

UW Medicine

UW SCHOOL  
OF MEDICINE

*Spring in Seattle XIX*

# CLINICAL CARDIOLOGY PEARLS FOR PRIMARY CARE



Monday & Tuesday

April 27-28, 2020

Online Live Zoom Webinar

Sponsored by UW School of Medicine  
Department of Medicine, Division of Cardiology  
Office of Continuing Medical Education

**F**or primary care providers – including family medicine physicians, internists, nurse practitioners, physician assistants, nurses, and others with an interest in heart disease.

### COURSE DESCRIPTION

This course is tailored for a primary care audience and is intended to provide practical, up-to-date information on commonly encountered cardiovascular diseases. World-class faculty from the University of Washington School of Medicine will teach participants using case-based lectures. Recent guidelines for hypertension, cholesterol management, and diabetes will be reviewed. Everyday primary care topics including diagnosis and treatment of coronary artery disease, congestive heart failure, valvular heart disease and supraventricular arrhythmias, including atrial fibrillation, will be covered. Practical issues regarding use of new anticoagulants will be discussed. Appropriateness of cardiac testing will be discussed during lectures on the cardiovascular physical exam and the evaluation of chest pain with stress testing.

### COURSE FEES

<b>All Learners</b>	<b>\$275.00</b>
<b>*Resident/Fellow</b>	<b>\$150.00</b>
<i>*Resident/Fellow rate requires written confirmation of current status</i>	

### ACCREDITATION

#### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation

The University of Washington School of

Medicine designates this live activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Treat and manage high blood pressure based on updated clinical guidelines.
- Apply new cholesterol guidelines and novel cholesterol treatments to the management of patients with cardiac risk factors and atherosclerotic vascular disease.
- Order the appropriate stress test for patients based on current guidelines.
- Evaluate and manage patients with valvular heart disease
- Utilize novel diabetes drugs that have proven benefit in reducing cardiovascular events.

Visit [uwcmce.org](http://uwcmce.org) for more information

# Conference Schedule and Faculty Speakers

## Monday, April 27, 2020

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- 8:30 Opening Remarks and Welcome  
*Alec Moorman, MD, FACC*
- 8:35 Treatment of High Cholesterol: Updates and Future Directions  
*Alec Moorman, MD, FACC*
- 9:30 Stress Testing and Pre-Op Cardiovascular Risk Assessment  
*Marta Alhama-Belotto, MD*
- 10:30 **Break**
- 10:45 Evaluation of the Patient With Syncope  
*Zachary Goldberger, MD, FACC, FHRS*
- 11:45 **Lunch Break**
- 12:30 Management of Chronic Coronary Artery Disease  
*Zachary Steinberg, MD*
- 1:30 Atrial Fibrillation: Treatment and Stroke Prevention  
*Nazem Akoum, MD, MS, FACC, FAHA, FHRS*
- 2:30 **Break**
- 2:50 Hypertension: Guideline Review and Challenging Cases  
*Eugene Yang, MD, MS, FACC*
- 3:50 Approach to the Patient with Palpitations  
*Melissa Robinson, MD, FHRS, FACC*
- 4:50 **Adjourn**

## Tuesday, April 28, 2020

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- 8:25 **Welcome**
- 8:30 Novel Diabetes Drugs and Cardiovascular Risk Reduction  
*Irl Hirsch, MD*
- 9:30 Echocardiography and the Evaluation of Valvular Heart Disease  
*Ruchi Kapoor, MD, PhD*
- 10:30 **Break**
- 10:45 Chronic Heart Failure: State-of-the-Art Therapies  
*Claudius Mahr, DO, FACC, FESC*
- 11:45 Course Review  
*Alec Moorman, MD, FACC & Zachary Goldberger, MD, FACC, FHRS*
- 12:15 **Adjourn**

**20-Minute Question & Answer Sessions Follow Each Presentation**

*Schedule and faculty are subject to change*

**For course details and registration, visit [uwcme.org](http://uwcme.org)**

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