

DS2514: MAP ECHO Perinatal Psychiatry Case Conference Series

DS2514: MAP ECHO Perinatal Psychiatry Case Conference Series: Psychotherapy for Perinatal Mental Health Conditions - 6/4/2025

June 4, 2025 at 12:00 PM - 1:00 PM

Location: Zoom

Description: Mom's Access Project ECHO (MAP ECHO): Perinatal Substance Use and Mental Health Case Conference Series is a free CME accredited program for prenatal, substance use, and mental health prescribing providers in Washington State who want to improve the well-being and outcomes for their pregnant and postpartum patients. Facilitated by a multidisciplinary team including UW Medicine perinatal and addiction psychiatrists, obstetrician gynecologists, maternal fetal medicine experts, advanced registered nurse practitioners, social workers, the program aims to increase frontline provider capacity to address common mental disorders in pregnancy and postpartum. Program format is brief didactic followed by an in-depth case presentation and discussion. Using real-time, interactive video, providers: • Learn new approaches and skills • Participate in in-depth clinical case consultation • Receive feedback and recommendations • Provide expertise to a community of colleagues • Earn CME credits Objectives Upon completion of this activity participants will be able to: • Appreciate the role of stigma, racism and social determinants of health in perinatal mental health and substance use treatment engagement • Describe identification and diagnosis of common mental health and substance use disorders in the perinatal period • Formulate treatment plans for mental health and substance use disorders during pregnancy and postpartum • Compare the risks of untreated disorders with the risks of psychotropic medication use and medication assisted therapy (MAT) during pregnancy and lactation

Accreditation Statement:

Accreditation with Commendation: The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation:

The University of Washington School of Medicine designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)* $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

Other healthcare professionals who participate in this CE activity may submit their statement of participation to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Faculty

Koriann Cox, PhD
Clinical Assistant Professor
University of Washington Medical Center



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