

Bleeding Disorders

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Land Acknowledgement

Fred Hutchinson Cancer Center acknowledges the Coast Salish peoples of this land, the land which touches the shared waters of all tribes and bands within the Duwamish, Puyallup, Suquamish, Tulalip and Muckleshoot nations.



Disclosures

- Advisory Board/Consultant
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 - Genentech
 - Pfizer





1 von Willebrand Disease and von Willebrand Syndrome

2 Hemophilia A and B

3 Rare factor deficiencies

4 Inherited platelet disorders

von Willebrand Disease and Acquired von Willebrand Syndrome

von Willebrand Factor

Quantity

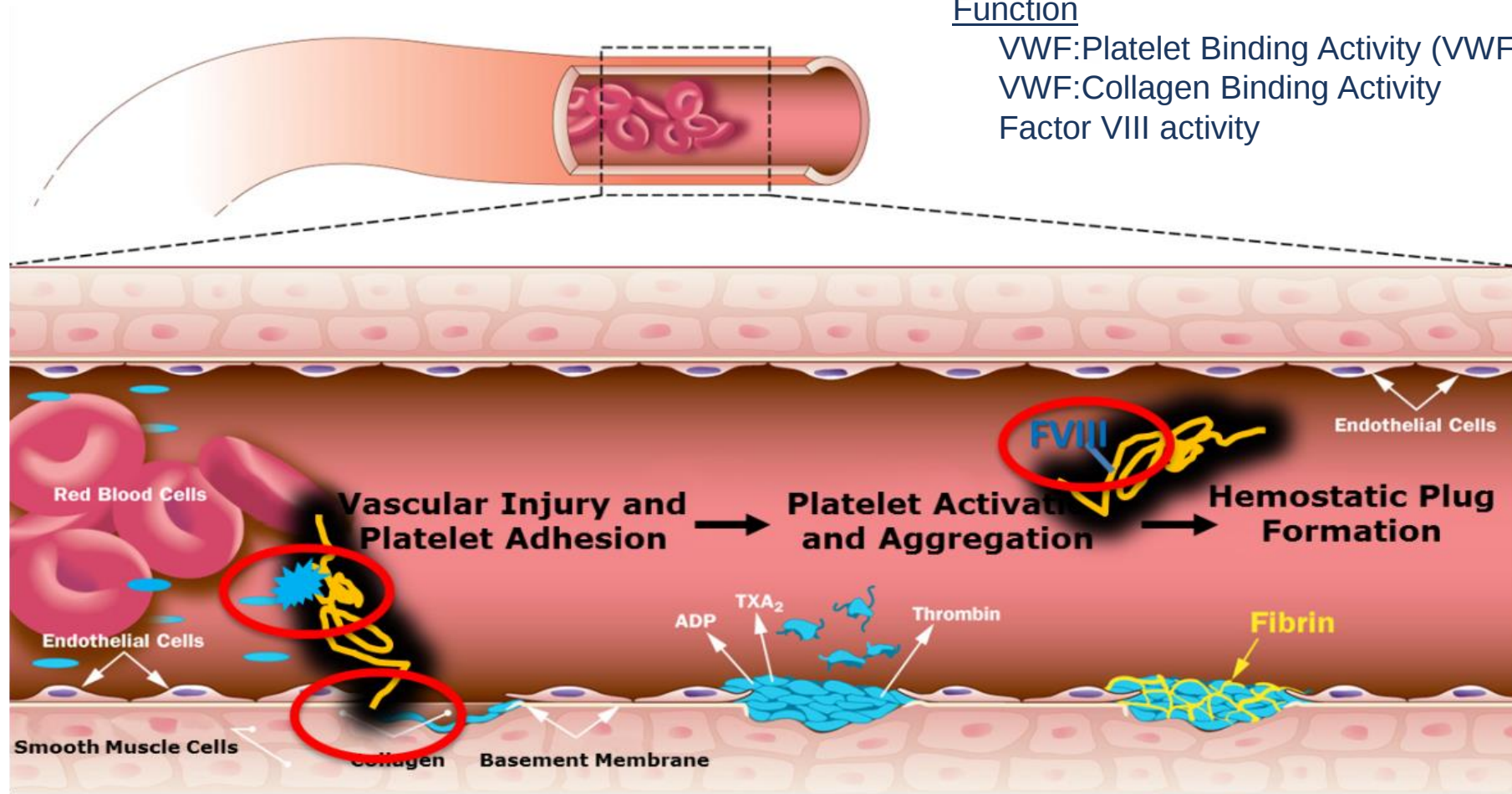
VWF:Antigen (VWF:Ag)

Function

VWF:Platelet Binding Activity (VWF:Act or VWF:RCO)

VWF:Collagen Binding Activity

Factor VIII activity



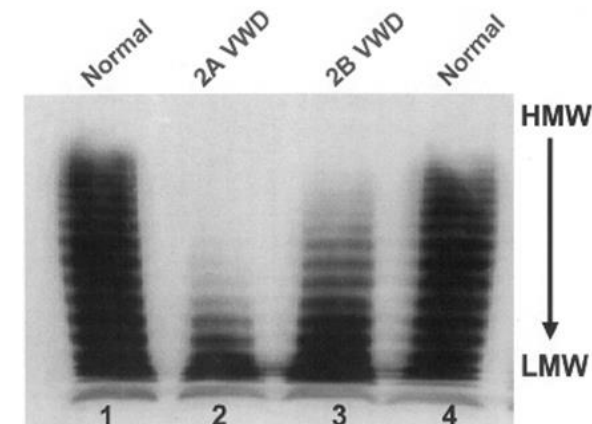
VWD: Clinical Manifestations

- Mucocutaneous Bleeding
 - Nosebleeds
 - Gum Bleeding
 - Bleeding after dental extractions
 - Bleeding after tonsillectomy
 - Excessive bruising
 - Heavy menstrual bleeding
 - Postpartum hemorrhage
 - GI bleeding (especially in Types 2 and 3)
- Hemorrhagic Ovarian Cysts
- Post-operative bleeding
- Hemarthrosis (especially Type 3)



VWD: Testing

- aPTT
 - Will be prolonged if FVIII decreased enough
 - usually < 30-40%
 - May be normal in Types 1 and 2 VWD
- PFA-100
 - May be normal but always prolonged in more severe disease
- VWF antigen concentration
- VWF activity
 - Platelet binding (VWF:RC_o, VWF:GPIbR, VWF:Ab, VWF:GPIbM)
 - Collagen binding
- FVIII activity
- VWF multimer analysis

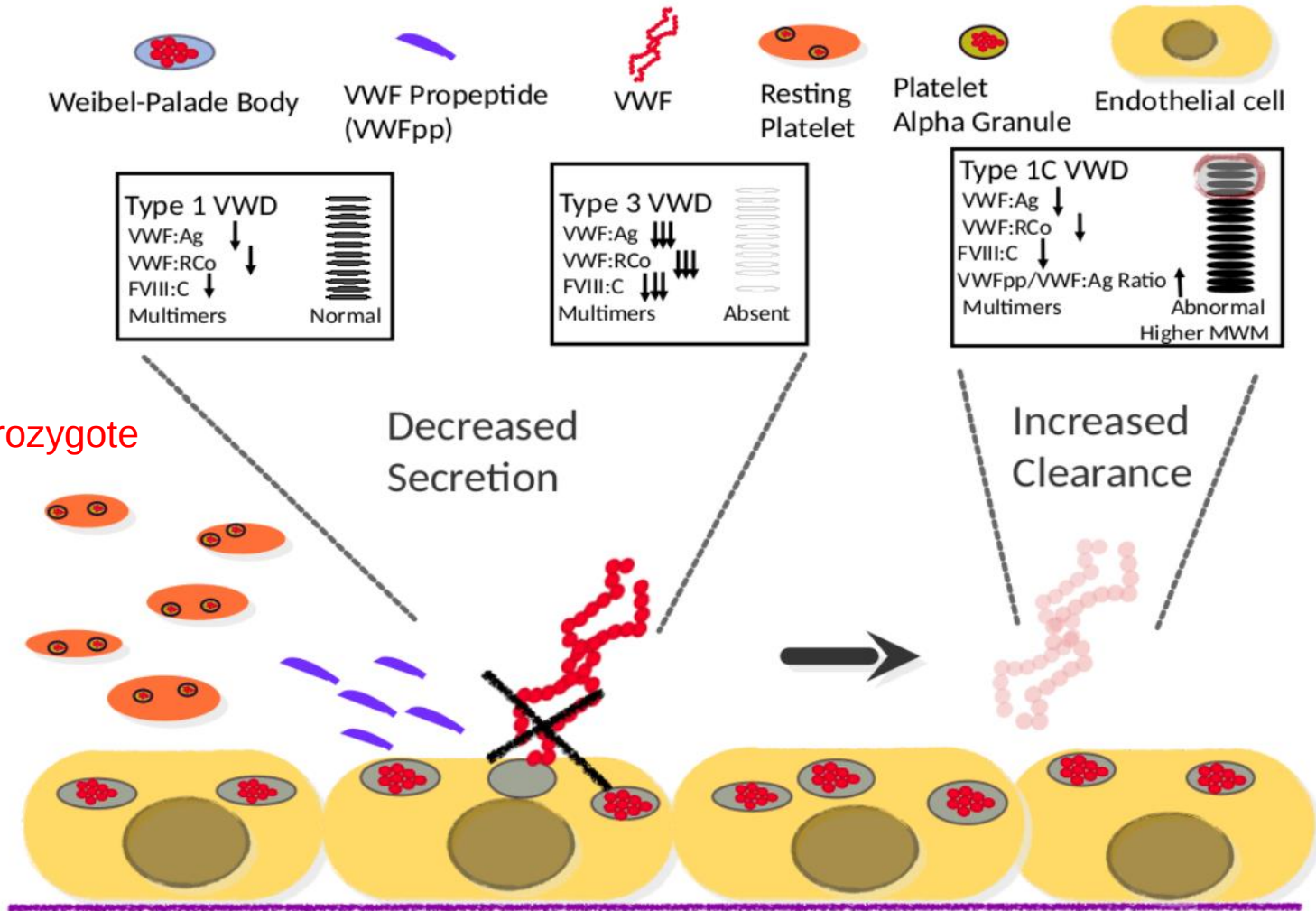


Von Willebrand Disease – Quantitative Defects

Type 1
Mild, common

Type 3
Rare, severe
often compound heterozygote

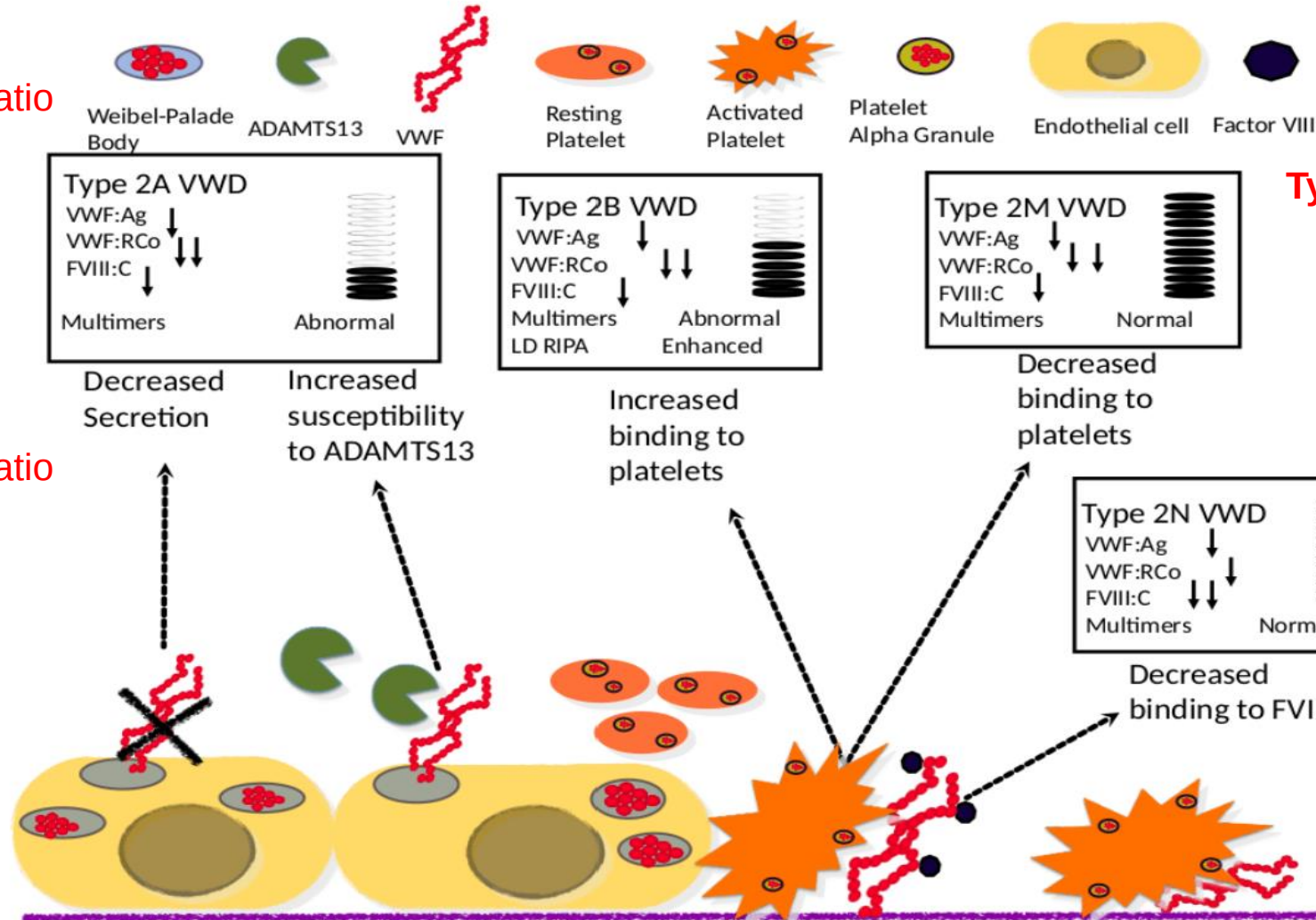
Type 1C
rapid clearance



Von Willebrand Disease – Qualitative Defects

Type 2A

abnormal VWF:Act/Ag ratio
abnormal multimers



Type 2M

abnormal VWF:Act/Ag ratio
normal multimers

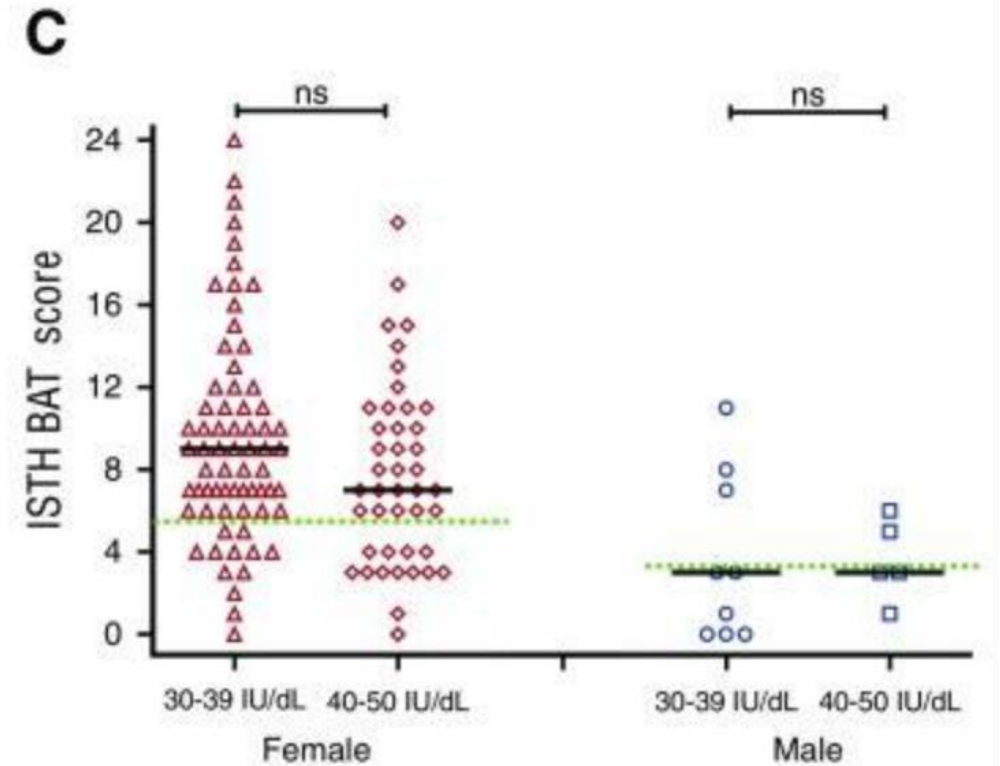
Type 2B

abnormal VWF:Act/Ag ratio
abnormal multimers
low platelets

Type 2N
very low FVIII
normal multimers

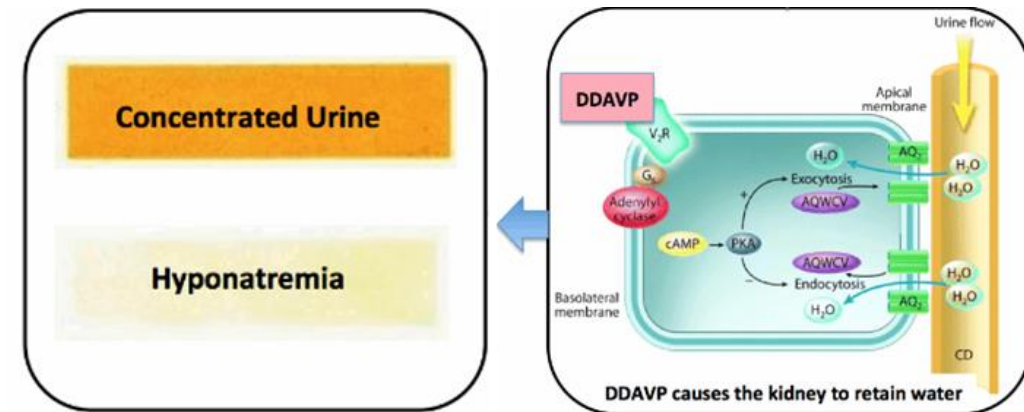
Diagnosis of Type 1 VWD

- VWF level <30% regardless of bleeding
- VWF < 50% with abnormal bleeding
 - 30% - 50%: Consider additional bleeding disorders
- No longer diagnosis of “low VWF”
 - Significant bleeding symptoms which need “VWD” treatment



Treatment of VWD

- Desmopressin (DDAVP – intranasal, SQ, IV)
 - Releases endogenous VWF and factor VIII from endothelium
 - Increases platelet adhesion to vessel wall
 - Increases tissue plasminogen activator
- Caution (Are there any stores? What is in the stores?)
 - Not effective in type 3
 - Less effective in type 1C
 - Less effective in type 2N
 - Caution in 2B (pseudothrombocytopenia)
 - DDAVP challenge (pre, at 90 min and 4 hours) to determine individual response
 - Tachyphylaxis and intravascular fluid retention

