



# Pancreatic Cancer

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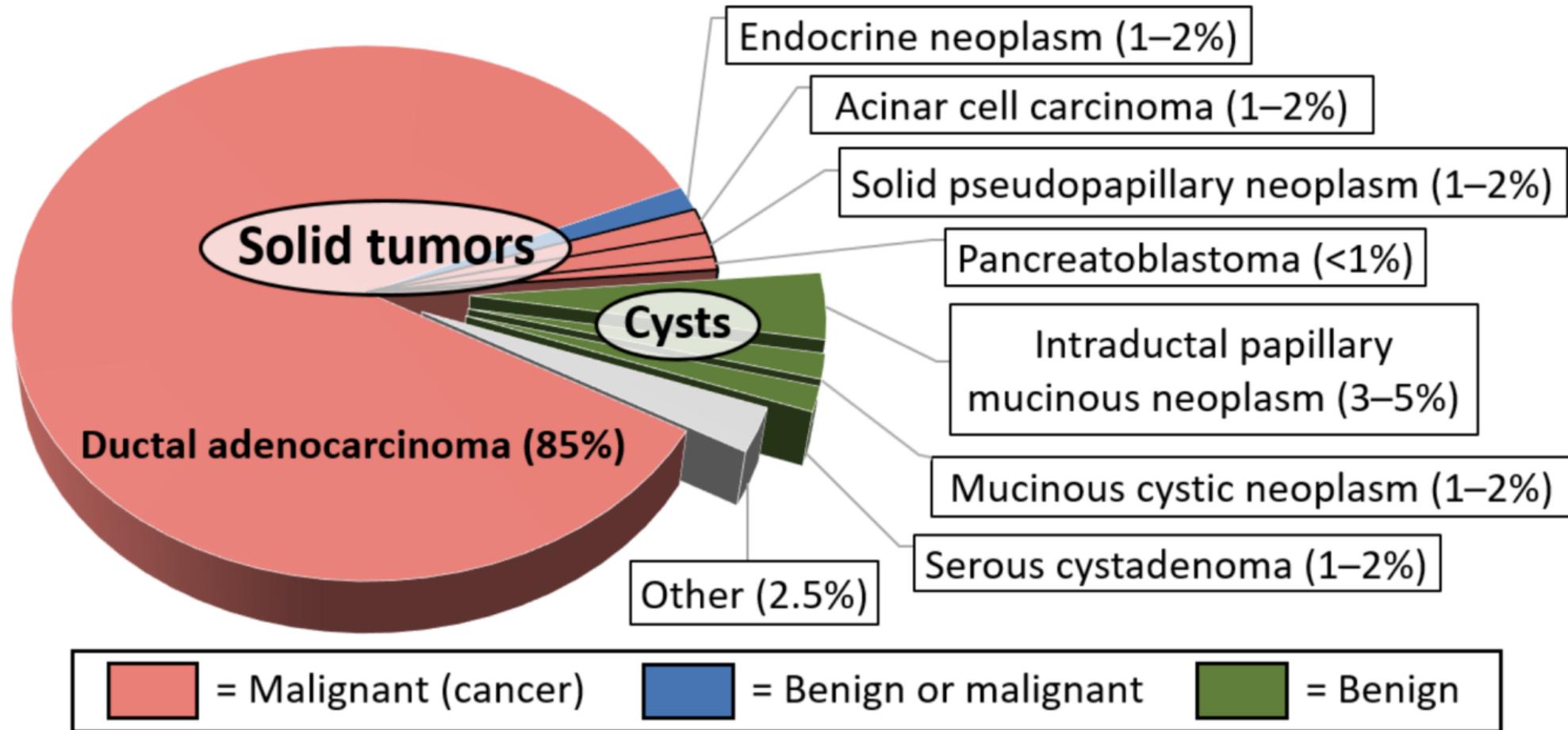
# Disclosure of Financial Relationships

- I have been a consultant for the following companies: Guardant Health, Ipsen, Agenus
- I (via the institution) receive research funding from the following companies: Exelixis, Replimune, Verastem, Amgen, J&J

# Agenda

- 1** Epidemiology, Pathogenesis, and Risk Factors
- 2** Clinical Presentation, Diagnostic Testing, and Staging
- 3** Treatment of Localized PDAC
- 4** How We Treat Advanced Pancreatic Cancer Today
- 5** Importance of Supportive care in PDAC Management

# Pancreatic Cancers are *Overwhelming But Not Always* Ductal Adenocarcinomas

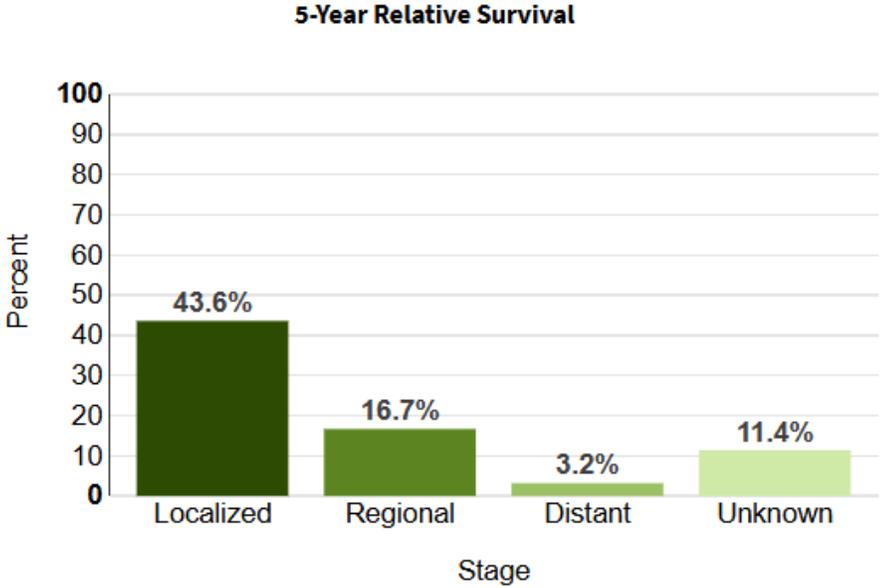
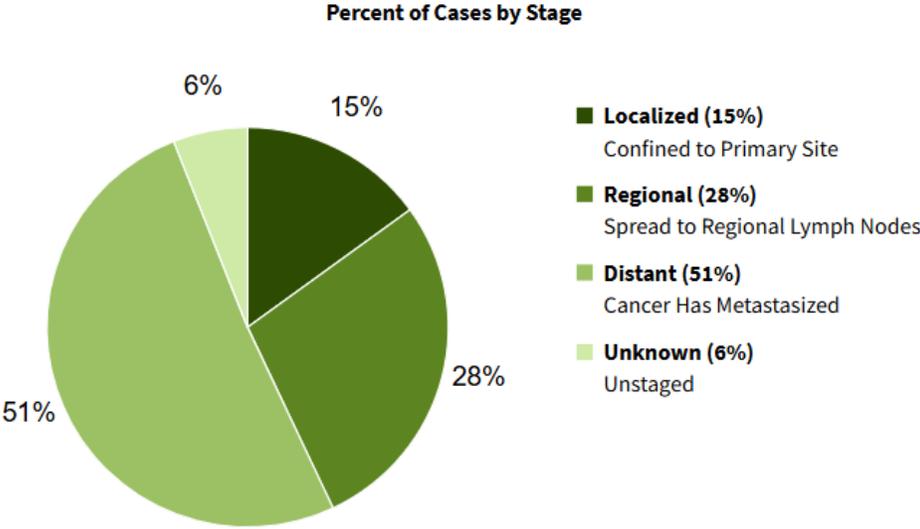
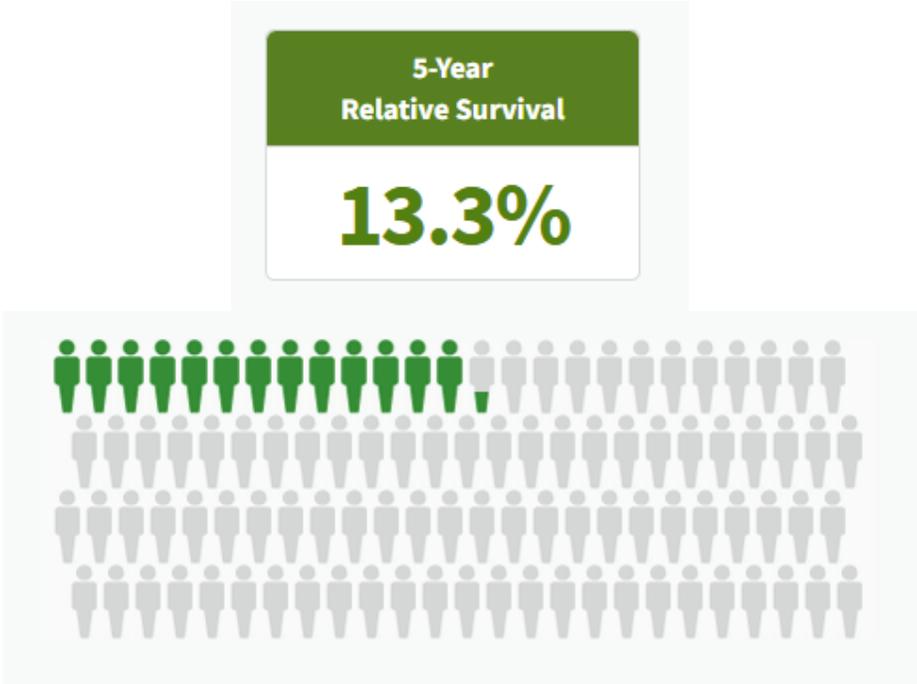


# Epidemiology: Summary Statistics

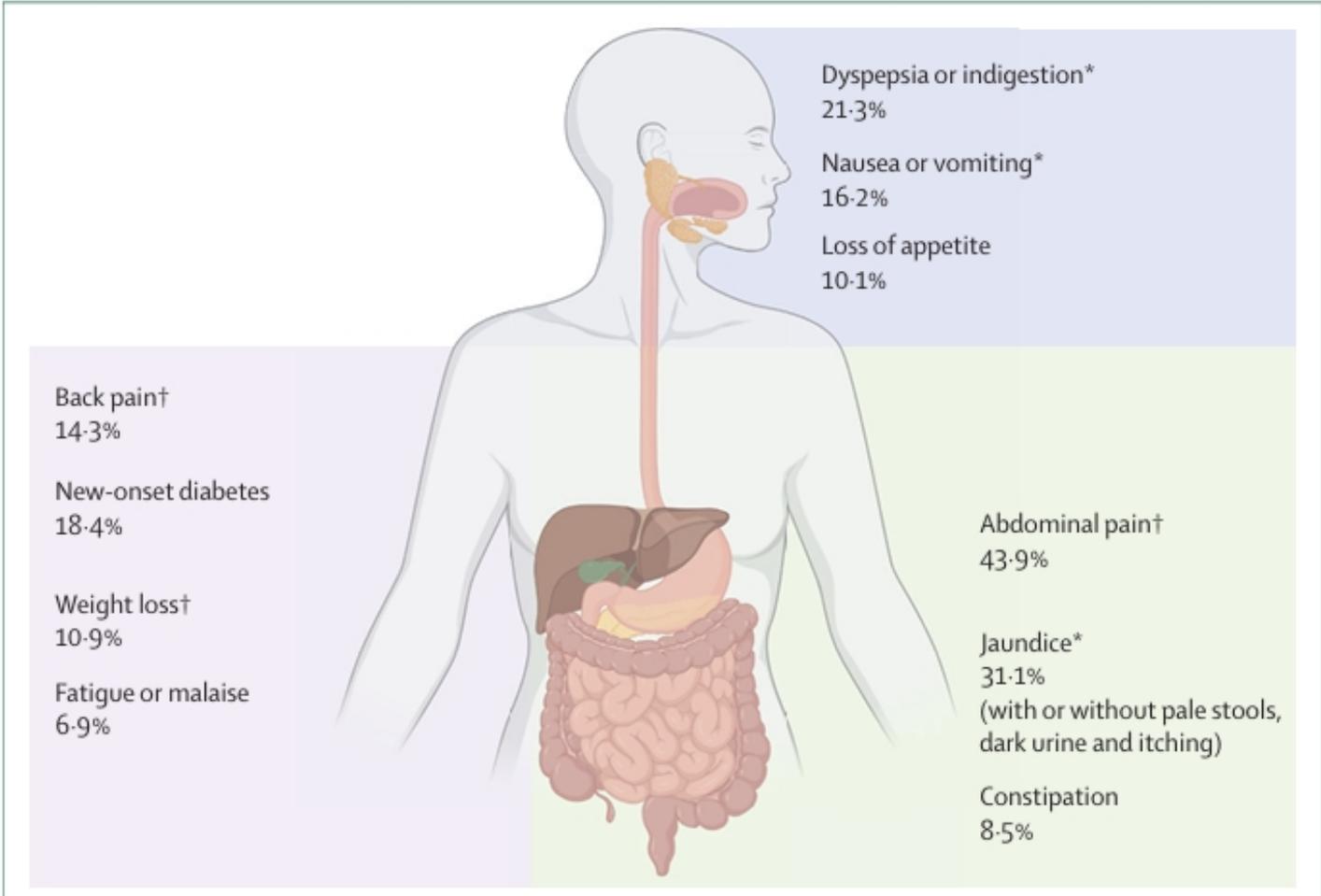
## Pancreatic Cancer 2025

- New diagnoses in the US (2025): 67,4440
- 8<sup>th</sup>-10<sup>th</sup> most common cancer in the US (3% of new cancers)
- Increasing incidence ~1% per year
- GLOBOCAN (2002): #12 incidence with 510,992

