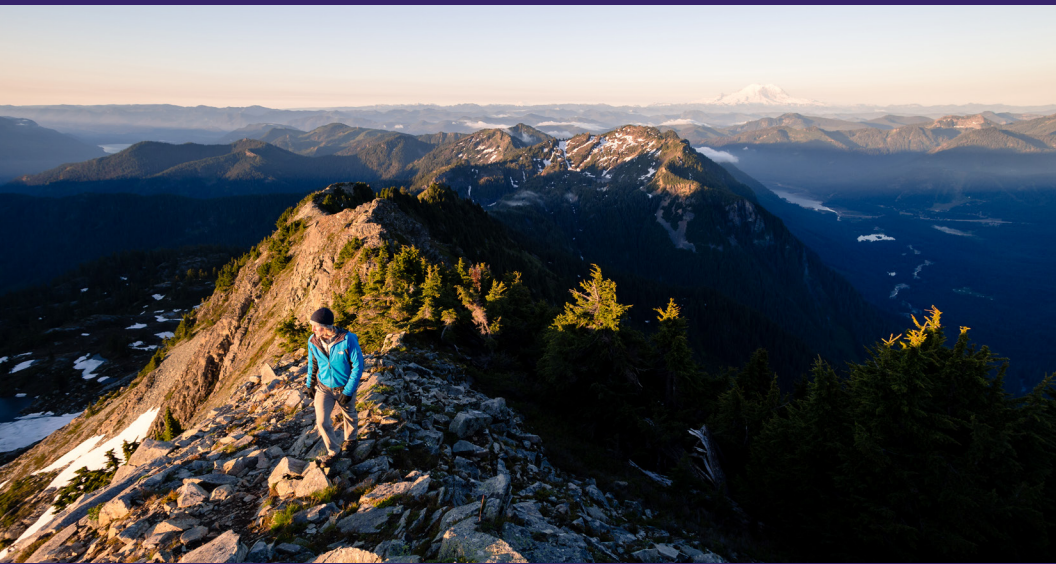


UW Medicine

UW SCHOOL
OF MEDICINE

7th Annual
**MEN'S HEALTH
UPDATE**



Friday-Saturday
August 13 - 14, 2021

Online via Live Webinar

**Sponsored by UW School of Medicine
Department of Urology
Office of Continuing Medical Education**

TARGET AUDIENCE

This course is designed for primary care providers and urologists who are seeking an update on important clinical topics in men's health. The course is also well-suited for nurses, nurse practitioners, physician assistants, naturopathic doctors, fellows and residents.

COURSE DESCRIPTION

With the evolution of American healthcare and the reorganization of many regional healthcare systems, there are ever increasing demands for healthcare access. As a result, primary care providers are increasingly caring for broader spectrum of disease, including urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is an established medical arena where specialized knowledge is required. The diagnosis and management of Men's Health diseases are continually evolving and are heavily influenced by advances in diagnostic technology, medications, and surgical devices. The greatest challenge that care providers face is staying up to date with the changes in this field, thereby assuring state-of-the-art care for their patients.

UW faculty have been assembled to provide this update, with presentations on topics such as prostate screening and treatment, testosterone deficiency and the controversy of testosterone replacement, male urinary dysfunction, kidney and bladder pathology, sexual dysfunction, male infertility, and genital pain syndromes. After the plenary sessions, attendees will have the opportunity to participate in question & answer sessions.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 9.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Provide management options for men with localized prostate cancer, including active surveillance.
- Review the quality of life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the evaluation of men with microscopic and gross hematuria.
- Assign the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Describe the relationship between cardiovascular disease and erectile dysfunction and offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Recognize the association between male infertility and disease, and discuss the evidence based evaluation of male infertility.
- Explain key elements of a BPH evaluation and provide appropriate treatment options.
- Perform the appropriate evaluation of men with scrotal content pain and discuss and evidence based initial treatment approach.
- Identify the role of non-narcotic pain management in patients with chronic pain.



FEES AND REGISTRATION

To enroll, please register online at uwcmc.org.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover the costs of conducting this course. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

All Learners	\$225
*Resident/Fellow	\$60
*Medical Student	\$0
*Resident/Fellow and Medical Student rates require written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.	

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

Cancellation and Refund Policy

The Office of Continuing Medical Education must receive written notification of your cancellation by **July 30, 2021**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **July 30, 2021**.

The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and receive a full refund. The University of Washington is not responsible for any other costs incurred. **Contact the CME Office with questions via email: cme@uw.edu.**

Prior to the start of the webinar, please ensure you have the appropriate system requirements to participate in the webinar. More information about the recommended technical requirements are on our website (uwcmc.org). No refunds will be available for technical issues not controlled by UW CME.

