

Managing Diabetes in Primary Care Through Telemedicine

Enduring Material

University of Washington School of Medicine

COURSE DESCRIPTION

Due to the ongoing coronavirus pandemic, primary care has dramatically changed with outpatient practices pivoting to telemedicine to allow for appropriate and timely patient care. In the outpatient primary care setting, diabetes self-management is typically assessed by measuring HbA1C, which involves a laboratory blood draw. However, lab visits for blood draws are being limited to avoid exposure to COVID-19. Such a unique and unprecedented situation necessitates use of alternative methods of assessing glucose control in diabetes. In this enduring material, we will offer tips for outpatient practices to manage individuals with type 2 diabetes using telemedicine and available continuous glucose monitoring technology.

AGENDA

- Telemedicine for Diabetes in Primary Care: The Basics – Savitha Subramanian, MD
- Setting Up Your Primary Care Practice for Remote Monitoring of Diabetes – Alison Evert, MS, RD, CDE
- Practical Use of CGM In Your Clinics – Irl B. Hirsch, MD
- Putting It All Together: Documentation, Billing, and Other Stuff – Savitha Subramanian, MD

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Effectively provide diabetes management virtually using telemedicine.
- Appropriately use diabetes technology to assess glycemic management without having to rely on A1C testing.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this enduring material for a maximum of 2.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

MEDIA/METHOD OF PARTICIPATION

In order to complete this training, access to the internet and a device is required. You must receive a passing score on the post-test in order to receive your CME credit. The estimated time to complete the activity is 2 hours.

DATE

Date of original release: June 15, 2020

Termination date: June 14, 2022

POST-TEST/EVALUATION

In order to receive CME credit, an 80% pass rate is required. If after two (2) attempts you are unsuccessful, you will be ineligible to receive CME credit. However, content will always be available to you. It is important to know that once you have started the Post-Test (Examination), if you exit the Post-Test without responding to all the questions, it will be counted as a failed attempt. Only two (2) attempts are permitted.

TECHNICAL REQUIREMENTS

Minimum browser requirements for successful access and completion for this activity are as follows:

Chrome version 70.0 or newer | Firefox version 63.0 or newer | Internet Explorer version 11.0 or newer | Safari version 12.0 or newer (*we recommend using Firefox or Chrome*).

CONTENT & FACULTY & DISCLOSURES

The University of Washington School of Medicine, as part of its accreditation from the Accreditation Council on Continuing Medical Education (ACCME), is required to “resolve” any reported conflicts of interest prior to the educational program. Therefore, in light of the relationships/affiliations designated, each speaker/planner/author / reviewer has attested:

1. that these relationships/affiliations will not bias or otherwise influence their involvement in the program;
2. that practice recommendations given relevant to the companies with whom they have relationships/affiliations will be supported by the best available evidence or, absent evidence, will be consistent with generally accepted medical practice;
3. that all reasonable clinical alternatives will be discussed when making practice recommendations; and
4. all scientific research referred to, reported or used in support or justification of a patient care recommendation will conform to the generally accepted standards of experimental design, data collection and analysis.

Talk Title	Faculty	Disclosures
Telemedicine for Diabetes in Primary Care: The Basics	<i>Savitha Subramanian, MD (speaker/planner)</i>	<i>None</i>
Setting Up Your Primary Care Practice for Remote Monitoring of Diabetes	<i>Alison Evert, MS, RD, CDE (speaker)</i>	<i>None</i>
Practical Use of CGM In Your Clinics	<i>Irl B. Hirsch, MD (speaker/planner)</i>	<i>Research support: Medtronic Diabetes, Insulet; Consulting: Abbott Diabetes Care, Bigfoot, Roche</i>
Putting It All Together: Documentation, Billing, and Other Stuff	<i>Savitha Subramanian, MD (speaker/planner)</i>	<i>None</i>

CONTACT

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