2nd Annual
Full Spectrum of Heart Failure Therapy: Making the Connections

Friday & Saturday
October 16 – 17, 2015
Bell Harbor International Conference Center
2211 Alaskan Way, Pier 66
Seattle, WA 98121

Sponsored by the University of Washington School of Medicine
UW Medicine Regional Heart Center • Office of Continuing Medical Education
Jointly-provided by University of Washington School of Nursing • Continuing Nursing Education
Full Spectrum of Heart Failure Therapy: Making the Connections
October 16–17, 2015

WHO SHOULD ATTEND
Cardiologists, primary care providers, advanced care practitioners (ARNPs, PAs), intensivists, and hospitalists

COURSE DESCRIPTION
The University of Washington Regional Heart Center welcomes you to a comprehensive review in the management of heart failure. Faculty from both cardiology and cardiac surgery will cover topics pertinent to the practicing cardiologist, primary care physician and advanced care provider for patients with heart failure of varying severity and etiology. There will be didactics, case discussions and debates.

COURSE OBJECTIVES
Upon completion of this activity, attendees should be able to:

• Describe the epidemiology of heart failure of varying types and severity
• Discuss the of medical and surgical management of heart failure
• Discuss the results of recent clinical trials
• Recognize the horizon for new technology and innovations for heart failure treatment

ACCREDITATION
Accreditation with Commendation
The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The University of Washington School of Medicine designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 8.5 contact/clock hours will be awarded for successful completion.

Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

Provider is approved by the California Board of Registered Nursing, Provider #07218, for 8.5 contact hours.

FEES AND REGISTRATION
The fee for this course includes catering, all instruction materials and transcript of AMA PRA Category 1 Credits™. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

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CONFERENCE SYLLABUS IS GOING GREEN
Syllabus materials will be available for download at uwcmef.org (for conference registrants only). Materials will be available from October 9 - November 17, 2015, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY
Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

CANCELLATION POLICY
The Office of Continuing Medical Education must receive written notification of your cancellation by October 5, 2015. A $50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following October 5, 2015. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions — call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES
Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Contact Disability Services Office
206.543.6450/Voice ● 206.543.6452/TTY ● 206.685.7264/Fax ● e-mail: dso@u.washington.edu
**Course Faculty**

**COURSE CO-CHAIRS**

Daniel P. Fishbein, MD, FACC  
Professor of Medicine  
Medical Director, Congestive Heart Failure/Cardiac Transplantation Services  
Attending Physician, University of Washington

Claudius Mahr, DO, FACC  
Advanced Heart Failure and Transplant Cardiology  
Director, Clinical Integration, UW Regional Heart Center  
Medical Director, Mechanical Circulatory Support  
University of Washington

Robb MacLellan, MD, FACC  
Professor of Medicine and Division Head, Cardiology  
Robert A. Bruce Endowed Chair in Cardiovascular Research  
Professor of Physiology

Nahush Mokadam, MD, FACC, FACS  
Lester and Connie LeRoss Endowed Professor in Cardiovascular Surgery  
Associate Professor of Surgery, Division of Cardiothoracic Surgery  
Co-Director, Heart Transplantation Program Director, Mechanical Circulatory Support  
Associate Program Director, Cardiothoracic Residency, University of Washington Medical Center

**UW FACULTY**

Shauna Andrus, RN, BSN  
Lead Mechanical Circulatory Coordinator  
University of Washington Medical Center

Jennifer Beckman, RN, MSN, ARNP, CHFN  
Advanced Heart Failure Mechanical Circulatory Support and Transplant Cardiology

Richard Cheng, MD, MS, FACC  
Assistant Professor  
Department of Medicine  
Division of Cardiology

Stephanie G. Cooper, MD, FACC  
Clinical Assistant Professor of Medicine  
Attending Physician, Harborview Medical Center  
Attending Physician, University of Washington Medical Center

Imad Hussain, MBBS  
Advanced Heart Failure Heart Transplant Cardiology Fellow

Rebecca Kochner, ARNP  
Nurse Practitioner  
Division of Cardiothoracic Surgery

Heidi Kresken, ARNP  
Advanced Heart Failure/Heart Transplant

Wayne Levy, MD, FACC  
Medical Director, UW Regional Heart Center Clinic

William Lombardi, MD, FACC, FSCAI  
Associate Clinical Professor of Medicine - Division of Cardiology  
Director, Complex Coronary Artery Disease Therapies
S. Carolina Masri, MD  
Assistant Professor  
Heart Failure, Transplant and Mechanical Circulatory Support