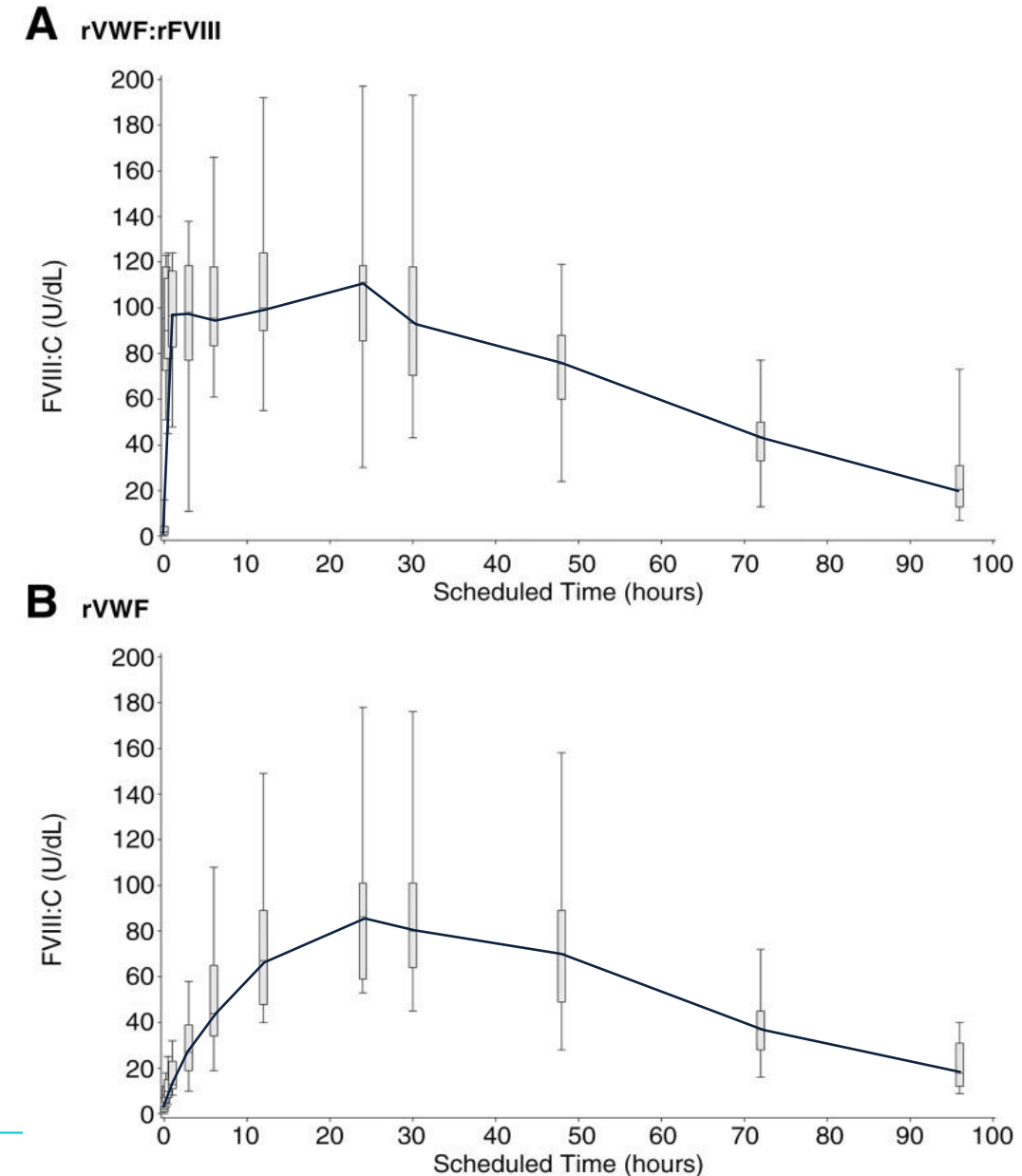


Treatment of VWD

- Antifibrinolytics
 - ϵ -aminocaproic acid (Amicar), tranexamic acid
 - Lysine analogs
 - Bind to plasminogen and prevent conversion to plasmin and thus fibrin degradation

Treatment of VWD

- VWF factor concentrates
 - Plasma derived - all contain factor VIII as well
 - Different VWF(RCo)/FVIII concentrations¹
 - Humate-P 2.45/1
 - Alphanate 0.9/1
 - Wilate 0.9/1
 - Recombinant von Willebrand factor (rVWF)²
 - does not contain FVIII



Acquired von Willebrand syndrome (AVWS)

Rare

- underreported

Paucity of data

- largest data collection on the disorder today, the International Society of Thrombosis and Haemostasis International Registry on AVWS

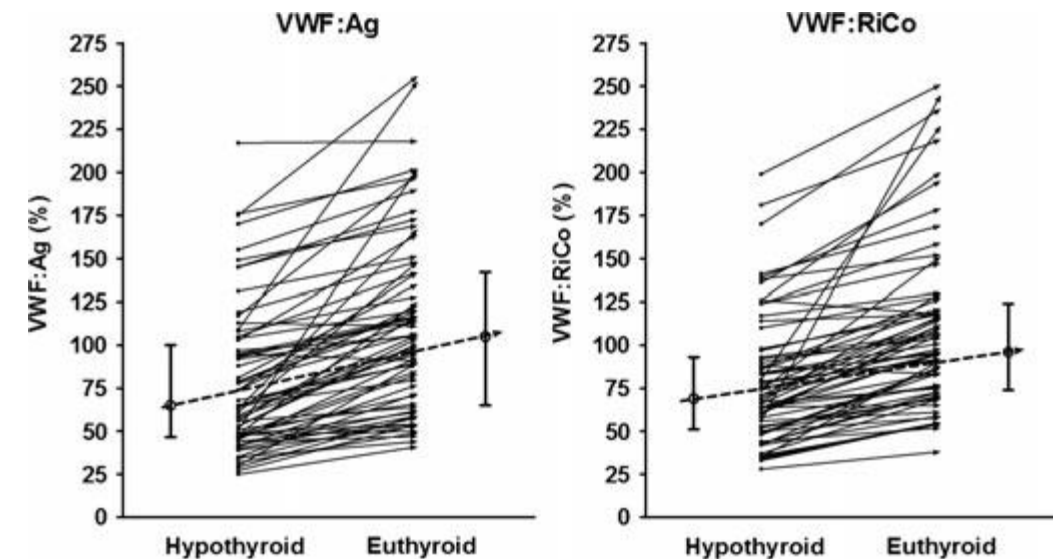
AVWS due to Decreased Production

Decreased production of thyroid hormone

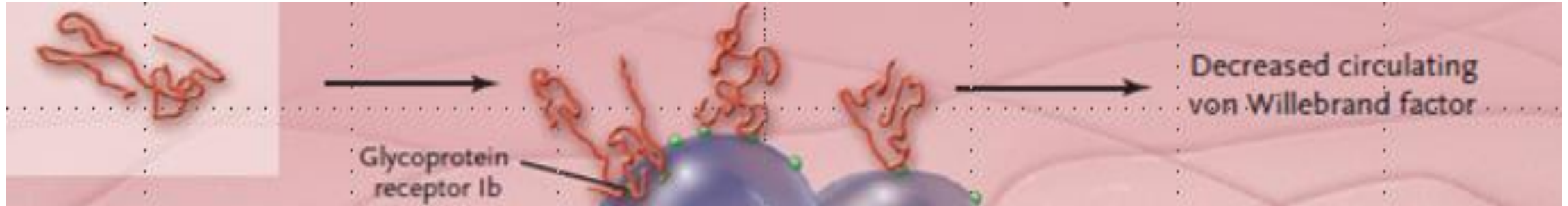


Decreased synthesis of von Willebrand factor

- Looks like a type 1 VWD (quantitative)
 - Low VWF:Ag and VWF:Activity
 - Normal multimers
 - Low VWF pro-peptide
- Study of 90 adults with primary overt hypothyroidism
 - **33%** had VWF:Ag and/or VWF:RCo levels of $\leq 50\%$
 - Most with levels 30-50%, none $< 10\%$
 - Correlated with free thyroxine (FT4) levels

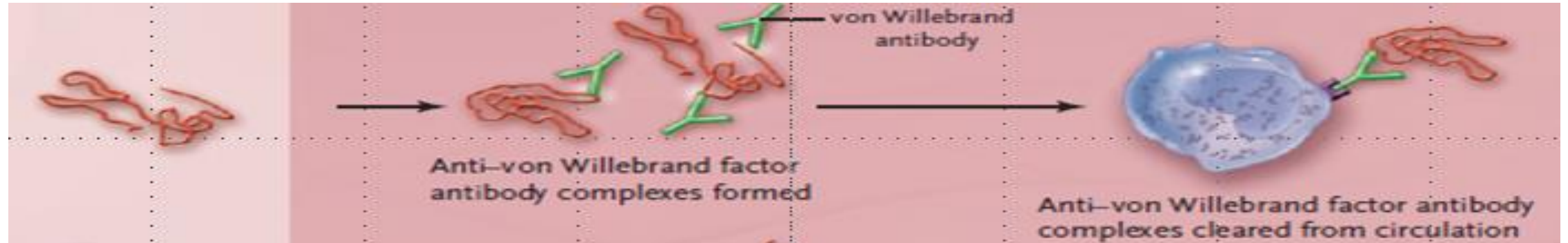


AVWS due to Adsorption



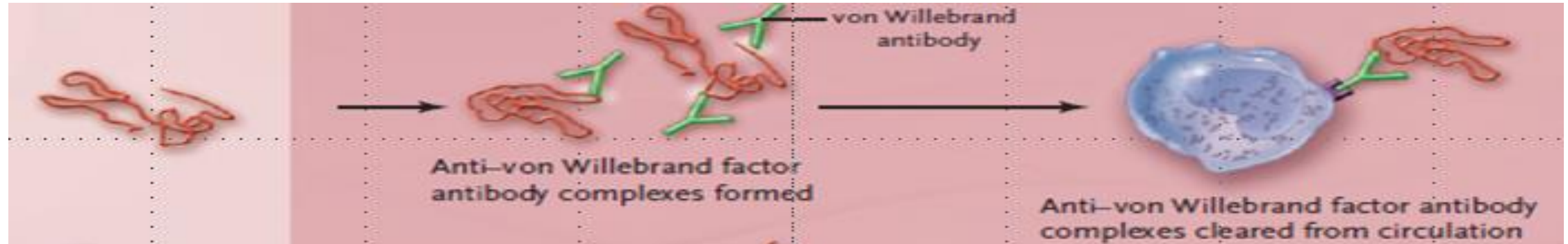
- Lymphoproliferative disorders (MM, WM, NHL, HCL), Myeloproliferative disorders (ET, PV), other thrombocytosis, malignancy
- Treat the underlying disease

AVWS due to antibodies



- Associated conditions:
 - Monoclonal gammopathy of undetermined significance (MGUS)
 - Lymphoproliferative disorders
 - Systemic lupus erythematosus
- Detection of actual antibodies remains challenging and not well standardized

AVWS due to antibodies



Intravenous immunoglobulin

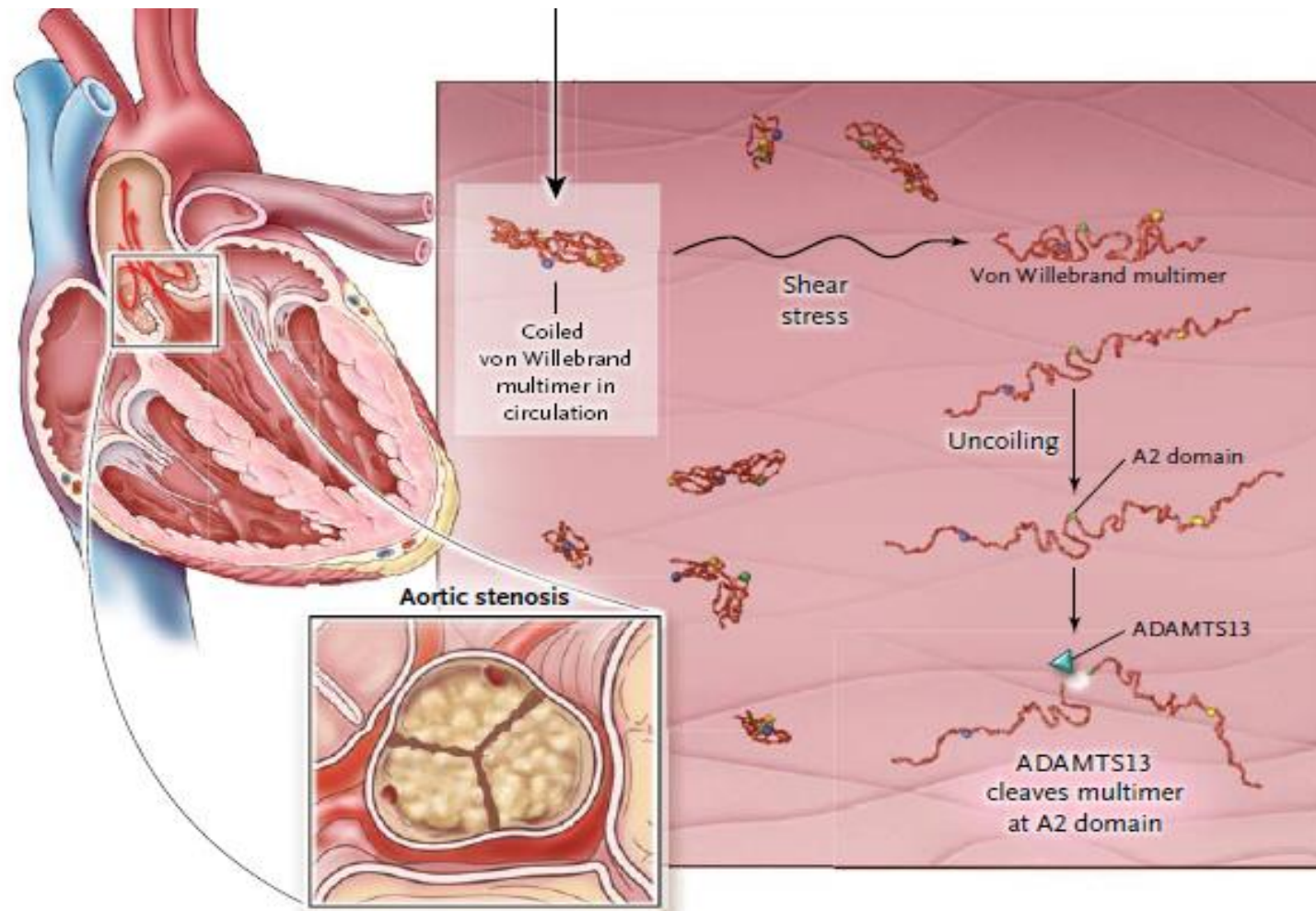
- Usually corrects laboratory abnormalities within 24-48 hours
- Alleviates bleeding symptoms in IgG-MGUS but not IgM-MGUS.
- Response can be seen for about 21 days and periodic re-dosing can achieve long-term control

Prednisone, rituximab and other immunosuppressant

Not standardized and has varying results

Treat underlying disease

AVWS associated with cardiovascular abnormalities

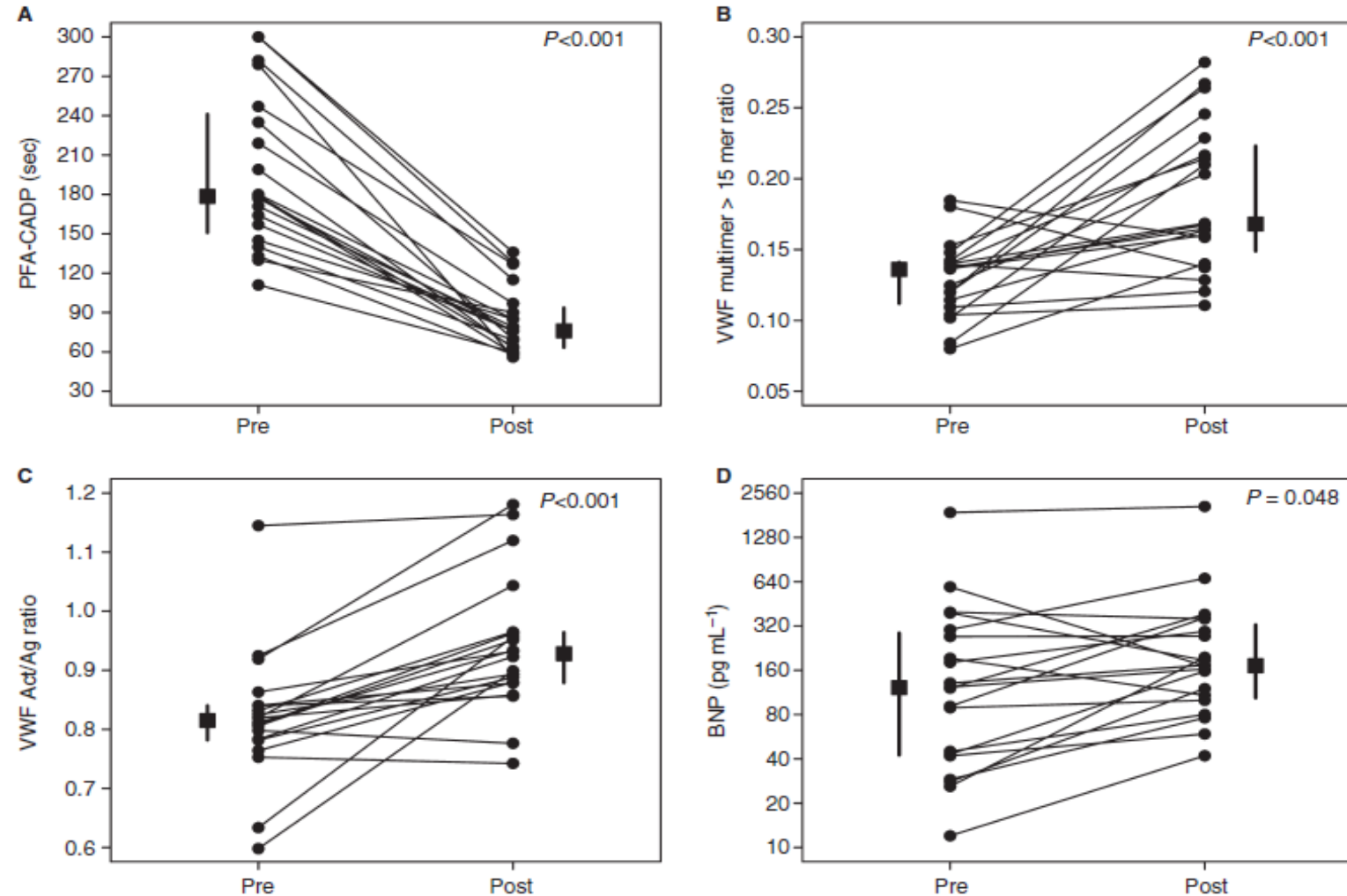


AVWS associated with cardiovascular abnormalities

- Etiology
 - acquired valve and other structural abnormalities
 - hypertrophic cardiomyopathy
 - intra-cardiac devices
- About 20% of adults with congenital heart disease have AVWS Laboratory
 - Often normal VWF:Ag, VWF:RCo, or VWF:CB levels
 - But reduced VWF:RCo/Ag and VWF:CB/Ag ratio
- Not all patients will have bleeding symptoms

AVWS associated with cardiovascular abnormalities

- Effect of mitral valve repair



Hyde's Syndrome (Aortic Stenosis, AVMs, AVWS)

- Correspondence in NJEM 1958 by EC Heyde
 - Gastrointestinal Bleeding in Aortic Stenosis
- In Blacksmith study in hypertrophic cardiomyopathy
 - 8/20 (40%) had AVM's
- Etiology is poorly understood
 - normal vascular aging and an impairment of platelets to maintain vascular endothelium
- Bleeding symptoms resolve after valve replacement

Congenital Hemophilia

Hemophilia A and B

Hemophilia: rare X-linked bleeding disorders

- Hemophilia A – deficiency of factor VIII (*F8* gene)
- Hemophilia B – deficiency of factor IX (*F9* gene)

Complication: bleeding

- joints and soft tissue
- trauma and surgeries

Hemophilia severity determined by factor activity level:

- Mild: >5%, Moderate: 1-5%, Severe: <1%

Standard of care: replacement of clotting factor (IV)

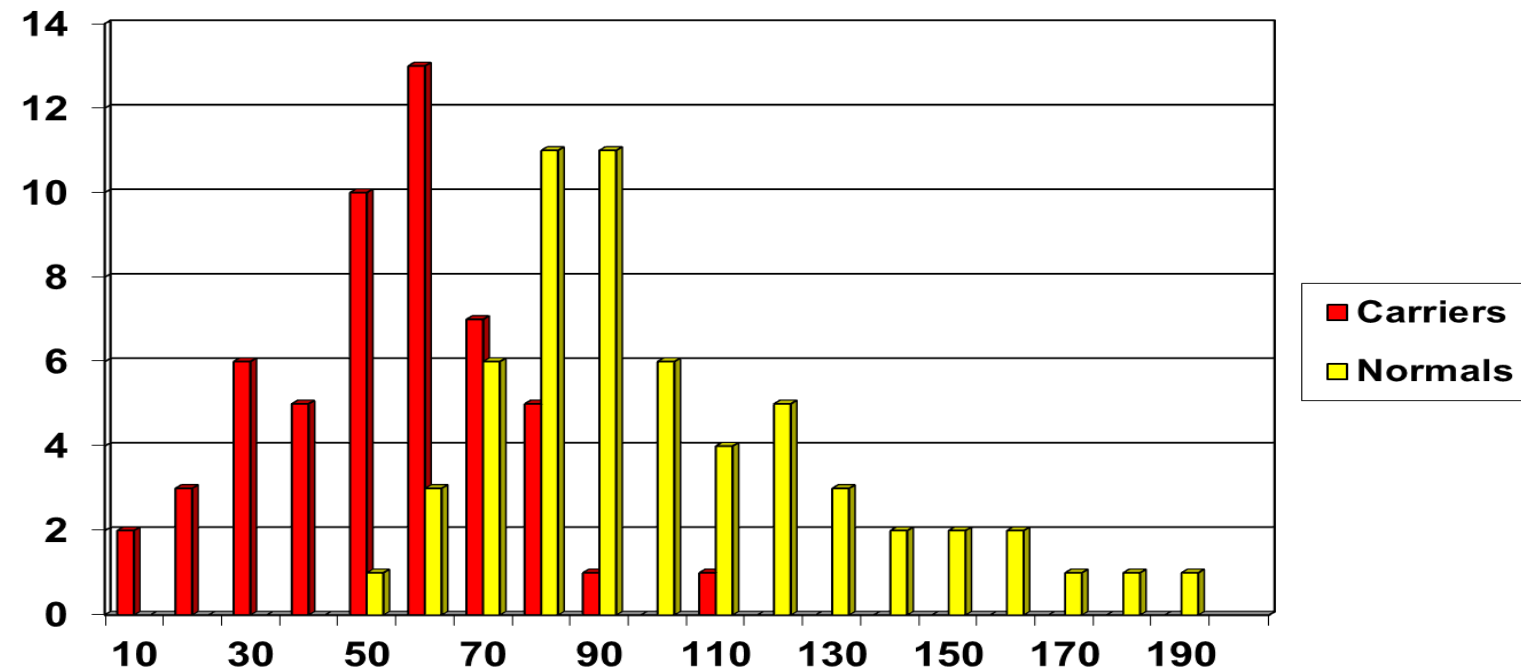
Complication of treatment: **inhibitors** (factor-neutralizing antibodies)

