

September 23, 2025 at 12:00 PM – 1:00 PM

Location: Virtual

Description: The three-year UW research project, Augmented Momentary Personal Ecological Risk Evaluation (AMPERE), is a User centered design (UCD) study funded by the National Institute of Health (NIH) to develop and pilot an ecological momentary assessment (EMA) suicide risk monitoring system to support primary care suicide risk management. The goal of the project is to develop a suicide risk monitoring system that will improve risk management for young adults experiencing suicidality, their family, and the healthcare team and to make primary care treatment a more therapeutic experience. Dr. Ian Bennett (UWPC-Northgate), is the principal investigator. We aim to improve outcomes for patients without overburdening providers/provider teams. The 6-month pilot will test the feasibility and acceptability of the developed AMPERE prototype. 40-50 young adult (16-30) patients** of 10 UW providers will use the AMPERE app providing data to their participating provider. Providers will participate in monthly AMPERE ECHO clinical skill and case review sessions. Providers will complete two feedback surveys (1, 6-months).

Accreditation Statement:

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation:

The University of Washington School of Medicine designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Faculty

Ian M. Bennett, None

Professor, Departments of Family Medicine & Psychiatry and Behavioral Sciences

University of Washington