

UW Medicine

UW SCHOOL
OF MEDICINE

8th Annual
**MEN'S HEALTH
UPDATE**



On Demand
through December 31, 2022

Sponsored by UW School of Medicine
Department of Urology
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for primary care providers and urologists who are seeking an update on important clinical topics in men's health. The course is also well-suited for nurses, nurse practitioners, physician assistants, naturopathic doctors, fellows and residents.

COURSE DESCRIPTION

With the evolution of American healthcare and the reorganization of many regional healthcare systems, there are ever increasing demands for healthcare access. As a result, primary care providers are increasingly caring for broader spectrum of disease, including urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is an established medical arena where specialized knowledge is required. The diagnosis and management of Men's Health diseases are continually evolving and are heavily influenced by advances in diagnostic technology, medications, and surgical devices. The greatest challenge that care providers face is staying up to date with the changes in this field, thereby assuring state-of-the-art care for their patients.

Expert faculty have been assembled to provide this update, with presentations on topics such as prostate screening and treatment, testosterone deficiency and the controversy of testosterone replacement, male urinary dysfunction, kidney and bladder pathology, sexual dysfunction, male infertility, and genital pain syndromes. Review the video content and participate in the attes

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this other activity for a maximum of 10.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Provide management options for men with localized prostate cancer, including active surveillance.
- Review the quality of life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the evaluation of men with microscopic and gross hematuria.
- Assign the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Describe the relationship between cardiovascular disease and erectile dysfunction and offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Recognize the association between male infertility and disease, and discuss the evidence based evaluation of male infertility.
- Explain key elements of a BPH evaluation and provide appropriate treatment options.
- Perform the appropriate evaluation of men with scrotal content pain and discuss and evidence based initial treatment approach.
- Identify the role of non-narcotic pain management in patients with chronic pain.
- Understand genital dermatological conditions common to men.
- Broadly discuss gender affirming medical and surgical therapies and advancements in the field of transgender care.
- Review elements to the triage of patients presenting with renal stones.



FEES AND REGISTRATION

To enroll, please register online at uwcme.org.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover the costs of conducting this course. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

Registration	Fee
On- Demand - All Learners	\$225

ON DEMAND VIEWING

Learners can participate in the live offering August 26-27, 2022 and claim credit for participation. Credit will also be available through December 31, 2022 for watching the recorded content for those sessions the learner was unable to participate in live. A competency measurement will be required for watching recorded content for credit. Please note, you may not claim credit twice for participating in the live webinar and then subsequently watching the recording. Learners must register in order to receive access to the recorded content and material.

ONLINE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only) **once registration payment is received.**

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, please contact the CME Office at 206.543.1050 or the Disability Services Office at least ten (10) days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

Maahum Haider, MD, MPH
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UW and Veterans Administration
Puget Sound Health Care System

Marah Hehemann, MD
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FACULTY

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Associate Professor
Department of Urology

Michael P. Porter, MD, MS
Professor and Chief of Urology
Department of Urology

Clare Yang, MD
Professor
Department of Urology

Welcome and Course Introduction
Maahum Haider, MD, MPH and Marah Hehemann, MD

**Prostate
Cancer**

Moderator:
Yaw Nyame, MD

Section Intro: Prostate Cancer | *Yaw Nyame, MD*

Prostate Cancer Screening for the Primary Care Provider
Yaw Nyame, MD

Prostate Cancer: Current Treatments
William Ellis, MD

Prostate Cancer Survivorship from the PCP Perspective
Matthew Jaffy, MD

Prostate Cancer Survivorship from the Urologists Perspective
Alexander Skokan, MD

Q&A | *Faculty*

**Urologic "Lumps &
Bumps"**

Moderator:
Maahum Haider, MD, MPH

Section Intro: Lumps & Bumps | *Maahum Haider, MD, MPH*

Kidney Stones | *Mathew Sorensen, MD, MS, FACS*

Management of Incidental Renal Findings | *John Gore, MD*

Evaluation & Management of Scrotal Masses | *Sarah Psutka, MD, MS*

Male Genital Dermatology
April Schachtel, MD

Hematuria & Primary Care: What Tests to Order and When to Refer
Michael Porter, MD

Q&A | *Faculty*

**Voiding
Dysfunction**

Moderator:
Brian Jordan, MD

Section Intro: Voiding Dysfunction | *Brian Jordan, MD*

Initial Evaluation of Lower Urinary Tract Symptoms (LUTS)
and Voiding Dysfunction

Brian Jordan, MD

Treatment Options for Bladder Outlet Obstruction
Maahum Haider, MD, MPH

Treatment Options for Detrusor Dysfunction
Claire Yang, MD

Pelvic Floor Physical Therapy

Tina Allen, PT

Interstitial Cystitis/Chronic Bladder Pain and Chronic Pelvic
Pain Syndrome (CPPS)

Jane Miller, MD

Q&A | *Faculty*

Male Sexual Health

Moderator:

Marah Hehemann, MD

Section Overview | *Marah Hehemann, MD*

Erectile Dysfunction: Moving Beyond Pills
Thomas Walsh, MD, MS

Ejaculatory Dysfunction | *Lauren Trew, PA-C, MCHS*

Evaluation & Management of Testicular Pain
Marah Hehemann, MD

Q&A | *Faculty*

Reproductive Health

Moderator:

*Maahum Haider, MD,
MPH*

Section Overview | *Maahum Haider, MD, MPH*

Trends in Male Fertility | *Pranav Dadhich, MD*

Evaluation and Management of Male Infertility
Marah Hehemann, MD

Nutrition for Enhancing Reproductive Health

Judy Simon, MS, RDN, CD, CHES, FAND

Testosterone Deficiency: Workup & Management
Arthi Thirumalai, MBBS

Q&A | *Faculty*

Special Populations

Moderator:

Alex Skokan, MD

Section Overview | *Alex Skokan, MD*

Care for Transgender and Gender Diverse Patients

Alexander Skokan, MD

Transitioning Complex Patients from Pediatric to Adult Care:

Urologic Considerations | *Judith Hagedorn, MD, MHS*

Q&A | *Faculty*

