

UW Medicine

UW SCHOOL
OF MEDICINE

2nd Annual

Full Spectrum of Heart Failure Therapy: Making the Connections

Friday & Saturday
October 16–17, 2015

Bell Harbor International Conference Center
2211 Alaskan Way, Pier 66
Seattle, WA 98121



Sponsored by the University of Washington School of Medicine
UW Medicine Regional Heart Center • Office of Continuing Medical Education
Jointly-provided by University of Washington School of Nursing • Continuing Nursing Education

Full Spectrum of Heart Failure Therapy: Making the Connections

October 16–17, 2015

WHO SHOULD ATTEND

Cardiologists, primary care providers, advanced care practitioners (ARNPs, PAs), intensivists, and hospitalists

COURSE DESCRIPTION

The University of Washington Regional Heart Center welcomes you to a comprehensive review in the management of heart failure. Faculty from both cardiology and cardiac surgery will cover topics pertinent to the practicing cardiologist, primary care physician and advanced care provider for patients with heart failure of varying severity and etiology. There will be didactics, case discussions and debates.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Describe the epidemiology of heart failure of varying types and severity
- Discuss the of medical and surgical management of heart failure
- Discuss the results of recent clinical trials
- Recognize the horizon for new technology and innovations for heart failure treatment

MD/DO/PhD	\$285
Allied Health	\$225
Resident/Fellow	\$100
Non-MD Staff at UWMC, HMC, NWH & VMC	\$100

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 8.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 8.5 contact/clock hours will be awarded for successful completion.

Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

Provider is approved by the California Board of Registered Nursing, Provider #07218, for 8.5 contact hours.

FEES AND REGISTRATION

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits*[™]. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

CONFERENCE SYLLABUS IS GOING GREEN

Syllabus materials will be available for download at uwcmc.org (for conference registrants only). Materials will be available from **October 9 - November 17, 2015**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **October 5, 2015**. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **October 5, 2015**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions — **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@u.washington.edu

Course Faculty

COURSE CO-CHAIRS

Daniel P. Fishbein, MD, FACC
Professor of Medicine
Medical Director, Congestive Heart
Failure/Cardiac Transplantation
Services
Attending Physician, University of
Washington

Claudius Mahr, DO, FACC
Advanced Heart Failure and Transplant
Cardiology
Director, Clinical Integration, UW
Regional Heart Center
Medical Director, Mechanical
Circulatory Support
University of Washington

Robb MacLellan, MD, FACC
Professor of Medicine and Division
Head, Cardiology
Robert A. Bruce Endowed Chair in
Cardiovascular Research
Professor of Physiology

Nahush Mokadam, MD, FACC, FACS
Lester and Connie LeRoss Endowed
Professor in Cardiovascular Surgery
Associate Professor of Surgery,
Division of Cardiothoracic Surgery
Co-Director, Heart Transplantation
Program Director, Mechanical
Circulatory Support
Associate Program Director,
Cardiothoracic Residency, University of
Washington Medical Center

UW FACULTY

**Jennifer Beckman, RN, MSN, ARNP,
CHFN**
Advanced Heart Failure
Mechanical Circulatory Support and
Transplant Cardiology

Richard Cheng, MD, MS, FACC
Assistant Professor
Department of Medicine
Division of Cardiology

Stephanie G. Cooper, MD, FACC
Clinical Assistant Professor of Medicine
Attending Physician, Harborview
Medical Center
Attending Physician, University of
Washington Medical Center

Todd Dardas, MD, MS
Division of Cardiology
Heart Failure, Transplant and
Mechanical Circulatory Support

Ted Gibbons, MD, FACC, FACP, FASE
Section Chief, Cardiology, and Heart
Failure Program, Harborview Medical
Center

Rebecca Kochner, ARNP
Nurse Practitioner
Division of Cardiothoracic Surgery

Heidi Kresken, ARNP
Advanced Heart Failure/Heart
Transplant

Wayne Levy, MD, FACC
Medical Director, UW Regional Heart
Center Clinic

William Lombardi, MD, FACC, FSCAI
Associate Clinical Professor of
Medicine - Division of Cardiology
Director, Complex Coronary Artery
Disease Therapies

Course Faculty (continued)

UW FACULTY (continued)