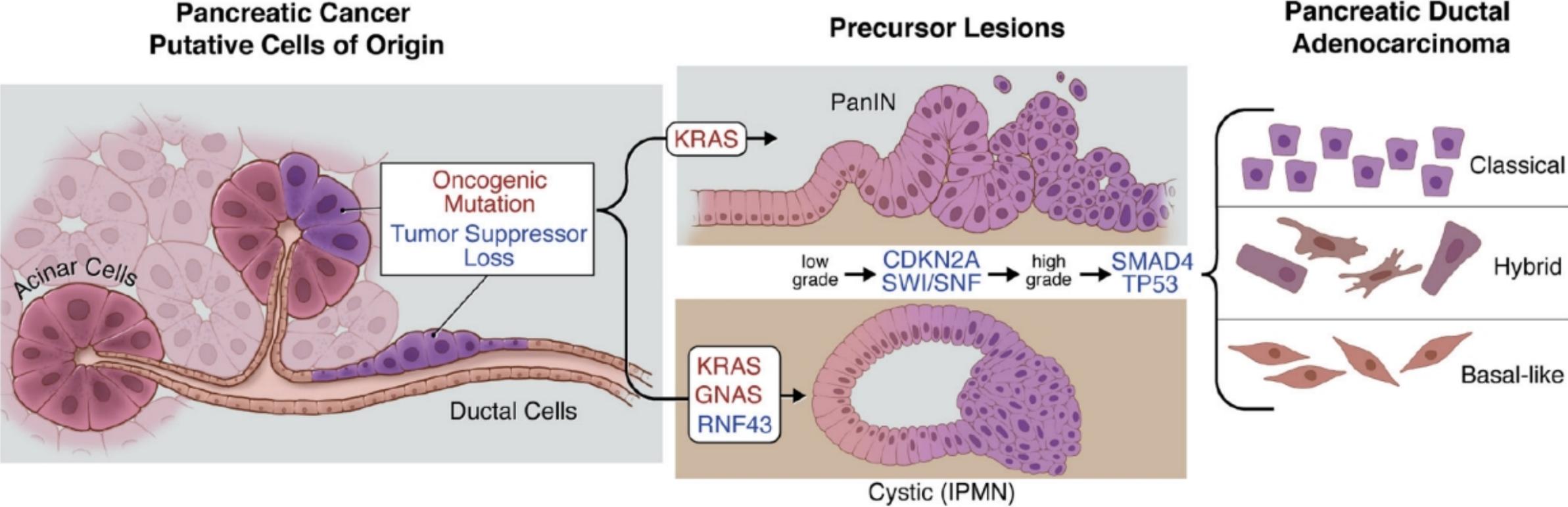
# Late Stage at Diagnosis Impacts 5-Year Survival Rate



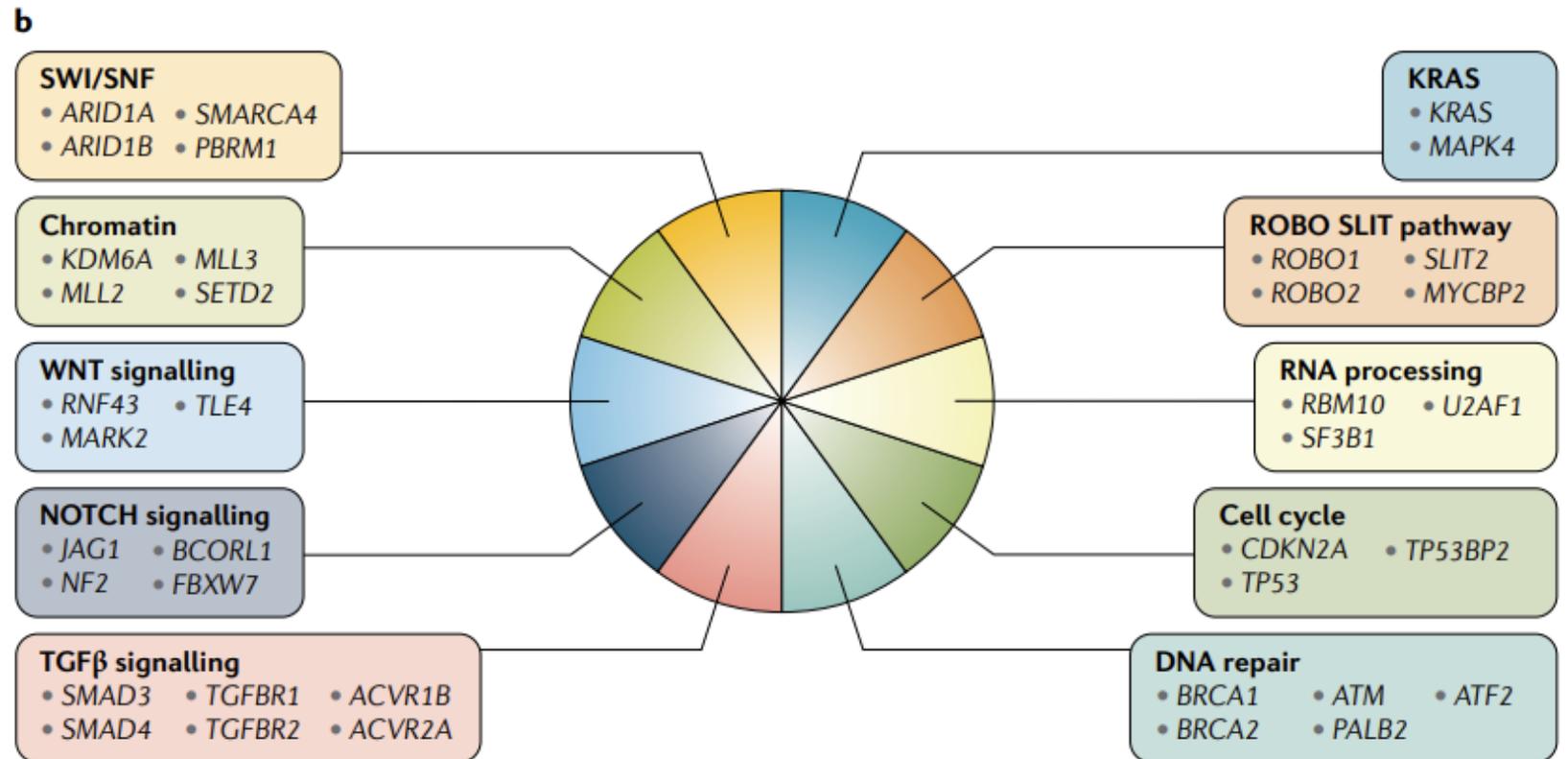
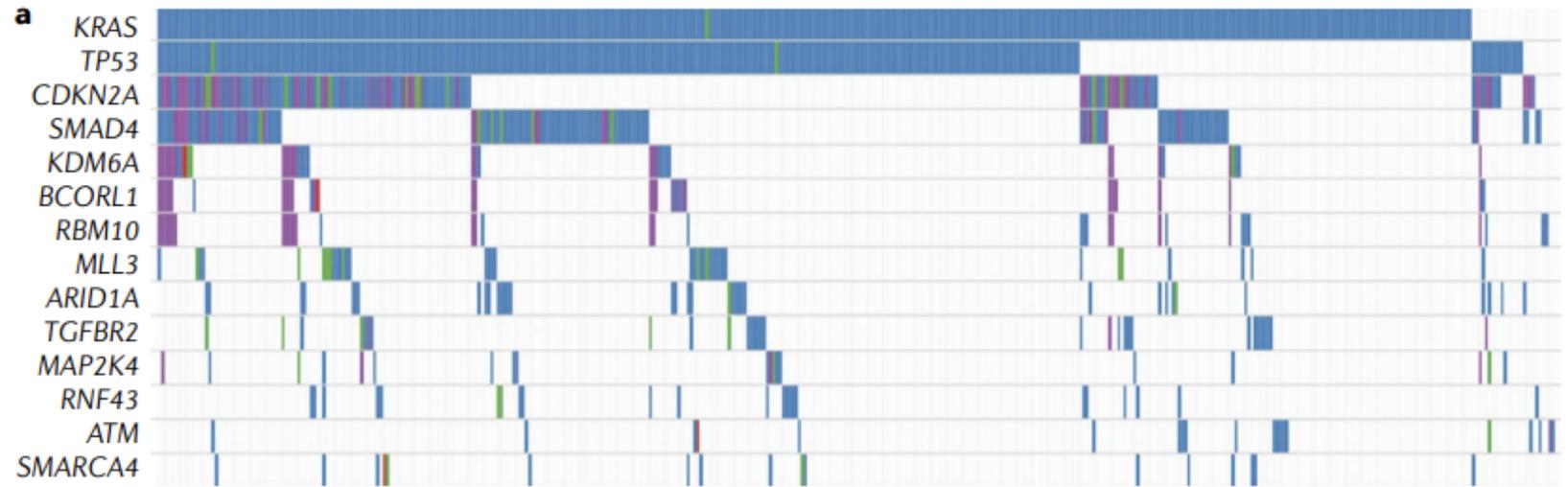
# Symptoms at Diagnosis are Often Vague & Nonspecific



