

UW Medicine

UW SCHOOL  
OF MEDICINE

48<sup>th</sup> Annual

ADVANCES IN FAMILY MEDICINE  
& PRIMARY CARE



Monday-Thursday

September 14-17, 2020

Online via Zoom Webinar

Sponsored by UW School of Medicine  
Department of Family Medicine  
Office of Continuing Medical Education

## TARGET AUDIENCE

This course is designed for family physicians and other primary care providers including internists, pediatricians, osteopathic physicians, physician assistants, nurse practitioners, and others interested in primary care.

## COURSE DESCRIPTION

This is the 48<sup>th</sup> year that the Department of Family Medicine at the University of Washington School of Medicine is offering educational opportunities for family medicine and primary care health care providers.

Each year, the goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry, behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology.

**We are pleased to offer this course online only via Zoom webinar.**

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, 48th Annual Advances in Family Medicine and Primary Care, with a beginning date of 09/14/2020, has been reviewed and is acceptable for up to 19.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology to the care of patients in primary care.
- Describe new practice designs to optimize practice effectiveness in chronic disease management, detecting and treating mental health problems, and opioid addiction.



## FEES AND REGISTRATION

To enroll, please register online at [uwcme.org](http://uwcme.org). If you have not received confirmation, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

	Registration Fee
<b>All Learners</b>	\$500
<b>*Resident/Fellow/Student</b>	\$200
<i>*Resident/Fellow/Student rate requires written confirmation of current status</i>	
Beginning September 1, 2020, the registration rate will increase by \$25	

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit recording, instructional materials, record keeping, faculty planning and evaluation.

## CONFERENCE MATERIALS

Educational materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available beginning on **September 7, 2020**, for registrants to print and/or download. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

### Webinar Technical Requirements

Additional technical requirements can be found on the UW CME website ([uwcme.org](http://uwcme.org)). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer
- Internet Explorer and Safari do not work with the UW CME website ([uwcme.org](http://uwcme.org)).

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 31, 2020**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 31, 2020**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and issued a full refund. The University of Washington is not responsible for any other costs. Contact CME Office with questions – call **206.543.1050**, fax **206.221.4525** or email [cme@uw.edu](mailto:cme@uw.edu).

## SPECIAL SERVICES

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance.

### Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • Email: [dso@uw.edu](mailto:dso@uw.edu)

# Course Planners

## CHAIR

**Grace Shih, MD, MAS**  
Associate Professor of Medicine  
Department of Family Medicine

## PLANNING COMMITTEE

Department of Family Medicine  
**Constance Huynh, MPH, PA-C**  
**Matthew Jaffy, MD**  
**Paul James, MD**  
**Kimberly Kardonsky, MD**

## Guest Faculty

**John B. Dunn, MD, MPH**  
Medical Director  
Preventive Care  
Kaiser Permanente Washington

## UW Faculty

**Kari Bernard, MS, PA-C**  
Lecturer  
MEDEX Physician Assistant Program  
Department of Family Medicine

**Emalee Danforth, ARNP, CNM**  
Teaching Associate  
Department of Obstetrics & Gynecology  
Division of Reproductive Endocrinology

**Arielle P. Davis, MD**  
Assistant Professor  
Department of Neurology

**Jennifer Erickson, MPH, PA-C**  
University of Washington - Tacoma  
Lecturer  
MEDEX Physician Assistant Program  
Department of Family Medicine

**Margaret Fleet, MD**  
University of Washington - VAPSHCS  
Clinical Assistant Professor  
Division of Nephrology  
Physician Lead  
Extension for Community Health Care  
Outcomes (ECHO), Renal (VAPSHCS)

**Deepti Gupta, MD**  
Associate Professor  
Division of Dermatology

**Corinne Heinen, MD**  
Clinical Associate Professor  
Departments of Family Medicine  
and Internal Medicine

**Sara L. Jackson, MD, MPH**  
Associate Professor  
Division of General Internal Medicine

**Anju Jain, MS, ATC, PA-C**  
Lecturer  
Department of Family Medicine

**Farah Khan, MD**  
Clinical Assistant Professor  
Division of Metabolism, Endocrinology &  
Nutrition

**Edwin G. Lindo, JD**  
Lecturer  
Department of Family Medicine  
Associate Director  
Critical Teaching and Equity, CLIME

**Constance Mao, MD**  
Associate Professor Emeritus  
Department of Obstetrics & Gynecology

**Catherine McCall, MD**  
Acting Assistant Professor  
Department of Psychiatry & Behavioral  
Sciences  
Staff Physician  
Sleep Medicine and Psychiatry (VAPSHCS)

