

44th Annual

ADVANCES IN FAMILY MEDICINE & PRIMARY CARE



Monday - Friday

September 12 - 16, 2016

University of Washington Health Sciences Center - Hogness Auditorium 1959 NE Pacific Street Seattle, WA

Sponsored by UW School of Medicine Department of Family Medicine Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for family physicians, primary care providers, internists, pediatricians, osteopathic physicians, physician assistants, nurse practitioners and others interested in primary care.

COURSE DESCRIPTION

This is the 44th year that the Department of Family Medicine at the University of Washington School of Medicine is offering five days of educational opportunities for family medicine and primary care health care providers.

Each year, our goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology. Course topics are chosen with these criteria in mind:

- Suggestions from previous course attendees
- Topics should reflect the content of primary care
- Recent breakthroughs that may have significant impact on primary care practice and health outcomes
- Controversial topics where medical opinions may vary or are in flux

In addition, course content includes information about practice transformation in line with new health care legislation.

We offer a wide variety of interactive workshops to reinforce and integrate content that is shared in large group plenary sessions. We integrate educational methods that engage attendees and deepen learning during plenary sessions. We include an ABFM KSA (Knowledge Self-Assessment - formerly known as SAM). This activity will help interested participants meet recertification requirements of the American Board of Family Medicine. The KSA is applicable to ABFM MC-FP enrollees and is offered at no extra charge, although registration is limited.

PLANNING COMMITTEE

Department of Family Medicine

Vanessa Feliciano, MD Alvin Goo, PharmD Jane Huntington, MD Grace Shih, MD, MAS Matthew Thompson, MBChB, MPH, DPhil

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics and gastroenterology, to the care of patients in primary care
- Integrate effective communication and teaching strategies regarding evidence-based medicine
- Understand patient-centered metrics, apply new billing and coding options, and utilize new technologies for primary care

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 32.75 AMA PRA Category 1 Credits[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of 32.75 Category 1 credits for completing this activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.

FEES AND REGISTRATION

	Five-Day	Three-Day
MD/DO/PhD	\$745	\$495
PA/ARNP/RN/Allied	\$645	\$435
Resident/Fellow	\$250	\$175

The course fee includes catering, access to online instruction materials and transcript of AMA PRA Category 1 Credits™. To enroll, please complete the enclosed registration and workshop selection forms and include with payment or register online at uwcme.org. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

ONLINE CONFERENCE MATERIALS

Instruction materials will be available electronically at uwcme.org (for conference registrants only). Materials will be available beginning on **September 6, 2016**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **September 1, 2016.** A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **September 1, 2016.** The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Office with questions — call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES

UW Continuing Medical Education takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, instructional materials, record keeping, faculty planning and evaluation and may include food, beverages, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE Seattle, WA 98105 206.826.4242 or 866.944.4242 Rates depend on availability Ask for the "University" rate

Silver Cloud Inn

5036 25th Avenue NE Seattle, WA 98105 206.526.5200 or 800.205.6940 Rates depend on availability Ask for "UW CME Conference" rate

Marriott Residence Inn

4501 12th Avenue NE Seattle, WA 98105 206.322.8887 or 888.236.2427 Rates depend on availability Ask for "UW" rate

COURSE CHAIR

Grace Shih, MD, MAS

Assistant Professor

Department of Family Medicine

UW FACULTY

Anita Afzali, MD, MPH

Assistant Professor

Department of Medicine, Division of Gastroenterology

John Amory, MD, MPH

Professor

Department of Medicine

Eric Anderson, MD

Clinical Associate Professor

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Ian Bennett, MD, PhD

Professor

Department of Family Medicine

Nathalie Bentov, MD, MA Clinical Assistant Professor

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Maureen Chomko, RD, CDE, BS

Dietician/Nutritionist

UW Neighborhood Clinics

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Shireesha Dhanireddy, MD

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Department of Medicine, Division of Allergy &

Infectious Diseases

Jonathan A. Drezner, MD

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Yolanda Evans, MD, MPH

Assistant Professor

Department of Pediatrics, Division of Adolescent

Medicine

David Evans, MD

Associate Professor

Department of Family Medicine

Christopher S. Famy, MD

Clinical Assistant Professor

Department of Psychiatry & Behavioral Sciences

Vanessa Feliciano, MD

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Gregory C. Gardner, MD, FACP

