

**January 6, 2026 at 12:00 PM – 1:00 PM**

**Location:** Harborview Medical Center

**Description:**

The general focus of the conference is sleep medicine. The content includes core topics in sleep medicine that are reviewed every year, journal article discussions, patient case discussions, research presentations and special topics in sleep medicine as available. The educational purpose is to provide ongoing education to sleep medicine practitioners and to fulfill training requirements for trainees.

**Accreditation Statement:**

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



**Credit Designation:**

The University of Washington School of Medicine designates this Live Activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Other Healthcare Professionals**

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

**Disclosure of Financial Relationships:**

University of Washington School of Medicine adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of an accredited activity, including faculty, planners, reviewers or others in control of content are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the start of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Leila Armas	Activity Coordinator	Nothing to disclose - 02/19/2025
Theodore Bushnell , MD	Course Director, Peer Reviewer	Nothing to disclose - 09/22/2025
Ken He, MD	Faculty	Nothing to disclose - 11/10/2025
Vishesh Kapur , MD	Co-Director, Peer Reviewer	Nothing to disclose - 09/22/2025