# Pathogenesis: Initiation and Progression of Pancreatic Cancer

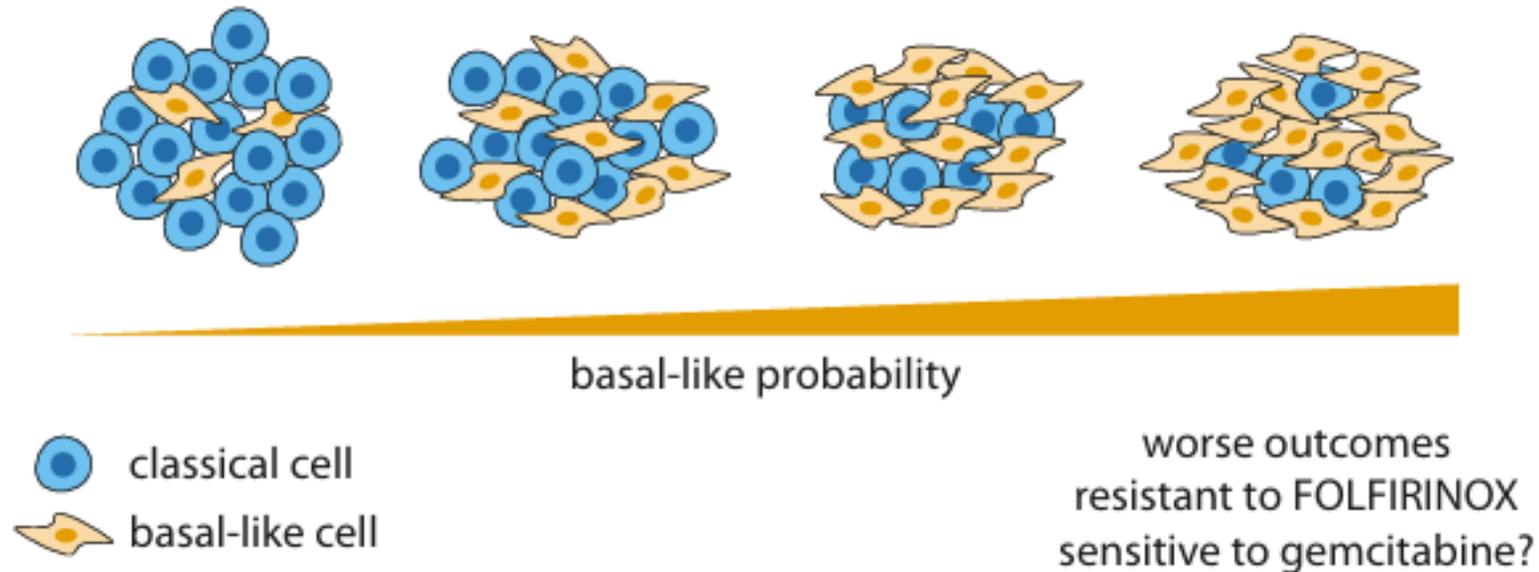


# Genomic Aberrations Characteristic of Pancreatic Cancer

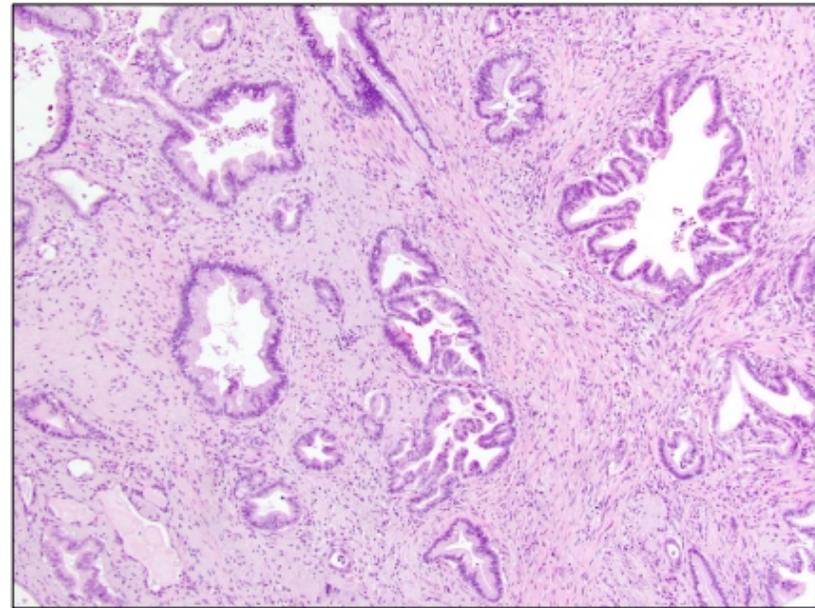


# Tumors With Classical and Basal-Like Subtypes Have Distinct Biology

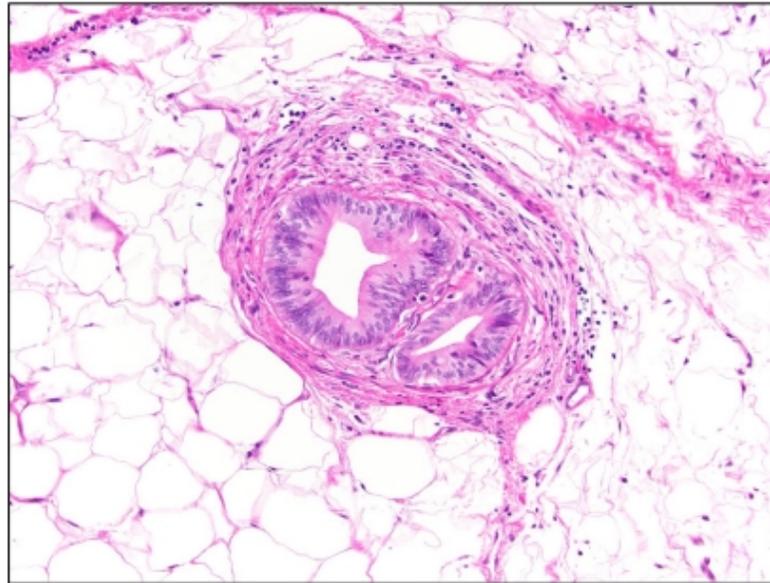
- Transcriptomic analyses: basal-like and classical subtypes
  - Basal-like tumors are enriched for epithelial-to-mesenchymal transition, cell cycle progression, and TGF-beta signaling



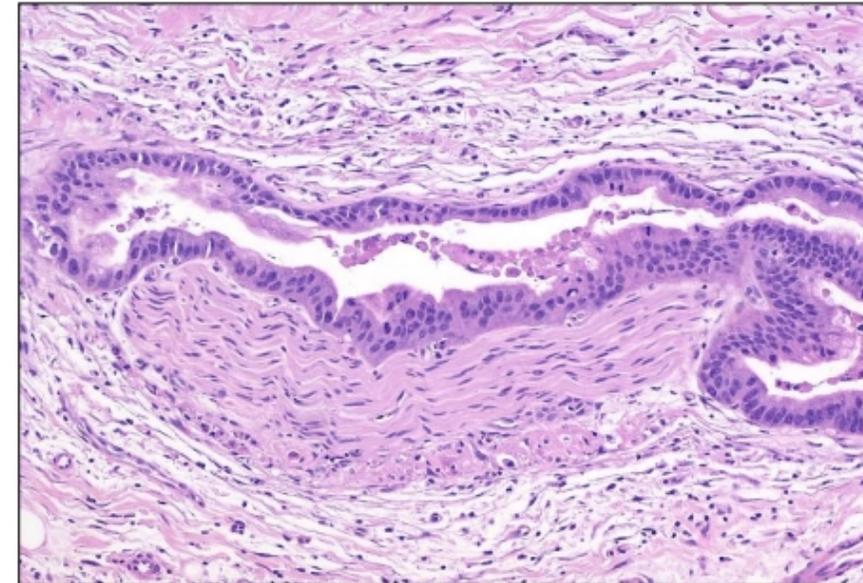
# Pancreatic Cancer is Characterized by Desmoplastic Stroma



Ductal Adenocarcinoma



Venous Invasion



Perineural Invasion

Adapted from Anirban Maitra, MBBS (2025 ESMO GI Annual Congress)

Desmoplastic stroma mainly consists of extracellular matrix, vasculature, and cancer-associated fibroblasts

Perineural (~62%) and lymphovascular (~54%) invasion are common and are associated with worse overall survival.

# Modifiable Risk Factors

Risk Factors	Associated Risk of Pancreatic Cancer
Longstanding diabetes	<ul style="list-style-type: none"> <li>1.5-2-fold increased risk for individuals with diabetes &gt;3 years in duration<sup>1-4</sup></li> </ul>
New-onset diabetes	<ul style="list-style-type: none"> <li>5-8-fold increased risk of being diagnosed with pancreatic cancer within 1 to 3 years</li> <li>&lt;0.3-0.8% of patients with new-onset diabetes develop PDA within 3 years<sup>5-7</sup></li> </ul>
Pancreatitis	
Acute	<ul style="list-style-type: none"> <li>More likely as first presentation of the disease instead of being a risk factor.</li> </ul>
Chronic	<ul style="list-style-type: none"> <li>2 to 3-fold increased risk with long-standing chronic pancreatitis<sup>8-10</sup></li> </ul>
Cigarette smoking	<ul style="list-style-type: none"> <li>~1.8-fold increased risk compared with never smokers<sup>11-14</sup></li> </ul>
Obesity	<ul style="list-style-type: none"> <li>~1.6-fold increased risk in individuals with obesity compared with those with normal weight<sup>15-17</sup></li> </ul>
Physical inactivity	<ul style="list-style-type: none"> <li>Inverse association with the risk of pancreatic cancer, most apparent among obese individuals<sup>15</sup></li> </ul>
Diet high in saturated fats	<ul style="list-style-type: none"> <li>Relative risk 1.13<sup>18</sup></li> </ul>
Alcohol use	<ul style="list-style-type: none"> <li>1.6-fold increased risk for &gt;6 drinks per day compared with &gt;1 drink per day<sup>19-23</sup></li> </ul>
Allergy	<ul style="list-style-type: none"> <li>25% lower risk of developing PDA<sup>24-27</sup></li> </ul>

<sup>1</sup>Everhart J *JAMA* 1995; <sup>2</sup>Huxley R *Br J Cancer* 2005; <sup>3</sup>Bosetti C *Ann Oncol* 2014; <sup>4</sup>Elena JW *Cancer Causes Control* 2013; <sup>5</sup>Chari ST *Gastroenterology* 2005; <sup>6</sup>Gupta S *Clin Gastroenterol Hepatol* 2006; <sup>7</sup>Munigala S *Clin Transl Gastroenterol* 2015; <sup>8</sup>Yadav D *Gastroenterology* 2013; <sup>9</sup>Duell EJ *Ann Oncol* 2012; <sup>10</sup>Kirkegard J *Gastroenterology* 2018; <sup>11</sup>Iodice S *Langenbecks Arch Surg* 2008; <sup>12</sup>Bosetti A *Ann Oncol* 2012; <sup>13</sup>Lynch SM *Am J Epidemiol* 2009; <sup>14</sup>Koyanagi YN *Cancer Epidemiol Biomarkers Prev* 2019; <sup>15</sup>Michaud DS *JAMA* 2001; <sup>16</sup>Arslan AA *Arch Intern Med* 2010; <sup>17</sup>Stolzenberg-Solomon *Am J Clin Nutr* 2013; <sup>18</sup>Yao X *PLoS One* 2015; <sup>19</sup>Lucenteforte E *Ann Oncol* 2012; <sup>20</sup>Genkinger JM *Cancer Epidemiol Biomarkers Prev* 2009; <sup>21</sup>Jiao L *Am J Epidemiol* 2009; <sup>22</sup>Gapstur SM *Arch Intern Med* 2011; <sup>23</sup>Naudin S *Int J Cancer* 2018; <sup>24</sup>Gandini S *Cancer Epidemiol Biomarkers Prev* 2005; <sup>25</sup>Olson SH *Am J Epidemiol* 2013; <sup>26</sup>Cotterchio M *Cancer Epidemiol Biomarkers Prev* 2014; <sup>27</sup>Gomez-Rubio P *Gut* 2017

# Increased Risk if Family History of Pancreatic Cancer

**Familial pancreatic cancer, defined as at least 2 first-degree relatives with pancreatic cancer, accounts for only 5-10% of all pancreatic cancer<sup>1-3</sup>**

Increased Risk	
1 Relative	2.14-fold (95% CI 0.58-5.49)
Familial Kindred (2 FDR)	6.79 (95% CI 4.94 – 5.75)
3+ Relatives	17.02-fold (95% CI 7.34 – 33.5)

<sup>1</sup>Hruban RH *Adv Surgery* 2010; <sup>2</sup>Permuth-Wey J *Familial Cancer* 2009; <sup>3</sup>Shi C *Arch Pathol Lab Med* 2009

# Inherited Risk Factors

Mutated Gene	Syndrome	Prevalence in Pancreatic Cancer Patients (%)	RR/OR for Pancreatic Cancer in Carriers vs Non-Carriers	Associated Cancers
BRCA2	Hereditary breast and ovarian syndrome	2-7	2-10	Breast, ovarian/fallopian tube, prostate
BRCA1	Hereditary breast and ovarian syndrome	0.5-1	2-4	Breast, ovarian/fallopian tube, prostate
PALB2	Hereditary breast cancer	Up to 0.5	>2 fold	Breast (female only)
ATM	Ataxia-telangiectasia	3-4	5-6	Breast (female only)
STK11	Peutz-Jeghers Syndrome	<1	Up to 135	Breast, other GI, lung
CDKN2A, p16	Familial atypical multiple mole melanoma (FAMM) syndrome	<1	12	Melanoma
TP53	Li-Fraumeni syndrome	Up to 0.2	6-7	Breast, sarcoma, adrenocortical, other GI
PRSS1*, SPINK1	Hereditary pancreatitis	<1	Up to 60	
MLH1, MSH2, MSH6, PMS2, EPCAM	Lynch Syndrome	<1	Up to 8 fold	Colorectal, endometrial, ovarian, gastric, small bowel, urothelial, pancreatobiliary

\*Unclear whether PRSS1 predisposes to pancreatic cancer in the absence of chronic pancreatitis

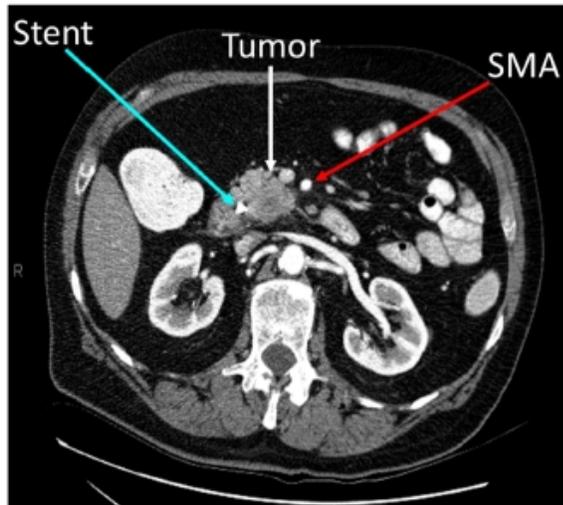
# Germline Testing in ALL Patients with Pancreatic Cancer