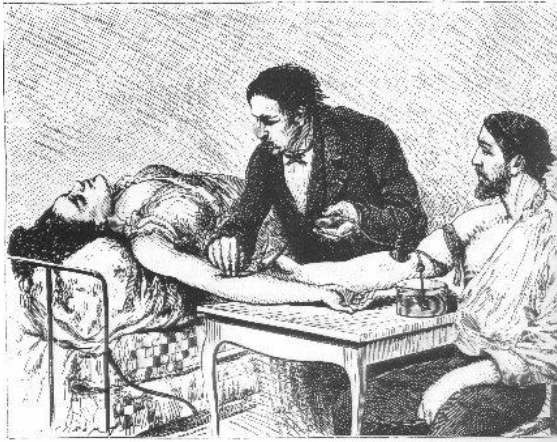
- ~30% in severe A (can also occur in mild hemophilia A), ~10% in severe B,



Females with *F8* Genetic Variants

- ~ 30% have bleeding symptoms
- Newer terminology:
 - Females with hemophilia
 - Symptomatic carriers
 - Asymptomatic carriers





**First Blood Transfusion
for Hemophilia**



First Plasma Transfusion

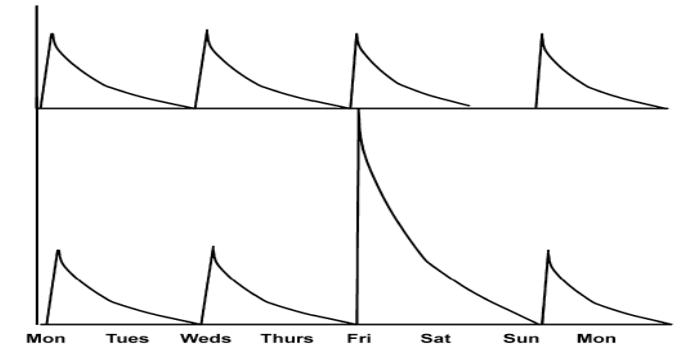
**Cryoprecipitate discovered
by Dr. Judith Pool**

First Factor Concentrates

First Monoclonal Factor Concentrates

First Recombinant Factor Concentrates

**Factor Prophylaxis
In U.S.**



Factor Prophylaxis In U.S.



Has to be given **IV**

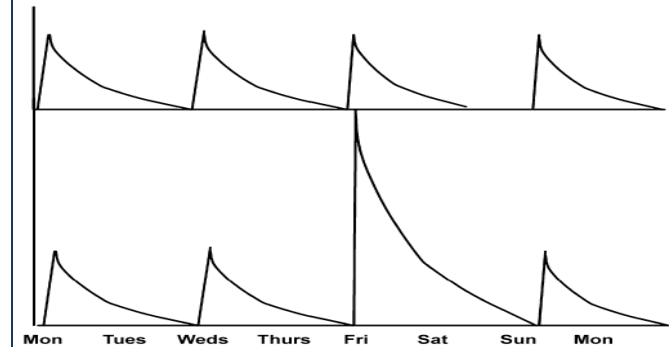
Factor has a relatively **short half life**

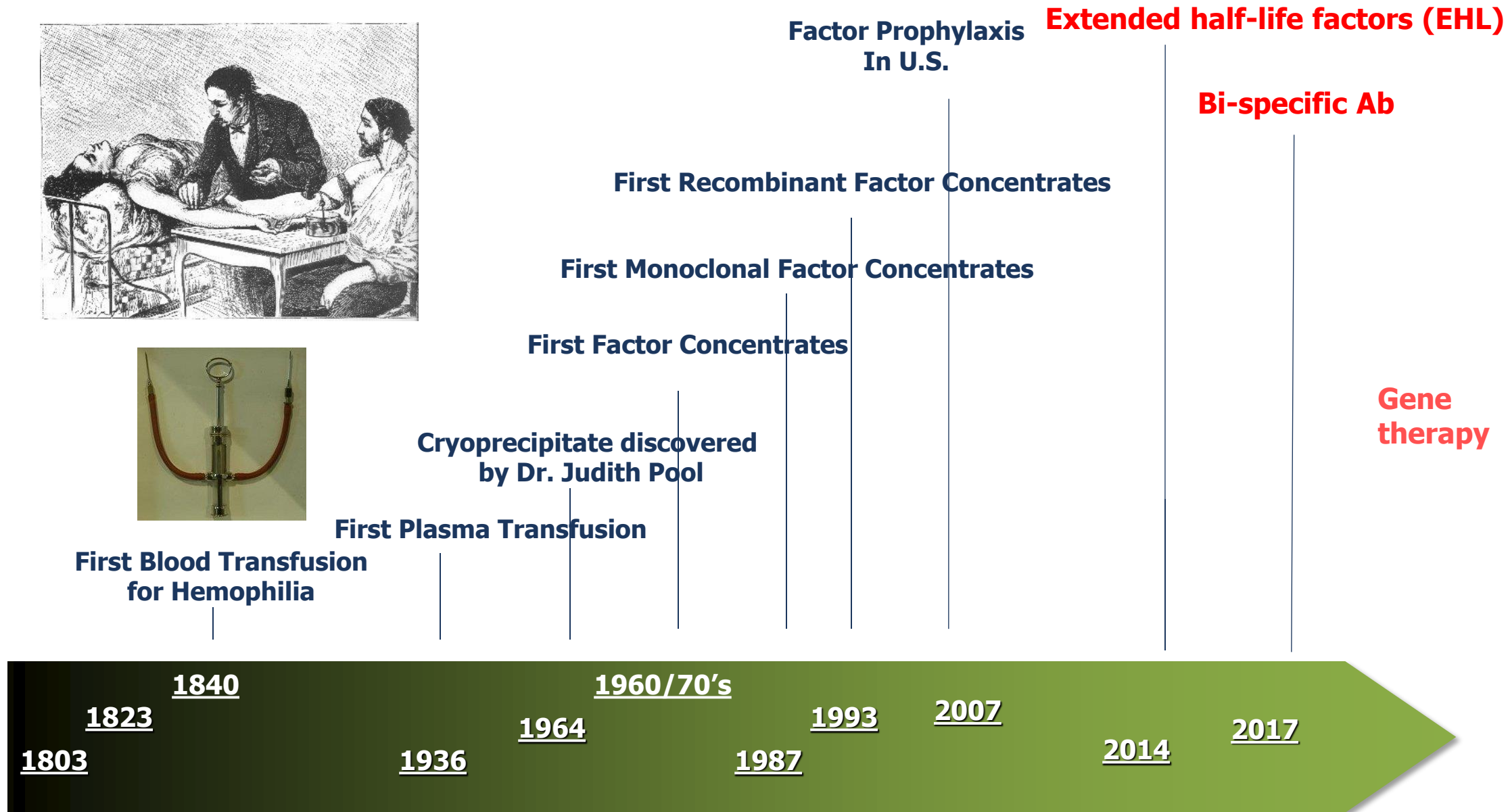
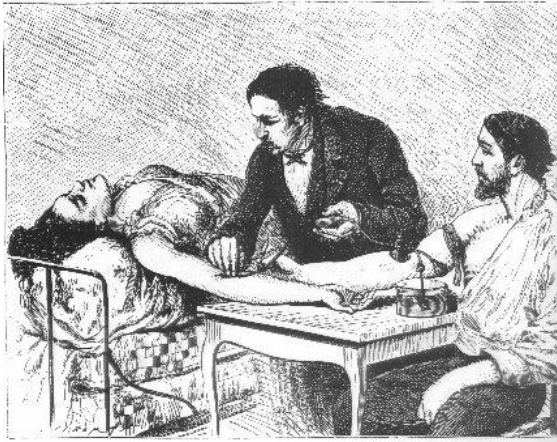
~ 6-10 hours for factor VIII

~12-18 hours for factor IX

Has to be given frequently

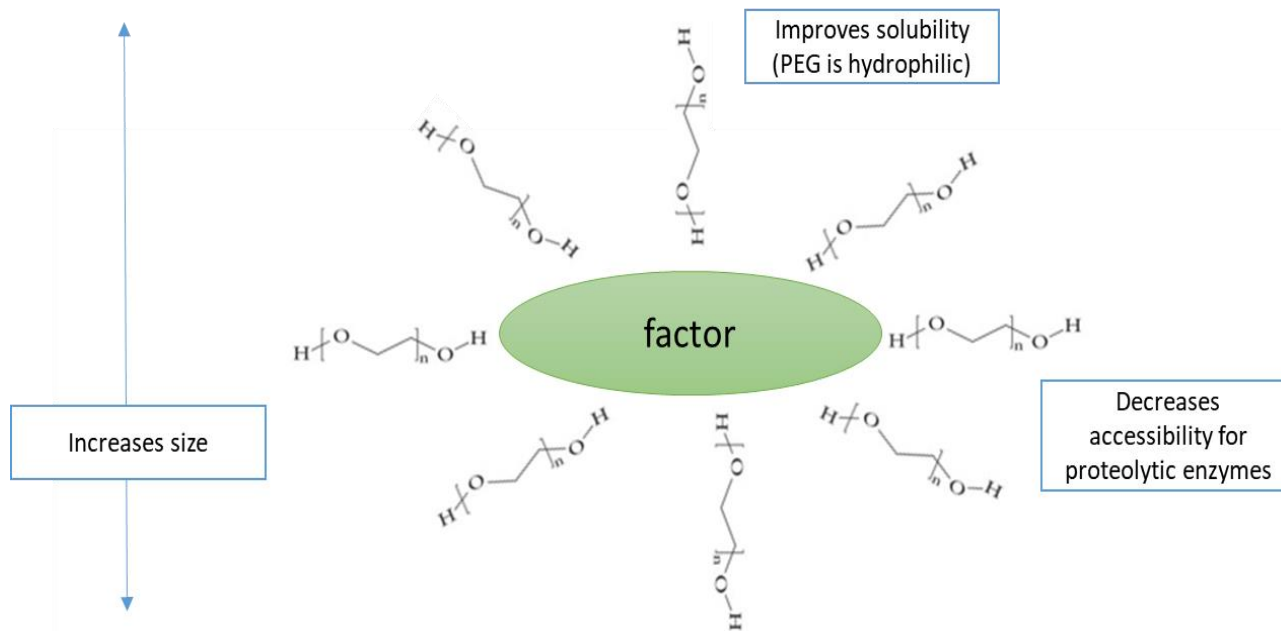
Difficult to achieve troughs to maintain an active lifestyle



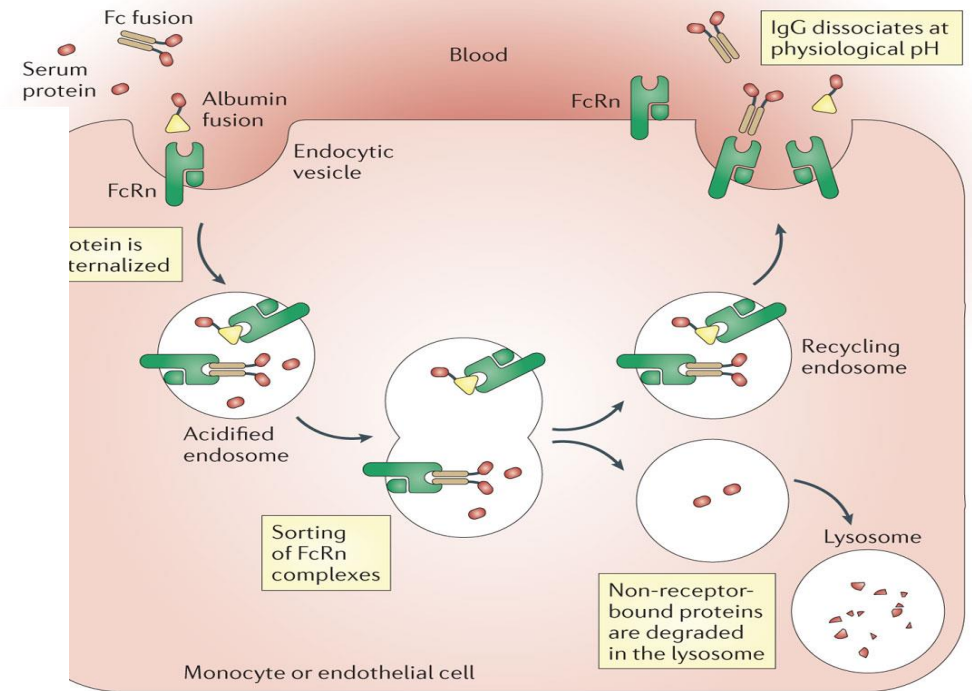


Mechanism of Extended Half-life Covalently Modified Factors

Pegylation



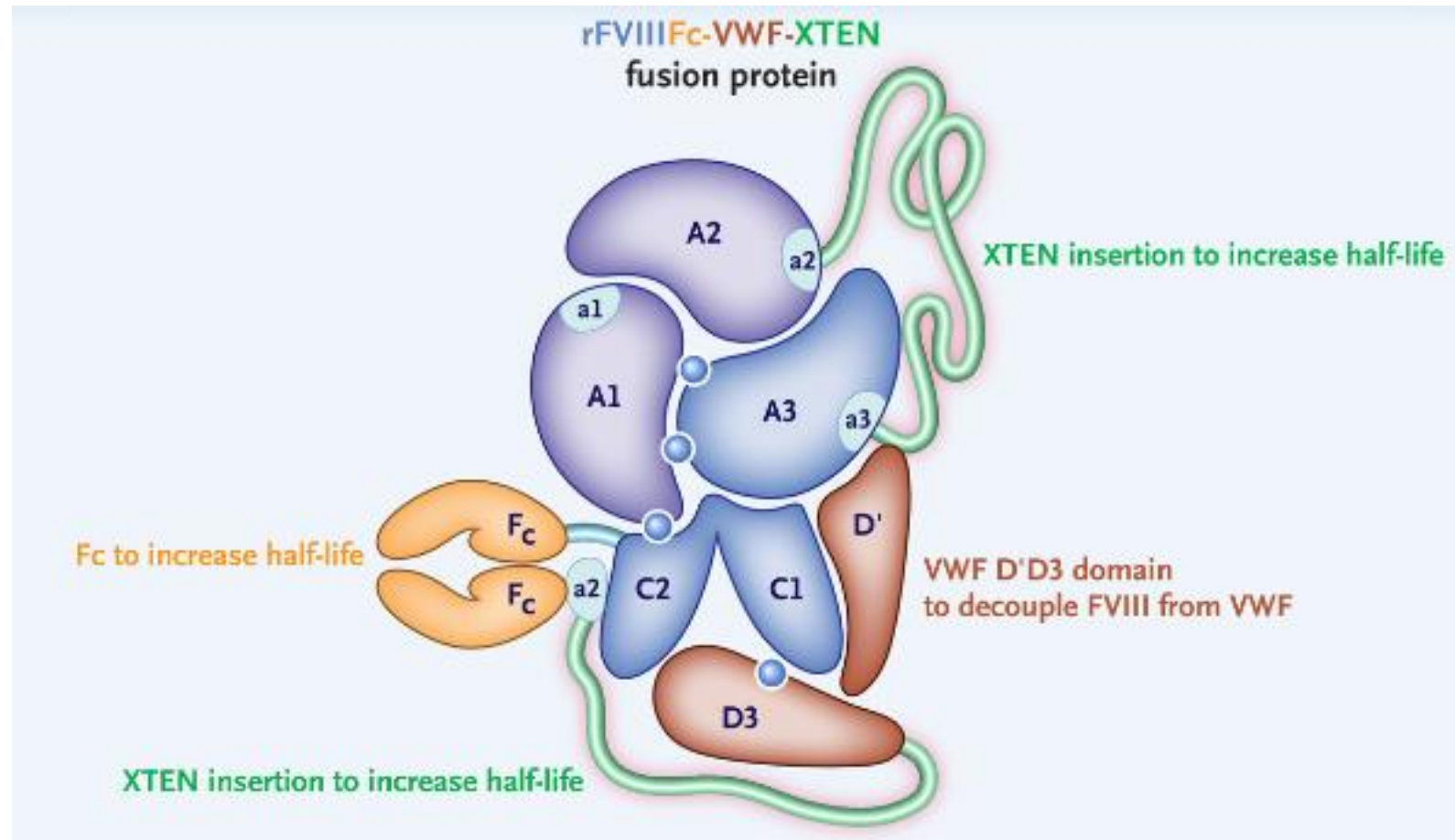
Fc or albumin fusion



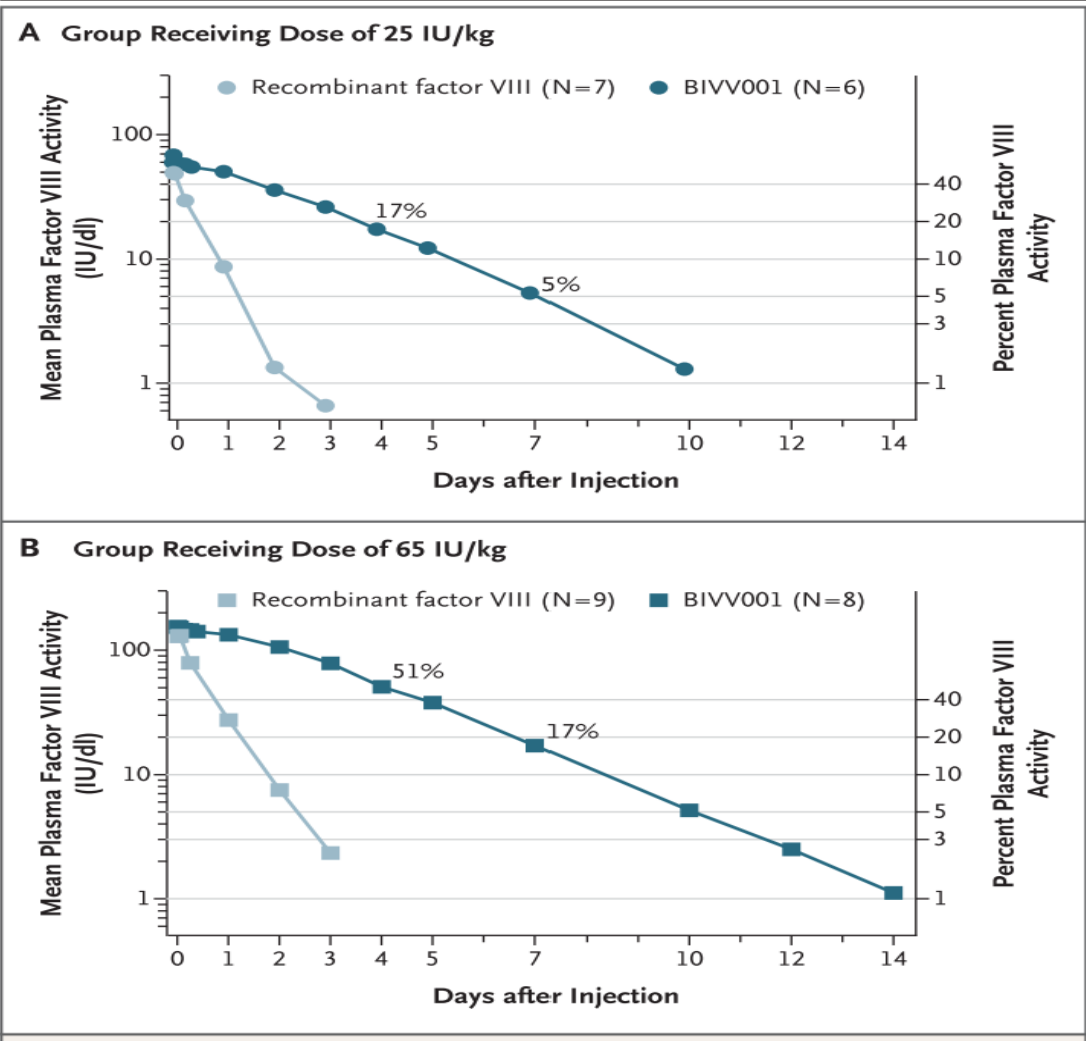
Recombinant Extended Half-life Products

Factor VIII			
Drug	Mechanism	Fold Enhancement	FDA Approval
rFVIII-Fc (Eloctate [®])	Fc fusion	1.5	6/2014
Adynovate [®]	Pegylation	1.5 to 2	11/2015
Esperoct [®]	Glycopegylation	2	2/2019
Jivi [®]	Pegylation	1.8	8/2018
BIVV001 (rFVIII-Fc-VWF-XTEN, Altuviiio [®])	Fc, XTEN, VWF D'D3	~ 4	6/2023
Factor IX			
rIX-Fc (Alprolix)	Fc fusion	2.4 fold	3/2014
rIX-FP (Idelvion)	Albumin fusion	> 5 fold	3/2016
N9-GP (Rebinyn)	Glycopegylation	> 5 fold	5/2017

