UW Medicine
UW SCHOOL OF MEDICINE

# DS2709: Dementia ECHO
## DS2709: Dementia ECHO - 12/11/2026

**December 11, 2026 at 12:15 PM – 1:30 PM**

***Location:*** Zoom

***Description:***
Dementia ECHO aims to improve the skills of clinicians around the diagnosis, treatment and support of people with memory loss and dementia via a twice-monthly telehealth clinic. Dementia ECHO is attended by a multidisciplinary panel of experts, and medical clinicians whose patients reside in Washington State. At each session a member of the panel, or a guest presenter will deliver a 15-20 minute didactic. For the next 45 minutes to an hour, the group will review cases presented in advance by the learners. The didactics presented at each bi-monthly session will align with Best Practices around Diagnosis, Ongoing Care Support/Management, Advance Care Planning and Palliative Care, Need for Increased Support and/or Higher Levels of Care, Preparing for Potential Hospitalization and Screening for Delirium; these best practices are outlined in the BREE Report. The primary purpose of Dementia ECHO is to increase knowledge and understanding of person-centered quality dementia care in the following areas: 1. Early Detection, Risk Reduction and Prevention Approaches for Providers 2. Person-Centered Assessment and Care Planning 3. Co-Morbidities, Medical Management and Deprescribing for Providers 4. Skills, Education and Support Needs of Persons Living with Dementia and Caregivers 5. Evidence-Based Non-pharmacological Practices, De-escalation strategies and Caregiver Uplift Practices 6. Progressive Support for Activities of Daily Living 7. Building, Scaling and Supporting the Workforce 8. Growing Supportive and Therapeutic Environments 9. Interventions for Transitions in Care and Advance Care Planning 10. Evaluating Person-Centered Practices Dementia Echo will specifically focus on underserved and regional locations including the aging homeless.

***Accreditation Statement:***
In support of improving patient care, the University of Washington School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

***Credit Designation:***
The University of Washington School of Medicine designates this Live Activity for a maximum of 1.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Other Healthcare Professionals**
Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

***Disclosure of Financial Relationships:***
University of Washington School of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of an accredited activity, including

faculty, planners, reviewers or others in control of content are required to disclose all relevant financial relationships with ineligible companies (commercial interests). All relevant conflicts of interest have been mitigated prior to the start of the activity.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|---|---|---|
| Karen Hays, DNP, CNM, ARNP | Nurse Planner | Nothing to disclose - 03/16/2026 |
| Nancy B Isenberg, MD, MPH | Co-Director, Peer Reviewer, Physician Planner | Nothing to disclose - 09/22/2026 |
| Samantha Lafontaine, MBS | Activity Administrator, Activity Coordinator | Nothing to disclose - 03/05/2026 |
| Kristoffer Rhoads, PhD | Co-Director, Faculty, Peer Reviewer | Nothing to disclose - 11/16/2026 |