ONLINE MATERIALS

Instruction materials will be available online at uwcmc.org (for conference registrants only) beginning on **August 9, 2021**. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

Webinar registrants will receive instructions by email prior to the course.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, please contact the CME Office at 206.543.1050 or the Disability Services Office at least ten (10) days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

Maahum Haider, MD, MPH
Assistant Professor
Department of Urology
UW and Veterans Administration
Puget Sound Health Care System

Marah Hehemann, MD
Assistant Professor
Department of Urology
Men's Health Center, UW Medical Center

FACULTY

Valerie Bobb, PT, DPT, WCS, ATC
Board Certified Clinical Specialist in
Women's and Men's Health
UW Medical Center

William Ellis, MD
Professor and Vice-Chair
Department of Urology

John L. Gore, MD
Professor
Department of Urology

Judith Hagedorn, MD, MHS
Assistant Professor
Department of Urology

Brian Jordan, MD
Assistant Professor
Department of Urology

Jane Miller, MD
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FAND**
Clinic Dietitian, UW Medical Center
Clinical Instructor
Department of Nutritional Sciences

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Urologic Trauma, Reconstruction, and
Gender Affirming Surgery
Department of Urology

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Director, Urology Residency Program
Veterans Administration Puget Sound
Health Care System

Arthi Thirumalai, MBBS
Assistant Professor
Division of Metabolism, Endocrinology &
Nutrition

Lauren Trew, PA-C, MCHS
Teaching Associate
Department of Urology
Men's Health Center, UW Medical Center

Thomas Walsh, MD
Associate Professor
Department of Urology

Hunter Wessells, MD, FACS
Professor and Chair
Department of Urology

Friday, August 13, 2021

	7:45	Welcome and Course Introduction <i>Maahum Haider, MD, MPH and Marah Hehemann, MD</i>
Voiding Dysfunction Moderator: <i>Brian Jordan, MD</i>	7:55	Section Intro: Voiding Dysfunction <i>Brian Jordan, MD</i>
	8:00	Non-Surgical Management of Urinary Retention <i>Judith Hagedorn, MD, MHS</i>
	8:20	Urinary Symptoms: Medical Treatment of LUTS <i>Brian Jordan, MD</i>
	8:40	Surgical Treatment of Lower Urinary Tract Symptoms <i>Maahum Haider, MD, MPH</i>
	9:00	Interstitial Cystitis / Bladder Pain Syndrome (IC/BPS) and Chronic Pelvic Pain Syndrome (CPPS) <i>Jane Miller, MD</i>
	9:20	Q&A <i>Faculty</i>
	9:40	Break
Reproductive Health Moderator: <i>Tristan Nicholson, MD, PhD</i>	10:00	Section Intro: Reproductive Health <i>Tristan Nicholson, MD, PhD</i>
	10:05	Trends in Male Fertility <i>Tristan Nicholson, MD, PhD</i>
	10:25	Nutrition for Enhancing Reproductive Health <i>Judy Simon, MS, RDN, CD, CHES, FAND</i>
	10:45	Testosterone Deficiency: Workup and Management <i>Arthi Thirumalai, MBBS</i>
	11:05	Care for Transgender & Gender Diverse Patients <i>Alexander Skokan, MD</i>
	11:25	Q&A <i>Faculty</i>
	11:45	Lunch break
Male Sexual Health Moderator: <i>Marah Hehemann, MD</i>	12:40	Section Intro: Male Sexual Health <i>Marah Hehemann, MD</i>
	12:45	Erectile Dysfunction: Moving Beyond Pills <i>Thomas Walsh, MD, MS</i>
	1:20	Erectile Dysfunction in Young Men: Is it All in their Head? <i>Hunter Wessells, MD, FACS</i>
	1:40	Ejaculatory Dysfunction <i>Lauren Trew, PA-C, MCHS</i>
	2:00	Male Genital Dermatology <i>April Schachtel, MD</i>
	2:20	Q&A <i>Faculty</i>
	2:40	Break
	3:00	Evaluation and Management of Testicular Pain <i>Marah Hehemann, MD</i>
	3:20	Pelvic Health Physical Therapy <i>Valerie Bobb, PT, DPT, WCS, ATC</i>
	3:40	Q&A <i>Faculty</i>
	4:00	Adjourn

All times listed are in Pacific Time

Saturday, August 14, 2021

Prostate Cancer Moderator: George Schade, MD	8:00	Section Overview <i>George Schade, MD</i>
	8:05	PSA Screening: Past, Present and The Future <i>George Schade, MD</i>
	8:25	Prostate Cancer: Current Treatments <i>William Ellis, MD</i>
	8:45	Prostate Cancer: Survivorship <i>Alex Skokan, MD</i>
	9:05	Q&A <i>Faculty</i>
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9:25 Break		
Urologic “Lumps and Bumps” Moderator: Maahum Haider, MD, MPH	9:45	Section Overview <i>Maahum Haider, MD, MPH</i>
	9:50	Hematuria: What Tests to Order and When to Refer <i>Michael Porter, MD, MS</i>
	10:10	Kidney Stones <i>Mathew Sorensen, MD, MS, FACS</i>
	10:30	Incidental Renal Findings <i>John L. Gore, MD</i>
	10:50	Evaluation and Management of Scrotal Masses <i>Sarah Psutka, MD, MS</i>
	11:10	Q&A <i>Faculty</i>
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11:30 Adjourn		

All times listed are in Pacific Time

