

UW Medicine

UW SCHOOL  
OF MEDICINE

*20th Annual*

# CLINICAL CARDIOLOGY PEARLS FOR PRIMARY CARE



**Friday, April 23, 2021**

**Online via Live Webinar**

Sponsored by UW School of Medicine  
Department of Medicine, Division of Cardiology  
Office of Continuing Medical Education

For primary care providers – including family medicine physicians, internists, nurse practitioners, physician assistants, nurses, and others with an interest in heart disease.

## COURSE DESCRIPTION

This course is tailored for a primary care audience and is intended to provide practical, up-to-date information on commonly encountered cardiovascular diseases. World-class faculty from the University of Washington School of Medicine will teach participants using case-based lectures to Zoom polling to encourage interactive dialogue. Recent guidelines for hypertension, cholesterol management, and diabetes will be reviewed. Everyday primary care topics including diagnosis and treatment of coronary artery disease, congestive heart failure, valvular heart disease and supraventricular arrhythmias, including atrial fibrillation, will be covered. Practical issues regarding use of new anticoagulants and appropriateness of cardiac testing will be discussed.

### COURSE FEES

|                                 |                 |
|---------------------------------|-----------------|
| <b>All Learners</b>             | <b>\$200.00</b> |
| <b>*Resident/Fellow/Student</b> | <b>\$125.00</b> |

*\*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

If you have not received confirmation prior to the course start, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Treat and manage high blood pressure based on updated clinical guidelines from 2020.
- Apply cholesterol guidelines and latest clinical trial data of novel cholesterol treatments to the management of patients with cardiac risk factors and atherosclerotic vascular disease.
- Evaluate patients with chest pain and order the appropriate stress and imaging tests for your patients based on current guidelines.
- Evaluate and manage patients with valvular heart disease; identify which heart murmur patients should be referred for an echocardiogram and when patients should be referred for valve repair or replacement.
- Diagnose and treat patients with palpitations, and understand the appropriate use of heart rhythm monitors and when to refer patients to cardiology.

Visit [uwcme.org](http://uwcme.org) for more information

## CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **April 9, 2021**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **April 9, 2021**.

The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and receive a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions via email: [cme@uw.edu](mailto:cme@uw.edu).

## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only) beginning **April 19, 2021**. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

## SYSTEM REQUIREMENTS

Prior to the start, please ensure you have the appropriate system requirements to participate in the webinar. More information about the recommended technical requirements is below and can be found on our website at [www.uwcme.org](http://www.uwcme.org). No refunds will be available for technical issues not controlled by UW CME. Reliable internet access is necessary. It is strongly recommended that you test your Zoom connection prior to this activity.

Minimum browser requirements for successful access and completion of this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- Internet Explorer and Safari **are not recommended** with the UW CME website.
- **You may use any browser to view the Zoom webinar.**

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, please contact the Disability Services Office at least ten (10) days prior to the start of the conference.

### Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

# Faculty

## Course Co-Chairs

**Zachary D. Goldberger, MD, MS**  
Associate Professor of Medicine  
Division of Cardiovascular Medicine  
University of Wisconsin-Madison  
Affiliate Associate Professor  
Division of Cardiology  
University of Washington

**Ruchi Kapoor, MD, PhD**  
Clinical Assistant Professor  
Division of Cardiology

**Alec Moorman, MD, FACC**  
Clinical Associate Professor  
Division of Cardiology  
Section Head, General Cardiology  
Physician, Eastside Specialty Center  
UW Medicine

## UW Faculty Division of Cardiology

**Nazem Akoum, MD, MS, FACC, FAHA, FHRS**  
Associate Professor  
Director, Atrial Fibrillation  
Attending Physician  
UW Medical Center  
Attending Physician and Director  
Cardiac Electrophysiology Service  
Harborview Medical Center

**Marta Alhama-Belotto, MD**  
Clinical Assistant Professor  
Attending Physician  
Harborview Medical Center  
UW Medicine

**Claudius Mahr, DO, FACC, FESC**  
Clinical Professor  
Attending Physician  
Director, Clinical Integration  
UW Regional Heart Center  
Medical Director  
Mechanical Circulatory Support  
UW Medical Center

**Jainy Savla, MD**  
Acting Assistant Professor  
Attending Physician  
Harborview Medical Center  
UW Medicine

**Eugene Yang, MD, MS, FACC**  
Professor  
Medical Director, Eastside Specialty Center  
Co-Director, Cardiovascular Wellness  
and Prevention  
UW Medicine

# Conference Schedule and Faculty Speakers

## Friday, April 23, 2021

- 8:00 Welcome and Introduction  
*Alec Moorman, MD, FACC*
- 8:10 Primary Prevention Pearls  
*Alec Moorman, MD, FACC*
- 9:00 Lipid Disorders: Guidelines and Exciting New Therapies  
*Jainy Savla, MD*
- 9:50 Break**
- 10:10 Evaluation of Murmurs and Valvular Heart Disease  
*Ruchi Kapoor, MD, PhD*
- 11:00 Evaluating the Patient with Palpitations  
*Zachary Goldberger, MD, MS*
- 11:50 Lunch break**
- 12:30 Evaluation of Patients with Stable Chest Pain  
*Marta Alhama-Belotto, MD*
- 1:20 Contemporary Management of Atrial Fibrillation  
*Nazem Akoum, MD, MS, FACC, FAHA, FHRS*
- 2:10 Break**
- 2:30 2021 Hypertension Updates: Guideline Review and Challenging Cases  
*Eugene Yang, MD, MS, FACC*
- 3:20 Modern Heart Failure Therapy  
*Claudius Mahr, DO, FACC, FESC*
- 4:10 Course Review Questions  
*Course Co-Chairs*
- 4:30 Adjourn**

**20-Minute Question & Answer Sessions Follow Each Presentation**

*Schedule and faculty are subject to change*

**For course details and registration, visit [uwcme.org](http://uwcme.org)**

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Email [cme@uw.edu](mailto:cme@uw.edu)