

# 17th Update

# TRAVEL MEDICINE & GLOBAL HEALTH



Friday - Sunday

July 15-17, 2016

Husky Union Building (HUB) - Ballroom University of Washington Campus • Seattle, WA

Sponsored by UW School of Medicine
Department of Family Medicine
Office of Continuing Medical Education
UW School of Nursing, Continuing Nursing Education

# TARGET AUDIENCE

For non-specialist medical providers, including physicians, nurse practitioners, physician assistants, registered nurses and other allied health professionals.

# COURSE DESCRIPTION

This conference will provide an overview of travel medicine and global health and is targeted to non-specialist physicians and other health professionals with an interest in travel medicine and global health. Travel medicine topics will include immunizations, malaria prophylaxis, travelers' diarrhea, and other topics salient to caring for those who travel to low-income nations. Global health topics will include medical professionals volunteering overseas, and working in complex humanitarian emergencies. Information will be presented via plenary lectures and smaller audience break-out workshops. Attendees will have ample opportunities to follow presentations with questions.

# FEES AND REGISTRATION

COURSE FEES	By 6/14	After 6/14
MD/DO/PhD	\$495.00	\$525.00
Allied Health	\$445.00	\$475.00
Resident/Fellow	\$300.00	\$330.00

The course fee includes catering, access to online instruction materials and transcript of AMA PRA Category 1 Credits™. To enroll, please complete the enclosed registration form and include payment or register online at uwcme.org. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

# **COURSE OBJECTIVES**

Upon completion of this activity, attendees should be able to:

- Prepare pre-travel patients for travel to lowincome nations
- Review opportunities to volunteer for overseas medical service
- Recognize common threats to travelers to low-income nations

### **ACCREDITATION**

# Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

# Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 18.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, 17th Update: Travel Medicine & Global Health, with a beginning date of 07/15/2016, has been reviewed and is acceptable for up to 17.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: 18.3 contact/clock hours (4.0  $R_x$ ) will be awarded for successful completion.

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC)
- UWCNE is approved as a clock hour provider by the Washington State Board of Education

# HOTEL ACCOMMODATIONS

The University of Washington has contracted for special rates at a hotel near the venue. You must mention "Travel Medicine & Global Health" to receive this rate. The rate quoted does not include applicable taxes. After June 10, 2016, this rate and accommodations may no longer be available. The University of Washington accepts no further responsibility for lodging.

# Silver Cloud Inn - University District

5036 25th Ave NE For reservations, call Seattle, WA 98105 800.205.6940 www.silvercloud.com/university/ 206.526.5200

Rates start at: \$199/King \$209/Double (taxes excluded)

# ONLINE CONFERENCE MATERIALS

Instruction materials for the conference will be provided online at uwcme.org (for conference registrants only). Materials will be available starting on July 11 for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

# ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

# CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

# **CANCELLATION POLICY**

The Office of Continuing Medical Education must receive written notification of your cancellation by July 5, 2016. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following July 5, 2016. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

# SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration course credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

# **Disability Services Office**

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

# Course Planning Committee

COMMITTEE CHAIR - Christopher A. Sanford, MD, MPH, DTM&H

Course Founder - Elaine C. Jong, MD, FIDSA, FASTMH

# **Members**

Ruth A. Ballweg, MPA, PA-C Ian Bennett, MD, PhD Nicola Hyde, MD Sharon Brown Kunin, DO Susan Mcintyre, PhD Russell McMullen, MD Roshan Najafi, MD, MS C. Joan Riesland, MEd, BSN, RN Paul S. Pottinger, MD, DTM&H, FIDSA Anne Terry, ARNP Matthew Thompson, MBChB, MPH, DPhil, MRCGP Elyse Tung, PharmD, BCACP

# Course Faculty

**Keynote Presenter - Dr. Ian Crozier** was working with the World Health Organization (WHO) at an Ebola Treatment Unit in Sierra Leone in August 2014 when he became infected himself with Ebola. He was emergently flown to the US and admitted to an isolation unit, where he was hospitalized for over a month. His experiences both as a physician caring for those with Ebola, and an Ebola patient himself, have given him a unique perspective.