**Pathogenic germline alterations may be present in up to 20% of unselected patients.**

# Clinical Presentation

- Often vague and can vary by tumor location in the pancreas

Head of Pancreas



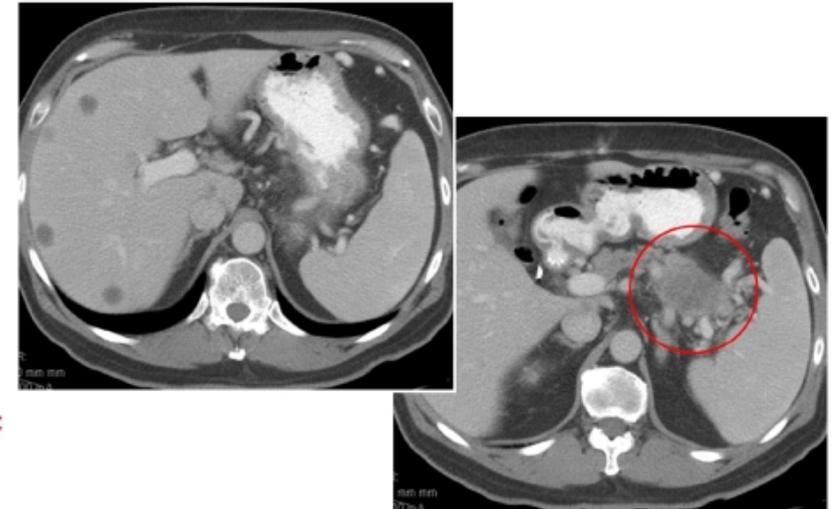
Compression of the bile duct -> jaundice

Head/Body of Pancreas



Compression of splanchnic/mesenteric plexus -> back pain or epigastric pain

Tail of Pancreas



Asymptomatic or constitutional symptoms related to metastatic disease

- New-onset diabetes
- Acute pancreatitis (~5%)

# Diagnostic Tests & Staging Studies

- **Multi-phasic pancreatic protocol CT:** visualize arterial and venous structures
- **MRI:** adjunct to CT, particularly to characterize CT-indeterminate liver lesions
- **PET/CT:** not routinely used or recommended but adjunct in high-risk\* patients
- **Endoscopic retrograde cholangiopancreatography (ERCP):** therapeutic intervention for patients who require biliary decompression
- **Endoscopic Ultrasound (EUS)**
  - The role of EUS in staging is complementary to pancreas protocol CT (gold standard)
  - Primary role is to procure tissue for cytologic diagnosis
- **Biopsy:** commonly obtained by EUS-guided biopsy for localized disease
- **Biomarkers (CA 19-9):** diagnostic marker in symptomatic patients, prognostic, and predictive
- **Diagnostic staging laparoscopy:** used in some institutions for patients (especially for body and tail lesions) prior to surgery or neoadjuvant therapy, or selectively in patients with high-risk\* features and indicators of disseminated disease

\*Equivocal or indeterminate imaging findings, borderline resectable disease, markedly elevated CA 19-9, large primary tumors, or large regional lymph nodes (NCCN Guidelines Version 2.2025)

# TNM Staging (AJCC 8<sup>th</sup> Edition)

**Table 1. Definitions for T, N, M**

**American Joint Committee on Cancer (AJCC) TNM Staging of Pancreatic Cancer (8th ed., 2017)**

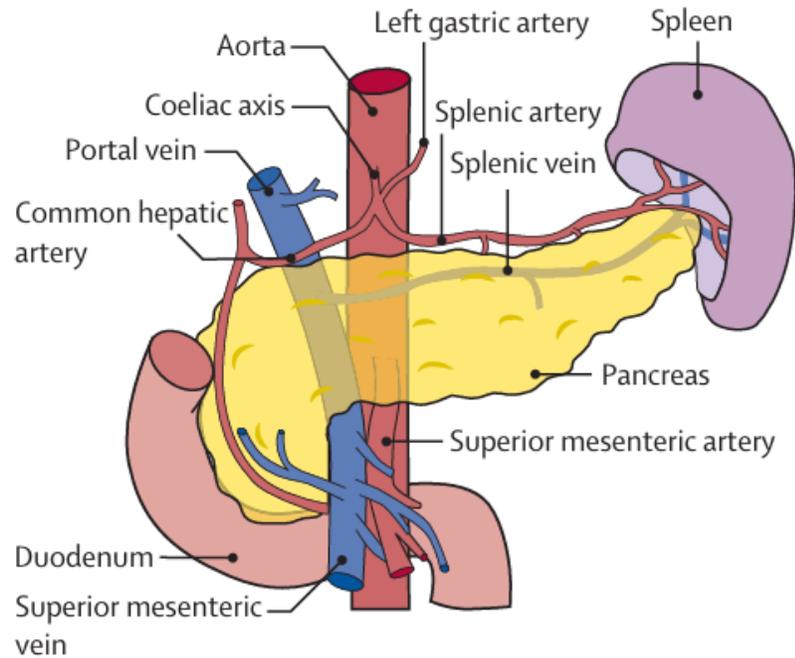
<b>T</b>	<b>Primary Tumor</b>	<b>N</b>	<b>Regional Lymph Nodes</b>
<b>TX</b>	Primary tumor cannot be assessed	<b>NX</b>	Regional lymph nodes cannot be assessed
<b>T0</b>	No evidence of primary tumor	<b>N0</b>	No regional lymph node metastases
<b>Tis</b>	Carcinoma <i>in situ</i> This includes high-grade pancreatic intraepithelial neoplasia (PanIn-3), intraductal papillary mucinous neoplasm with high-grade dysplasia, intraductal tubulopapillary neoplasm with high-grade dysplasia, and mucinous cystic neoplasm with high-grade dysplasia	<b>N1</b>	Metastasis in one to three regional lymph nodes
<b>T1</b>	Tumor ≤2 cm in greatest dimension	<b>N2</b>	Metastasis in four or more regional lymph nodes
T1a	Tumor ≤0.5 cm in greatest dimension	<b>M</b>	<b>Distant Metastasis</b>
T1b	Tumor >0.5 cm and <1 cm in greatest dimension	<b>M0</b>	No distant metastasis
T1c	Tumor 1–2 cm in greatest dimension	<b>M1</b>	Distant metastasis
<b>T2</b>	Tumor >2 cm and ≤4 cm in greatest dimension		
<b>T3</b>	Tumor >4 cm in greatest dimension		
<b>T4</b>	Tumor involves the celiac axis, superior mesenteric artery, and/or common hepatic artery, regardless of size		

**Table 2. AJCC Prognostic Groups**

	<b>T</b>	<b>N</b>	<b>M</b>
<b>Stage 0</b>	Tis	N0	M0
<b>Stage IA</b>	T1	N0	M0
<b>Stage IB</b>	T2	N0	M0
<b>Stage IIA</b>	T3	N0	M0
<b>Stage IIB</b>	T1, T2, T3	N1	M0
<b>Stage III</b>	T1, T2, T3	N2	M0
	T4	Any N	M0
<b>Stage IV</b>	Any T	Any N	M1

# Anatomical Staging: Determining Resectability for Pancreatic Cancer

**NCCN Guidelines: All diagnostic and surgical management decisions about resectability should involve multidisciplinary discussion.**



	Superior mesenteric artery	Coeliac axis	Common hepatic artery	Portomesenteric venous axis
<b>Resectable</b>	No involvement	No involvement	No involvement	$\leq 180^\circ$ contact without vein contour irregularity
<b>Borderline resectable</b>	$\leq 180^\circ$ contact	$\leq 180^\circ$ contact	Any contact without extension to CA or hepatic artery bifurcation*	$\leq 180^\circ$ contact with vein contour irregularity OR $> 180^\circ$ contact without vein contour irregularity or thrombosis, but reconstructable OR Any contact with inferior vena cava
<b>Locally advanced</b>	$> 180^\circ$ contact	$> 180^\circ$ contact OR any contact of the CA with aortic involvement	Any contact with extension to CA and/or hepatic artery bifurcation	No reconstructable involvement due to tumour contact or occlusion (either due to tumour or bland thrombus)
<b>Metastatic</b>	Distant metastatic disease, regardless of vascular involvement of the primary tumour			

# Localized Pancreatic Cancer

## Resectable

- Definition
  - No arterial tumor contact
  - No tumor contact with the SMV or PV or  $\leq 180$ -degree contact without vein contour irregularity
- Treatment
  - **Surgery first is still the gold standard**
  - Adjuvant chemotherapy x 6 mo
    - FOLFIRINOX is the standard of care
    - Gemcitabine + capecitabine is an alternative

## Borderline Resectable

- Definition: Any tumor not “cleanly resectable” without vascular resection
  - Venous involvement of any degree
  - Focal and non-circumferential involvement of the HA or SMA
- Treatment
  - **Neoadjuvant chemotherapy (FOLFIRINOX preferred vs GnP)**
  - Surgical resection

# Standard of Care Chemotherapy for Resectable / Borderline Resectable Pancreatic Cancer

			Median OS	
<b>Upfront Surgery</b>				
PRODIGE 24	Surgery	FOLFIRINOX x 24 wks	54 mo	
APACT	Surgery	GnP x 24 wks	42 mo	
ESPAC-4	Surgery	Gemcitabine + Capecitabine x 24 wks	28 mo	
CONKO-001	Surgery	Gemcitabine x 24 wks	23 mo	
<b>Neoadjuvant Therapy</b>				
SWOG S1505	FOLFIRINOX or GnP x 12 wks	Surgery	FOLFIRINOX or GnP x 12 wks	23 mo
PREOPANC-1	Gem + RT	Surgery	Gemcitabine x 16 wks	17 mo
PREOPANC-2	FOLFIRINOX x 16 wks	Surgery		21 mo
Preop-02/JSAP-05	Gem/S-1 x 6 wks	Surgery	S-1 x 24 wks	37 mo
Alliance A021501	FOLFIRINOX x 16 wks	Surgery	FOLFOX x 8 wks	30 mo

# Neoadjuvant SBRT (Alliance A021501): Role is Limited

Neoadjuvant mFOLFIRINOX alone remains the standard of care.



	Arm A: mFOLFIRINOX	Arm B: mFOLFIRINOX → RT
18-month OS	66.4%	47.3%
EFS	15 months	10.2 months
Resection Rate	49%	35%
pCR Rate	0%	11%
Pre-op 3+ AE rate	57%	64%
	Efficacious	Did not meet requirements to conclude efficacy