BIVV001 (rFVIII_{Fc}-VWF-XTEN, efanesoctocog alfa)



BIVV001 (rFVIIIFc-VWF-XTEN, efanesoctocog alfa)

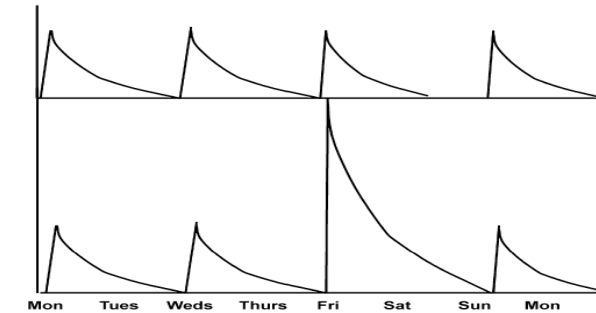
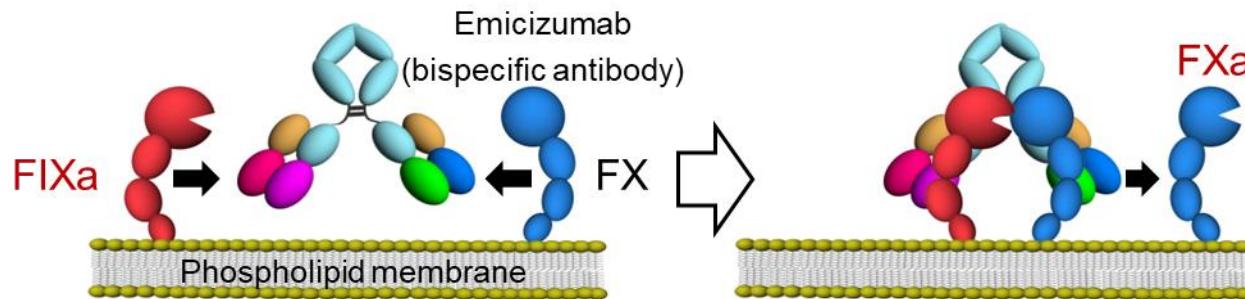
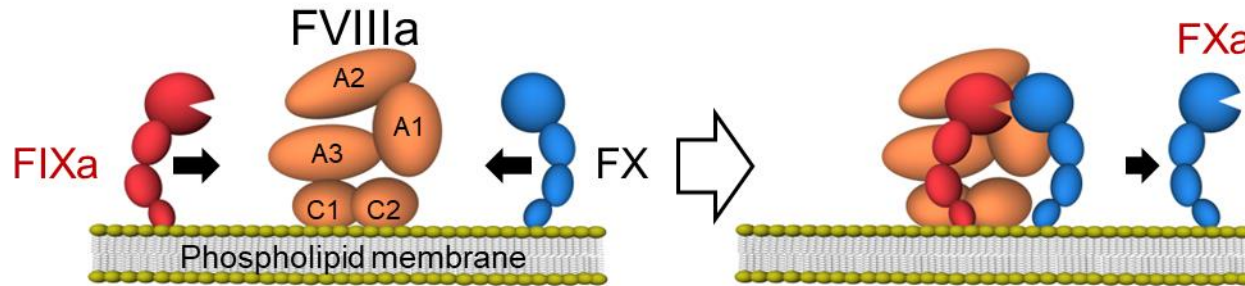


Major complication of FVIII treatment: Neutralizing antibody (inhibitor) formation

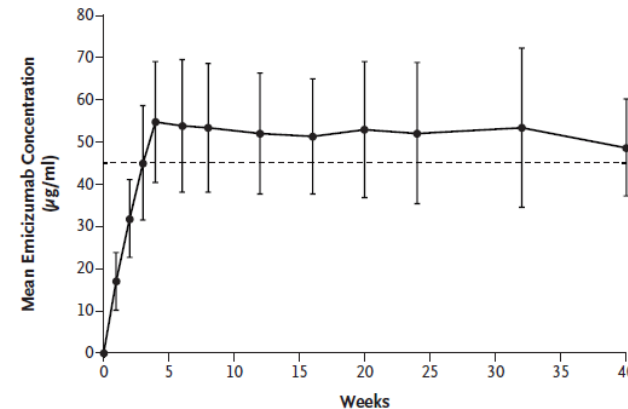
- **30%** of people with severe hemophilia A develop antibodies
- **Hemostatic approach**
 - High titer inhibitors do not respond to FVIII replacement
 - Need to treat bleeding with bypassing agents
 - recombinant factor VII activated (rFVIIa)
 - activated prothrombin complex concentrate (aPCC, contains factor II, VII, IX, X)
 - Bleeding prophylaxis with emicizumab
- **Inhibitor eradication**
 - Usually lengthy immune tolerance therapy (ITT) to eradicate inhibitor
 - Usually daily high dose factor VIII infusion for months



Bispecific Antibody: a Factor VIIIa - Mimetic



IV
 $T_{1/2} \sim 8$ hours



SQ
 $T_{1/2} \sim 28$ days

FVIIIa=activated factor VIII; FIXa=activated factor IX; FX=factor X.

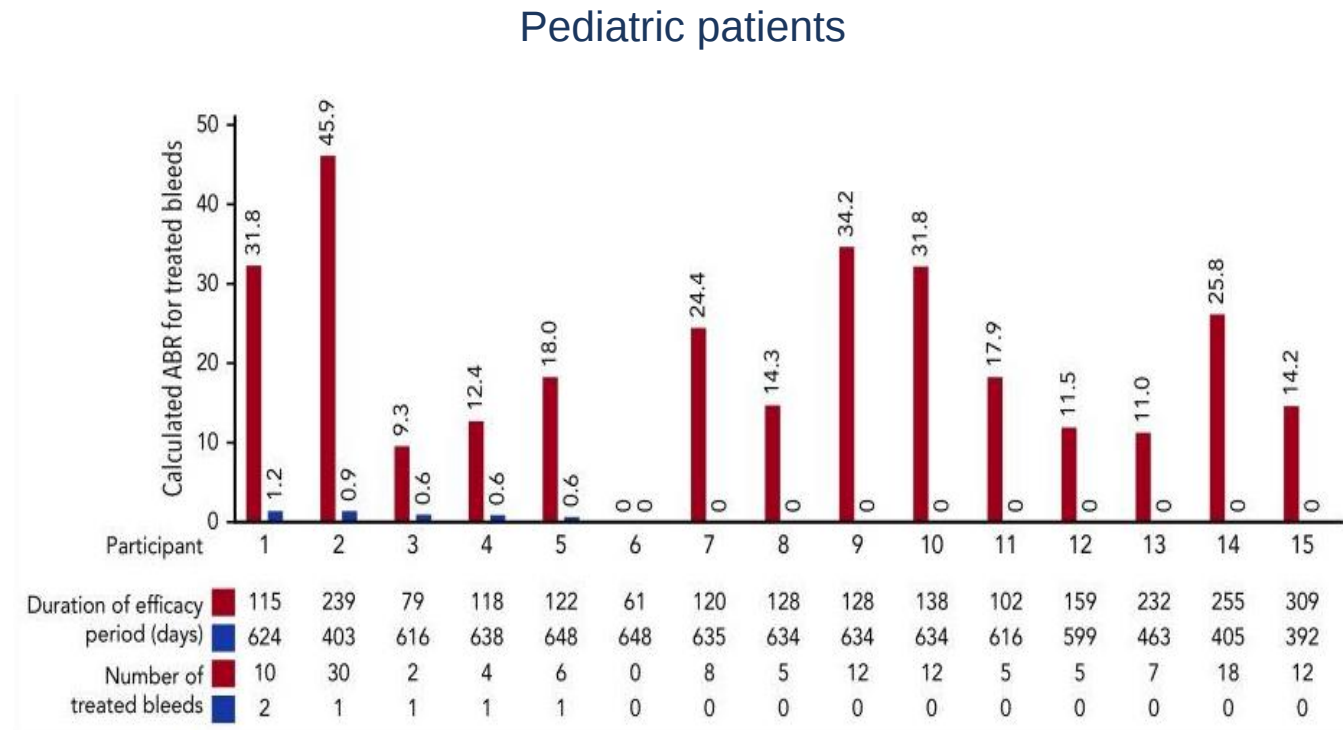
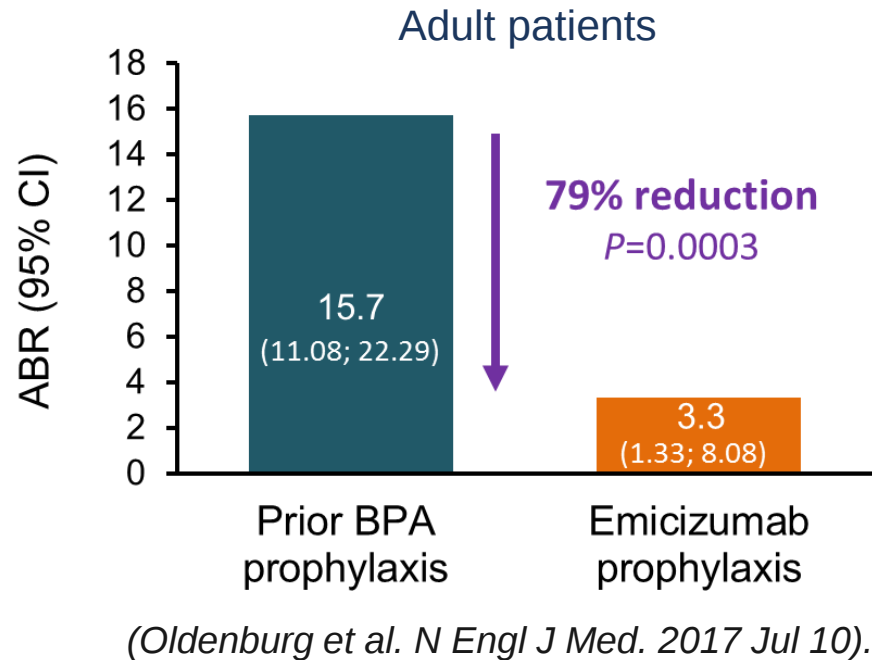
Fred Hutchinson Cancer Center

Kitazawa T et al. *Nat Med*. 2012;18:1570-1574; Sampei Z et al. *PLoS One*. 2013;8:e57479;

Muto A et al. *J Thromb Haemost*. 2014;12:206-213; Shima M et al. *N Engl J Med*. 2016;374:2044-2053.

- SQ every 1-4 weeks
- Hemophilia A ONLY
- With and without inhibitors

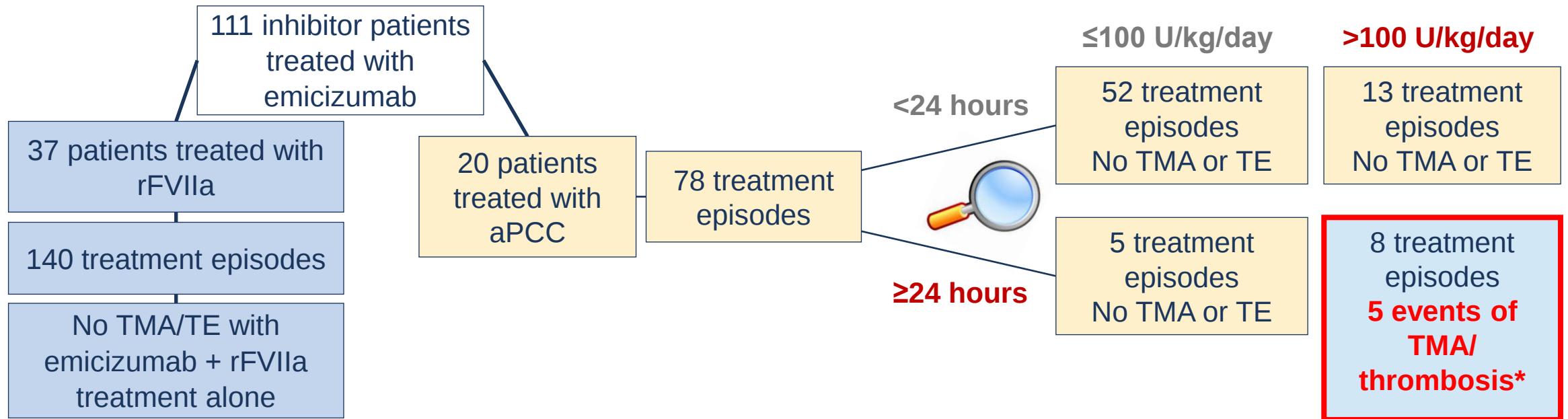
Efficacy of Emicizumab in Hemophilia A with inhibitors



(Young G et al. Blood. 2019)

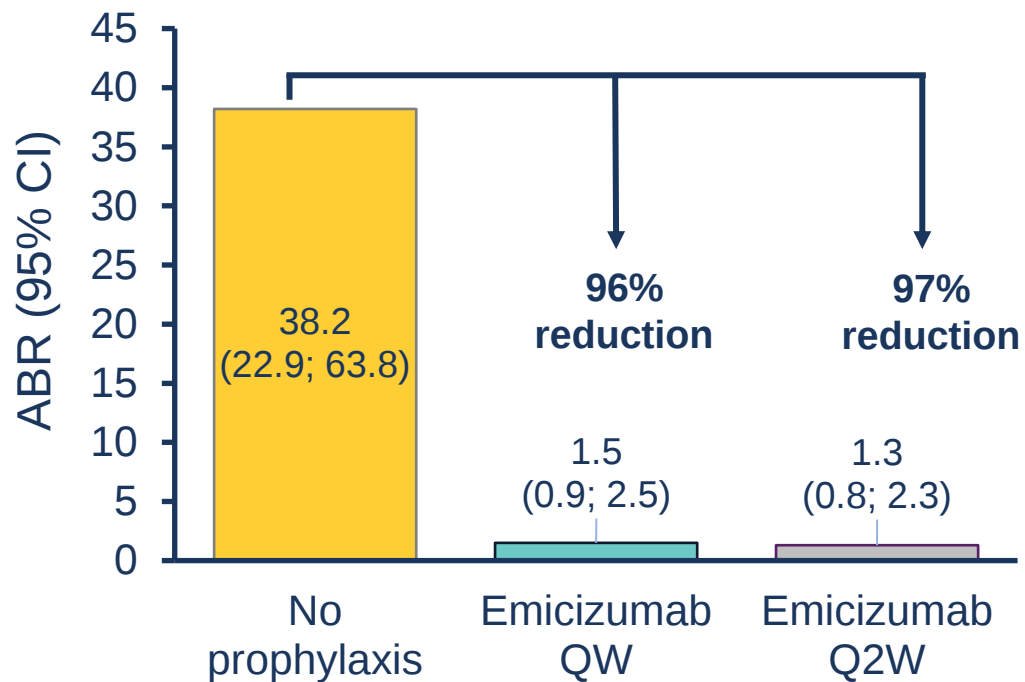
Breakthrough bleeding on Emicizumab

- Thrombotic events (TMA x 3, TE x 2) when given with aPCC

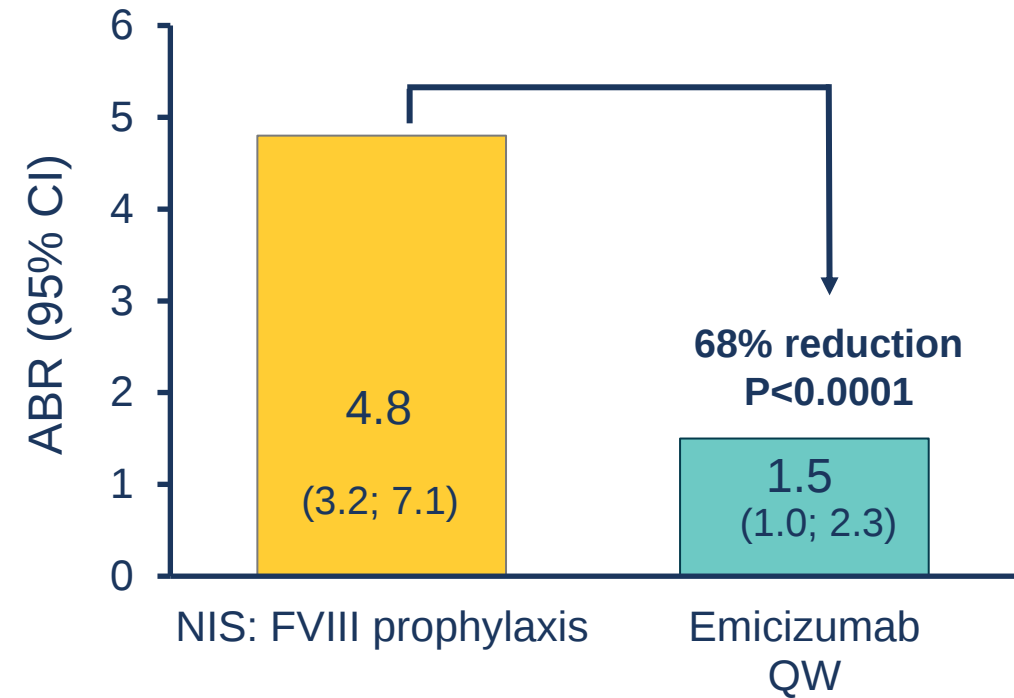


Efficacy of emicizumab – Non-Inhibitor (HAVEN 3)

