

CURRENT CONCEPTS IN DRUG THERAPY

Monday & Tuesday
December 7-8, 2020

Online via Live Webinar

Sponsored by UW School of Medicine Department of General Internal Medicine Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for primary care providers, including general internists, family practitioners, and allied health professionals.

COURSE DESCRIPTION

As primary care providers, we are constantly encountering a dizzying array of medication options and patient questions regarding advertised medications. We are responsible for managing complex medication regimens including treatments we may not be intimately familiar with. In addition, safety concerns and new indications for old medications arise regularly. Through the use of a case-based format, the speakers will highlight innovations in drug therapies, review new indications for old medications, and discuss medication side effects and drug interactions. Individual presentations will be followed by panel discussions during which participants will be able to ask questions.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Evaluate the risks and benefits of new inpatient and outpatient drug therapies.
- Discuss new developments in the drug treatment of selected clinical conditions.
- Make more informed drug treatment decisions in the outpatient setting.
- Identify and educate about new FDA approved medications from 2018-2020.
- Discuss important drug interactions and medication side effects.
- Review seminal articles supporting changes to prescribing practices.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity has been approved for 13.5 continuing education credits by the Washington State Pharmacy Commission.

FEES AND REGISTRATION

COURSE FEES

All Learners \$325

*Resident/Fellow/Student

\$200

*Resident/Fellow/Student rate requires written confirmation of current status

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of AMA PRA Category 1 CreditsTM, access to online instruction materials, course logistics, faculty planning and salaries.

To enroll, please register online at uwcme. org. If you have not received confirmation prior the course start, please contact the CME Office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available beginning on November 30, 2020, for registrants to print and/or download. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UWCME website (uwcme.org). Minimum browser requirements for successful access and completion for this activity are as follows:

Chrome version 70.0 or newer, or Firefox version 63.0 or newer; Internet Explorer and Safari do not work with the UWCME website (uwcme.org)

You may use any browser to view the Zoom webinar.

REFUND & CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by November 30, 2020. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following November 30, 2020. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

Prior to the start, please ensure you have the appropriate system requirements to view the webinar. No refunds will be available for technical issues not controlled by UW CME.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, please contact the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

Course Chairs: Division of General Internal Medicine

Jennifer Wright, MD Assistant Professor Kim O'Connor, MD, FACP Associate Professor Gabrielle Berger, MD Clinical Assistant Professor

Affiliate Faculty

Michael Soung, MD, FACP Core Clinical Faculty Internal Medicine Residency Virginia Mason Medical Center Jonathan Stoehr, MD, PhD Endocrinologist

Virginia Mason Medical Center Medical Director, Nutrition Center of Excellence

UW Faculty

John Amory, MD, MPH, MSc Professor and Section Head

Division of General Internal Medicine Attending Physician

Jennifer Azen, MD, MPH

Clinical Assistant Professor Division of General Internal Medicine

Lauren Cirrincione, PharmD, MPH

Assistant Professor Department of Pharmacy

Seth Cohen, MD, MS

Clinical Assistant Professor Division of Allergy & Infectious Diseases Medical Director, Infection Prevention and Employee Health (UWMC-NW) Clinic Chief, Infectious Diseases & Travel Medicine

Lindsey Enoch, MD

Acting Assistant Professor Department of Psychiatry and Behavioral Sciences Division of General Internal Medicine

Michael Fialkow, MD, MPH

Associate Professor Department of Obstetrics & Gynecology Division of Urogynecology

Corinne Heinen, MD, FAAFP

Clinical Associate Professor Department of Family Medicine Division of Allergy and Infectious Diseases Physician Lead, Transgender/Gender Non-Binary Health Program (UW Medicine) Director, LGBTQ Health Student Pathway

Andrea Kalus, MD

Associate Professor Division of Dermatology

Jared Klein, MD, MPH

Assistant Professor Division of General Internal Medicine Medical Director, After Care Clinic (HMC) Faculty Member, Adult Medicine Clinic (HMC) Christopher Knight, MD, FACP

