

UW Medicine

UW SCHOOL
OF MEDICINE

3rd Annual
**MEN'S HEALTH
UPDATE**



Friday-Saturday

August 25-26, 2017

Orin Smith Auditorium

UW Medicine, South Lake Union

850 Republican Street | Seattle, WA 98109

**Sponsored by UW School of Medicine
Department of Urology
Office of Continuing Medical Education**

TARGET AUDIENCE

This course is designed for the practicing community of primary care providers and urologists who are seeking an update on important clinical topics in Men's Health. The course is also well suited for nurses, nurse practitioners, physician assistants, fellows and residents.

COURSE DESCRIPTION

With the aging of the American population and increases in access for affordable health care, primary care providers are increasingly caring for urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is a growing medical arena where specialized knowledge is required. The diagnosis and management of many urologic diseases have been greatly influenced by recent pharmacological, surgical and technological advances. One of the greatest challenges care providers face is staying abreast with the many dynamic changes in this field. An internationally acclaimed faculty has been assembled to provide this update, with presentations on topics such as prostate, bladder, and testicular cancer, hypogonadism and testosterone replacement, sexual dysfunction, voiding dysfunction, kidney stones and genital pain syndromes. During the plenary sessions, attendees will have the opportunity to participate in question and answer sessions. In addition, an emphasis on case presentations with faculty participation will enhance the practical value of the course.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of *11.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Describe the appropriate evaluation of men suspected of having hypogonadism.
- Identify the risks and benefits of testosterone treatment.
- Review the relationship between cardiovascular disease and erectile dysfunction.
- Offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Describe the association between male infertility and disease.
- Discuss the evidence-based evaluation of male infertility.
- Recognize the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Review the management options for men with localized prostate cancer, including active surveillance.
- Describe the quality-of-life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the work-up for patients with microscopic hematuria and discuss the evaluation and management of incidental kidney and adrenal masses.
- Explain the latest approaches to treatment of patients with bladder cancer.
- Evaluate the key elements of a BPH evaluation and provide appropriate treatment options.
- Choose the appropriate evaluation of men with scrotal content pain and discuss an evidence-based initial treatment approach.

REGISTRATION FEES

MD/DO/PhD	\$275.00
Allied Health	\$225.00
Resident/Fellow*	\$125.00

*Resident/Fellow rate requires written confirmation of current status.

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits™*. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition or register online at uwcmce.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available for download at uwcmce.org (for conference registrants only). Materials will be available starting on **August 21, 2017**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference. No printed presentation materials will be available.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

DIETARY REQUESTS

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (i.e. vegan, gluten-free, etc.), please notify us by August 17, 2017 by sending an email to cme@uw.edu.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 17, 2017**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 17, 2017**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions - **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration, course credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Courtyard Marriott- Lake Union

925 Westlake Avenue North
Seattle, WA 98109
206.213.0100

Silver Cloud Inn- Lake Union

1150 Fairview Avenue North
Seattle, WA 98109
206.447.9500

Course Faculty

COURSE CHAIR

Thomas J. Walsh, MD, MS
Associate Professor
Department of Urology

GUEST FACULTY

James Downey, MD
Urologist
UW Medicine, Northwest Hospital & Medical Center

UW FACULTY

Tina Allen, PT
Physical Therapist
UW Medical Center, Surgery Pavilion

John K. Amory, MD, MPH
Professor
Department of Medicine

Bradley Anawalt, MD
Professor
Department of Medicine

Geolani Dy, MD
Chief Resident
Department of Urology

William J. Ellis, MD
Professor
Department of Urology

John Gore, MD, MS
Associate Professor
Department of Urology

Judith Hagedorn, MD, MHS
Assistant Professor
Department of Urology

Jonathan Harper, MD
Associate Professor
Department of Urology

Corinne Heinen, MD
Clinical Associate Professor
Department of Family Medicine

Matthew Jaffy, MD
Clinical Associate Professor
Department of Family Medicine

Daniel W. Lin, MD
Professor
Department of Urology

Kevin Ostrowski, MD
Assistant Professor
Department of Urology

Michael P. Porter, MD, MS
Associate Professor
Department of Urology

George R. Schade, MD
Assistant Professor
Department of Urology

Robert Sweet, MD, FACS
Professor
Department of Urology

Bryan Voelzke, MD, MS, FACS
Associate Professor
Department of Urology

Hunter Wessells, MD, FACS
Professor and Chair
Department of Urology

Jonathan L. Wright, MD, MS
Associate Professor
Department of Urology

Claire Yang, MD
Professor
Department of Urology

Friday, August 25, 2017

7:15 Registration & Continental Breakfast

Course Introduction

8:00 *Hunter Wessells, MD, FACS & Jonathan Wright, MD, MS*

8:10 Break

Prostate Cancer

Moderator:

Jonathan Wright, MD, MS

8:20 Prostate Cancer Epidemiology, Etiology and Prevention
Jonathan Wright, MD, MS

8:40 Prostate Cancer: State of the Art in 2017
Daniel Lin, MD

9:00 PSA: The Latest From the United States Preventive Services Task Force
William Ellis, MD

9:20 Break

9:30 Urinary Problems After Prostate Cancer Treatment
Bryan Voelzke, MD, MS, FACS

9:50 Prostate Cancer Survivorship
John Gore, MD, MS

10:10 Survivorship in Prostate Cancer: The Role of Primary Care
Matthew Jaff, MD

10:30 Cases - Question and Answer Session | *Faculty*

11:00 Break

11:10 Bladder Cancer Basics
Michael Porter, MD, MS

11:30 Hernia, Hydrocele, or Testis Mass: What Is It?
Judith Hagedorn, MD, MHS

11:50 Pelvic Physical Therapy: Who/Why/When
Tina Allen, PT

12:10 Cases - Question and Answer Session | *Faculty*

12:40 Lunch (provided)

Male Sexual, Hormonal and Reproductive Health

Moderator:

*Hunter Wessells, MD,
FACS*

1:40 Section Overview
Hunter Wessells, MD, FACS

1:50 Low Testosterone: What Do We Know in 2017?
John Amory, MD, MPH

2:10 Informed Consent: Risks and Benefits of Testosterone Treatment
Bradley Anawalt, MD

2:30 Cases - Question and Answer Session | *Faculty*

3:00 Break

3:10 Transgender Care for Primary Care
Corinne Heinen, MD

Friday, August 25, 2017 (continued)

3:30 Gender-Affirming Surgery: Things to Watch For
Geolani Dy, MD

3:50 Cases - Question and Answer Session | *Faculty*

4:30 **Adjourn**

Saturday, August 26, 2017

7:30 **Sign-In & Continental Breakfast**

Kidney Stones & Male Sexual Dysfunction

Moderator:

Robert Sweet, MD, FACS

8:00 Section Overview
Robert Sweet, MD, FACS

8:10 Treatment of the Acute Stone
Robert Sweet, MD, FACS

8:30 Medical Management of Kidney Stones
Jonathan Harper, MD

8:50 Cysts, Scars and Tumors: What to Do With Incidental Lesions
Jonathan Harper, MD

9:10 Kidney Cancer 101
George Schade, MD

9:30 Cases - Question and Answer Session | *Faculty*

9:40 **Break**

Male Voiding Dysfunction

Moderator:

John Gore, MD, MS

10:00 Section Overview
John Gore, MD, MS

10:10 Nocturia
Claire Yang, MD

10:30 Urinary Retention
James Downey, MD

10:50 Modern Treatment Paradigms for Benign Prostate Hyperplasia
John Gore, MD, MS

11:10 Cases - Question and Answer Session | *Faculty*

11:30 **Break**

11:40 Erectile Dysfunction: What Not to Miss, How to Treat, and When To Refer
Kevin Ostrouski, MD, & Hunter Wessells, MD, FACS

12:00 Peyronie's Disease: What Can I Do For My Patients?
Hunter Wessells, MD, FACS

12:20 Male Infertility: A Brave New World
Kevin Ostrouski, MD

12:40 Vasectomy: Evidence-Based Approach
Kevin Ostrouski, MD

12:50 Cases - Question and Answer Session | *Faculty*

1:00 **Adjourn**

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COURSE FEES

MD/DO/PhD	\$275.00
Allied Health	\$225.00
Resident/Fellow	\$125.00

M1803

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () - Email		

PAYMENT

<input type="checkbox"/> Check (payable to University of Washington) for \$		
<input type="checkbox"/> Credit Card charge \$ <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Discover		
Card #	Exp Date	
CCV #	Signature	
<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

**RETURN COMPLETED
REGISTRATIONS**

BY MAIL:
UW CME
Box 359558
Seattle, WA 98195-9558

BY FAX:
206.221.4525

CALL:
206.543.1050
with questions

Register online at uwcme.org