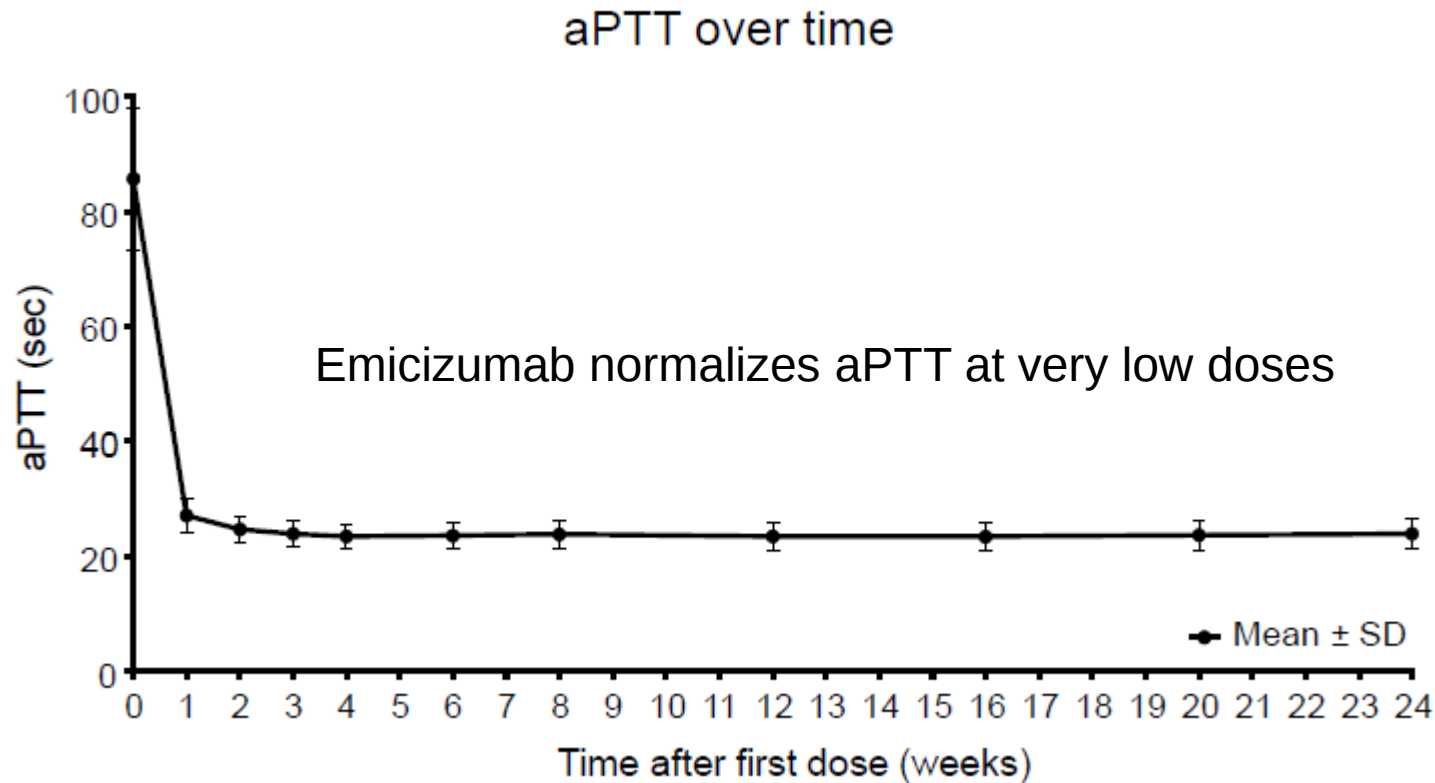
On demand FVIII



Prophylactic FVIII



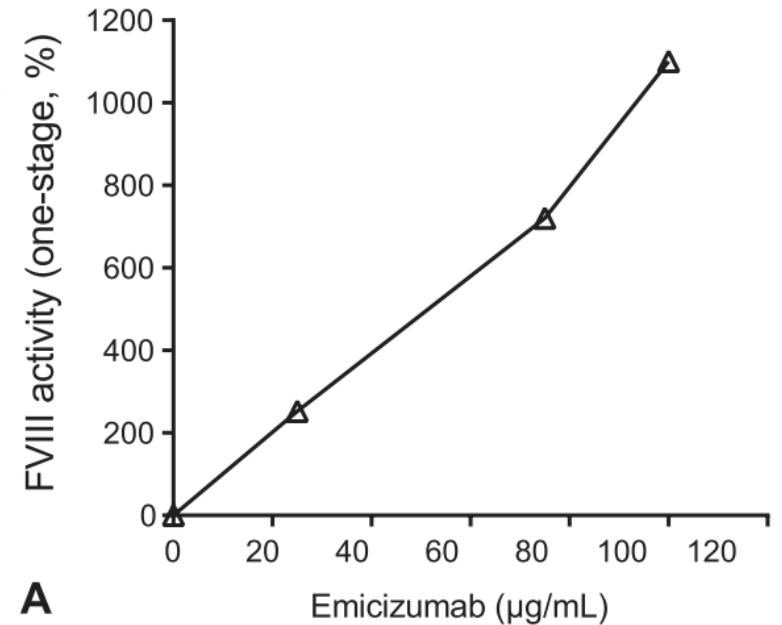
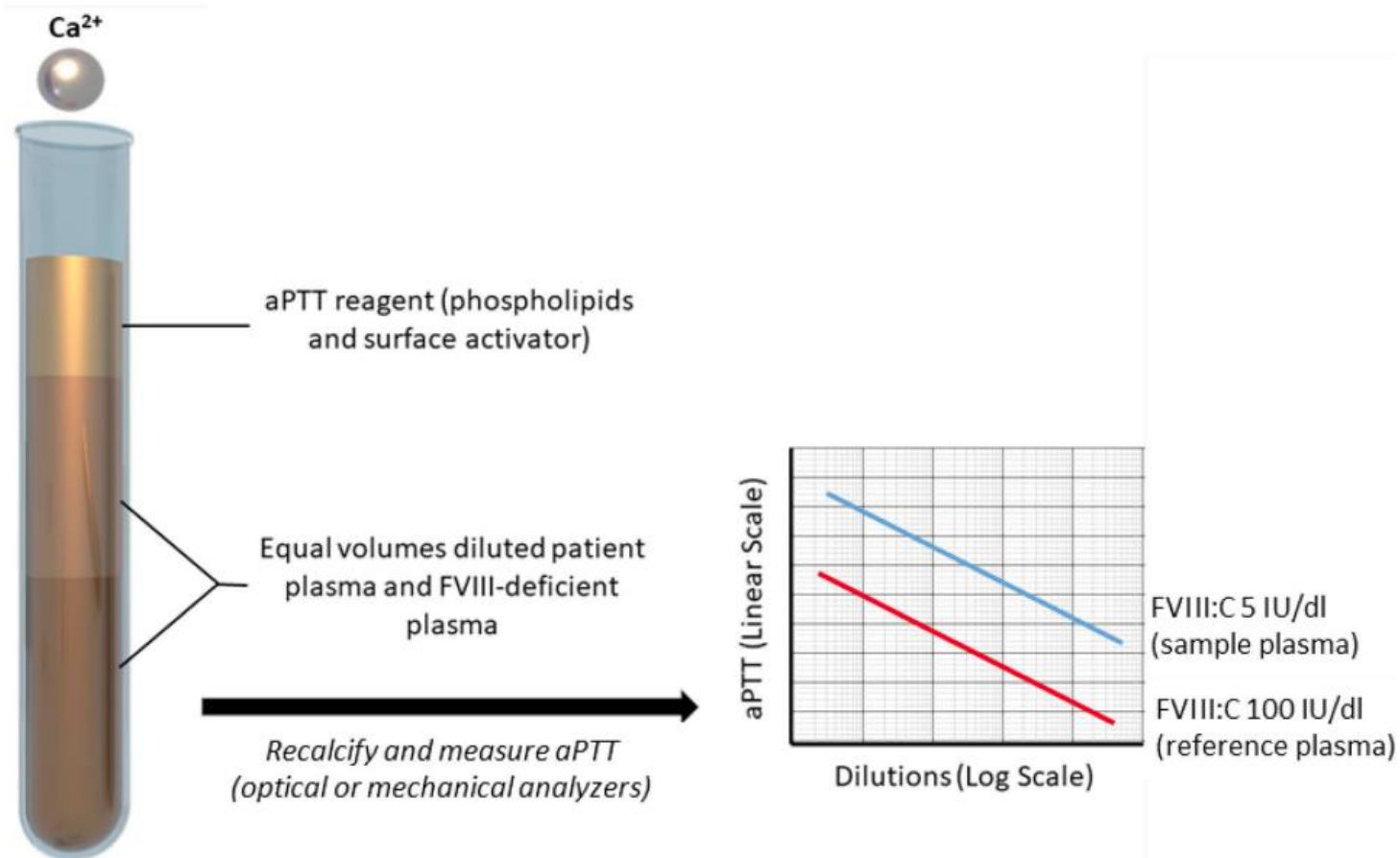
Emicizumab has a strong effect on aPTT



aPTT is not an accurate measure of hemostatic potential in the presence of emicizumab

One-stage clotting assay (OSA)

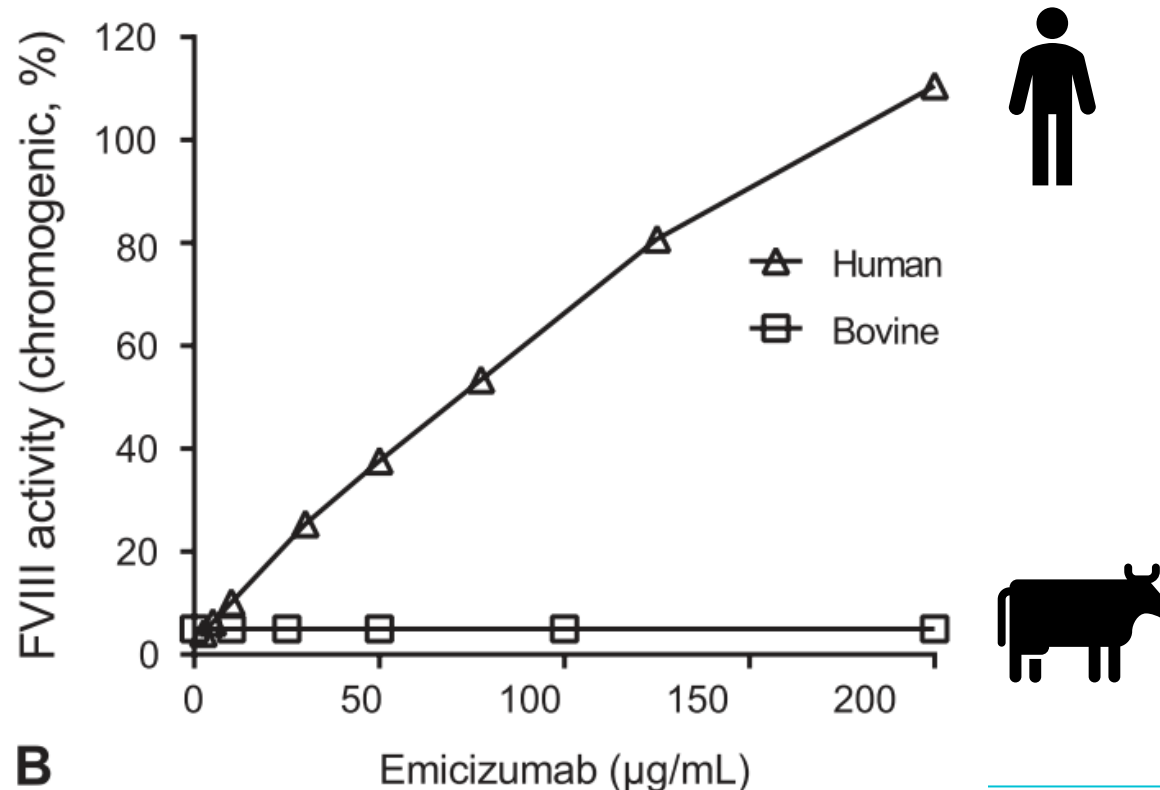
OSA FVIII Activity in an Emicizumab-Spiked FVIII-Deficient Plasma Sample



FVIII OSA grossly overestimates hemostatic potential

Chromogenic substrate assay (CSA)

- Chromogenic assay is reliable



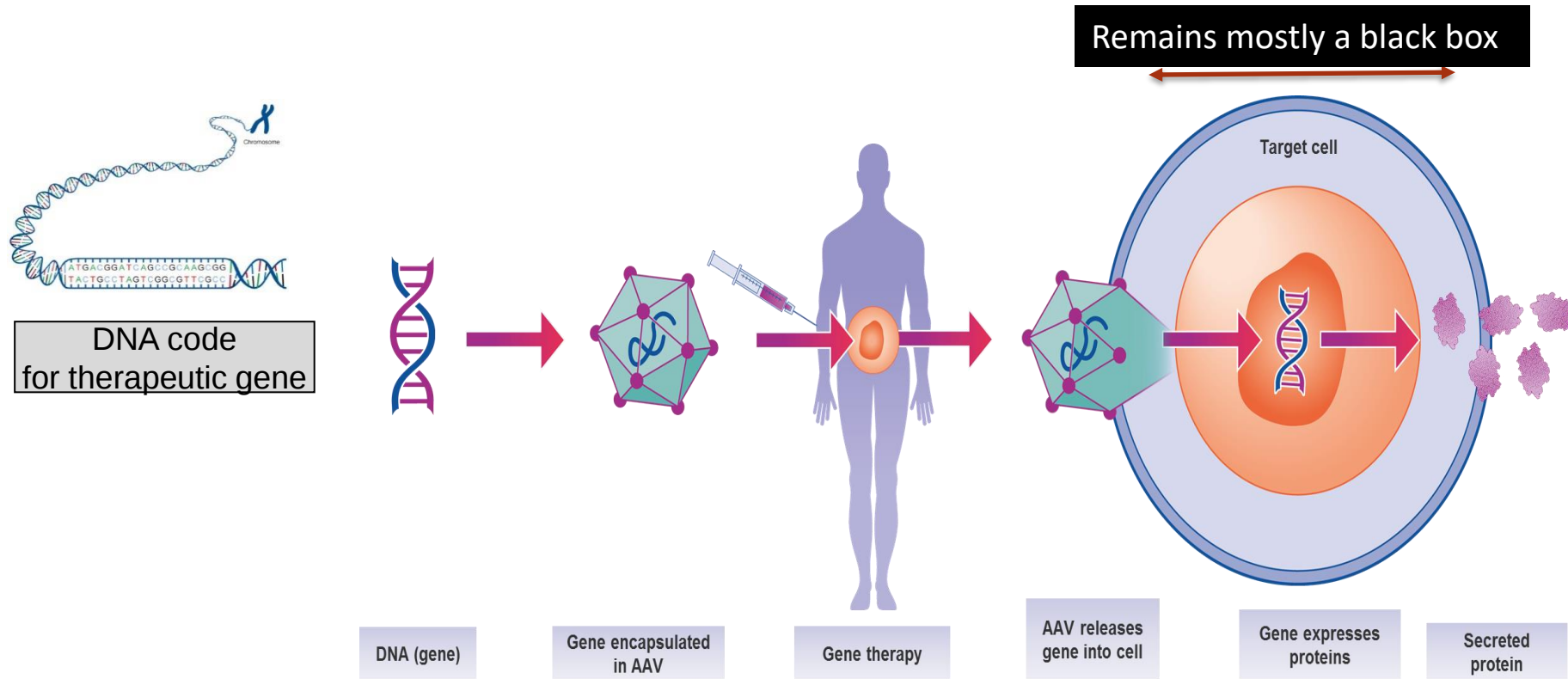
Detects emicizumab activity with **human** reagents

Detects FVIII activity with **bovine** reagents without measuring emicizumab

Gene Therapy



Adeno-associated virus (AAV) mediated gene therapy



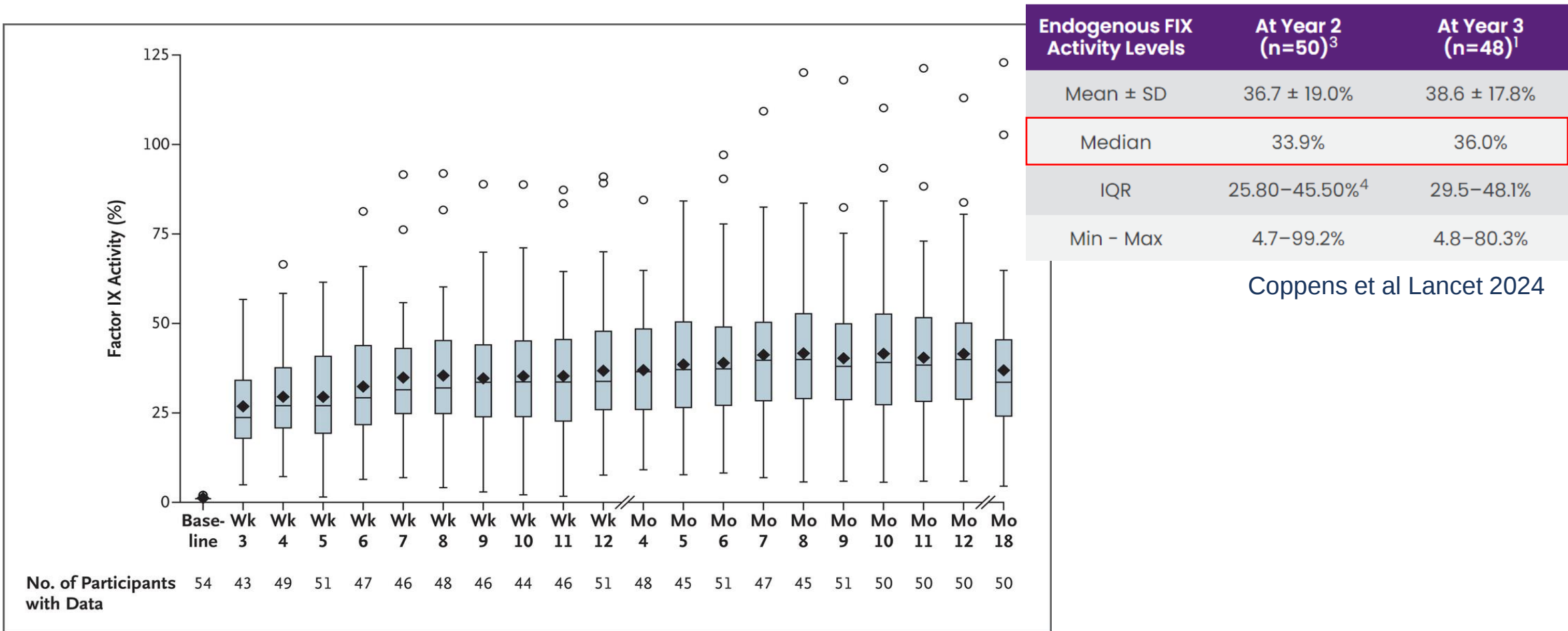
ssDNA virus, 2 genes-rep and cap, 20nm, non-pathogenic upon human or animal infection
>200 human trials using AAV – based gene therapy have been conducted in the past 30 years

Gene Therapy for Hemophilia - FDA Approvals

		FDA approval
Hemophilia B		
	ertanacogene dezaparvovec-drib (Hemegenix)	11/22/22
	fidanacogene elaparvovec-dzkt (Beqvez)	4/25/24
Hemophilia A		
	valoctocogene roxaparvovec-rvox (Roctavian)	6/29/23

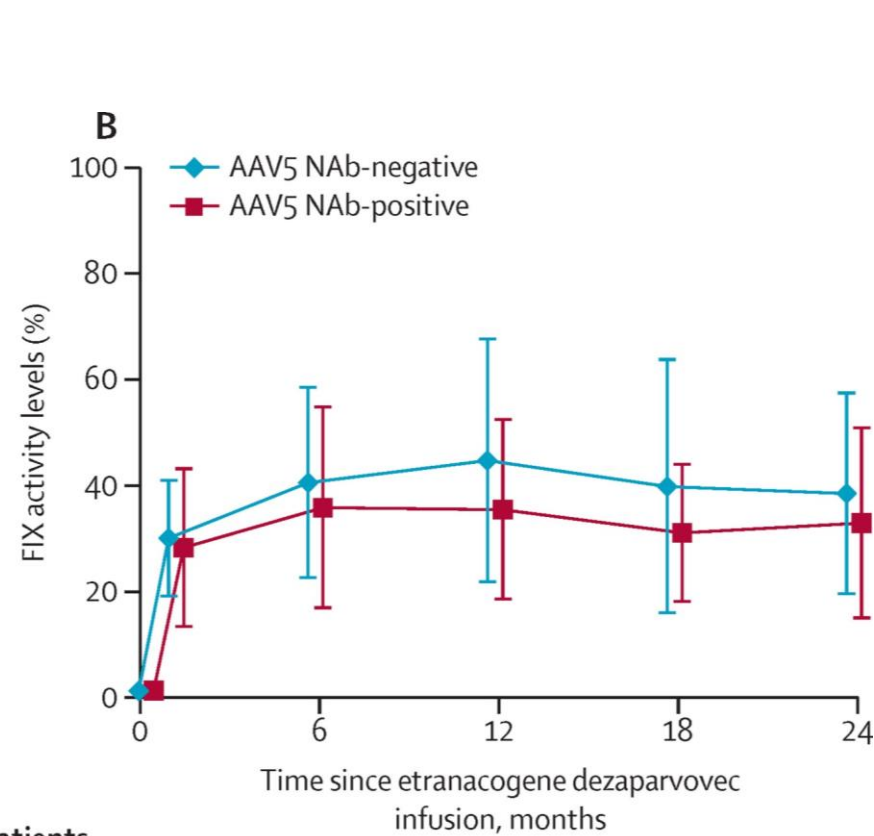


Hemophilia B: Etranacogene Dezaparvovec (Hemgenix)