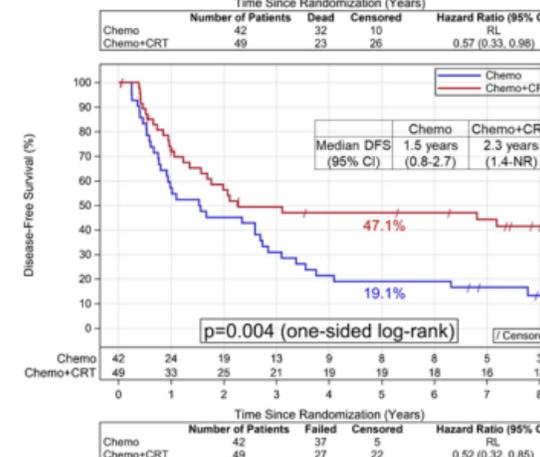
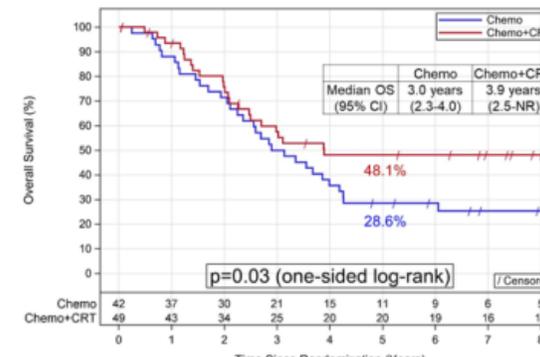
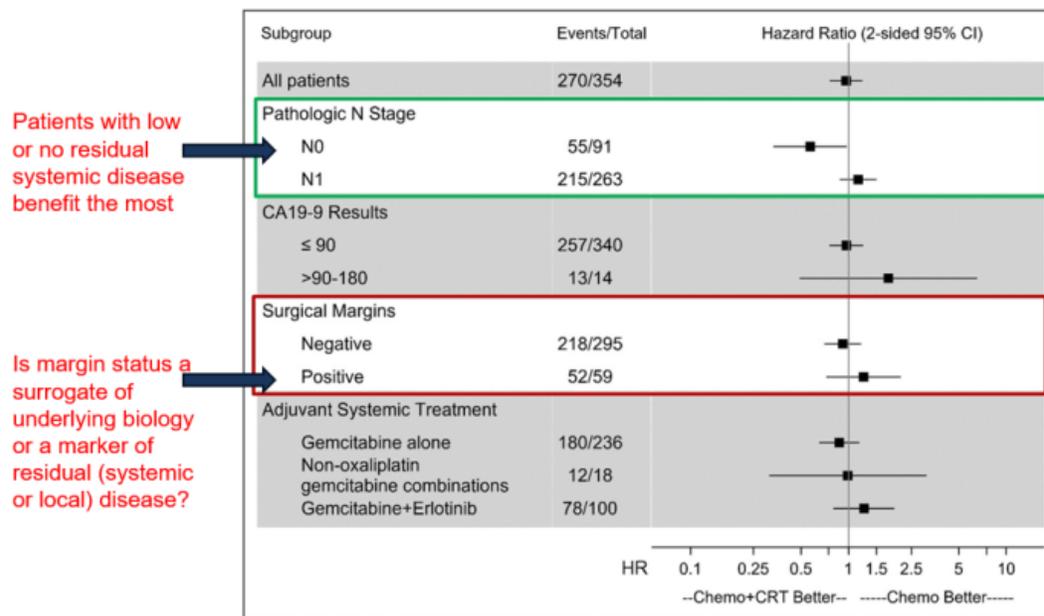
Outcomes were much worse

Study **closed early** after an interim analysis demonstrated a **higher R1 resection rate on the FOLFIRINOX + SBRT arm** (unclear why only 19/56 underwent pancreatectomy and only 14/19 had an R0 resection)

# Adjuvant RT: The Jury Remains Undecided

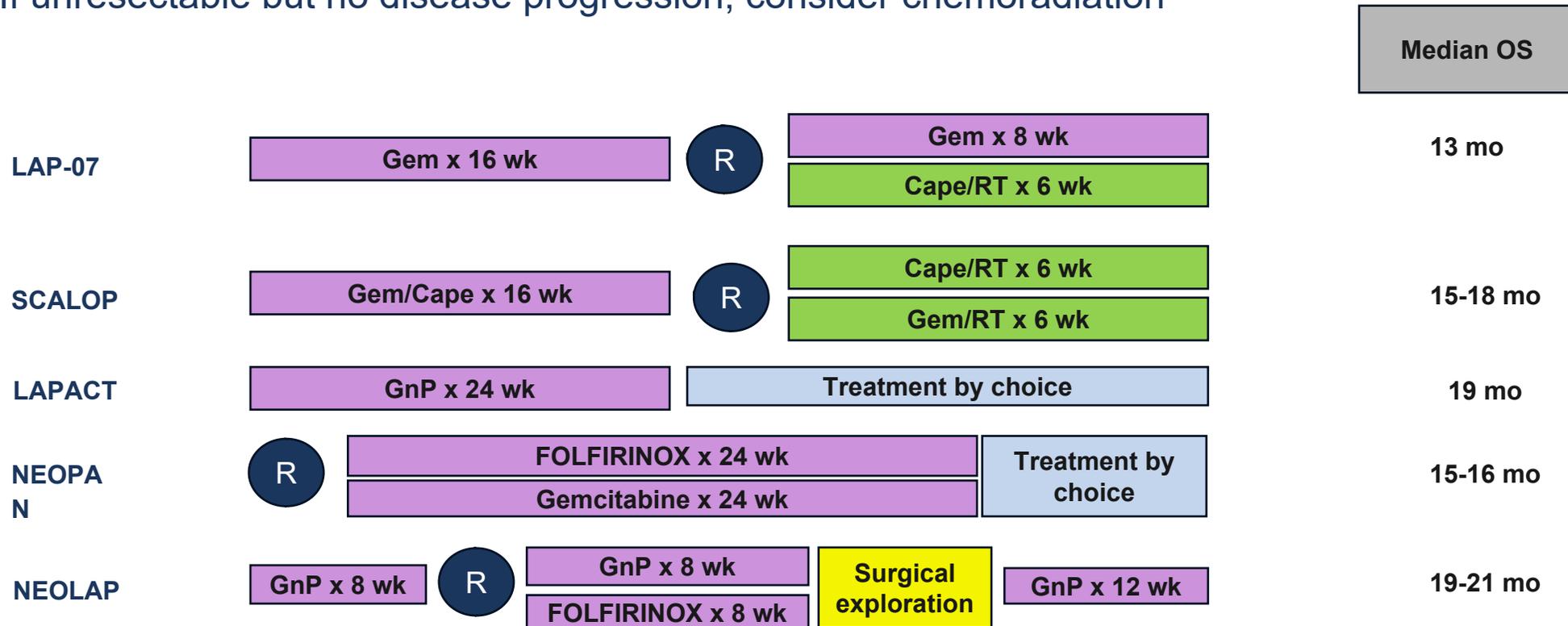
- Radiation is considered in patients at high risk (e.g., positive resection margin) for local recurrence after 6 months of adjuvant systemic therapy (NCCN Guidelines Version 2.2025)
- NRG Oncology / RTOG 0848 (Annual ASCO 2024): Adjuvant chemoradiation following marginally effective systemic treatment significantly improved DFS for all patients but not OS

Improvement in OS and DFS for node negative patients.



# Standard of Care for Locally Advanced Pancreatic Cancer

- Radiographic evidence of vascular encasement (T4) that is not reconstructable
- Treatment: Multiagent chemo (gemcitabine/nab-paclitaxel, FOLFIRINOX) x 6 mo then re-evaluate
  - If resectable → surgical resection
  - If unresectable but no disease progression, consider chemoradiation

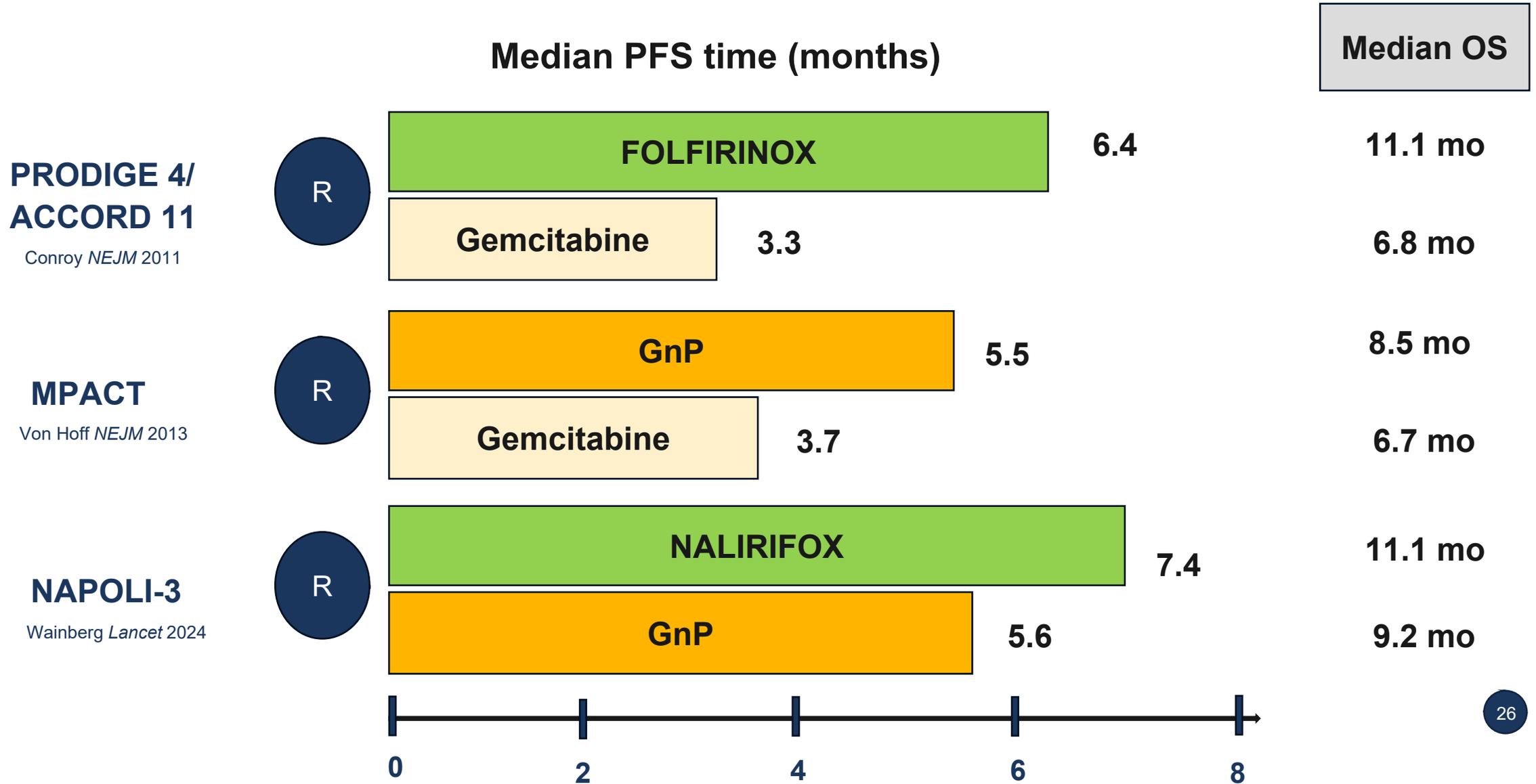


# Multiagent Chemotherapy in Advanced Pancreatic Cancer

- Combination chemotherapy remains the backbone of pancreatic cancer treatment
- Outcomes are poor with each regimen
  - Median OS < 1 yr (vs ~4 mo if untreated)
- Apart from *BRCA1/2* and *PALB2* mutations, no routine biomarkers to guide choice of regimen

Metastatic Disease (First-Line Therapy)	
Preferred Regimens	
Good PS 0–1	<ul style="list-style-type: none"> <li>• FOLFIRINOX (category 1) or modified FOLFIRINOX<sup>e,5</sup></li> <li>• Gemcitabine + albumin-bound paclitaxel<sup>6</sup> (category 1)</li> <li>• NALIRIFOX<sup>f,7</sup> (category 1)</li> </ul> <p>Only for known <i>BRCA1/2</i> or <i>PALB2</i> mutations:</p> <ul style="list-style-type: none"> <li>• FOLFIRINOX (category 1) or modified FOLFIRINOX<sup>e,5</sup></li> <li>• Gemcitabine + cisplatin<sup>8,9</sup></li> </ul>