Associate Professor Division of General Internal Medicine Associate Director, Internal Medicine Student Clerkship and Residency Programs Director, WWAMI Regional Teaching Programs

Anne Larson, MD, FAASLD, AGAF, FACP

Clinical Professor Division of Gastroenterology Clinic Chief, UWMC-NW Liver Clinic

Adelaide McClintock, MD

Assistant Professor Division of General Internal Medicine

Natalia Murinova, MD, MHA Clinical Associate Professor Department of Neurology Director, Headache Center (UW Medicine)

Katherin Peperzak, MD

Assistant Professor Department of Anesthesiology & Pain Medicine Anesthesiologist, Center for Pain Relief (UWMC)

and Pain Center (HMC)

Gordon Starkebaum, MD, MACR

Professor Emeritus Division of Rheumatology Rheumatologist

UW Medical Center and Harborview Medical Center

Tracy Tylee, MD

Assistant Professor

Division of Metabolism, Endocrinology & Nutrition

Kathryn Weaver, MD

Clinical Assistant Professor

Division of Metabolism, Endocrinology & Nutrition

Eugene Yang, MD, MS, FACC

Professor

Division of Cardiology

Medical Director, Eastside Specialty Center Co-Director, Cardiovascular Wellness and Prevention

Program

Monday, December 7, 2020

- 8:00 Welcome/Introduction Course Chairs
- 8:15 Osteoporosis Kim O'Connor, MD, FACP
- 8:50 Update in Men's Health 2020 John Amory, MD, MPH, MSc
- 9:25 Updates in Hypertension Michael Soung, MD, FACP
- 10:05 Q&A
- 10:10 Break
- 10:25 Medical Therapy for Obesity Jonathan Stochr, MD, PhD
- 11:00 Challenging Insulin Cases Tracy Tylee, MD
- 11:35 Overview of Gender Affirming Hormone Therapy Corrine Heinen, MD, FAAFP, and Lauren Cirrincione, PharmD, MPH
- 12:10 Q&A
- 12:15 Lunch break
 - 1:15 Updates in Breast Cancer Risk Reduction Medications Adelaide McClintock, MD
 - 1:50 Evaluation and Management of Urinary Incontinence Michael Fialkow, MD, MPH
 - 2:25 Pharmacologic Therapy for Common Geriatric Conditions Jennifer Azen, MD, MPH
 - 3:00 O&A
 - 3:10 Break
 - 3:25 Primary Care of Immunosuppressed Patients Gabrielle Berger, MD
- 4:00 Updates on Treatment of Major Depressive Disorder Lindsey Enoch, MD
- 4:35 Q&A
- 4:45 Adjourn

Tuesday, December 8, 2020

- 8:15 Updates in Migraine Management Natalia Murinova, MD, MHA
- 8:50 Updates in Drug Therapy for Substance Use Disorders Jared Klein, MD, MPH
- 9:25 An Update on New Drugs and New Uses Christopher Knight, MD, FACP
- 10:00 Q&A
- 10:10 Break
- 10:25 Update in Dermatology for Primary Care Andrea Kalus, MD
- 11:00 Hepatitis C Virus New Treatments Anne Larson, MD, FAALSD, AGAF, FACP
- 11:35 Q&A
- 11:45 Lunch break
- 12:45 Non-Opioid Management of Chronic Pain Katherin Peperzak, MD
 - 1:20 Injectable Diabetes Medications *Kathryn Weaver, MD*
 - 1:55 Current and New Lipid Lowering Therapies for ASCVD Risk Reduction Eugene Yang, MD, MS, FACC
 - 2:30 Q&A
- 2:40 Break
- 2:55 COVID Update Seth Cohen, MD, MS
- 3:30 Update on Gout Gordon Starkebaum, MD, MACR
- 4:05 Q&A
- 4:15 Adjourn