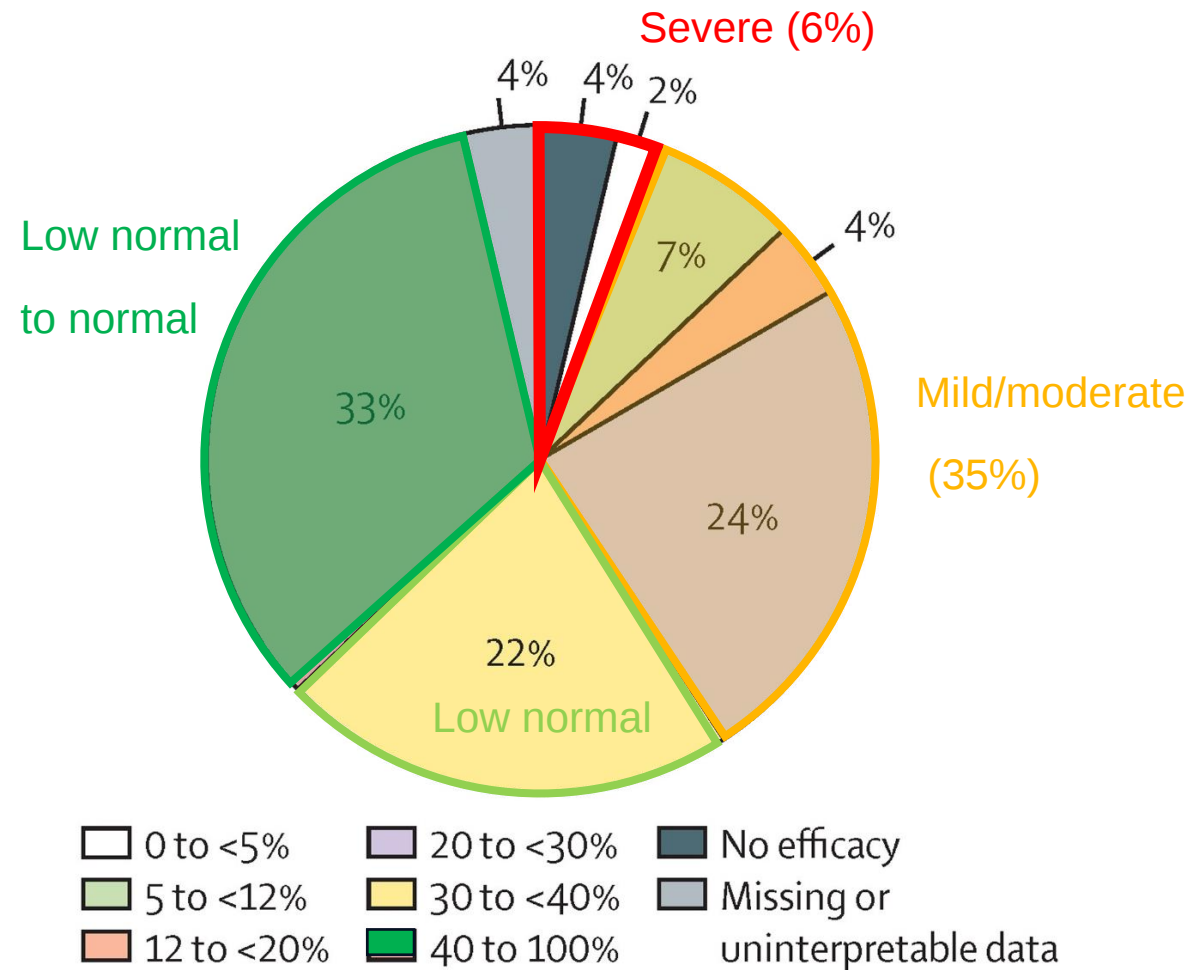
Pipe et al NEJM 2023

Hemophilia B: Etranacogene Dezaparvovec (Hemgenix)

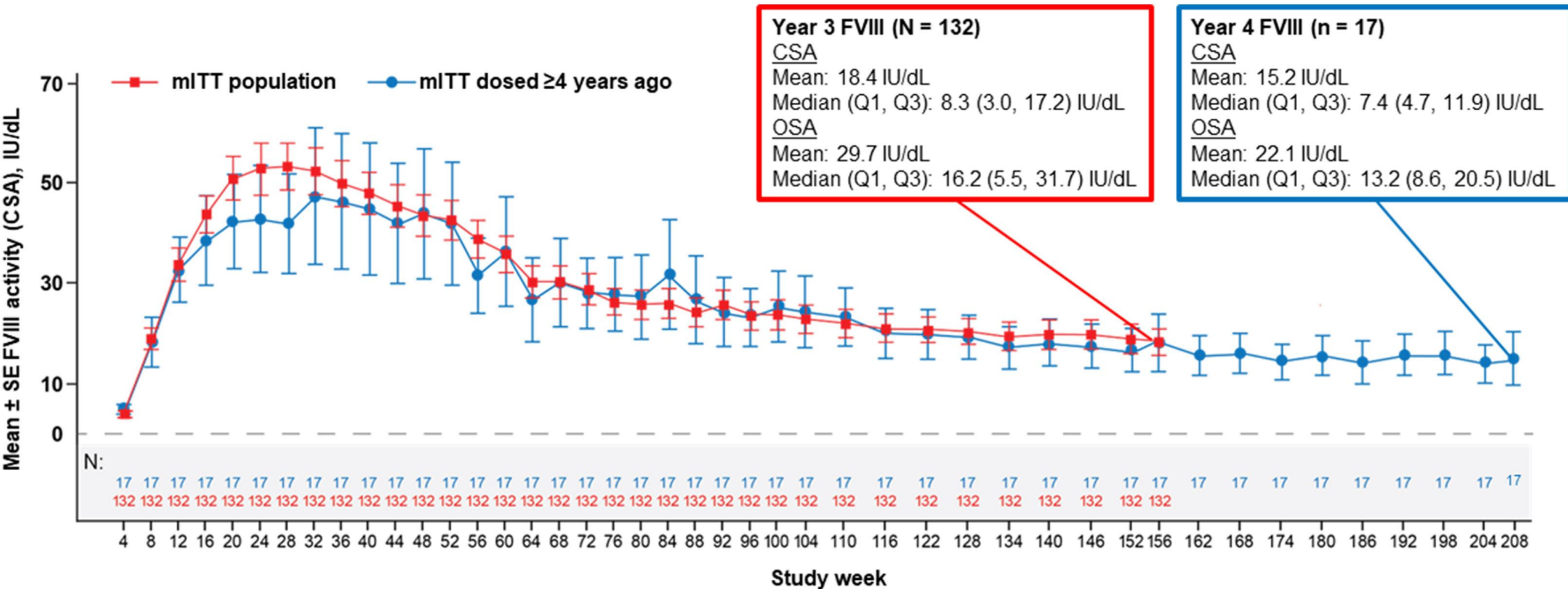


Number of patients

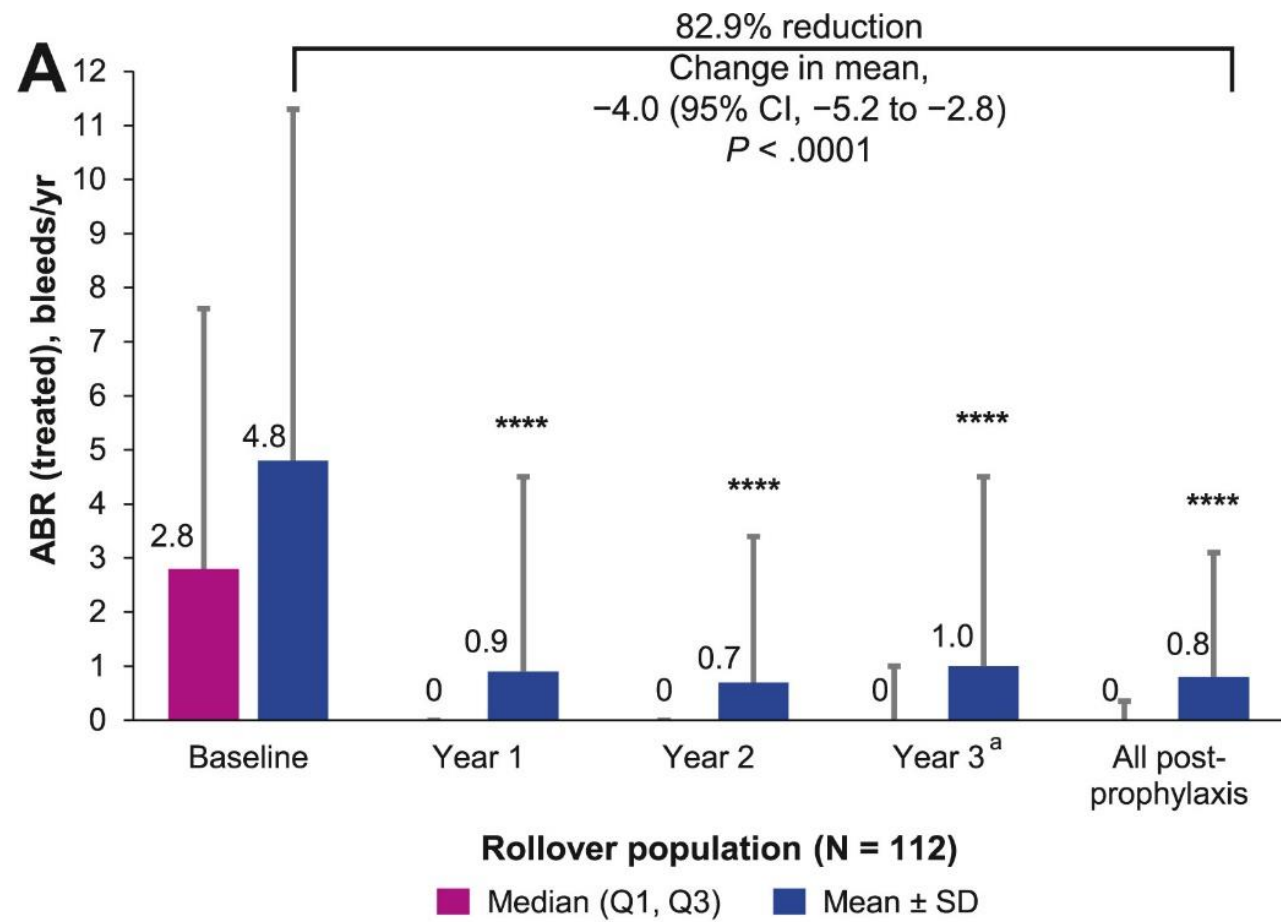
AAV5 NAb-negative	33	32	33	32	33	33
AAV5 NAb-positive	21	17	18	18	17	17



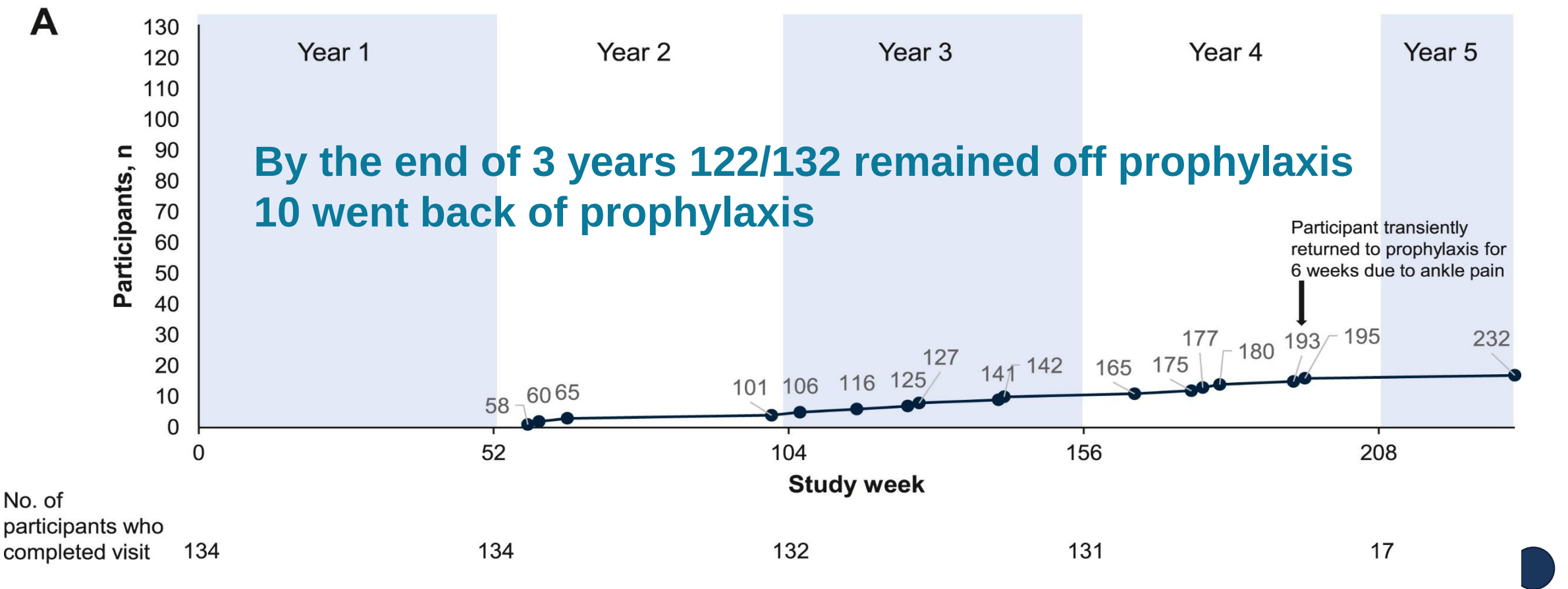
Hemophilia A: Valoctocogene Roxaparvovec (Roctavian)



Roctavian - efficacy



Roctavian - efficacy



Beqvez

- Bleeds were eliminated in 60% of patients compared to 29% in the prophylaxis arm
- Most common adverse reaction (incidence $\geq 5\%$) reported in Phase 3 and 1/2 clinical studies was an increase in transaminases (in 26/60 patients)
- At 15 months, mean factor level 27%
- At 26 months, at least 60% of patients had levels 15-40%

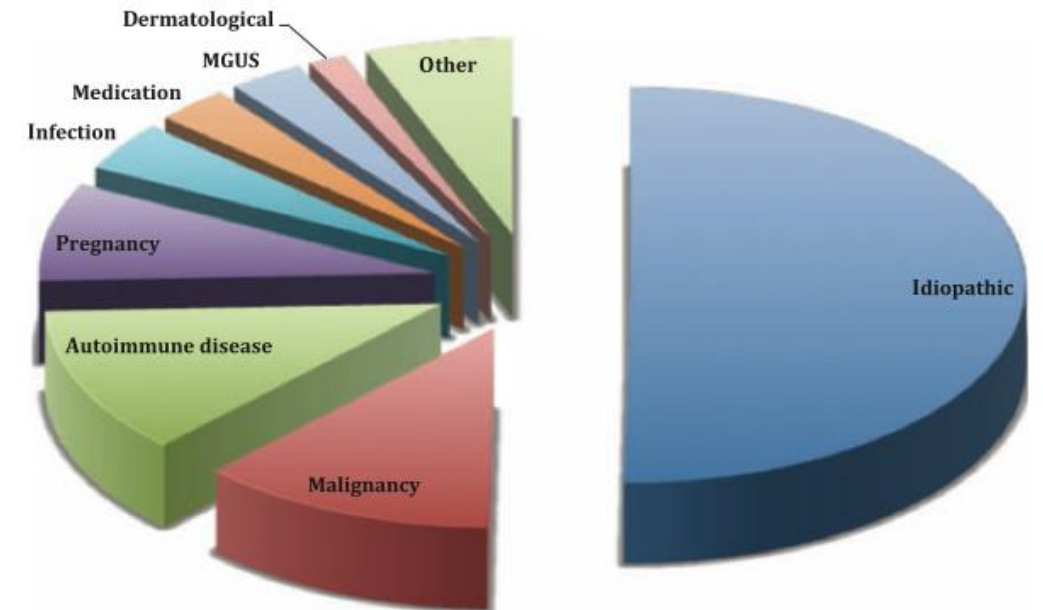
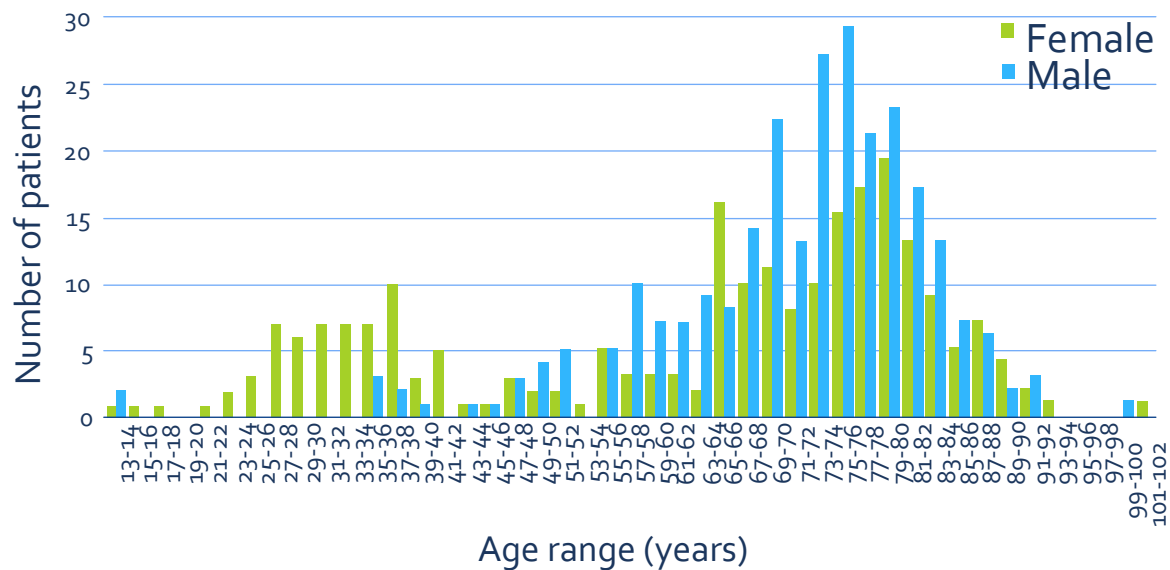


Acquired Hemophilia A

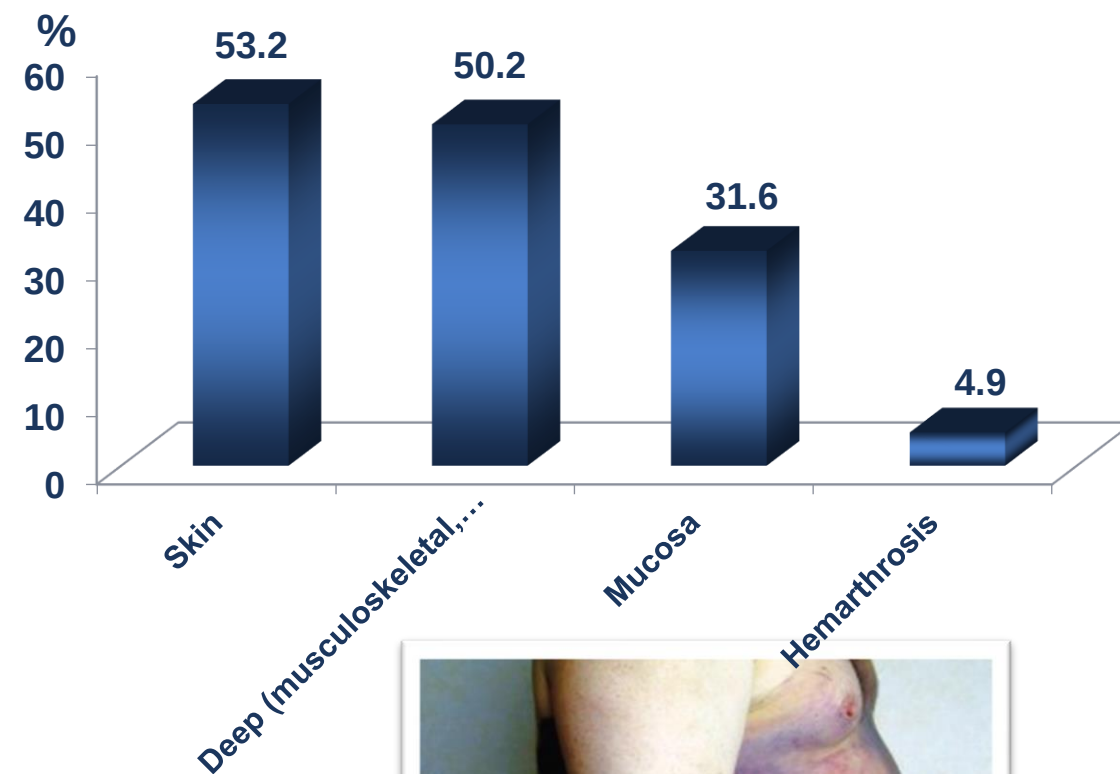
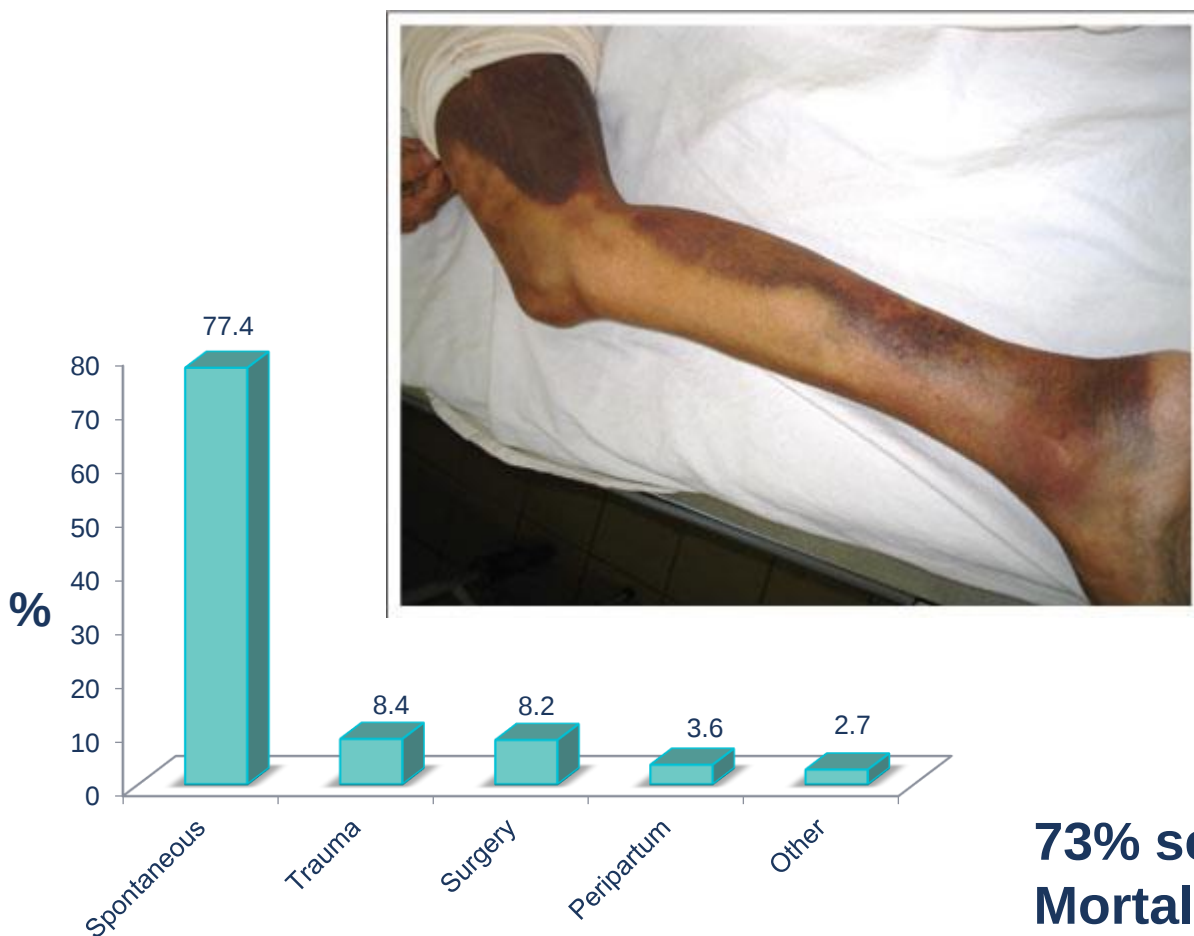
Epidemiology of Acquired Hemophilia (AHA)