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Professor

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Associate Professor

Department of Neurology

Peter Leary, MD, MS

Assistant Professor

Department of Medicine

John D. Loeser, MD

Professor Emeritus

Departments of Neurological Surgery, Anesthesiology

& Pain Medicine

Iris W. Liou, MD

Clinical Assistant Professor

Department of Medicine, Division of Hepatology &

Gastroenterology

Claudius Mahr, DO, FACC, FESC

Director, Clinical Integration UW Regional Heart Center

Course Faculty

UW FACULTY (...continued)

Joseph Merrill, MD, MPH

Associate Professor

Department of Medicine, Division of General Internal

Medicine

Natalia Murinova, MD, MHA

Clinical Assistant Professor

Department of Neurology

Genevieve Neal-Perry, MD, PhD

Associate Professor

Department of Obstetrics & Gynecology

John W. O'Kane, MD

Associate Professor

Department of Family Medicine

Henry Pelto, MD

Acting Assistant Professor

Department of Family Medicine

Pamela L. Pentin, JD, MD, FAAFP

Assistant Professor

Department of Family Medicine

Jack Porrino, MD

Assistant Professor

Department of Diagnostic Radiology

Paul Pottinger, MD, DTM&H

Associate Professor

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Infectious Diseases

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Acting Assistant Professor

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Internal Medicine

David Siebert, MD

Sports Medicine Fellow

Department of Family Medicine

Alyssa Stephenson-Famy, MD

Assistant Professor

Department of Obstetrics & Gynecology

Mark Sullivan, MD, PhD

Professor

Department of Psychiatry and Behavioral Sciences

Christina M. Surawicz, MD

Associate Dean for Faculty Development

Professor

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David J. Tauben, MD

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Nutrition

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Fellow

Department of Obstetrics & Gynecology

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Associate Professor

Department of Urology

Eugene Yang, MD, MS, FACC

Clinical Associate Professor

Department of Medicine, Division of Cardiology

Ying Zhang, MD, MPH

Assistant Professor

Department of Family Medicine

GUEST FACULTY

Susie Dade, MPA

Deputy Director

Washington Health Alliance

Seattle, WA

David C. Grossman, MD, MPH

Medical Director

Population and Purchaser Strategy

Group Health

Seattle, WA

44th Annual Advances in Family Medicine & Primary Care

Five-Day | Three-Day

COURSE FEES

\$495 \$435 \$175

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MD/DO/PhD

*Resident/Fellow

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September 12 - 16, 2016

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If attending 3 days, indicate which three days	DTH	OMPLETED
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(include workshop form on page 7) STRATIONS

(if applicable)
*Residency Program
PAYMENT

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Register online at uwcme.org

Workshops

MONDAY, SEPTEMBER 12 WEDNESDAY, SEPTEMBER 1		EDNESDAY, SEPTEMBER 14				
☐1-1 Suturing Techniques for the Primary Care Choose		ose 1 from Session 7 for 2:45-3:45 slot				
SESSION		Provider (hands-on) (Limited enrollment) held from 2:45-5 pm SOLD OUT			□7-1	Perioperative Optimization of Chronic Conditions: Pain, DM & HTN
0,	Cho	ose 1 from Session 2 for 2:45-3:45 slot		_	□7-2	Evaluation of Syncope in Children and Young Adults
		(if not attending Suturing workshop)	0	5	□ 7-3	New Visit Types: Billing & Coding Tips
	□2-1	Tips for Clinical Teaching in a Busy Practice	0	SESSION	□7-4	Difficult Cases in Nephrology
2	□2-2	Weight Management in the Adolescent	6	2	 □7-5	1 07
Į.	□2-3	Optimal Ways to Learn About & Communicate Evidence-Based Medicine			<u> </u>	Correlation
SESSION	3 0.4				□7-6	Challenging Cases in Chronic Pain
0,	3 2-4	IMSK Imaging - Trauma Workshop			Cho	ose 1 from Session 8 for 4:00-5:00 slot
	□2-5	OB & Prenatal Cases			□ 8-1	Perioperative Optimization of Chronic
	Cho	ose 1 from Session 3 for 4:00-5:00 slot (if not attending Suturing workshop)				Conditions: Pain, DM & HTN
	□3-1	Tips for Clinical Teaching in a Busy Practice			□8-2	Evaluation of Syncope in Children and Young Adults
က	□3-2	Weight Management in the Adolescent	3	SION	□8-3	New Visit Types: Billing & Coding Tips
NO.	□3-3	Optimal Ways to Learn About & Communicate Evidence-Based Medicine	C	SESS	□8-4	Difficult Cases in Nephrology
SESSION	□3-4	MSK Imaging - Trauma Workshop		S	□8-5	Examination of the Wrist with Ultrasound Correlation
	□3-5	OB & Prenatal Cases			□8-6	Challenging Cases in Chronic Pain
			_			

