

**October 3, 2024 at 12:00 PM – 1:00 PM**

**Location:** Zoom

**Description:** This is a mindful self-compassion series offering skills and clarity for learners to enhance their communication and increase joy and meaning in their work and lives.

**Accreditation Statement:**

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



**Credit Designation:**

The University of Washington School of Medicine designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Other Healthcare Professionals**

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

**Faculty**

Elizabeth Lin, MD, MPH