# Standard of Care 1L for Metastatic Pancreatic Cancer



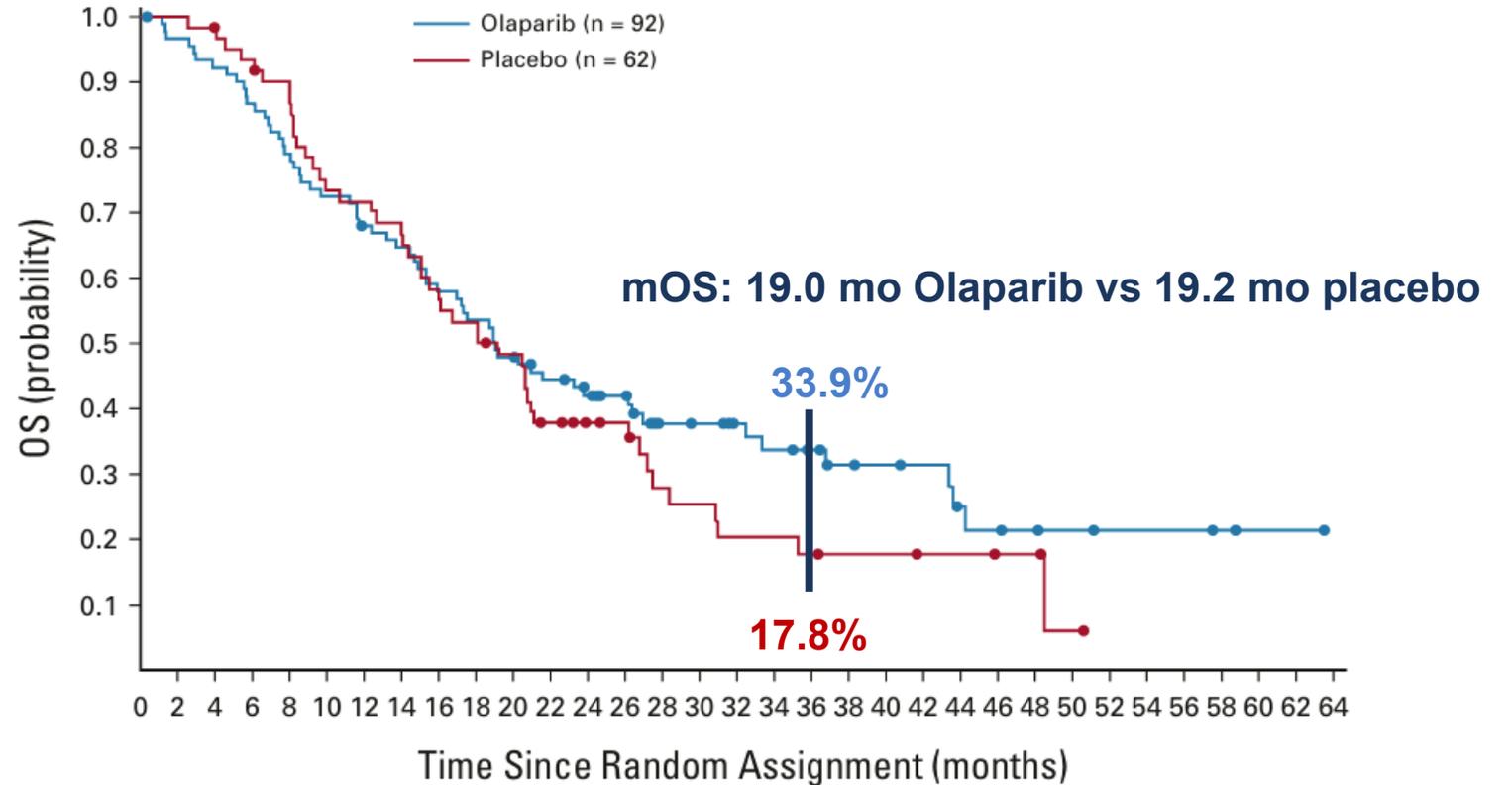
# POLO gBRCA: Maintenance Olaparib vs Placebo After Platinum-Based Therapy

Metastatic PDAC  
Germline *BRCA*  
Prior platinum ≥ 4mo  
ECOG 0-1; N=145

R  
A  
N  
D  
O  
M  
I  
Z  
E

Olaparib  
300 mg PO BID

Placebo  
300 mg PO BID

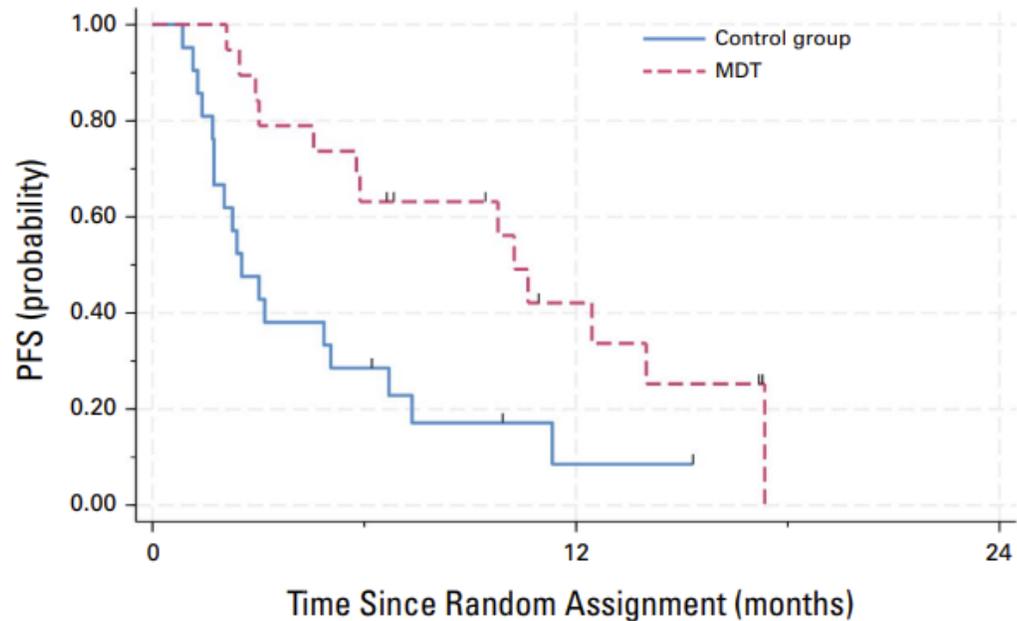


No. at risk:

Olaparib	92	88	84	79	72	66	61	58	52	48	43	38	34	31	23	22	19	17	15	12	11	10	7	6	5	4	3	3	3	2	1	1	0
Placebo	62	62	60	57	53	44	43	40	34	32	28	21	17	16	11	10	8	8	7	6	6	5	5	4	4	1	0						

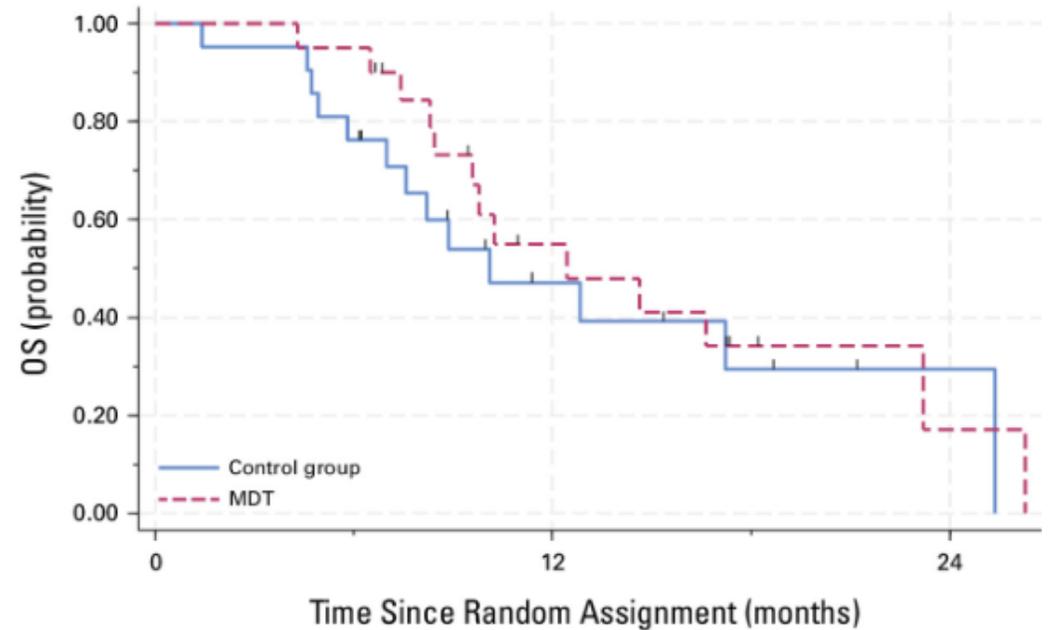
# Metastasis-Directed Therapy (MDT) for Select Patients with Oligometastatic PDA: EXTEND Trial

Improvement in mPFS with MDT, 10.3 vs 2.5 mo



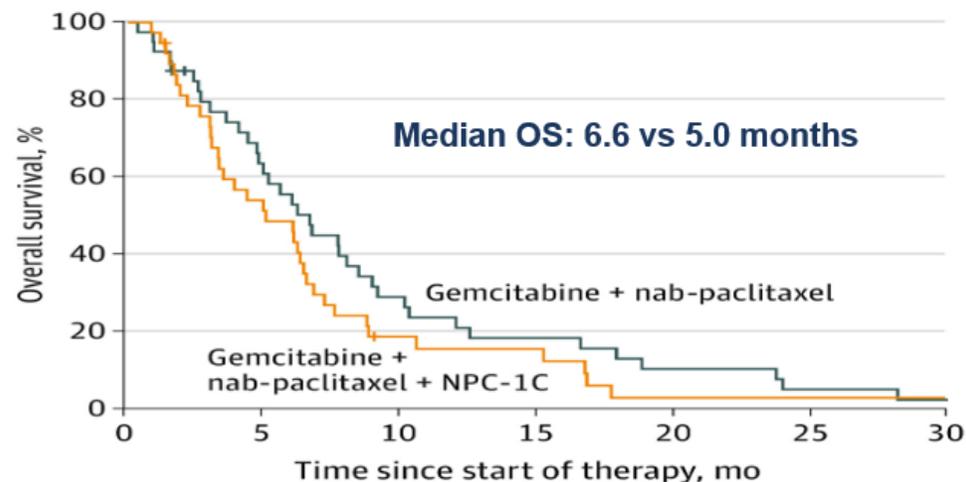
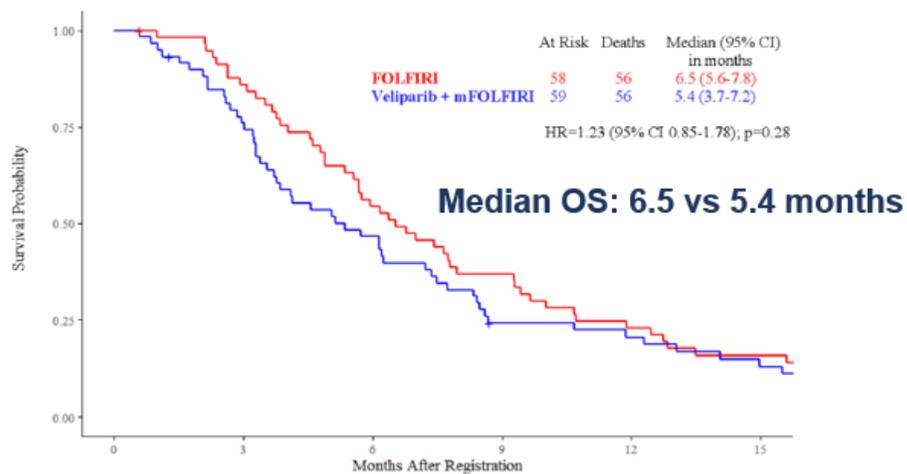
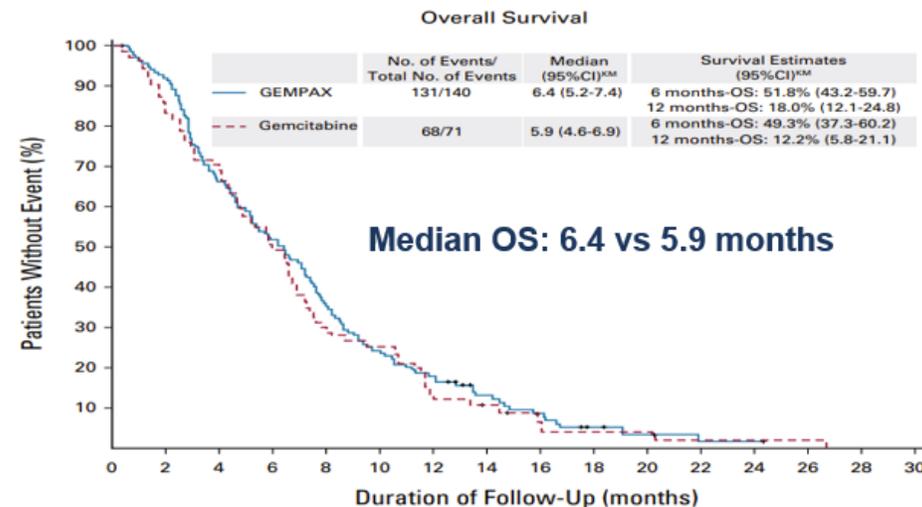
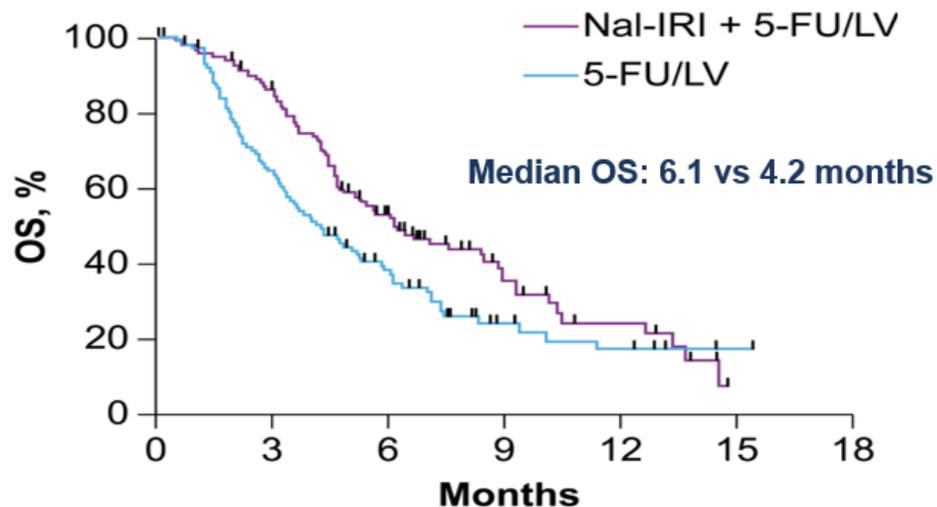
No. at risk (events)					
	0	6	12	18	24
Control group	21	(18)	1	(0)	0
MDT	19	(10)	5	(3)	0

