

UW Medicine

UW SCHOOL  
OF MEDICINE

*50<sup>th</sup> Annual*  
**ADVANCES IN FAMILY MEDICINE  
& PRIMARY CARE**



**Monday-Friday**

**September 12-16, 2022**

Online via Zoom Webinar

**Sponsored by UW School of Medicine  
Department of Family Medicine  
Division of Allergy & Infectious Diseases  
Office of Continuing Medical Education**

## TARGET AUDIENCE

This course is designed for family physicians and other primary care providers including internists, pediatricians, osteopathic physicians, physician assistants, nurse practitioners, and others interested in primary care. All clinicians providing primary care from all training backgrounds and specialties would benefit from this activity.

## COURSE DESCRIPTION

This is the 50<sup>th</sup> year that the Department of Family Medicine at the University of Washington School of Medicine is offering educational opportunities for family medicine and primary care health care providers, *including a one-day infectious disease option.*

Each year, our goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology.

**We are pleased to offer this course via live webinar.**

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



### Credit Designation

The University of Washington School of Medicine designates this Other activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology to the care of patients in primary care.
- Review and apply the most recent guidelines from the United States Preventive Services Taskforce (USPSTF).
- Identify and discuss evidence-based updates from recent studies and professional organizations.



## FEES AND REGISTRATION

To enroll, please register online at [uwcmec.org](http://uwcmec.org). If you have not received confirmation, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

	Registration Fee
All Learners (Mon-Thurs)	\$550.00 USD
Resident/Fellow/Student (Mon-Thurs)*	\$250.00 USD
Add-on: Infectious Disease Update (Friday only)	\$135.00 USD
<i>*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.</i>	
Beginning August 29, 2022, the registration rate will increase by \$50	

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit recording, instructional materials, transcript of credit, record keeping, faculty planning and evaluation.

## REFUND AND CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 29, 2022**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 29, 2022**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and issued a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions – [cme@uw.edu](mailto:cme@uw.edu).

Prior to the start of the webinar, please ensure you have the appropriate system requirements to view the webinar. No refunds will be available for technical issues not controlled by UW CME.

## SPECIAL SERVICES

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance.

### Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • Email: [dso@uw.edu](mailto:dso@uw.edu)



## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcmc.org](http://uwcmc.org) (for conference registrants only). Materials will be available beginning on **September 6, 2022**, for registrants to print and/or download.

## EXTENDED ATTENDANCE OPTIONS

Learners can participate in the live offering between September 12-16, 2022 and claim credit for participation. Credit will also be available through February 3, 2023 for watching the recorded content for those sessions the learner was unable to participate in live. A competency measurement will be required for watching recorded content for credit. **Please note, you may not claim credit twice for participating in the live webinar and then subsequently watching the recording.** Learners must register for the virtual offering in order to receive access to the recorded content and material.

## WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UW CME website ([uwcmc.org](http://uwcmc.org)). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- You may use any browser to view the Zoom webinar.

## AAFP (FOR LIVE WEBINAR)

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



# Course Planners

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## CHAIR

**Grace Shih, MD, MAS**  
Associate Professor of Medicine  
Department of Family Medicine

## PLANNING COMMITTEE

*Department of Family Medicine*

**Jeanne Cawse-Lucas, MD**  
**Mae Dirac, MD, PhD**  
**Joseph Nelson, MD**  
**Daytheon Sturges, PhD, MPAS, PAC**

## *Guest Faculty*

**Margaret Chin, MD**  
Family Medicine Physician  
Washington Permanente Medical Group  
WPMG Cancer Screening  
Quality Champion  
WPMG Informatics Champion

**Frank Domino, MD**  
Professor  
University of Massachusetts Medical School  
Editor, 5 Minute Clinical Consult  
UMass Memorial Health  
Shrewsbury, MA

**John B. Dunn, MD, MPH**  
Medical Director  
Preventive Care  
Kaiser Permanente Washington

**Alexander Krist, MD**  
Professor  
Family Medicine and Population Health  
Virginia Commonwealth University  
Richmond, VA

**David Malebranche, MD, MPH**  
Associate Professor  
Morehouse Healthcare

**Matt Perez, MD**  
Physician, Site Medical Director  
Neighborcare Health  
Clinical Assistant Professor  
Department of Family Medicine