		TUESDAY, SEPTEMBER 13		
SESSION 4	□ 4-1	ABFM Self-Assessment Module: Childhood Illness (applicable to ABFM MC-FP enrollees only - limited enrollment) held from 1-5 pm SOLD OUT		
Choose 1 from Session 5 for 2:45-3:45 slot (if not attending SAM)				
	□5-1	Acne and Other Adolescent Skin Issues		
Z	□5-2	HIV Cases for Primary Care		
SESSION 5	□5-3	Challenging & Unusual Headache Cases		
SES	□5-4	Knee & Hip Exams		
	□5-5	Pediatric Asthma Cases		
Choose 1 from Session 6 for 4:00-5:00 slot (if not attending SAM)				
	□6-1	Acne and Other Adolescent Skin Issues		
9	□6-2	HIV Cases for Primary Care		
SESSION 6	□6-3	Challenging & Unusual Headache Cases		
ESS	□6-4	Knee & Hip Exams		
Ø	□6-5	Pediatric Asthma Cases		

,		
6 NOISSES	□9-1	Motivational Interviewing held from 2:45-5 pm
Choose 1 from Session 10 for 2:45-3:45 slot		
SESSION 10	□10-1	Non-Pharmacologic Elements of Depression Treatment in Primary Care
	□10-2	Beyond "Diet & Exercise" Diabetes Interventions for Primary Care
	□10-3	EKG Reading: Tricks & Tips
	□10-4	Shoulder Exam
	□10-5	Physician Burnout
Choose 1 from Session 11 for 4:00-5:00 slot		
SESSION 11	□11-1	Non-Pharmacologic Elements of Depression Treatment in Primary Care
	□11-2	Beyond "Diet & Exercise" Diabetes Interventions for Primary Care
	□11-3	EKG Reading: Tricks & Tips
	□11-4	Shoulder Exam
	□11-5	Physician Burnout

THURSDAY, SEPTEMBER 15

When registering please include both the completed registration form and workshop selection form (pages 6 and 7)

Monday, September 12, 2016

7:00 Registration and Continental Breakfast

- 8:00 Welcome and Introduction
- 8:10 Office Management of Chronic Pain David Tauben, MD
- 8:55 Sports Medicine Pearls for Primary Care Ashwin Rao, MD

9:40 Break

- 10:00 Diagnosis and Treatment of Low Testosterone in Men John Amory, MD, MPH
- 10:45 The Many Faces of Pulmonary Hypertension Peter Leary, MD, MS
- 11:30 Management of Hepatitis C in Primary Care Iris Liou, MD

12:15 Lunch (provided)

- 1:00 Top 20 Primary Care Research Articles Matthew Thompson, MBChB, MPH, DPhil
- 1:45 Male Sexual Dysfunction: What Not to Miss, How to Treat and When to Refer Thomas Walsh, MD, MS

2:30 Break

- 2:45 Workshop: Session 1 (Closed at capacity waitlist only)
- to 1-1 Suturing Techniques for the Primary Care Provider (handson)
 David Evans. MD