# **COURSE CHAIR**

# Christopher A. Sanford, MD, MPH, DTM&H

Associate Professor Departments of Family Medicine & Global Health

# GUEST FACULTY

# Vernon Ansdell, MD

Internal Medicine Physician Hawaii Permanente Medical Group Honolulu, HI

### Ian Crozier, MD

Consultant
Ebola Response Team
World Health Organization
Infectious Diseases Institute
Kampala, Uganda

# George Froehle, PA-C

Peter Shalit MD & Associates Seattle, WA President - New Zealand Physician Associate Society

# Jay Keystone, CM, MD, MSc

Professor
Department of

Department of Medicine University of Toronto Toronto, Canada

# Sheila M. Mackell, MD

Pediatrician Mountain View Pediatrics Flagstaff, AZ

# Michael Peterson, MD

Vice Chair and Chief of Operations Department of Emergency Medicine Harbor-UCLA Medical Center Torrance, CA

# Khamphoucanh Southisombath, MD

Resident Physician White Memorial Medical Center Family Medicine Program Los Angeles, CA Global Health Senior Fellow UW Department of Family Medicine Seattle, WA

# **UW FACULTY**

# Ruth A. Ballweg, MPA, PA-C

Professor

Department of Family Medicine MEDEX Northwest

# Christopher B. Behrens, MD

Clinical Associate Professor Departments of Global Health, Medicine & Family Medicine Division of Allergy & Infectious Diseases

### Ian Bennett, MD, PhD

Professor

Departments of Family Medicine & Psychiatry & Behavioral Sciences

# Andrew Thomas Gomez, MD

Resident Physician Department of Family Medicine

# Jennifer Hoock, MD, MPH

Clinical Associate Professor Department of Family Medicine

# Nicola Hyde, MD

Resident Physician Department of Family Medicine

# Elaine C. Jong, MD, FIDSA, FASTMH

Clinical Professor Emeritus Department of Medicine

# Sharon Brown Kunin, DO, MPH

Global Health Fellow Department of Family Medicine

# Russell McMullen, MD

Associate Professor Department of Medicine Division of Emergency Medicine

### Aliza Monroe-Wise, MD, MSc

Senior Fellow Department of Medicine Division of Allergy & Infectious Diseases

# Britt M. Murphy, ARNP

Nurse Practitioner Hall Health Primary Care Center

# Roshan Najafi, MD, MS

Resident Physician

Department of Family Medicine

# Paul S. Pottinger, MD, DTM&H, FIDSA

Associate Professor Department of Medicine Division of Allergy & Infectious Diseases

# Christopher Spitters, MD, MPH

Clinical Associate Professor Division of Allergy & Infectious Diseases

# Anne C. Terry, ARNP

Manager & Nurse Practitioner Hall Health Primary Care Center

# David A. Townes, MD, MPH, DTM&H

Associate Professor Department of Medicine Division of Emergency Medicine Adjunct Associate Professor Department of Global Health

# Elyse Tung, PharmD, BCACP

Clinical Pharmacist Kelley-Ross Pharmacy Clinical Assistant Professor School of Pharmacy

# Judd L. Walson, MD, MPH

Departments of Medicine, Pediatrics & Epidemiology
Division of Allergy & Infectious
Diseases

# Friday, July 15, 2016

# 7:15 Registration and Continental Breakfast

- 7:55 Welcome and Announcements
- 8:00 **Keynote:** Dual Citizenship at the (Acute) Ebola Bedside: A Tale of Two Collisions *Ian Crozier*, MD
- 9:00 Complex Humanitarian Emergencies David Townes, MD, MPH, DTM&H

# 9:45 Break

- 10:00 Infection and Inflammation vs. Healthy Growth and Development Judd Walson, MD, MPH
- 10:45 High Altitude Medicine David Townes, MD, MPH, DTM&H
- 11:30 Injury Prevention in Low-Income Nations Aliza Monroe-Wise, MD, MSc

# 12:15 Lunch (provided)

- 1:15 Update on Immunizations for International Travel ( $R_X$ ) Elaine Jong, MD, FIDSA, FASTMH
- 2:15 Malaria Prophylaxis (R<sub>X</sub>) Jay Keystone, CM, MD, MSc (CTM)