## *ID Update Faculty*

**Paul Pottinger, MD, FACP, FIDSA**  
Chair, ID Update Course  
Professor  
Division of Allergy & Infectious Diseases

**Jehan Budak, MD**  
Assistant Professor  
Division of Allergy & Infectious Diseases

**Shireesha Dhanireddy, MD**  
Professor  
Department of Medicine  
Medical Director, Infectious Diseases and  
Travel Medicine Clinic

**Christine Johnston, MD, MPH, FIDSA**  
Associate Professor  
Division of Allergy & Infectious Diseases  
Associate Director  
Infectious Diseases Fellowship Training  
Program  
Associate Medical Director  
UW Virology Research Clinic

**Victoria Jane Lopez Konold, MD**  
Assistant Professor  
Pediatric Infectious Diseases  
Seattle Childrens Hospital

**Ania Lang, MD, PhD**  
Clinical Assistant Professor  
Division of Allergy & Infectious Diseases  
Associate Director, Allergy & Immunology  
Training Program

**Peter Rabinowitz, MD, MPH**  
Professor  
Departments of Occupational Health  
Sciences, Family Medicine, and Global  
Health

# UW Faculty

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**Emily 'Addie' Bardolph, MD**

Clinical Instructor  
Division of General Internal Medicine

**Alson Burke, MD**

Assistant Professor  
Department of Obstetrics & Gynecology  
Physician, Harborview Medical Center

**Lydia Chwastiak, MD, MPH**

Professor  
Psychiatry and Behavioral Sciences

**Mark Duncan, MD**

Assistant Professor  
Department of Psychiatry & Behavioral  
Sciences  
Psychiatrist, UWMC and UW Medicine

**Barak Gaster, MD, FACP**

Professor of Medicine  
Division of General Internal Medicine  
Director  
Cognition in Primary Care Program

**Nicole Gentile, MD, PhD**

Assistant Professor  
INSPIRE Clinical Site Co-Investigator  
Department of Family Medicine  
Department of Laboratory Medicine &  
Pathology

**Tanya Greywal, MD**

Acting Instructor  
Division of Dermatology  
Director of Laser and Cosmetic Surgery  
Eastside Specialty Center

**Corinne Heinen, MD, FAAFP**

Clinical Associate Professor  
Department of Family Medicine  
Physician Lead, Transgender/Gender Non-  
Binary Health Program  
Director, UWSOM LGBTQ Health  
Student Pathway

**Irl Hirsch, MD, MACP**

Professor and Diabetes Treatment and  
Teaching Chair  
Professor of Medicine  
Division of Metabolism, Endocrinology &  
Nutrition

**Paul James, MD**

Professor and Chair  
Department of Family Medicine

**Douglas Leedy, MD**

Fellow  
Division of Cardiology

**David Mariuma, MD**

Clinical Assistant Professor  
Division of Nephrology

**Catherine McCall, MD**

Acting Assistant Professor  
Psychiatry and Behavioral Sciences

**Alberto Oseguera, MD, ATC**

Family Medicine Physician  
Acting Assistant Professor

**David Siebert, MD, CAQSM**

Assistant Professor  
Department of Family Medicine

**Angad Singh, MD**

Family Physician  
Physician Lead, EHR Optimization and  
Support  
Physician Lead, Clinical Informatics

**Ramanpreet Toor, MD**

Assistant Professor  
Department of Psychiatry and Behavioral  
Sciences

**Jay Vary, MD, PhD**

Associate Professor  
Division of Dermatology

**Eugene Yang, MD, MS, FACC**

Clinical Professor  
Division of Cardiology  
Carl and Renée Behnke Endowed  
Professorship for Asian Health  
Medical Director, UW Medicine Eastside  
Specialty Center

# Agenda

## Monday, September 12, 2022

- 8:00 Welcome and Course Introduction  
*Grace Shih, MD*
- 8:15 Health Equity in Sexual Health  
*David Malebranche, MD*
- 9:00 Updates and Current Issues in Immunizations  
*John B. Dunn, MD, MPH*
- 9:45 Gender Affirming Medication Management in Transmasculine Patients  
*Corinne Heinen, MD, FAAFP*

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### 10:30 Break

- 10:45 Management of CKD: New Therapies and Updates  
*David Mariuma, MD*
- 11:30 Depression Treatment: First Line, Second Line, and Beyond  
*Ramanpreet Toor, MD*

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### 12:15 Lunch break

- 1:00 How to Recognize Common Dermatologic Conditions  
*Tanya Greywal, MD*
- 1:45 Update on Medication and Management of Dementia  
*Barak Gaster, MD, FACP*