2:45 Workshops: Session 2

- 2-1 Tips for Clinical Teaching in a Busy Practice Jeanne Cawse-Lucas, MD
- 2-2 Weight Management in the Adolescent Patient Yolanda Evans, MD, MPH
- 2-3 You Said What: Optimal Ways to Learn About and Communicate Evidence-Based Medicine Misbah Keen, MD, MBI, MPH & Matthew Thompson, MBChB, MPH, DPhil
- 2-4 Musculoskeletal Radiology Trauma Workshop Jack Porrino, MD
- 2-5 OB and Prenatal Cases Alyssa Stephenson-Famy, MD & Christie Walker, MD

3:45 Break

4:00 Workshops: Session 3

- 3-1 Tips for Clinical Teaching in a Busy Practice Jeanne Cawse-Lucas, MD
- 3-2 Weight Management in the Adolescent Patient Yolanda Evans, MD, MPH
- 3-3 You Said What: Optimal Ways to Learn About and Communicate Evidence-Based Medicine Misbah Keen, MD, MBI, MPH & Matthew Thompson, MBChB, MPH, DPhil
- 3.4 Musculoskeletal Radiology Trauma Workshop Jack Porrino, MD
- 3-5 OB and Prenatal Cases
 Alyssa Stephenson-Famy, MD & Christie Walker, MD

5:00 Adjourn

Tuesday, September 13, 2016

7:30 Sign-In and Continental Breakfast

- 8:00 Introduction and Announcements
- 8:10 Thinking Like a Rheumatologist Gregory Gardner, MD

Tuesday, September 13, 2016 (...continued) 8:55 Dizziness Makes My Head Spin Eric Kraus, MD 9:40 Break 10:00 Infectious Disease Update Paul Pottinger, MD, DTM&H 10:45 Women's Health Update 2016 Pamela Pentin, MD, JD, FAAFP 11:30 Medical Decision-Making and Diagnostic Error Emily Ruedinger, MD 12:15 Lunch (provided) 1:00 New Treatments in Type 2 Diabetes Tracy Tylee, MD 1:45 Cough It Up! Pulmonary Cases for the Generalist James Town, MD 1:00 Workshop: Session 4 - (Applicable to ABFM MC-FP enrollees only - limited enrollment) 5:00 4-1 ABFM Knowldege Self-Assessment (KSA - formerly known as SAM): Childhood Illness Ying Zhang, MD, MPH 2:30 Break 2:45 Workshops: Session 5 Acne and Other Adolescent Skin Issues Heather Brandling-Bennett, MD HIV Cases for Primary Care Shireesha Dhanireddy, MD What Do I Do Now? Challenging and Unusual Headache Cases Natalia Murinova, MD, MHA Knee and Hip Exams John O'Kane, MD 5-5 Pediatric Asthma Cases Stephen Reeves, MD, PhD 3:45 Break 4:00 Workshops: Session 6 Acne and Other Adolescent Skin Issues Heather Brandling-Bennett, MD HIV Cases for Primary Care Shireesha Dhanireddy, MD What Do I Do Now? Challenging and Unusual Headache Cases Natalia Murinova, MD, MHA Knee and Hip Exams John O'Kane, MD Pediatric Asthma Cases Stephen Reeves, MD, PhD 5:00 Adjourn Wednesday, September 14, 2016 7:30 Sign-In and Continental Breakfast 8:00 Introduction and Announcements

- 8:10 How to Combat the Opioid Epidemic as a Primary Care Provider Mark Sullivan, MD, PhD
- 8:50 Addiction Medicine in Primary Care Joseph Merrill, MD
- 9:30 Q & A Session on Opioid Use and Addiction Medicine Mark Sullivan, MD, PhD & Joseph Merrill, MD

9:45 Break

Wednesday, September 14, 2016

(...continued)

- 10:00 Menopausal Management for Primary Care Physicians: The Good, The Bad and The Ugly Genevieve Neal-Perry, MD, PhD
- 10:45 Common Mistakes to Avoid in Dermatology Deepti Gupta, MD
- 11:30 Defining and Achieving Success in the Patient with Low Back Pain John Loeser, MD

12:15 Lunch (provided)

- 1:00 Medical Marijuana: A Clinician's Guide Jennifer Kapur, PharmD
- 1:45 Panel Discussion: Pros & Cons of Patient-Centered Metrics Paul Brashnyk, Vanessa Feliciano, MD & Susie Dade, MPA