S. Carolina Masri, MD

Assistant Professor
Heart Failure, Transplant and
Mechanical Circulatory Support

Jamie McCabe, MD, FACC

Assistant Professor of Medicine
Director, University of Washington
Medical Center Cardiac Cath Lab
Attending Physician, University of
Washington Medical Center

Brea McLaughlin, ARNP

Nurse Practitioner
Division of Cardiothoracic Surgery

Elina Minami, MD

Clinical Associate Professor

Kevin D. O'Brien, MD, FAHA

Professor of Medicine, Cardiology
Director, Inpatient Cardiology Services

Jay Pal, MD, PhD

Assistant Professor of Surgery
Division of Cardiothoracic Surgery
Cardiac Transplantation and
Mechanical Circulatory Support
University of Washington Medical
Center

Susan Pambianco, RN, MN, ARNP

Teaching Associate
University of Washington Medical
Center

Jeanne E. Poole, MD, FACC

Professor of Medicine
Director, Arrhythmia Service and
Electrophysiology Laboratory
Attending Physician, University of
Washington Medical Center

Christina Redmond, MN, ARNP

Advanced Heart Failure/Heart Trans-
plant

Mark Reisman, MD, FACC

Clinical Professor
Department of Medicine
Division of Cardiology
Section Head, Interventional
Cardiology
Director, Cardiovascular Emerging
Therapies

Jason Smith, MD

Assistant Professor of Surgery
Division of Cardiothoracic Surgery
Cardiac Transplantation and
Mechanical Circulatory Support
University of Washington Medical
Center

April Stempien-Otero, MD, FACC

Associate Professor
Department of Medicine
Division of Cardiology
Craig Tall Family Endowed
Professorship in Heart Failure Research

Sharon Whyte, RN

Palliative Care Nurse Coordinator
Regional Heart Center

Beatrice Wong, PharmD, BCPS

Clinical Pharmacist

Gregory Wood, MD

Clinical Assistant Professor, Cardiology

Course Faculty (continued)

GUEST FACULTY

Patti Aramburu, ARNP

Heart Failure
Franciscan Heart & Vascular Associates

Antony Kim, MD

Cardiologist
Cardiac Study Center and Multicare
Tacoma, WA

Barbara Lear, ARNP

Harrison Medical Center

Amitoj Marwaha, MD, FACC, FACP

Director of Echocardiography, UW
Medicine - Valley Medical Center

John L. Mignone, MD, PhD

Associate Director, Heart Failure
Swedish Heart & Vascular Clinic

Art Resnick, MD, FACC

Group Health Physicians, Cardiology
Operations Chief

Joseph Rogers, MD, FACC

Professor of Medicine
Interim Chief, Division of Cardiology
Vice Chair for Clinical Practice,
Department of Internal Medicine
Duke University School of Medicine

Kristin Scott-Tillery, MD

Cardiologist, Billings Clinic

Mark Vossler, MD, FACC

Medical Director, Evergreen
Hospital Heart Failure and Cardiac
Enhancement Center

Sara O. Weiss, MD

Director, Heart Failure Clinic
Virginia Mason Medical Center



Friday, October 16, 2015

7:00 Registration and Continental Breakfast

7:30 Welcome Remarks
Claudius Mahr, DO

7:45 Heart Failure In the Office
Mark Vossler, MD

8:15 Who Needs CRT/ICD Anyway?
Jeanne Poole, MD

8:45 Admission Is Not a Failure
Todd Dardas, MD

9:15 Reducing Length of Stay/Practice Improvement
Kevin O'Brien, MD

9:45 Break

10:15 Treating Acute Heart Failure
John Mignone, MD, PhD

10:45 Triggers for Advanced Therapy
Joseph Rogers, MD

11:15 What Goes Into Starting Inotropes
Susan Pambianco, ARNP

11:45 Lunch (provided)

12:45 Afternoon Debate: Social Considerations in Advanced Heart Failure
Jason Smith, MD & Wayne Levy, MD
Moderators: S. Carolina Masri, MD & Jennifer Beckman, MSN, ARNP

1:30 Mini Oral Abstract Presentations
Moderator: Robb MacLellan, MD

2:30 Break

3:00 The Future Is Now: New Technology and Devices
Nahush Mokadam, MD & Mark Reisman, MD
Moderator: Daniel Fishbein, MD

4:00 Panel Discussion: Managing Heart Failure in Partnership With
Quaternary Centers
Patti Aramburu, ARNP; Kristin Scott-Tillery, MD; and Ted Gibbons, MD
Moderators: Jay Pal, MD, PhD & April Stempien-Otero, MD

