Friday & Saturday
February 3 & 4, 2017
University of Washington Campus
HUB North Ballroom
Seattle, WA

Sponsored by UW School of Medicine
Division of Metabolism, Endocrinology & Nutrition
Office of Continuing Medical Education
TARGET AUDIENCE
This course is designed for primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and anyone with interest in endocrine and diabetes care.

COURSE DESCRIPTION
This is a new comprehensive 1.5 day course on the principles of endocrinology and diabetes geared towards primary care providers. There is an immense need for education in these areas as there have been vast changes in the field of endocrinology over the past decade. Primary care providers often are faced with diagnosing many endocrine conditions such as thyroid disorders, treatment of osteoporosis, as well as male and female gonadal issues. Highlighted offerings on day 1 include plenary lectures on testosterone replacement in men, osteoporosis update and workshops with interactive case management discussions. Current controversies in lipid management due to recent guideline changes and use of obesity drugs will be reviewed. Also included is a half day focus on diabetes, the incidence of which reaches 10% in the general population. This part of the program will provide timely information on new clinical trial data and address use of new therapeutic strategies in diabetes. A key feature is a plenary lecture on cost issues related to diabetes management.

COURSE OBJECTIVES
Upon completion of this activity, attendees should be able to:
• Recognize and treat common gonadal disorders in men and women
• Interpret abnormal thyroid function tests
• Discuss diagnosis and treatment of osteoporosis
• Identify and appropriately manage lipid disorders
• Review the role of medication in the management of obesity
• Discuss new therapeutics and cost issues in treatment of diabetes

ACCREDITATION
Accreditation with Commendation
The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The University of Washington School of Medicine designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

<table>
<thead>
<tr>
<th></th>
<th>MD/DO/PhD</th>
<th>Allied Health</th>
<th>* Resident/Fellow</th>
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</thead>
<tbody>
<tr>
<td>Cost</td>
<td>$299</td>
<td>$249</td>
<td>$125</td>
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The UW CME office is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning and salaries.

To enroll, please complete the enclosed registration form and include payment or register online at uwcm.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

* Residency/Fellowship will require written confirmation of current status

HOTEL ACCOMMODATIONS
The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Rates</th>
<th>Contact Information</th>
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</thead>
<tbody>
<tr>
<td>Watertown Hotel</td>
<td>4242 Roosevelt Way NE</td>
<td>206.826.4242 or 866.944.4242</td>
<td>Ask for UW CME conference rate</td>
<td></td>
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<tr>
<td>Silver Cloud Inn</td>
<td>5036 25th Avenue NE</td>
<td>206.526.5200 or 800.205.6940</td>
<td>Ask for UW CME conference rate</td>
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<tr>
<td>Marriott Residence Inn</td>
<td>4501 12th Avenue NE</td>
<td>206.322.8887 or 888.236.2427</td>
<td>Ask for “UW” rate</td>
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ONLINE CONFERENCE MATERIALS
Syllabus material will be available online at uwcmef.org (for conference registrants only) starting on January 27, 2017. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY
Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

CANCELLATION POLICY
The Office of Continuing Medical Education must receive written notification of your cancellation by January 20, 2017. A $75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following January 20, 2017. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES
In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the CME Office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Save the Date
November 3 & 4, 2017 - Diabetes Update for Primary Care Providers in Spokane, WA
March, 2018 - Diabetes Update for Primary Care Providers in Seattle, WA
Course Faculty

COURSE CO-CHAIRS

Irl Hirsch, MD
Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Savitha Subramanian, MD
Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

UW FACULTY

Brad Anawalt, MD
Professor
Department of Medicine
Division of General Internal Medicine

Kathryn Berkseth, MD
Acting Instructor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Anthony DeSantis, MD
Clinical Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

R. Alan Failor, MD
Clinical Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Karen Foster-Schubert, MD
Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Susan Ott, MD
Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Mara Roth, MD
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Arthi Thirumala, MD
Acting Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

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Division of Metabolism,
Endocrinology & Nutrition

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MRCP, MMSc
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Endocrinology & Nutrition

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Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Brent Wisse, MD
Associate Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Lorena Alarcon-Casas Wright, MD
Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition
### Friday, February 3, 2017

