

October 7, 2026 at 12:00 PM – 1:00 PM

Location: Zoom

Description:

Mom's Access Project ECHO (MAP ECHO): Perinatal Substance Use & Mental Health Case Conference Series is a free CME accredited program for prenatal, substance use, and mental health providers in Washington State who want to improve the well-being and outcomes for their pregnant and postpartum patients. Facilitated by a multidisciplinary team including UW Medicine perinatal and addiction psychiatrists, obstetric and primary care clinicians, advanced registered nurse practitioners, and social workers, the program aims to increase frontline provider capacity to address common mental disorders in pregnancy and postpartum. Program format is a brief didactic followed by an in-depth case presentation and discussion.

Accreditation Statement:

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation:

The University of Washington School of Medicine designates this Live Activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Disclosure of Financial Relationships:

University of Washington School of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of an accredited activity, including faculty, planners, reviewers or others in control of content are required to disclose all relevant financial relationships with ineligible companies (commercial interests). All relevant conflicts of interest have been mitigated prior to the start of the activity. All those in control of content have no financial relationships to disclose, unless otherwise listed.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Jamie Adachi	Activity Coordinator	Nothing to disclose - 04/22/2026
Nadejda Bepalova, MD	Co-Director, Peer Reviewer	Nothing to disclose - 03/06/2026
Amritha Bhat, MD	Faculty	Nothing to disclose - 03/17/2026

Deborah Cowley, MD	Co-Director, Peer Reviewer	Nothing to disclose - 03/30/2026
Koriann Cox, PhD	Faculty	Nothing to disclose - 08/24/2026
Mia Edidin, LICSW	Faculty	Nothing to disclose - 06/30/2026
Yesenia Navarro-Aguirre, BS	Activity Coordinator, Other Planning Committee Member	Non-Clinical Exception
Abigail Plawman, MD	Faculty	Nothing to disclose - 09/01/2026