Jamie McCabe, MD, FACC  
Assistant Professor of Medicine  
Director, University of Washington Medical Center Cardiac Cath Lab  
Attending Physician, University of Washington Medical Center

Brea McLaughlin, ARNP  
Nurse Practitioner  
Division of Cardiothoracic Surgery

Elina Minami, MD  
Clinical Associate Professor

Kevin D. O’Brien, MD, FAHA  
Professor of Medicine, Cardiology  
Director, Inpatient Cardiology Services

Jay Pal, MD, PhD  
Assistant Professor of Surgery  
Division of Cardiothoracic Surgery  
Cardiac Transplantation and Mechanical Circulatory Support  
University of Washington Medical Center

Susan Pambianco, RN, MN, ARNP  
Teaching Associate  
University of Washington Medical Center

Jeanne E. Poole, MD, FACC  
Professor of Medicine  
Director, Arrhythmia Service and Electrophysiology Laboratory  
Attending Physician, University of Washington Medical Center

Christina Redmond, MN, ARNP  
Advanced Heart Failure/Heart Transplant

Mark Reisman, MD, FACC  
Clinical Professor  
Department of Medicine  
Division of Cardiology  
Section Head, Interventional Cardiology  
Director, Cardiovascular Emerging Therapies

Jason Smith, MD  
Assistant Professor of Surgery  
Division of Cardiothoracic Surgery  
Cardiac Transplantation and Mechanical Circulatory Support  
University of Washington Medical Center

April Stempien-Otero, MD, FACC  
Associate Professor  
Department of Medicine  
Division of Cardiology  
Craig Tall Family Endowed Professorship in Heart Failure Research

Sharon Whyte, RN  
Palliative Care Nurse Coordinator  
Regional Heart Center

Beatrice Wong, PharmD, BCPS  
Clinical Pharmacist

Gregory Wood, MD  
Clinical Assistant Professor, Cardiology
GUEST FACULTY

Patti Aramburu, ARNP
Heart Failure
Franciscan Heart & Vascular Associates

Antony Kim, MD
Cardiologist
Cardiac Study Center and Multicare
Tacoma, WA

Barbara Lear, ARNP
Harrison Medical Center

Amitoj Marwaha, MD, FACC, FACP
Director of Echocardiography, UW Medicine - Valley Medical Center

John L. Mignone, MD, PhD
Robert M. & Patricia Arnold Endowed Medical Director for Heart Failure
Swedish Heart & Vascular Clinic

Art Resnick, MD, FACC
Group Health Physicians, Cardiology
Operations Chief

Joseph Rogers, MD, FACC
Professor of Medicine
Interim Chief, Division of Cardiology
Vice Chair for Clinical Practice,
Department of Internal Medicine
Duke University School of Medicine

Kristin Scott-Tillery, MD
Cardiologist, Billings Clinic

Mark Vossler, MD, FACC
Medical Director, Evergreen Hospital Heart Failure and Cardiac Enhancement Center

Sara O. Weiss, MD
Director, Heart Failure Clinic
Virginia Mason Medical Center
Friday, October 16, 2015

7:00  Registration and Continental Breakfast

7:30  Welcome Remarks
Claudius Mahr, DO

7:45  Heart Failure In the Office
Mark Vossler, MD

8:15  Who Needs CRT/ICD Anyway?
Jeanne Poole, MD

8:45  Admission is not a Failure
April Stempien-Otero, MD

9:15  Reducing Length of Stay/Practice Improvement
Kevin O’Brien, MD

9:45  Break

10:15  Treating Acute Heart Failure
John Mignone, MD, PhD

10:45  Triggers for Advanced Therapy
Joseph Rogers, MD

11:15  What Goes Into Starting Inotropes
Susan Pambianco, ARNP

11:45  Lunch (provided)

12:45  Afternoon Debate: Social Considerations in Advanced Heart Failure
Jason Smith, MD & Wayne Levy, MD
Moderators: S. Carolina Masri, MD & Jennifer Beckman, MSN, ARNP

1:30  Mini Oral Abstract Presentations
Presenters: Sylvia Beer, BSN & Lee Burnside, MD; Susan Rowe, PharmD; Jiken Bhatt, MD; Amanda Crawford, MD
Moderator: Robb MacLellan, MD

2:30  Break

3:00  The Future Is Now: New Technology and Devices
Nahush Mokadam, MD & Mark Reisman, MD
Moderator: Daniel Fishbein, MD