No OS Benefit with MDT



No. at risk (events)					
	0	6	12	18	24
Control group	21	(10)	6	(2)	1
MDT	20	(8)	8	(4)	1

# 2L Chemo: Median OS ~6 Months



Wang Gillam A, et al. *Lancet* 2016  
Chiorean EG, et al. *Clin Cancer Res* 2021

De La Fouchardiere C, et al. *J Clin Oncol* 2024  
Huffman BM, et al. *JAMA Netw Open* 2023

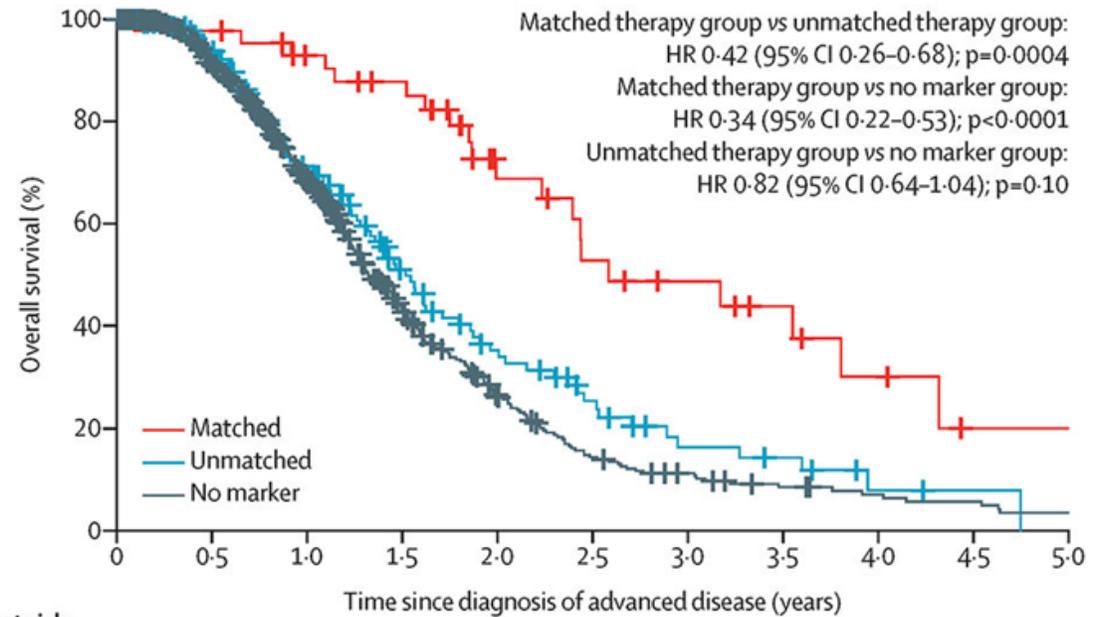
# Genomic Profiling Guides the Choice of Molecular Targeted Therapy for Pancreatic Cancer Patients

- Must be done in all patients with locally advanced or metastatic pancreatic cancer
- Testing on tumor tissue is preferred
- Consider liquid biopsy (use of ctDNA) if tissue is not available

Tempero MA, Pancreatic Adenocarcinoma, NCCN Guidelines Version 2.2025

**Patients with actionable alterations derive considerable benefit from receiving a matched therapy.**

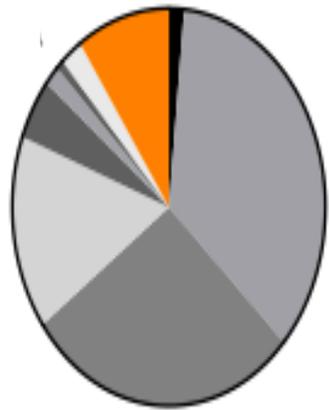
## Know Your Tumor Registry



	0	0.5	1.0	1.5	2.0	2.5	3.0	3.5	4.0	4.5	5.0
<b>Number at risk (number censored)</b>											
Matched therapy	46 (0)	42 (3)	36 (4)	32 (2)	18 (8)	13 (1)	10 (2)	7 (2)	4 (1)	1 (2)	1 (0)
Unmatched therapy	143 (0)	116 (19)	78 (11)	44 (15)	27 (4)	16 (4)	8 (3)	6 (1)	2 (2)	1 (1)	0 (0)
No marker	488 (0)	384 (66)	241 (55)	124 (39)	63 (15)	33 (4)	22 (4)	14 (3)	10 (2)	8 (0)	5 (0)

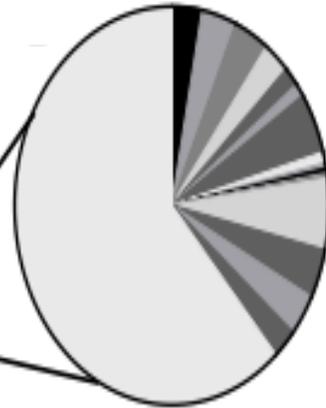
Pishvaian MJ *Lancet Oncol* 2020

# Enrichment of Actionable Gene Alterations in *KRAS* WT Pancreatic Cancers



- G12C - 1.6%
- G12D - 35.5%
- G12V - 28.2%
- G12R - 15.9%
- Q61H - 5.0%
- codon 13 - 1.6%
- Q61R - 0.8%
- Others - 2.3%
- Wild-Type - 9.4%

*KRAS* G12C: Adagrasib, Sotorasib



- *BRAF* mutation
- *BRAF* activating deletion
- *BRAF* fusion
- *FGFR2* fusion
- *RAF1* fusion
- *ALK* fusion
- *NRG1* fusion
- *RET* fusion
- *MET* fusion
- *NTRK1* fusion
- *ERBB4* fusion
- *FGFR3* fusion
- *GNAS* mutation
- *EGFR* amplification/mut
- *ERBB2* amplification
- *MET* amplification
- Other/None

*BRAF* V600E: Dabrafenib/trametinib  
 TMB high ( $\geq 10$  mut/Mb): Nivo + IPI  
 MSI-H, dMMR, or TMB-H: Pembrolizumab  
 MSI-H, dMMR: Dostarlimab

38.5%

*RET* fusion: Selpercatinib  
 HER2 IHC 3+ or IHC 2+ / FISH +: T-DXd  
*FGFR2* fusion: Erdafitinib  
*NRG1* fusion: Zenocutuzumab  
*NTRK* fusion: Entrectinib, larotrectinib, repotrectinib

# Principles of Palliation and Supportive Care

Symptom	Therapy
Biliary obstruction	<ul style="list-style-type: none"><li>• Endoscopic biliary metal stent (preferred)</li><li>• Percutaneous biliary drainage with subsequent internalization</li><li>• Open biliary-enteric bypass</li></ul>
Gastric outlet/duodenal obstruction	<ul style="list-style-type: none"><li>• Gastrojejunostomy (open or laparoscopic) +/- G/J-tube</li><li>• Enteral stent</li><li>• Venting PET for gastric decompression</li></ul>
Thromboembolic disease	<ul style="list-style-type: none"><li>• LMWH preferred over warfarin</li><li>• Consider DOACs for patients without luminal tumors</li></ul>
Bleeding from the primary tumor site	<ul style="list-style-type: none"><li>• Therapeutic endoscopy, if clinically indicated</li><li>• RT, if not previously done</li><li>• Angiography with embolization, if clinically indicated</li></ul>
Ascites	<ul style="list-style-type: none"><li>• Therapeutic paracentesis</li></ul>

# Principles of Palliation and Supportive Care

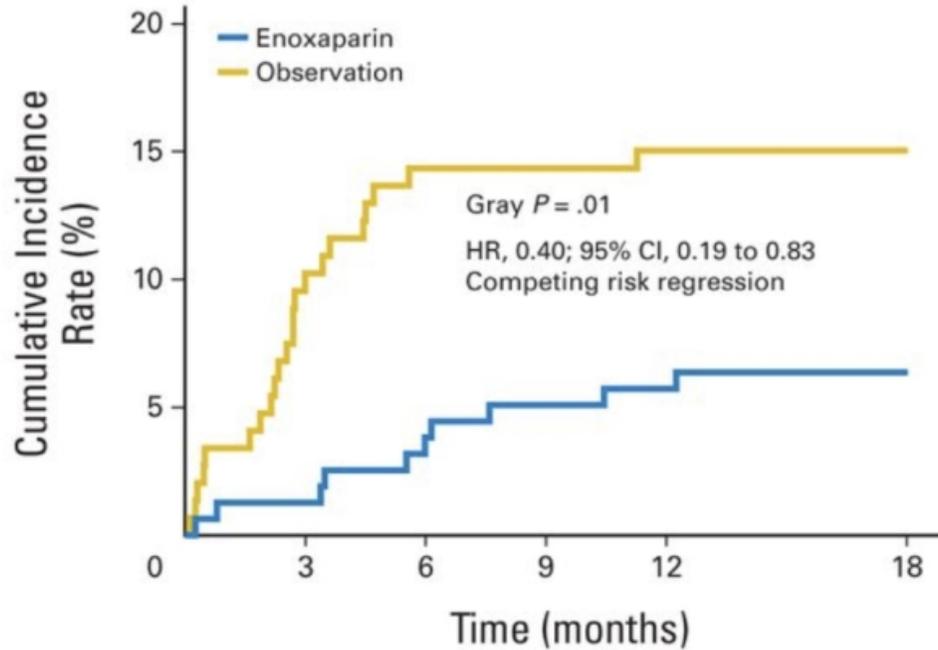
Symptom	Therapy
Anorexia	<ul style="list-style-type: none"><li>• Daily low-dose olanzapine</li><li>• Corticosteroids</li><li>• Megestrol acetate</li><li>• Synthetic cannabinoids</li></ul>
Exocrine pancreatic insufficiency and nutrition	<ul style="list-style-type: none"><li>• Pancreatic enzyme replacement if EPI</li><li>• Nutritional evaluation with a registered dietician (counseling on high-protein, high-calorie, nutrient-dense food)</li><li>• Manage co-occurring symptoms: nausea, dysgeusia, depression, constipation, pain</li></ul>
Nausea and vomiting	<ul style="list-style-type: none"><li>• 5HT3 receptor antagonists, atypical antipsychotics (e.g., olanzapine)</li><li>• Adjuvant therapy: benzodiazepines, anticonvulsants, dopamine receptor antagonists, and cannabinoids</li></ul>
Diarrhea	<ul style="list-style-type: none"><li>• Antidiarrhea agents</li><li>• Hydration</li><li>• Pancreatic enzyme replacement</li></ul>

# Principles of Palliation and Supportive Care

Symptom	Therapy
Depression, anxiety	<ul style="list-style-type: none"><li>• Management of cancer-related pain</li><li>• Pharmacologic therapy</li><li>• Counseling</li><li>• Referral to mental health specialists</li></ul>
Physical activity	<ul style="list-style-type: none"><li>• Localized PDAC: prehabilitation with early initiation of an exercise training program</li><li>• Metastatic PDAC: physical activity in combination with other supportive care</li></ul>
Cancer-related fatigue	<ul style="list-style-type: none"><li>• Exercise</li><li>• Nutrition</li><li>• Methylphenidate</li><li>• Corticosteroids</li></ul>
Cancer-related pain	<ul style="list-style-type: none"><li>• Acetaminophen and nonsteroidal anti-inflammatory drugs</li><li>• Complementary approaches (acupuncture, etc)</li><li>• EUS-guided celiac plexus block</li><li>• Anti-cancer therapy (chemo, RT)</li><li>• Opioids</li></ul>

