

UW Medicine

UW SCHOOL
OF MEDICINE

WOMEN'S HEALTH CARE UPDATE



Thursday & Friday

March 23 & 24, 2017

University of Washington Campus - Kane 130

Seattle, WA

Sponsored by UW School of Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education

TARGET AUDIENCE

Physicians, nurse practitioners, physician assistants and allied healthcare providers who provide primary health care for women.

COURSE DESCRIPTION

This conference is an annual update for health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women. The format is a series of short lectures followed by question and answer sessions.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Identify patients with opioid use disorder, understand contributing risk factors, and review health effects of marijuana use.
- Manage breast complaints.
- Apply new recommendations regarding use of primary HPV screening for cervical cancer, STI diagnosis and treatment, and work-up of thyroid nodules.
- Perform work-up of common urologic complaints and use of pessary for pelvic organ prolapse.
- Assist in reproductive life planning including counseling regarding fertility, ovarian reserve, and contraception guided by MEC 2016.
- Identify patients at risk for genetic syndromes by targeted family history and genetic testing.
- Assess and treat common sleep disorders.
- Manage menopausal symptoms.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 16.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

COURSE FEES	
MD/DO/PhD	\$399
Allied Health	\$349
*Resident/Fellow	\$125

The UW CME office is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning and salaries.

To enroll, please complete the enclosed registration form and include payment or register online at uwme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME Office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

* Residency/Fellowship will require written confirmation of current status

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 866.944.4242
Rates depend on availability
Ask for "University" rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940
Rates depend on availability
Ask for "UW CME Conference" rate

Marriott Residence Inn

4501 12th Avenue NE
Seattle, WA 98105
206.322.8887 or 888.236.2427
Rates depend on availability
Ask for "UW" rate

ONLINE CONFERENCE MATERIALS

Syllabus material will be available online at uwcme.org (for conference registrants only) starting on **March 17, 2017**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced. In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 9, 2017**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 9, 2017**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the CME Office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Course Faculty

COURSE CO-CHAIRS

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Associate Professor
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UW FACULTY

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Wellness for Alcohol & Other
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& Gynecology

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Seattle Childrens Hospital

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& Gynecology

Sharon Gill, MD
Clinical Assistant Professor
Department of Medicine
Division of General Internal
Medicine

Barbara Norquist, MD
Assistant Professor
Department of Obstetrics
& Gynecology

Thursday, March 23, 2017

7:30 Registration and Continental Breakfast

8:00 Our Role in the Opioid Crisis: Rationally Starting, Continuing and Tapering
Brett Stacey, MD

8:30 Health Effects of Marijuana Use
Jason Kilmer, PhD

9:00 Sleep Medicine for Women
Flavia Consens, MD

9:30 Question and Answer Session
Faculty

10:00 Break

10:15 New Recommendations for Management of Thyroid Nodules
Karen Foster-Schubert, MD

10:45 Benign Breast Disease
Tracy Irwin, MD, MPH

11:15 Hematology Meets Adolescent Gynecology
Katherine Debiec, MD

11:45 Question and Answer Session
Faculty

12:15 Lunch (provided)

1:00 Pessaries - Anyone Can Do It!
Michael Fialkow, MD, MPH

1:30 Assessment of Urinary Incontinence
Anna Kirby, MD, MAS

2:00 Painful Bladder Syndrome
Gretchen Lentz, MD

2:30 Question and Answer Session
Faculty

3:00 Break

3:15 Immunization for Women: Indications, Impediments and Impact
Janet Englund, MD

3:45 Infectious Diseases Update
Carolyn Gardella, MD, MPH

4:15 Is it Primetime for Primary HPV Screening?
Constance Mao, MD

4:45 Question and Answer Session
Faculty

5:15 Adjourn

Friday, March 24, 2017

7:30 Sign-In and Continental Breakfast

8:00 Before Conception: A Critical Opportunity for Prevention
Lisa Callegari, MD, MPH

8:30 Optimizing Natural Fertility
Joëlle Lucas, MD

9:00 Ovarian Reserve Testing: Egging On Fertility
Genevieve Neal-Perry, MD, PhD

9:30 Question and Answer Session
Faculty

10:00 Break

10:15 Updates in Contraception 2016-2017
Lauren Owens, MD, MPH

10:45 Medication Abortion: An Effective, Non-Invasive Option
Sarah Prager, MD, MAS

11:15 Menopause Management
Susan Reed, MD, MPH

11:45 Question and Answer Session
Faculty

12:15 Lunch (provided)

1:00 Lipid Lowering In Women: What's Old and What's New
Savitha Subramanian, MD

1:30 Medical Myths - When Dogma Is for the Dogs
Douglas Paauw, MD

2:00 Journal Watch: Important Publications 2015-2016
David Eschenbach, MD

2:30 Question and Answer Session
Faculty

3:00 Break

3:15 Making Sense of the Family History
Sharon Gill, MD

3:45 Update on Genetic Testing for Hereditary Breast and Ovarian Cancer
Barbara Norquist, MD

4:15 Updates in Prenatal Genetics
Shani Delaney, MD

4:45 Question and Answer Session
Faculty

5:15 Adjourn

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MJ1707

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MD/DO/PhD	\$399
Allied Health	\$349
*Resident/Fellow	\$125

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> M.D. <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -	Email	

PAYMENT

**Residency Program, if applicable*

<input type="checkbox"/> Check (payable to University of Washington) for \$

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		
CCV #	Signature		

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

**RETURN
 COMPLETED
 REGISTRATIONS**

MAIL:
 UWCME
 Box 359441
 Seattle, WA 98195-9441

FAX:
 206.221.4525

CALL:
 206.543.1050

Register online at uwcme.org