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:05</td>
<td>“Low Testosterone:” How to Diagnose, When and How to Treat?</td>
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<tr>
<td></td>
<td>Brad Anawalt, MD</td>
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<tr>
<td>8:50</td>
<td>PCOS/Diagnosis and Management</td>
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<td>Subbu Trikudanathan, MD</td>
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<td>9:30</td>
<td>Break</td>
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<tr>
<td>9:50</td>
<td>Thyroid Potpourri: Controversies and Tricks in Management of Hypothyroidism and Thyroid Nodules</td>
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<td></td>
<td>Mara Roth, MD</td>
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<tr>
<td>10:45</td>
<td>Osteoporosis Update</td>
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<td></td>
<td>Susan Ott, MD</td>
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<tr>
<td>11:30</td>
<td>Lipid Management for the Primary Care Physician</td>
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<td></td>
<td>Savitha Subramanian, MD</td>
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<tr>
<td>12:15</td>
<td>Lunch (provided)</td>
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<tr>
<td>1:15</td>
<td>Practical Use of Obesity Drugs</td>
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<tr>
<td></td>
<td>Kathryn Berkseth, MD</td>
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<td>2:00</td>
<td>Transition to Workshop Session 1</td>
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**Workshops 1, 2 & 3 (choose 1 for each session for a total of 3 selections)**

- **A.** Calcium and Osteoporosis Cases for Primary Care
  - Abe DeSanitis, MD
- **B.** Thyroid Cases for Primary Care
  - Tracy Tylee, MD
- **C.** Lipid Cases for Primary Care
  - Savitha Subramanian, MD
- **D.** Interpretation of Abnormal Outpatient Endocrine Tests
  - Alan Failor, MD
- **E.** Male and Female Gonadal Cases for Primary Care
  - Arthi Thirumalai, MD

2:10  | Workshop Session 1

2:55  | Afternoon Break

3:15  | Workshop Session 2

4:00  | Transition to Workshop Session 3

4:10  | Workshop Session 3

4:55  | Adjourn
Saturday, February 4, 2017

7:30  Sign-In and Continental Breakfast

**Diabetes**

8:05  Diabetes Update: New Drugs, Cardiovascular Outcome Trials  
      Dace Trence, MD

9:00  The Costs of Diabetes: Why So Expensive and How to Manage?  
      Irl Hirsch, MD

9:45  Break

  Workshops 4, 5 & 6 (choose 1 for each session for a total of 3 selections)

  F.  Using New Non-Insulin Injectable Therapies in Diabetes  
      Kathryn Berkseth, MD

  G.  Using Insulin in the Primary Care Setting  
      Lorena Wright, MD

  H.  Screening and Treating Complications of Diabetes in Primary Care  
      Brent Wisse, MD

  I.  Bring Your Difficult Diabetes Cases for Discussion  
      Irl Hirsch, MD

10:00  Workshop Session 4

10:45  Transition to Workshop Session 5

10:55  Workshop Session 5

11:40  Transition to Workshop Session 6

11:50  Workshop Session 6

12:35  Adjourn
Endocrinology Update for Primary Care
February 3 & 4, 2017

REGISTRATION

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<tr>
<td>Professional Title</td>
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PAYMENT  *Residency Program, if applicable ________________________

- □ Check (payable to University of Washington) for $ 
- □ Credit Card charge $ □ Visa □ MC □ Discover
  - Card #
  - Exp Date
  - Signature
  - CVV #

- □ UW Budget
  - Budget Name
  - Budget #
  - Box #
  - Proj
  - Opt
  - Task

COURSE FEES

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WORKSHOPS
(Select 3 sessions on Friday and 3 on Saturday)

<table>
<thead>
<tr>
<th>Sessions 1, 2 &amp; 3</th>
<th>A</th>
<th>B</th>
<th>C</th>
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<tbody>
<tr>
<td>Sessions 4, 5 &amp; 6</td>
<td>F</td>
<td>G</td>
<td>H</td>
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RETURN COMPLETED REGISTRATIONS

MAIL: 
UWCME
Box 359441
Seattle, WA 98195-9441

FAX: 
206.221.4525

CALL: 
206.543.1050

Register online at uwcme.org
Endocrinology Update for Primary Care
February 3 & 4, 2017

REGISTER ONLINE
uwcmg.org
Visit the conference website for more details and registration