# Prophylactic LMWH Decreases VTE but No OS Benefit

## Symptomatic VTE Events

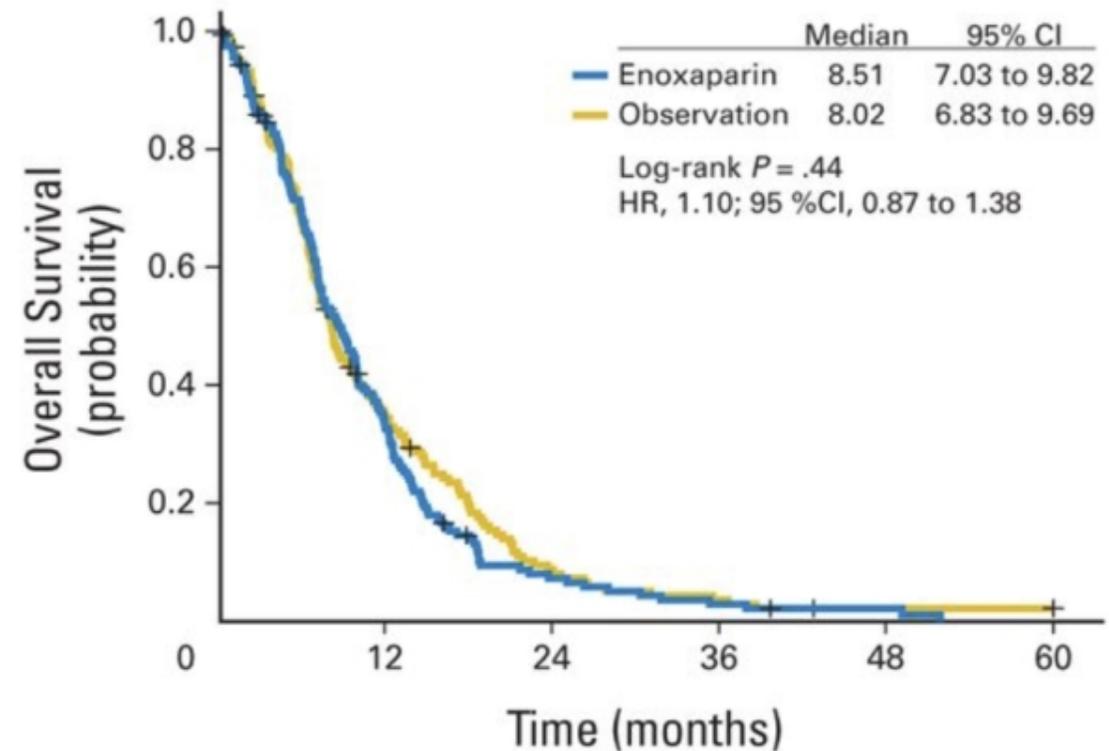


No. at risk	0	3	6	9	12	18
Enoxaparin	160	102	55	26	12	4
Observation	152	87	47	27	14	5

Incidence rate, %	0	3	6	9	12	18
Enoxaparin	0	1.3	3.8	5.1	5.7	6.4
Observation	0	10.2	14.4	14.4	15.1	15.1

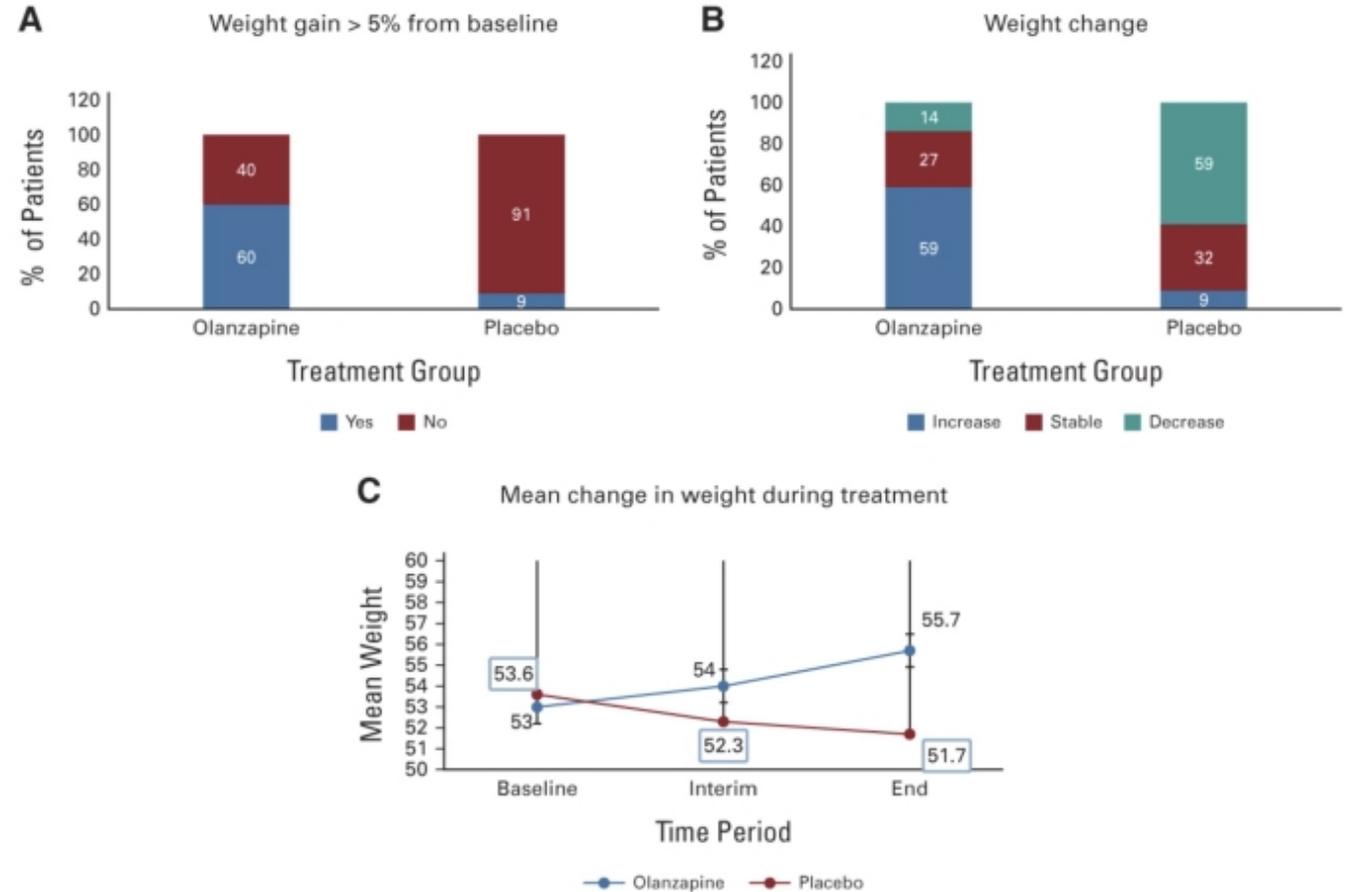
## Overall Survival



No. at risk	0	12	24	36	48	60
Enoxaparin	160	49	10	4	2	0
Observation	152	48	11	5	2	2

# Appetite and Weight: Olanzapine for Cancer Cachexia

- N=124
- Untreated, locally advanced or metastatic
- Gastric, hepatopancreaticobiliary (HPB), and lung cancers
- Randomly assigned (double-blind) to olanzapine 2.5 mg daily x 12 weeks vs placebo along with chemotherapy
- Primary endpoints: proportion of patients with weight gain >5% and improvement in appetite



# For the Boards



PDAC is the most common histology, with a poor prognosis and rising incidence; most patients present with advanced disease due to nonspecific symptoms and lack of effecting screening

Surgical resection is the only potential curative treatment, but only 10-20% of patients are resectable at diagnosis

For locally advanced or metastatic disease, multiagent chemo (FOLFIRINOX or GnP) is standard of care 1L treatment if good PS

Germline and somatic molecular profiling is now standard of care for ALL patients with advanced disease to identify actionable alterations

Mutli-D management, supportive care, and early integration of palliative care are essential throughout the disease course



**Thank You!**



# Clinical Case #1

- 66 year-old woman, ECOG performance status 0-1
- No family history of malignancy. Ashkenazi Jewish descent.
- Locally advanced mass in the head of the pancreas with bilobar liver metastases. Biopsy of a liver lesion confirmed moderately differentiated adenocarcinoma.
- CA 19-9 = 52,174
- Germline testing: loss-of-function BRCA2 mutation.
- Received mFOLFIRINOX x 6 months with good minimal side effects.
- RECIST response. CA 19-9 = 32 U/mL.

# Question #1

## True or False

Early germline genetic testing for all patients with pancreatic cancer with a multigene panel is standard practice.

## Answer: True

- Depending on geographic region, 10-20% of pancreatic cancer cases are hereditary, with mutations in BRCA1 and BRCA2 being the most common.
- Clinical risk factors such as family history of cancer and young age of onset are not reliable predictors for which patients may carry one of these predisposing mutations.
- 2018: NCCN recommended that all pancreatic cancer patients should receive germline testing, regardless of family history.

## Question #2

### Next plan of care?

- A. Continue FOLFIRINOX until progression/toxicity
- B. 5-FU-based maintenance therapy
- C. Biomarker-directed maintenance therapy with Olaparib
- D. Treatment break/observation

## Answer: C

- For patients with a germline *BRCA1/2* mutation, after at least 16 weeks of initial platinum-based chemotherapy, for those without disease progression, discontinue chemotherapy and initiate maintenance therapy using the PARP inhibitor Olaparib (POLO trial).
- The optimal timing of Olaparib in this setting is not established.
- PARP activity is essential for the repair of single-strand DNA breaks via the base excision repair pathway. In the setting of *gBRCA1/2*, cancer cells have defective homologous recombination repair function, and the unrepaired DNA breaks that result after treatment with PARP inhibitors eventually lead to cancer cell death (“synthetic lethality”).
- Maintenance olaparib compared with placebo was associated with significant improvement in mPFS, the primary endpoint (7.4 vs 3.8 mo, HR 0.53) and twice as many patients were progression free at 2 years (22 vs 9.6%). Overall survival was similar in both arms.



## Case #2

- 62 yo engineer, healthy, presents with epigastric discomfort radiating to the left side.
- Multiphase CT abdomen and pelvis shows a pancreatic body mass encasing the celiac artery and abutting the SMA as well as the SMV.
- CT chest shows no distant metastases.
- CA 19-9 = 63
- ECOG performance status 0

# Question

**Which of the following choices is the best next step?**

- A. Upfront surgical resection
- B. Chemoradiation followed by surgery then adjuvant mFOLFIRINOX
- C. Neoadjuvant mFOLFIRINOX then re-evaluate by a multi-disciplinary team
- D. Chemoradiation alone

## Answer: C

- Surgical resection offers the only chance of cure for nonmetastatic pancreatic cancer.
- This patient has locally advanced, unresectable disease due to local vascular invasion.
- An initial period of chemotherapy is recommended (rather than radiotherapy or chemoradiotherapy).
- If aggressive medical therapy permits, combination chemotherapy with mFOLFIRINOX is preferred.
- Resectability should be assessed after 4-6 months of neoadjuvant therapy.
- Chemoradiation may be considered to optimize local control in those patients who can no longer tolerate further chemotherapy but who continue to have localized disease, unresectable and maintain a good performance status



## Case #3

- 55 year-old woman presents for a 2<sup>nd</sup>-opinion.
- Diagnosed with a tail of pancreas mass with bilateral lung metastases and extensive intra-abdominal lymphadenopathy.
- CA 19-9 = 94,592
- Tumor next generation sequencing: BRAF V600E mutation, microsatellite stable
- ECOG performance status 1
- Received 1<sup>st</sup>-line mFOLFIRINOX with good tolerability.
- Stable disease, CA 19-9 nadir 36,814.
- Then disease progression after 6 months.

# Question

**What treatment plan would you recommend?**

- A. Gemcitabine + nab-paclitaxel
- B. 5FU + nanoliposomal irinotecan
- C. Gemcitabine + erlotinib
- D. Dabrafenib + trametinib
- E. Gemcitabine + cisplatin

# Answer: D

- BRAF alterations are observed in approximately 2% of pancreatic cancer patients.
- NCI-MATCH basket trial
  - 35 solid tumors (3 pancreatic cancer) harboring BRAF V600 mutation
  - Treatment: dabrafenib + trametinib
  - 1 pancreatic cancer patient had stable disease as best response.
  - ORR was 35% for all patients
  - PFS and OS rates were 11.4 and 28.6 months, respectively
  - Led to FDA approval of this combination in pretreated cancers with *BRAF V600E* mutations