- Rare bleeding condition caused by an autoantibody (inhibitor) to coagulation factor VIII (FVIII)
 - Incidence: 1.5 cases per million/year¹

Incidence of AHA According to Age and Gender²



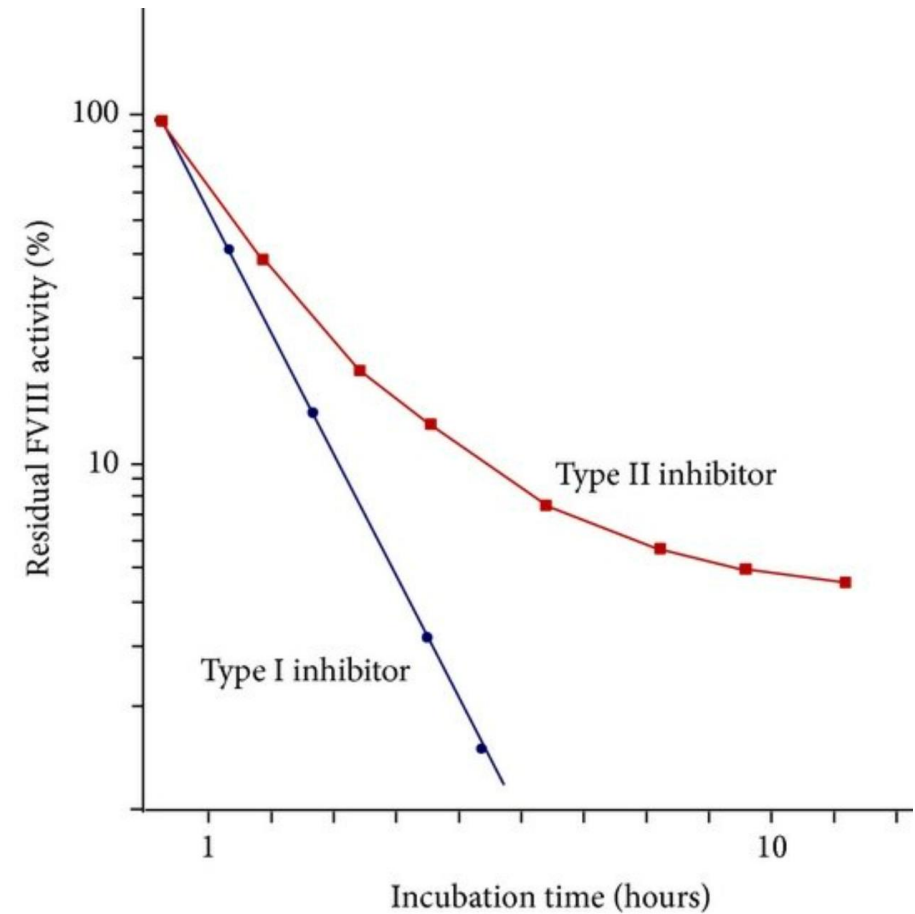
Bleeding Severity in AHA



**73% severe
Mortality - 8% to 22%**

Diagnosis/Inhibitor Kinetics

- Consistent clinical presentation
- Prolonged aPTT, normal PT
 - Classically corrects immediately but prolongs with incubation at 37°C
- Low FVIII with positive Bethesda titer
- FVIII level may not correlate with severity of bleeding
 - Type 2 kinetics



Principles of Treatment

Treat Bleeding

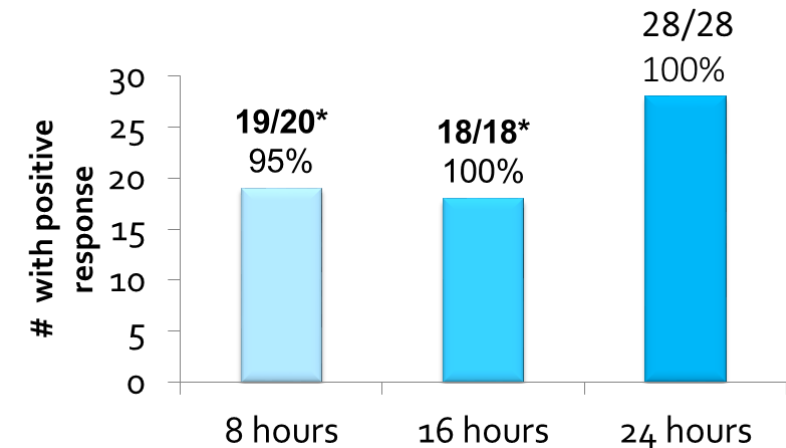
Eradicate the
Inhibitor

Acquired Hemophilia – Hemostatic Treatment

Rates of Control for First Bleeding Episodes by First-line Therapy

	First-line Bleeding Control	
	n	%
Bypassing Agent	219	91.8
- Recombinant factor VIIa	159	91.2
- Activated prothrombin complex concentrate (aPCC)	60	93.3
Replacement Therapy	69	69.6
- FVIII	55	70.1
- DDAVP	14	64.3

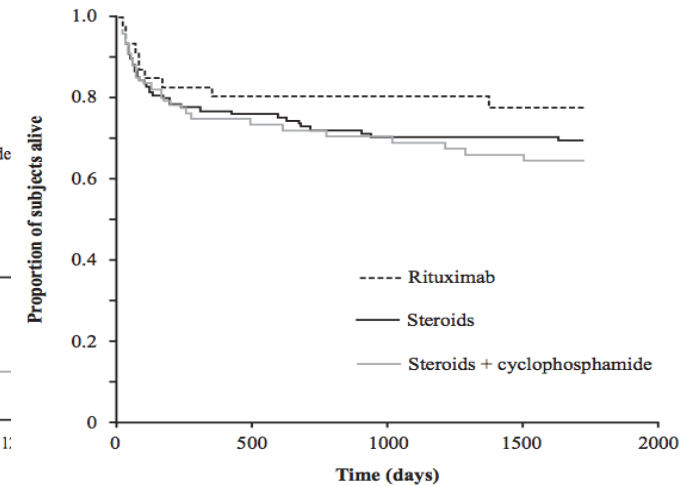
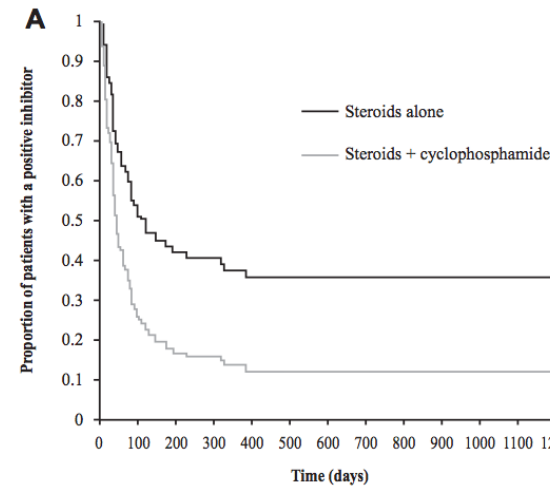
Porcine FVIII



Note: Use of human or porcine FVIII replacement requires real time availability of FVIII measurements

Immunosuppressive therapy (IST)

- Autoantibodies rarely disappear spontaneously
- Higher risk of mortality if they persist
- Rate of complications from IST is about 30%
 - Mortality as high as 16-30%
- Emicizumab use may limit IST exposure
 - U.S. clinical trial ongoing

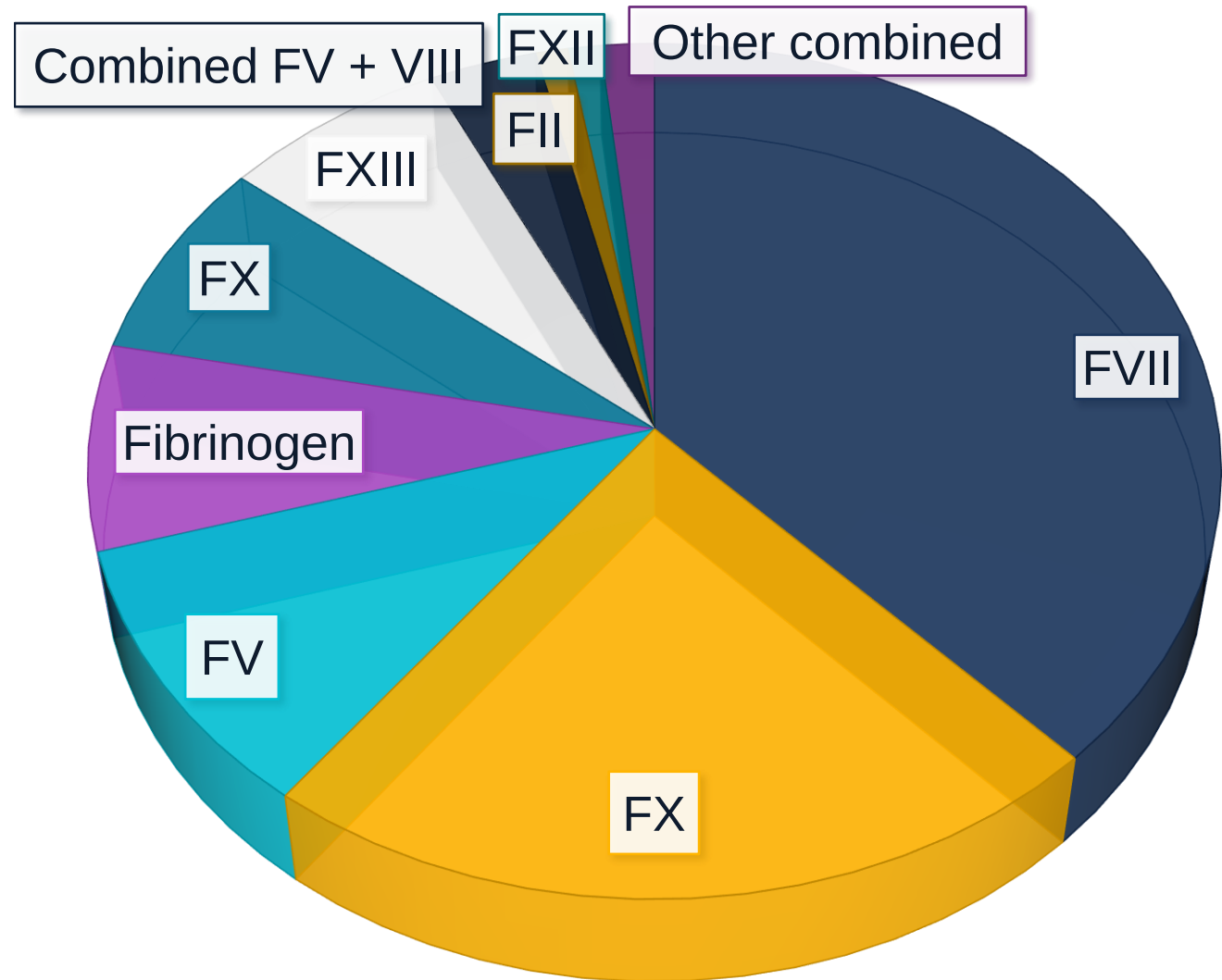


Regimen	n	Any	Infection	Neutropenia	Diabetes	Psychiatric disorder
Steroids alone	142	36 (25)	23 (16)	2 (1)	11 (8)	6 (4)
Steroids + cyclophosphamide	83	34* (41)	22 (27)	12 (14)	5 (6)	3 (4)
Rituximab-based regimens	51	19 (37)	6 (12)	9 (18)	11 (22)	1 (2)

Other Clotting Factor Deficiencies

European Network of Rare Bleeding Disorders database

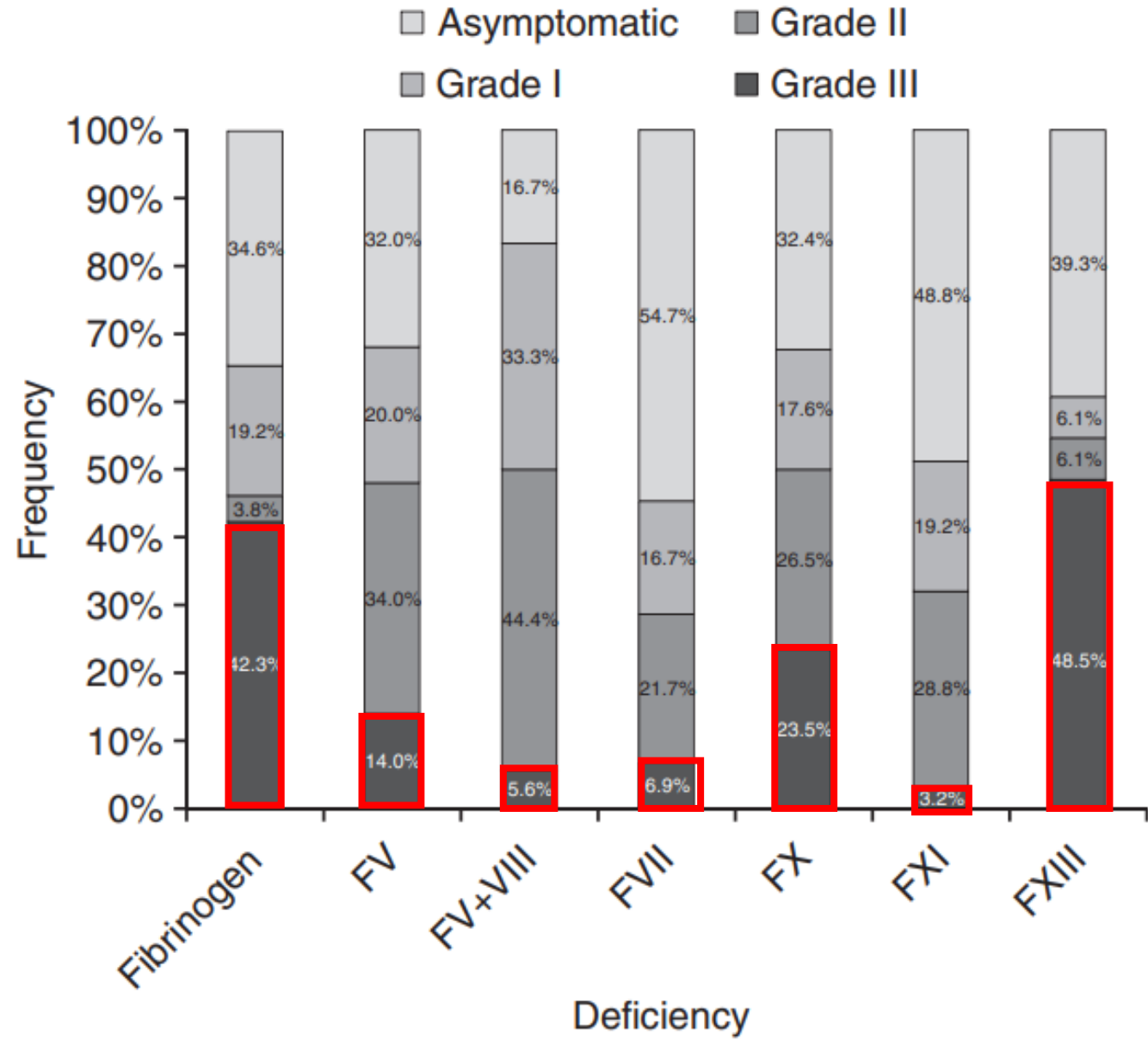
Type of deficiency	n (%)
FVII	224 (38)
FXI	133 (22)
FV	60 (10)
Fibrinogen	46 (8)
FX	45 (8)
FXIII	42 (7)
Combined FV + VIII	20 (3)
FII	6 (1)
FXII	6 (1)
Other combined	10 (2)



Bleeding Risk by Factor Level

- Database:

- 592 patients
- Mean age 31 years (7mo to 95 yrs)
- 51% women

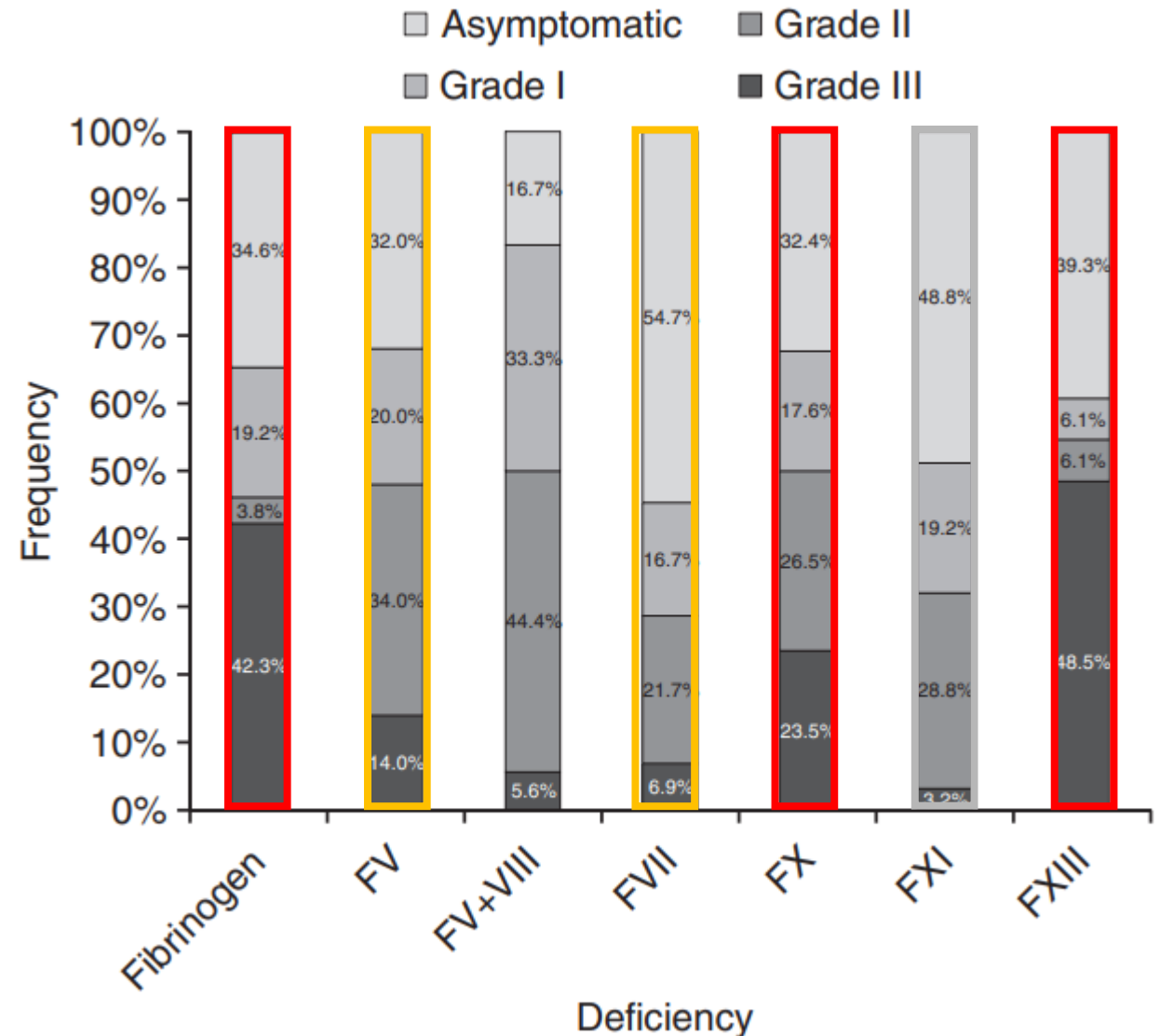


Bleeding risk: Association with factor level

- 592 patients
- Mean age 31 years (7 months to 67 years)
- 51% women

Does factor level matter?

