Malignant Pleural Mesothelioma

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I have no financial conflicts of interest to disclose.

Background & Diagnosis

Definition

- Malignant neoplasm arising from mesothelial cells
 - 80% pleural
 - 20% from peritoneum, pericardium, tunica vaginalis in testes

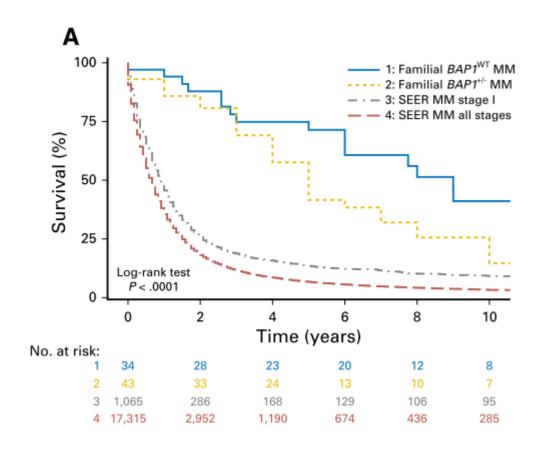
Epidemiology

- Older men
- Rare
 - Incidence \downarrow in United States, but \uparrow in other parts of the world
- Risk factors
 - Asbestos exposure (70-80%)
 - Erionite
 - Prior radiation
 - BRCA1-associated protein (BAP1) mutation
 - Somatic BAP1 mutations in up to 60% of mesotheliomas
 - Germline BAP1 mutation

Schumann SO, et al. *J Thorac Dis*. 2021;13(4):2510-23. Testa JR, et al. *Nature Genetics*. 2011:43(10):1022-25.

Germline BAP1 Cancer Syndrome

- ↑ malignant pleural mesothelioma, uveal (and cutaneous) melanoma, clear-cell renal cell carcinoma, breast cancer
- Germline BAP1 mutations associated with improved survival
- Consider testing: young age, familial history of mesothelioma or other cancers



Clinical Presentation

- 20-40 year latency period → often diagnosed at advanced stage
- Fatigue, chest pain, dyspnea, cough
- Pleural plaques and/or pleural effusion

Diagnosis: Recommended Work-up

- CT chest/abdomen with contrast
- Thoracentesis with pleural fluid cytology
- Pleural biopsy (thoracoscopic preferred)
- If potential surgical candidate: PET, mediastinoscopy or EBUS, PFTs
- Soluble mesothelin-related peptide

Diagnosis: Pathology

- 3 subtypes of diffuse malignant pleural mesothelioma
 - 1. Epithelioid (60%)
 - 2. Biphasic (20%)
 - 3. Sarcomatoid (20%)

Staging

• Tumor

- T1-3: resectable
- T4: technically unresectable (multifocal masses in chest wall, peritoneal extension, contralateral pleura, spine, transmural pericardial involvement)

• Node

- N1: ipsilateral lymph nodes
- N2: contralateral lymph nodes

Metastasis

- M0: no distant mets
- M1: distant mets (uncommon: bone, liver, CNS)

T4 or N2 \rightarrow stage IIIB M1 \rightarrow stage IV

AJCC Cancer Staging Manual, 8th Ed. 2017. Springer International Publishing.

Management

Management: Basic Principles

- Poor prognosis (median OS = 12-18 months)
- Few, if any, patients are cured
- Patients should be managed by a multidisciplinary team with experience in malignant pleural mesothelioma

Step #1: Determine resectability

Malignant pleural mesothelioma

Resectable (20%)

- Clinical stage I-IIIA
 AND
- Epithelioid or biphasic histology

NOT resectable (80%)

- Clinical stage IIIB or IV
 OR
- Sarcomatoid histology
 OR
- Medically inoperable

Resectable Disease

- Goal: macroscopic complete resection
- Surgical approaches (both acceptable for boards)
 - Extrapleural pneumonectomy (EPP): en bloc resection of entire lung, visceral and parietal pleura, pericardium, diaphragm
 - Extended Pleurectomy/decortication (P/D): resection of visceral and parietal pleura, diaphragm and/or pericardium

Resectable Disease

Induction Hemithoracic IMRT chemotherapy Surgery (cisplatin/pemetrexed)

> Sequential chemotherapy, then Surgery hemithoracic IMRT (EPP only)

(EPP only)

- Consider observation if:
 - Minimally symptomatic
 - Low disease burden
 - Favorable prognosis (i.e. germline BAP1 mutation)