**Kyle Nagle, MD, MPH**  
Associate Professor  
Departments of Pediatrics and Orthopedics  
and Sports Medicine

## *UW Faculty (continued)*

**John O’Kane, MD**

Professor  
Departments of Family Medicine and  
Orthopaedics  
Medical Director  
Intercollegiate Athletics

**Paul Pottinger, MD, FACP, FIDSA**

Professor  
Division of Allergy & Infectious Diseases  
Director  
Infectious Disease Training Program

**Jaqueline Raetz, MD**

Associate Professor  
Department of Family Medicine

**Meena Ramchandani, MD**

Assistant Professor  
Division of Allergy & Infectious Diseases

**Ramanpreet Toor, MD**

Assistant Professor  
Department of Psychiatry & Behavioral Sciences  
Director  
Integrated Care Fellowship

**James Town, MD**

Assistant Professor  
Division of Pulmonary, Critical Care & Sleep  
Medicine  
Director  
Medical Intensive Care Unit  
Harborview Medical Center

**Jay Vary, MD, PhD**

Associate Professor  
Division of Dermatology

**Megan Wilson, MD**

Assistant Professor  
Department of Family Medicine

**Brian R. Wood, MD**

Associate Professor  
Division of Allergy and Infectious Diseases

**Eugene Yang, MD, MS, FACC**

Clinical Professor  
Division of Cardiology

Faculty and schedule subject to change



## Monday, September 14, 2020

8:00 Transient Loss of Consciousness: Syncope, Seizures, and More, Oh My!

*Arielle Davis, MD*

8:45 Early Detection of Cognitive Impairment and Dementia in Primary Care

*Jaqueline Raetz, MD*

9:30 Menopause: the Old and the New

*Sara Jackson, MD, MPH*

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### 10:15 Break

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10:30 Primary Care for Sexual Minority Patients

*Corinne Heinen, MD*

11:15 Common ID eConsults

*Brian R. Wood, MD*

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### 12:00 Lunch break

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12:30 Community-Acquired Pneumonia

*Anju Jain, MS, ATC, PA-C*

1:15 Immunization Update: The Facts About FAQs

*John B. Dunn, MD, MPH*

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2:00 Adjourn

## Tuesday, September 15, 2020

8:00 Updates in Pediatric Dermatology

*Deepti Gupta, MD*

8:45 Fertility Work-Up for the PCP

*Emalee Danforth, ARNP, CNM*

9:30 COPD in 2021 and Beyond!

*James Town, MD*

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### 10:15 Break

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10:30 Understanding Insomnia: The Key to Better Management

*Catherine McCall, MD*

11:15 Racism in Medicine: Past, Present, and Future

*Edwin Lindo, JD*

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### 12:00 Lunch break

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12:30 Depression Management in Primary Care

*Ramanpreet Toor, MD*

1:15 Questions About COVID/ID? Ask the Expert!

*Paul Pottinger, MD, FACP, FIDSA*

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2:00 Adjourn

## Wednesday, September 16, 2020

8:00 Office Orthopaedics From the Ground Up  
*John O'Kane, MD*

8:45 Changing the Pap Paradigm  
*Constance Mao, MD*

9:30 Is It Just Heartburn? Updates on GERD and PUD  
*Jennifer Erickson, MPH, PA-C*

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### 10:15 Break

10:30 Updates in Adult Dermatology  
*Jay Vary, MD, PhD*

11:15 Supporting Clinician Well-Being: Pre-, Post-, and During COVID  
*Kari Bernard, MS, PA-C*

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### 12:00 Lunch break

12:30 Updates on STDs  
*Meena Ramchandani, MD*

1:15 Ambulatory Management of Chronic Kidney Disease  
*Margaret Fleet, MD*

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2:00 Adjourn

## Thursday, September 17, 2020

8:00 Breaks in Your Practice - Updates on Fracture Management and Commonly Mis(sed) Diagnosed Fractures  
*Kyle Nagle, MD, MPH*

8:45 Evaluation of Proteinuria  
*Margaret Fleet, MD*

9:30 Buprenorphine Cases in Opioid Use Disorder  
*Megan Wilson, MD*

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### 10:15 Break

10:30 What's New in Outpatient Management of Type 2 Diabetes? A Case-Based Approach to the Latest Therapeutic Options  
*Farah Khan, MD*

11:15 The ABCDEs of Prevention  
*Eugene Yang, MD, MS, FACC*

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12:00 Adjourn

Register Online: [www.uwcme.org](http://www.uwcme.org)