

**December 2, 2025 at 9:00 AM – 11:00 AM**

**Location:** Zoom

**Description:**

Effective communication is an essential skill for all of us. In this interactive workshop learn the different types of communication, practice approaching a difficult discussion with a case study, and recognize biases and patterns in human behavior that may impact communication success. Best practices will be shared for various modes of communication as well as how to communicate across roles in a team.

This session is led by Drs. Anne Browning (Chief Well-Being Officer) and Giana Davidson (Interim Associate Dean for Faculty Affairs).

**Accreditation Statement:**

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



**Credit Designation:**

The University of Washington School of Medicine designates this Live Activity for a maximum of 2.00 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Other Healthcare Professionals**

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

**Faculty**

Sara Kim, PHD  
Research Professor  
University of Washington

Lauge Sokol-Hessner, MD  
Associate Professor of Medicine

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Giana Davidson, MD MPH

Anne Browning, PhD

Associate Dean for Well-Being | Office of Faculty Affairs

University of Washington