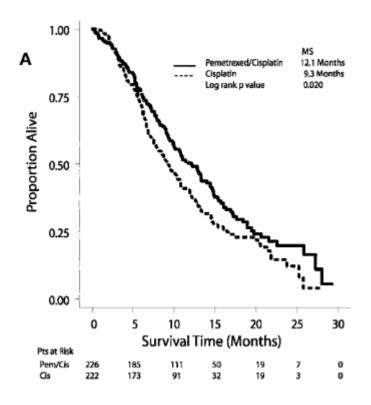
Epithelioid

- Cisplatin/pemetrexed +/bevacizumab
- Ipilimumab/nivolumab

Non-Epithelioid

 Ipilimumab/nivolumab preferred

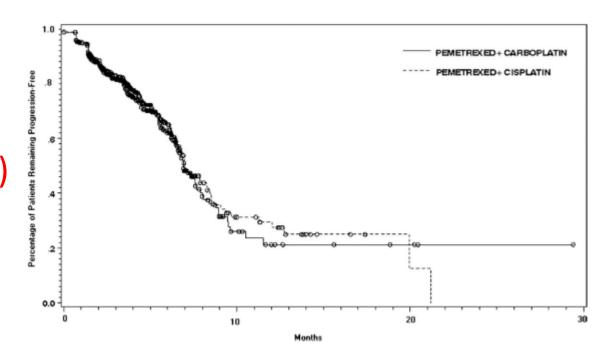
Cisplatin/pemetrexed



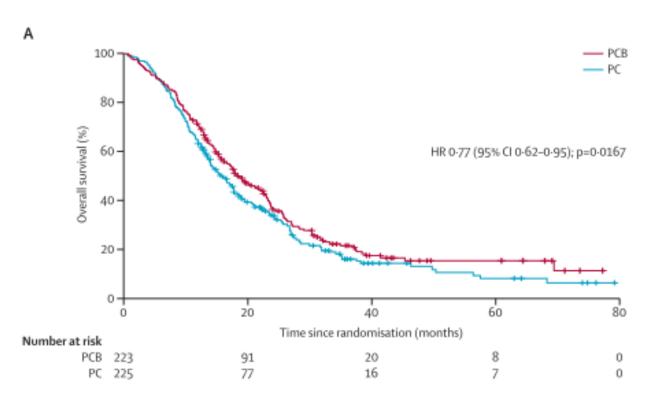
- ORR 41% (vs 17% with cisplatin alone)
- Improved median OS
- Median time to progression 5.7 months vs 3.9 months
- Major AE: fatigue, nausea/vomiting

• If patient cannot tolerate cisplatin, may substitute carboplatin

- ORR 22% (vs 26% with cisplatin)
- Similar 1-year survival (63% vs 64%)



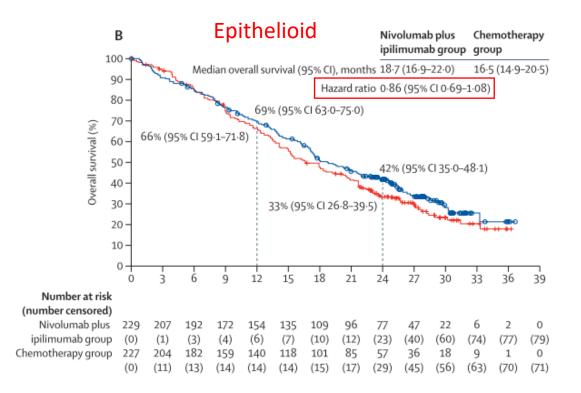
Cisplatin/pemetrexed + bevacizumab (MAPS trial)

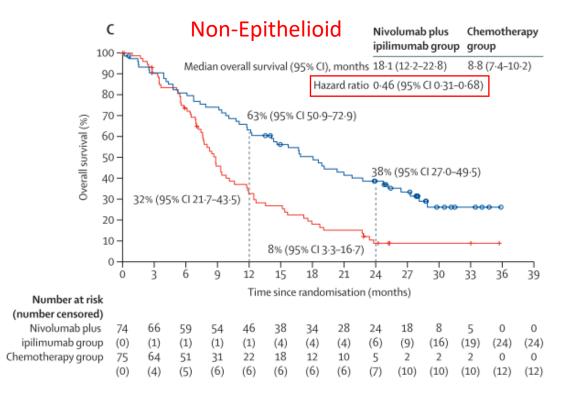


- Improved median OS (18.8 vs 16.1 months)
- AE: hypertension, thrombotic events

Zalcman G, et al. *Lancet*. 2016;387:1405-14.

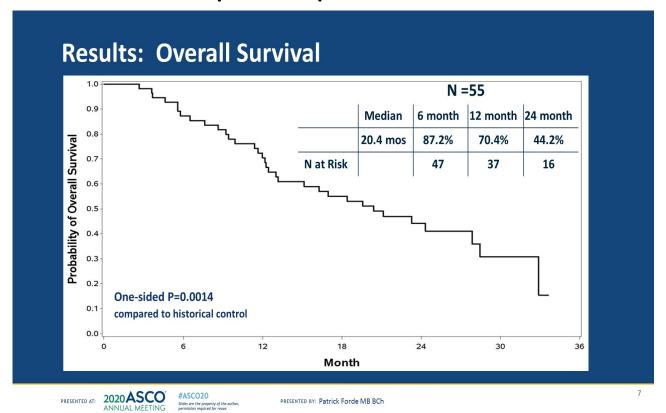
• Ipilimumab/nivolumab (Checkmate 743)





Unresectable Disease: Upcoming

• DREAM3R: Cisplatin/pemetrexed +/- durvalumab



PrE0505 trial presented at 2020 ASCO Annual Meeting: promising preliminary data on OS

ClinicalTrials.gov: DREAM3R. https://clinicaltrials.gov/ct2/show/NCT04334759.