- **Strongest correlation** in fibrinogen, FX, FXIII deficiency
- **Poor correlation** in FV and FVII deficiency
- No association in FXI deficiency



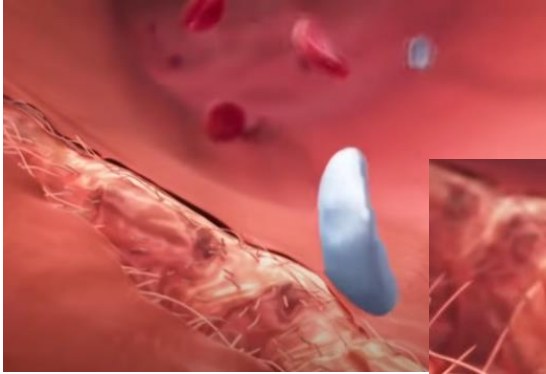
Rare factor deficiencies - Treatment

	Fibrinogen	FV	FVII	FX	FXI	FXIII
Factor concentrate	Human fibrinogen (RiaSTAP and Fibryga)	none	rFVIIa (NovoSeven) 15 to 30 mcg/kg every 4-6 hours	plasma-derived FX concentrate (pdFX; Coagadex®)	None in US	rXIII A subunit (Tretten) Plasma derived factor XIII (Corifact)
Alternate	cryoprecipitate	- FFP - Platelet transfusion*		-FFP -PCC (Factor II, VII, IX, X)	FFP 10 - 20 mL/kg, followed by 5 - 10 mL/kg every 24 to 48 hours	
Adjunct	-Antifibrinolytic agents	-Antifibrinolytic agents	-Antifibrinolytic agents	-Antifibrinolytic agents	-Antifibrinolytic agents -Fibrin sealant (fibrin glue) -Desmopressin (DDAVP) -Low dose rFVIIa	-Antifibrinolytic agents

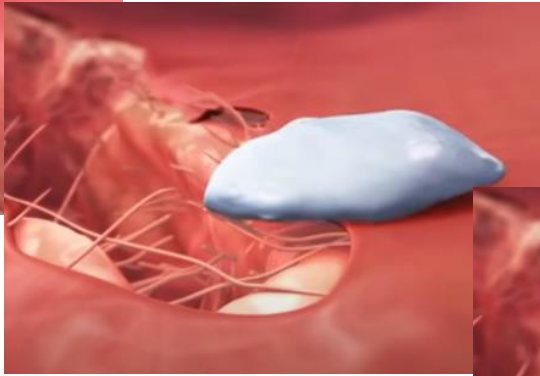
*25% of FV is stored within platelet alpha granules

FFP = fresh frozen plasma, PCC = prothrombin complex concentrate

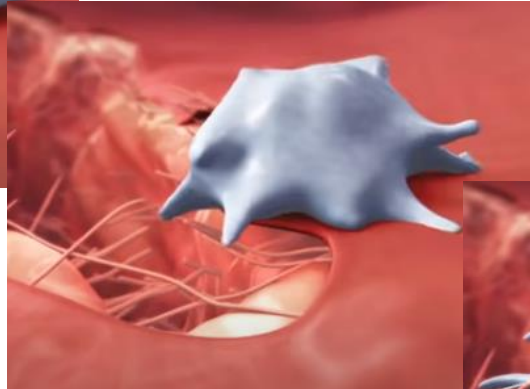
Platelet Function



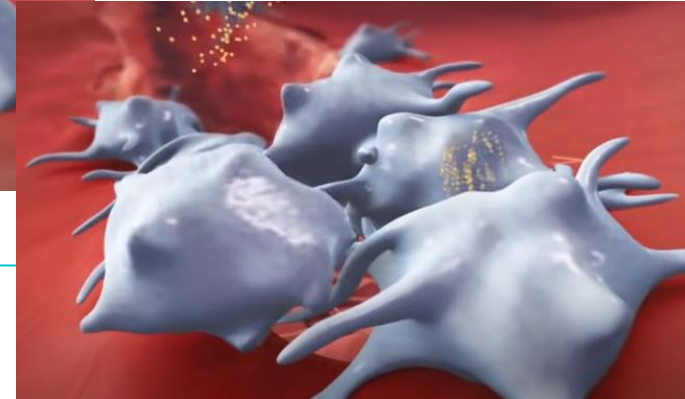
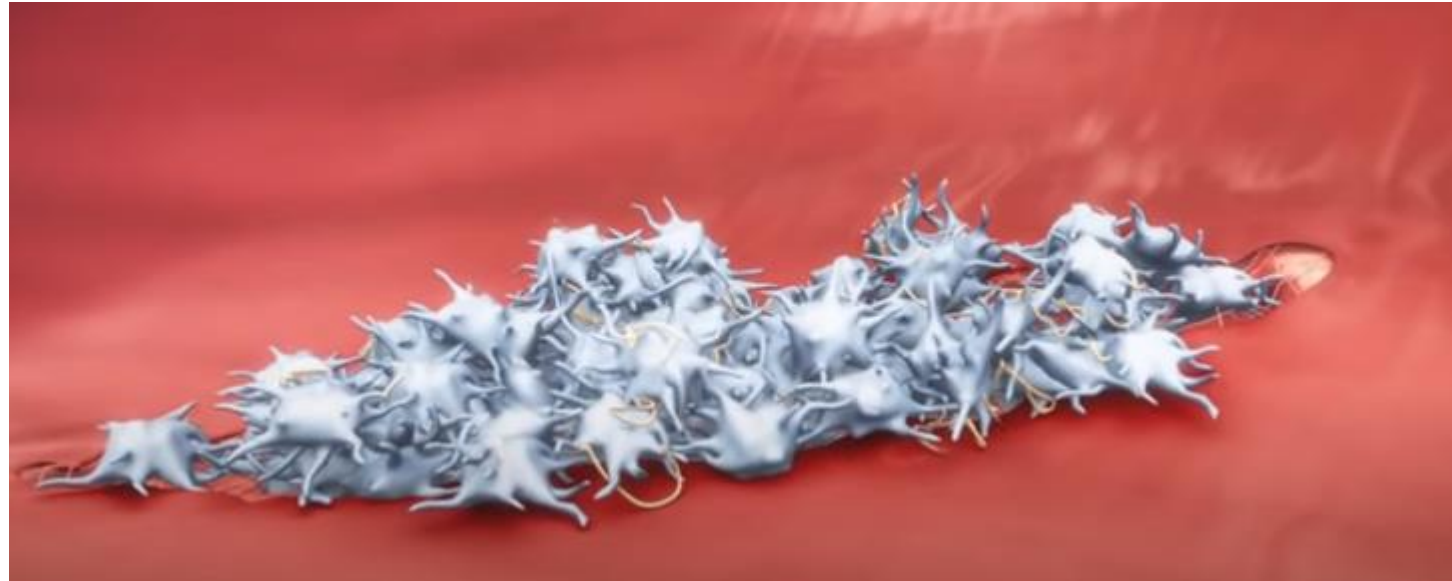
Adhesion



Activation



Aggregation

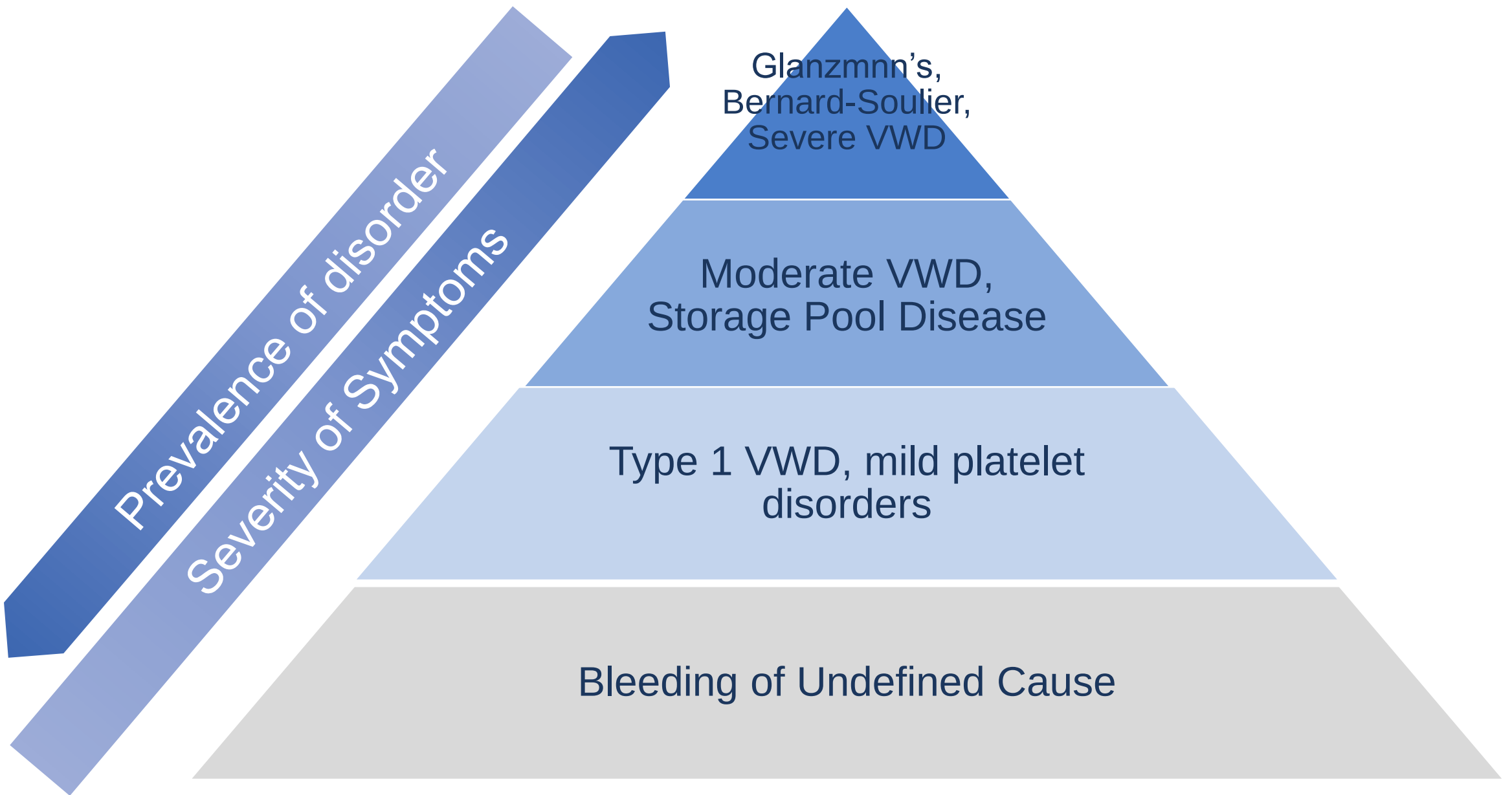




Symptoms of Platelet Function Disorders

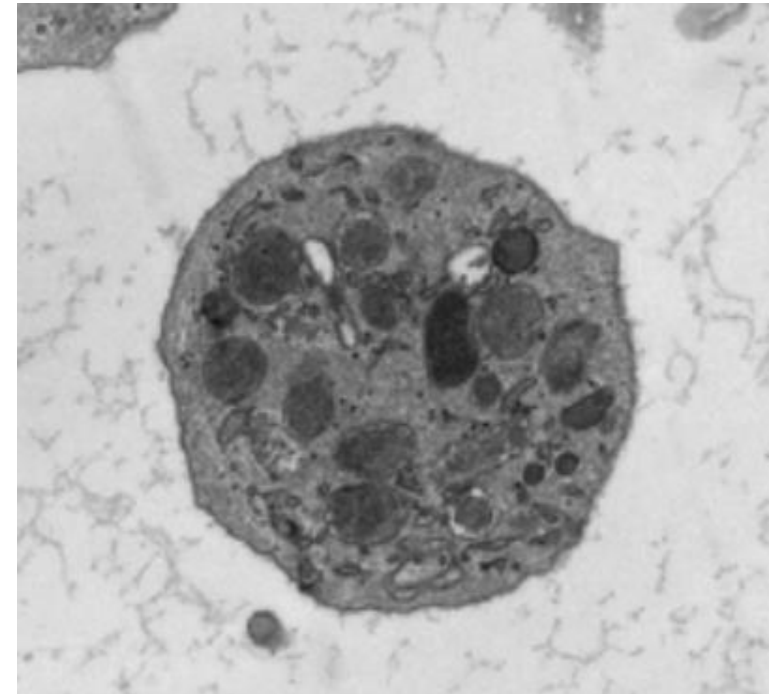
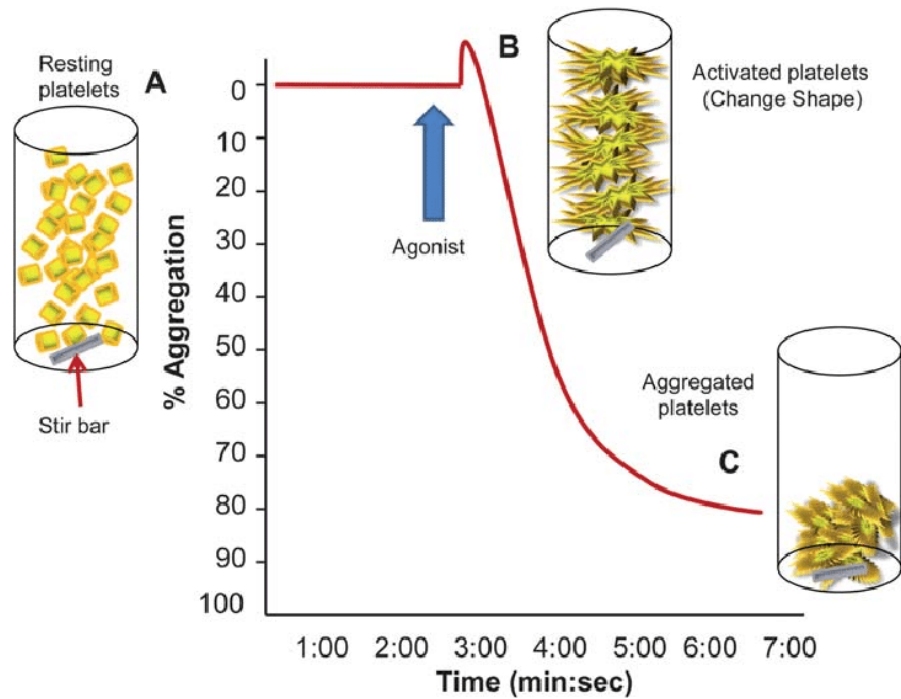
- Bruising
- Mucocutaneous bleeding
 - Nose bleeds
 - Gum bleeding
 - Oral bleeding
 - Excessive menstrual bleeding
 - GI bleeding
- Trauma and surgery-related bleeding





Testing is tricky

- Platelet number
- Platelet function analyser-100 (PFA-100), Bleeding time
 - PFA does not detect all platelet disorders
 - Particularly storage pool disorder
- Platelet aggregation studies
- Platelet electron microscopy
- Genetic testing



Platelet aggregation patterns

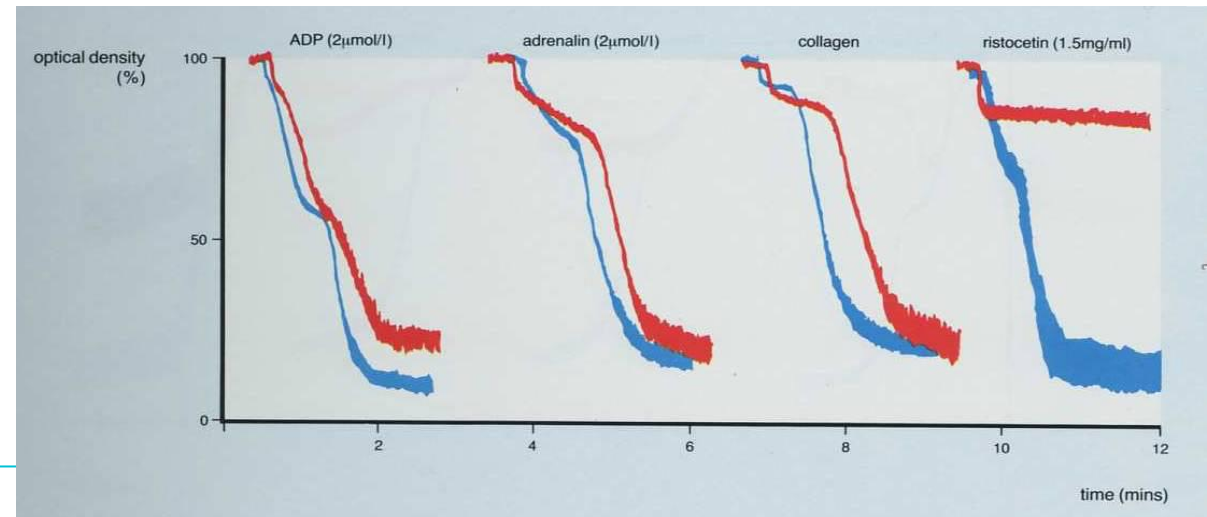
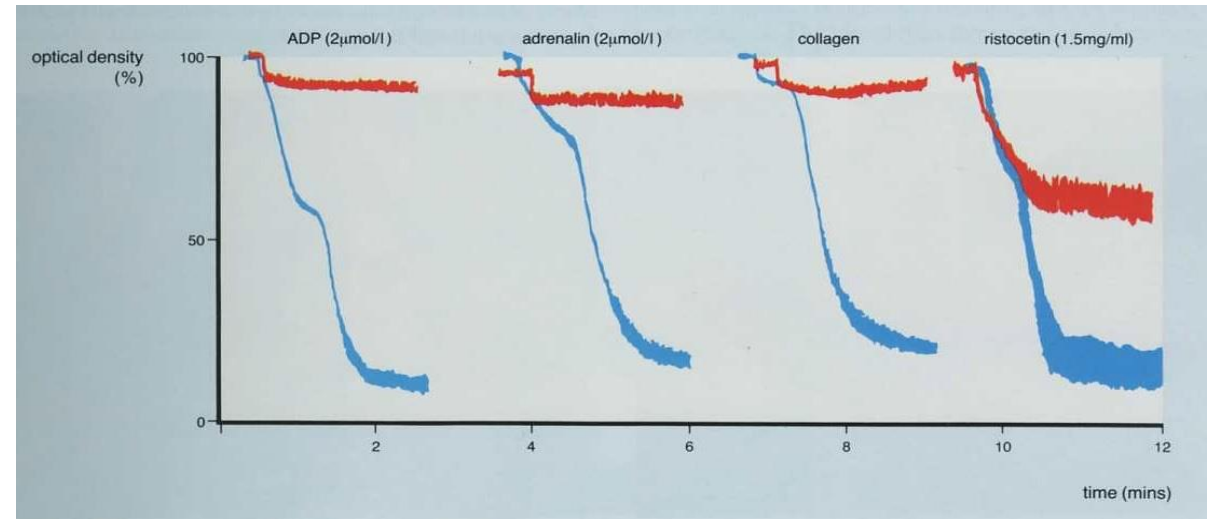
Glanzmann's Thrombasthenia

- deficiency of the $\alpha\text{IIb}\beta 3$ (GPIIb/IIIa) receptor
- No CD41 or CD61 on flow

Bernard Soulier Syndrome

- (GP)Ib-IX-V complex on platelets
- mutations in the GP1BA, GP1BB, or GP9 genes
- Flow c/w defective CD42 binding

ADP Epi. Collagen Ristocetin



Summary

- Reviewed von Willebrand disease
 - Identify VWD subtypes and understand treatments
 - Various etiologies of Acquired von Willebrand Syndrome (AVWS) – treat underlying etiology
- New treatment options for congenital hemophilia
 - Mechanisms to extended half-life of clotting factor concentrates
 - Bispecific antibody – factor FVIII mimetic
 - 3 approved gene therapy options
- Recognition and treatment options for acquired hemophilia A
 - Bypassing agents (rFVIIa, aPCC, porcine FVIII)
- Some rarer factor deficiencies and their treatment approaches
- Recognition and treatment of platelet function disorders





Thank you