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### 2:30 Adjourn

## Tuesday, September 13, 2022

- 7:55 Welcome Remarks  
*Grace Shih, MD*
- 8:00 USPSTF Updates  
*Alexander Krist, MD*
- 8:45 Top 10 Dermatology Referrals  
*Jay Vary, MD, PhD*
- 9:30 ECG Interpretation: Arrhythmias, Blocks, MI's  
*Douglas Leedy, MD*

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### 10:15 Break

- 10:30 What PCP's Need to Know About HbA1C  
*Irl Hirsch, MD*
- 11:15 Bring Your Difficult Diabetes Cases  
*Irl Hirsch, MD*

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### 12:00 Lunch break

- 1:00 Social Determinants of Health: Bridging Theory and Practice  
*Angad Singh, MD*
- 1:45 Open Mic: Ask an ID Expert  
*Paul Pottinger, MD, FACP, FIDSA*

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### 2:30 Adjourn

## Wednesday, September 14, 2022

7:55 Welcome Remarks  
*Grace Shih, MD*

8:00 Top 10: Evidence Based Medicine Updates From The Medical Literature  
*Frank Domino, MD*

8:45 Knee Pain: Clinical Pearls from a Primary Care Physician  
*Alberto Oseguera, MD*

9:30 Management of Psychosis  
*Lydia Chwastiak, MD*

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### 10:15 Break

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10:30 Gynecologic Care in Gender Diverse Patients  
*Alson Burke, MD*

11:15 MSK Point-of-Care Ultrasound: Practice Tips and Tricks  
*David Siebert, MD, CAQSM*

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### 12:00 Lunch break

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1:00 Identifying Opioid Use Disorder in Patients with Chronic Non- Cancer Pain  
*Matt Perez, MD*

1:45 Post-Acute Sequelae of COVID-19 for PCPs  
*Nicole Gentile, MD, PhD*

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2:30 Adjourn

## Thursday, September 15, 2022

7:55 Welcome Remarks  
*Grace Shih, MD*

8:00 A Conversation About Guidelines  
*Paul James, MD & Eugene Yang, MD, MS, FACC*

8:45 Tobacco Cessation  
*Mark Duncan, MD*

9:30 Vaginitis & Vulvar Dermatology  
*Addie Bardolph, MD*

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### 10:15 Break

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10:30 Insomnia: Best Practices for Evaluation and Management  
*Catherine McCall, MD*

11:15 Cervical Cancer Screening Guidelines & Self-Swab  
*Margaret Chin, MD*

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12:00 Adjourn

Schedule Subject to Change  
All Times in Pacific

Register Online: [www.uwcme.org](http://www.uwcme.org)



# INFECTIOUS DISEASE UPDATE DESCRIPTION

We are excited to offer a one-day mini-course focused on Infectious Diseases Updates for the busy Family Medicine & Primary Care provider. While you have been distracted by COVID-19, ID care has advanced in many other areas! Please join us and get back up to speed with new information on STI's, Emerging Infections, UTI, Respiratory Infections, Antibiotic Allergies, HIV prevention, Pediatric Infections, and more!

## OBJECTIVES

Upon completion of this session, attendees should be able to:

- Diagnose and treat sexually-transmitted infections in accordance with updated national guidelines.
- Acquire the tools to offer HIV Pre-Exposure Prophylaxis in your practice.
- Counsel pediatric patients- and their parents- on the appropriate use of antibiotics, using evidence-based communication techniques.
- Assess antibiotic allergies in primary care- quickly, safely and reliably.
- Review major drug-drug interactions when prescribing antibiotics for recurrent UTI and respiratory tract infections in older patients.

## Friday, September 16, 2022

8:05 Welcome Remarks  
*Paul Pottinger, MD, FACP, FIDSA*

8:15 PrEP for Primary Care  
*Jehan Budak, MD*

9:00 STI Treatment Update  
*Christine Johnston, MD, MPH*

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### 9:45 Break

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10:00 Pediatric ID Update  
*Victoria Konold, MD*

10:45 Antibiotic Allergies: The Itchy & Scratchy Show  
*Ania Lang, MD, PhD*

11:30 COVID Therapeutics  
*Shireesha Dhanireddy, MD*

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### 12:15 Lunch break

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1:00 The problems you love to hate, and hate to love: rUTI & RTI  
*Paul Pottinger, MD*

1:45 Get Ready: Emerging Infections  
*Peter Rabinowitz, MD, MPH*

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### 2:30 Adjourn

Schedule Subject to Change  
All Times in Pacific