Relapse

No FDA approved second line regimens

Chemotherapy (RR ~10%)

- Vinorelbine
- Gemcitabine
- Pemetrexed rechallenge

Immunotherapy

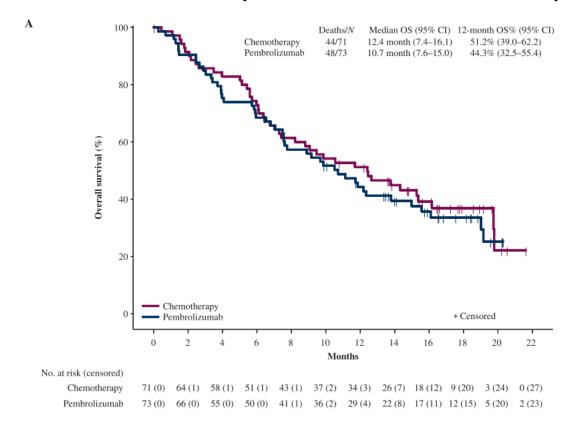
- Pembrolizumab
- Nivolumab +/ipilimumab

Anti-VEGF

Gemcitabine + ramucirumab

Relapse

Pembrolizumab (PROMISE-meso trial)

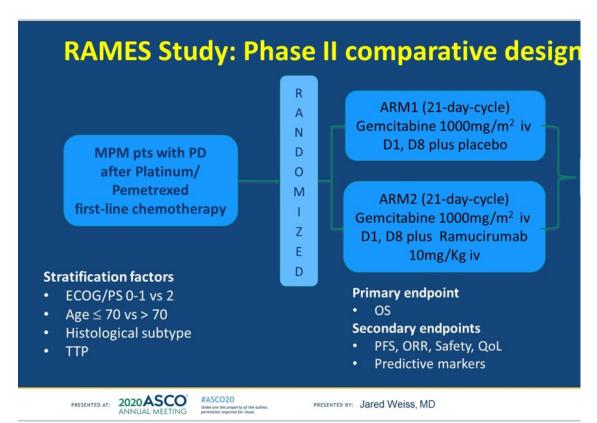


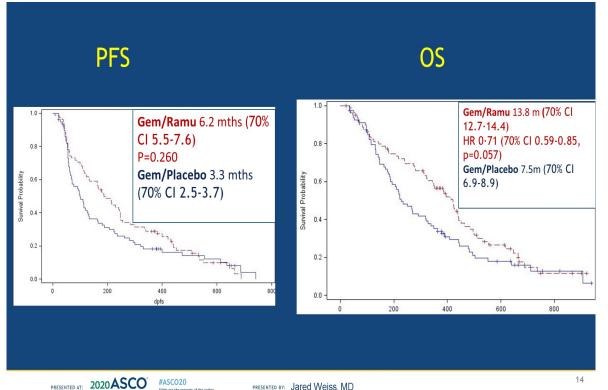
- ORR 12% (vs 6% with singleagent gemcitabine or vinorelbine)
- No difference in PFS or OS

Popat S, et al. Ann Oncol. 2020;31(12):1734-45.

Relapse

 Gemcitabine + ramucirumab (RAMES trial presented at 2020 ASCO Annual Meeting)





Summary

- Germline BAP1 mutation associated with improved prognosis
- First step with a new diagnosis: determine resectability
- Resectable disease
 - Cisplatin/pemetrexed = regimen of choice in neoadjuvant and adjuvant settings
 - Surgery: both EPP or P/D acceptable
- Unresectable disease
 - First line: ipilimumab/nivolumab vs cisplatin/pemetrexed +/bevacizumab
 - Second line: no FDA approved therapies

Question #1

A 70 year-old male with a history of HTN, COPD, right lower extremity DVT on rivaroxaban presents with a new diagnosis of unresectable epithelioid malignant pleural mesothelioma. Which of the following would NOT be an acceptable first line therapy?

- a) Cisplatin/pemetrexed
- b) Cisplatin/pemetrexed + bevacizumab
- c) Carboplatin/pemetrexed
- d) Ipilimumab/nivolumab

Explanation: Cisplatin/pemetrexed + bevacizumab would not be a recommended first line therapy in this patient with a known history of DVT. All other options would be reasonable.

Question #2

Which of the following is FALSE?

- a) Cisplatin/pemetrexed is the regimen of choice for both the neoadjuvant and adjuvant settings in resectable mesothelioma.
- b) There are no FDA approved second line therapy regimens for mesothelioma.
- c) Somatic BAP1 mutations are associated with improved prognosis in mesothelioma.
- d) It is unclear whether EPP or P/D is the preferred surgical approach in mesothelioma.

Explanation: Germline *BAP1* mutations are associated with improved prognosis in mesothelioma. While somatic *BAP1* mutations are more common, there is not a demonstrated association with overall survival.