5:00 Poster Presentation Awards
Robb MacLellan, MD

5:15 Closing Remarks - *Nahush Mokadam, MD*

Wine & Cheese Reception (5:30 - 7:00 pm)

Saturday, October 17, 2015

8:30 Sign-In and Continental Breakfast

*Concurrent Sessions: Cardiology, Primary Care,
& Nursing, Pharmacy, Allied Health (choose one track)*

Cardiology Track

Moderators: Sara Weiss, MD & Elina Minami, MD

- 9:00 Preventing Heart Failure Readmissions
Barbara Lear, ARNP
- 9:20 Prognosis of Inotrope Dependence
Gregory Wood, MD
- 9:40 Role of Destination Therapy in Advanced Heart Failure
Antony Kim, MD
- 10:00 Palliative Care
Stephanie Cooper, MD

Nursing, Pharmacy, Allied Health Track

Moderators: Rebecca Kochner, ARNP & Christina Redmond, MN, ARNP

- 9:00 How to Discharge a Heart Failure Patient
Beatrice Wong, PharmD
- 9:20 Myocardium - Dead or Alive?
William Lombardi, MD
- 9:40 LVADs Are Not Mysterious
Brea McLaughlin, ARNP
- 10:00 Patient Choices in Heart Failure
Sharon Whyte, RN

Primary Care Track

Moderators: Richard Cheng, MD & Art Resnick, MD

- 9:00 My Patient Just Got Discharged From an Heart Failure Admission....
Heidi Kresken, ARNP
- 9:20 Role of Primary Care Provider in Ambulatory Heart Failure
Amitoj Marwaha, MD
- 9:40 Ambulatory Inotropes
Robb MacLellan, MD
- 10:00 More Than Just the Heart in Heart Failure
Daniel Fishbein, MD

End Concurrent Sessions

Saturday, October 17, 2015 (continued)

10:15 Break

10:30 Debate:

Transcatheter Valve Therapies vs. Advanced Heart Failure Therapies

Jamie McCabe, MD & Claudius Mahr, DO

Moderator: Nahush Mokadam, MD

11:20 Closing Remarks

Daniel Fishbein, MD

11:30 Adjourn

CALL FOR ABSTRACTS

Consider showcasing your clinical and academic work at this symposium. Submission of original abstracts relating to cardiovascular disease and heart failure are invited and will be considered for poster presentations during the conference

Please visit the “call for abstracts” link at
www.uwcme.org

HOTEL ACCOMMODATIONS

For your convenience, listed below are hotels located within the vicinity of the conference. To make reservations, please contact the hotels directly. No room block has been reserved.

Seattle Marriott Waterfront

2100 Alaskan Way

Seattle, WA 98121

Reservations

206-443-5000 or 800-455-8254

The Edgewater Hotel

2411 Alaskan Way

Seattle, WA 98121

Reservations

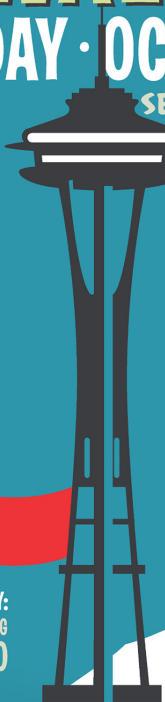
206-728-7000 or 800-624-0670

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5K
WALK OR RUN
1-MILE SURVIVOR ROUTE

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9:00 AM • 5K BEGINS

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 Walk for yourself and for all the precious moments in life. Walk for a survivor or in memory of a loved one. Walk and make a donation. Because everyone deserves to live a longer, healthier life—free from heart disease and stroke.



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October 16 – 17, 2015

MJ1610

COURSE FEES

MD/DO/PhD	\$285
Allied Health	\$225
Resident**/Fellow	\$100
Non-MD Staff of UWMC, HMC, NWH & VMC	\$100

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> ARNP <input type="checkbox"/> RN <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

PAYMENT

*Residency Program, if applicable _____

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		
CCV #	Signature		

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt
		Task

RETURN COMPLETED REGISTRATIONS

BY MAIL:
 UWCMC
 Box 359441
 Seattle, WA 98195-9441

BY FAX:
 206.221.4525

CALL:
 206.543.1050
 with questions

Register online at uwcme.org

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