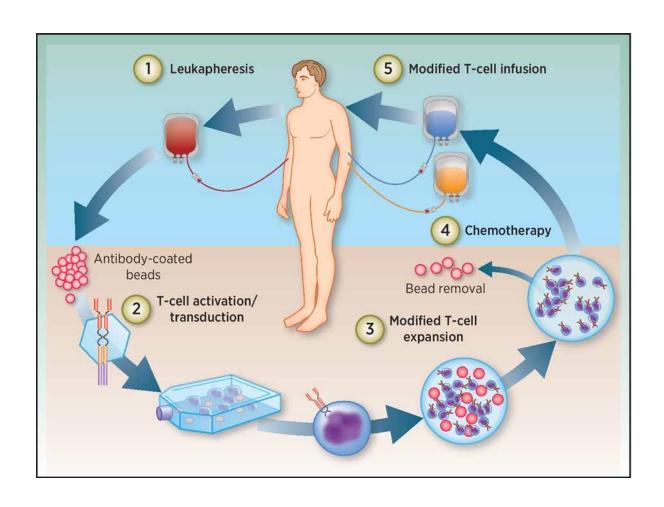
- 1-hr IV infusion
- Days 1, 8, &15
- Every 21 (C1) to 28 (C2+) days

Side effects:

- SOS/VOD
- Elevated ALT/AST
- Cytopenias



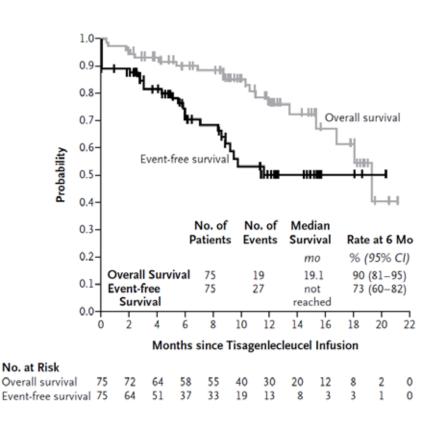
Tisagenlecleucel = CD19 CAR-T Cells





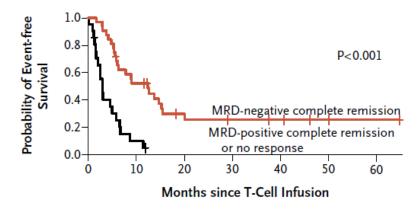
Tisagenlecleucel in Children and Young Adults with Rel/Ref B-ALL

- Multicenter, single-arm phase II trial (ELIANA)
- 107 pts screened → 92 enrolled → 75 treated
 - Median age = 11 yr
 - Median prior therapies = 3 (range: 1-8)
- CR/CRi rate within 3 mo:
 - Treated: 81% (all MRD^{Neg})
 - ITT: 66% (all MRD^{Neg})
- Toxicity:
 - 77% developed CRS
 - 47% admitted to ICU
 - 13% had Grade 3 neuro events
 - 19 deaths, 4 not due to relapse

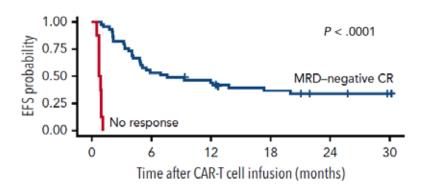




Long-Term Outcomes with CAR-T Cells in Adults with Rel/Ref B-ALL



Park, et al. New Engl J Med. 2018;378:449-59.



Hay, et al. Blood. 2019;133:1652-63

- Factors associated with better EFS:
 - Lower disease burden
 - Lower LDH
 - Higher platelet count
 - Use of fludarabine
- Role of HCT after CAR-T is controversial



ALL in Adults: Summary

- Disease risk primarily defined by WBC, cytogenetics, and response to therapy (MRD)
- Several standard options for front-line therapy
- Allogeneic HCT in CR1 reserved for high-risk patients—MRD may be best tool to determine this
- Single-agent options for relapsed/refractory disease:
 - B-ALL: inotuzumab ozogamicin, blinatumomab (including MRD), tisagenlecleucel
 - T-ALL: nelarabine
 - Ph+: ponatinib
 - Ph-: liposomal vincristine



THANK YOU