2:30 Break

2:45 Workshops: Session 7

- 7-1 Perioperative Optimization of Chronic Conditions: Pain, DM and HTN Nathalie Bentov, MD, MA
- 7-2 Evaluation of Syncope in Children and Young Adults Jon Drezner, MD
- 7-3 New Visit Types: Billing and Coding Tips Vanessa Feliciano, MD
- 7-4 Difficult Cases in Nephrology Leah Haseley, MD
- 7-5 Examination of the Wrist with Ultrasound Correlation Henry Pelto, MD
- 7-6 Challenging Cases in Chronic Pain David Tauben, MD

3:45 Break

4:00 Workshops: Session 8

- 8-1 Perioperative Optimization of Chronic Conditions: Pain, DM and HTN Nathalie Bentov, MD, MA
- 8-2 Evaluation of Syncope in Children and Young Adults Jon Drezner, MD
- 8-3 New Visit Types: Billing and Coding Tips Vanessa Feliciano, MD
- 8-4 Difficult Cases in Nephrology Leah Haseley, MD
- 8-5 Examination of the Wrist with Ultrasound Correlation Henry Pelto, MD
 - Challenging Cases in Chronic Pain David Tauben, MD

5:00 Adjourn

Thursday, September 15, 2016

7:30 Sign-In and Continental Breakfast

- 8:00 Introduction and Announcements
- 8:10 What's New from the US Preventive Services Task Force? David Grossman, MD, MPH
- 8:55 What's New and Interesting in Nephrology and Hypertension? Eric Anderson, MD

9:40 Break

- 10:00 Update on Lipid Management Eugene Yang, MD, MS
- 10:45 SPRINT Trial: How to Incorporate These Results into Your Practice Eugene Yang, MD, MS

Thursday, September 15, 2016

(....continued)

11:30 Update in Heart Failure: Best Practice and What's New Claudius Mahr, DO, FACC, FESC

12:15 Lunch (provided)

- 1:00 Pediatric Obesity Mollie Grow, MD, MPH
- 1:45 Medical Management of Obesity Ellen Schur, MD, MS

2:30 Break

2:45 Workshops: Session 9

- to 9-1 Motivational Interviewing
- 5:00 Valerie Ross, MS

2:45 Workshops: Session 10

- 10-1 Non-Pharmacologic Elements of Depression Treatment in Primary Care Ian Bennett, MD, PhD
- 10-2 Beyond "Diet and Exercise" Diabetes Interventions for Primary Care Maureen Chomko, RD, CDE, BS
- 10-3 EKG Reading: Tricks & Tips Jordan Prutkin, MD
- 10-4 Shoulder Exam David Siebert, MD
- 10-5 Physician Burnout Christina Surawicz, MD

3:45 Break

4:00 Workshops: Session 11

- 11-1 Non-Pharmacologic Elements of Depression Treatment in Primary Care Ian Bennett, MD, PhD
- 11-2 Beyond "Diet and Exercise" Diabetes Interventions for Primary Care Maureen Chomko, RD, CDE, BS
- 11-3 EKG Reading: Tricks & Tips Jordan Prutkin, MD
- 11-4 Shoulder Exam David Siebert, MD
- 11-5 Physician Burnout Christina Surawicz, MD

5:00 Adjourn

Friday, September 16, 2016

7:30 Sign-In and Continental Breakfast

- 8:00 Introduction and Announcements
- 8:10 Evidence-Based Cancer Screening in Primary Care Allison Cole, MD, MPH
- 8:55 The Future is Here: Technologies That are Shaping Medical Practice Misbah Keen, MD, MBI, MPH

9:40 Break

- 10:00 Adult ADHD Chris Famy, MD
- 10:45 Potpourri of GI Clinical Cases Anita Afzali, MD, MPH
- 11:30 Missed Diagnoses Why Didn't I Think of That? Eileen Klein, MD, MPH

12:15 Adjourn

UW Medicine UW SCHOOL OF MEDICINE

Office of Continuing Medical Education Box 359441 Seattle, WA 98195-9441 Advances in Family Medicine & Primary Care September 12-16, 2016



REGISTER ONLINE
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more details and registration