4:00  Panel Discussion: Managing Heart Failure in Partnership With Quaternary Centers
Patti Aramburu, ARNP, Kristin Scott-Tillery, MD and Shauna Andrus, RN
Moderators: Jay Pal, MD, PhD & April Stempien-Otero, MD

5:00  Poster Presentation Awards
Robb MacLellan, MD

5:15  Closing Remarks - Nahush Mokadam, MD

Wine & Cheese Reception (5:30 - 7:00 pm)
8:30  Sign-In and Continental Breakfast

Concurrent Sessions: Cardiology, Primary Care, & Nursing, Pharmacy, Allied Health (choose one track)

Cardiology Track
Moderators: Sara Weiss, MD & Elina Minami, MD

9:00  Preventing Heart Failure Readmissions
Barbara Lear, ARNP

9:20  Prognosis of Inotrope Dependence
Gregory Wood, MD

9:40  Role of Destination Therapy in Advanced Heart Failure
Antony Kim, MD

10:00 Palliative Care
Stephanie Cooper, MD

Nursing, Pharmacy, Allied Health Track
Moderators: Rebecca Kochner, ARNP & Christina Redmond, MN, ARNP

9:00  How to Discharge a Heart Failure Patient
Beatrice Wong, PharmD

9:20  Ambulatory Inotropes
Imad Hussain, MBBS

9:40  LVADs Are Not Mysterious
Brea McLaughlin, ARNP

10:00 Patient Choices in Heart Failure
Sharon Whyte, RN

Primary Care Track
Moderators: Richard Cheng, MD & Art Resnick, MD

9:00  My Patient Just Got Discharged From an Heart Failure Admission....
Heidi Kresken, ARNP

9:20  Role of Primary Care Provider in Ambulatory Heart Failure
Amitoj Marwaha, MD

9:40  Myocardium - Dead or Alive?
William Lombardi, MD

10:00 More Than Just the Heart in Heart Failure
Daniel Fishbein, MD

End Concurrent Sessions
10:15 Break
10:30 Debate: Transcatheter Valve Therapies vs. Advanced Heart Failure Therapies
  Jamie McCabe, MD & Claudius Mahr, DO
  Moderator: Nahush Mokadam, MD
11:20 Closing Remarks
  Daniel Fishbein, MD
11:30 Adjourn

CALL FOR ABSTRACTS
Consider showcasing your clinical and academic work at this symposium. Submission of original abstracts relating to cardiovascular disease and heart failure are invited and will be considered for poster presentations during the conference.

Please visit the “call for abstracts” link at www.uwcme.org

HOTEL ACCOMMODATIONS
For your convenience, listed below are hotels located within the vicinity of the conference. To make reservations, please contact the hotels directly. No room block has been reserved.

Seattle Marriott Waterfront
2100 Alaskan Way
Seattle, WA 98121
Reservations
206-443-5000 or 800-455-8254

The Edgewater Hotel
2411 Alaskan Way
Seattle, WA 98121
Reservations
206-728-7000 or 800-624-0670
2015 Puget Sound Heart and Stroke Walk

Saturday, October 17
Seattle Center

5K Walk or Run
1-Mile Survivor Route

7:30 AM - Festivities
9:00 AM - 5K Begins

Life is why™ we walk.
Walk for yourself and for all the precious moments in life. Walk for a survivor or in memory of a loved one. Walk and make a donation. Because everyone deserves to live a longer, healthier life—free from heart disease and stroke.

Register Your Team Today:
Pugetsoundheartwalk.org
or 206-336-7200

#HeartStrokeWalk

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October 16–17, 2015

REGISTRATION

First                          MI                            Last

Professional Title □ MD □ DO □ PhD □ ARNP □ RN □ PA □ Other:

Street

City                          State                        Zip

Phone (   )                  -                             Email

PAYMENT

*Residency Program, if applicable ________________________________

□ Check (payable to University of Washington) for $

□ Credit Card charge $

□ Visa □ MC □ Discover

Card #                        Exp Date

CCV #                         Signature

□ UW Budget

Budget Name

Budget #

Box #                         Proj    Opt    Task

RETURN COMPLETED REGISTRATIONS

BY MAIL:
UWCME
Box 359441
Seattle, WA 98195-9441

BY FAX:
206.221.4525

CALL:
206.543.1050

with questions

Register online at uwcme.org

COURSE FEES

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