# 3:00 Break

- 3:15 Workshops: Session 1
  - A. Dermatology: Travel and Tropical Medicine Case Studies Jay Keystone, CM, MD, MSc (CTM)
  - B. Establishing a Travel Clinic Elyse Tung, PharmD, BCACP & Sharon Brown Kunin, DO, MPH, Anne Terry, ARNP & Britt Murphy, ARNP
  - C. Utilizing PAs and NPs in Travel Medicine Ruth Ballweg, MPA, PA-C & George Froele, PA-C
  - D. Extreme Sports
    Andrew Gomez, MD
  - E. Post-Travel Medicine: GI Case Studies Russell McMullen, MD

# 4:45 Adjourn

# Saturday, July 16, 2016

# 7:30 Sign-In and Continental Breakfast

- 7:55 Announcements
- 8:00 Dual Citizenship at the (Survivor's) Ebola Bedside: What's in an Apostrophe? Ian Crozier, MD
- 9:00 Epidemiology of Global Imported Tropical Disease Jay Keystone, CM, MD, MSc (CTM)

# 9:45 Break

 $R_X$  = This session qualifies for pharmacology contact hours at the advanced practice level.

# Saturday, July 16, 2016 (continued...)

- 10:00 Pediatric Travel Medicine Sheila Mackell, MD
- 10:45 Overview of Global Tuberculosis Control Efforts Christopher Spitters, MD, MPH
- 11:30 Travelers' Diarrhea Christopher Sanford, MD, MPH, DTM&H
- 11:55 Leptospirosis Vernon Ansdell, MD

# 12:15 Lunch (provided)

- 1:15 Care of International Adoptees Sheila Mackell, MD
- 1:55 The Pregnant International Traveler Sheila Mackell, MD
- 2:15 Water Purification Ian Bennett, MD, PhD

### 3:00 Break

- 3:15 Workshops: Session 2
  - F. The Pediatric Traveler: Case Studies Sheila Mackell, MD
  - G. So You Want to Volunteer Abroad? Jennifer Hoock, MD, MPH
  - $\begin{array}{ll} \text{H.} & \text{The Pharmacy as Travel Clinic} & (R_X) \\ & \textit{Elyse Tung, PharmD} \end{array}$
  - I. Views of Health and Illness Around the World Nicola Hyde, MD, Roshan Najafi, MD, MS & Khamphoucanh Southisombath, MD
  - J. Using Diagnostic Ultrasound in Low-Resource Settings Michael Peterson, MD, FACEP, FAAEM

# 4:45 Adjourn

# Sunday, July 17, 2016

# 7:30 Sign-In and Continental Breakfast

- 8:10 Announcements
- 8:15 Dengue, Zika and Chik, Oh My! Paul Pottinger, MD, DTM&H, FIDSA
- 9:00 Global HIV Christopher Behrens, MD
- 9:45 Antimicrobial Stewardship in the Tropics  $(R_X)$  Paul Pottinger, MD, DTM&H, FIDSA

### 10:30 Break

- 10:45 Personal Protection Measures: DEET and Beyond Anne Terry, ARNP
- 11:15 The Senior Traveler Elaine Jong, MD, FIDSA, FASTMH

# 12:00 Adjourn

# 17th Update - Travel Medicine & Global Health July 15-17, 2016

REGISTRATION

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M	Resident/Fellow	\$300.00	\$330.00

First		MI	Last		WORKSHOPS (select one per row)
Professional Title $\square$ M.D. $\square$ D	O. $\square$ DO $\square$ PhD	ORN OA	O $\square$ PhD $\square$ RN $\square$ ARNP $\square$ PA $\square$ Other:	Other:	Day 1 DA OB OC OD OE
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Phone ( ) -		Email			REGISTRATIONS
PAYMENT	*Residency Program, if applicable_	ogram, if i	rpplicable		BY MAII.
☐ Check (payable to University	versity of Washington) for \$	on) for \$			UWCME
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Card #				Exp Date	BY FAX:
CCV #	Signature				206.221.4525
□ UW Budget	Budget Name			Budget #	CALL:
Box #	Proj		Opt	Task	206.343.1030 with questions

Register online at <u>uwcme.org</u>

# **UW** Medicine

UW SCHOOL OF MEDICINE Office of Continuing Medical Education Box 359441 Seattle, WA 98195-9441

# **Travel Medicine & Global Health**

July 15 - 17, 2016



REGISTER ONLINE uwcme.org

Visit the conference website for more details and registration