

Moving Ahead with Pain Treatment in Primary Care November 4-5, 2016

JW Medicine

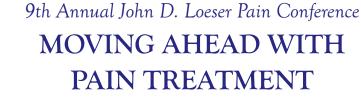
UW SCHOOL OF MEDICINE

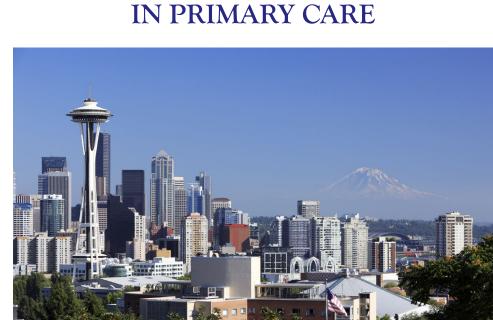
Office of Continuing Medical Education Seattle, WA 98195-9441 Box 359441



Visit the conference website for more details and registration uwcme.org

REGISTER ONLINE





UW Medicine UW SCHOOL OF MEDICINE

Friday - Saturday November 4-5, 2016

Shoreline Conference Center 18560 1st Avenue NE Shoreline, WA

Sponsored by UW School of Medicine Department of Anesthesiology & Pain Medicine Office of Continuing Medical Education

MOVING AHEAD WITH PAIN TREATMENT IN PRIMARY CARE

NOVEMBER 4-5, 2016

F or primary care providers who manage patients with chronic, non-malignant pain. Other interested specialties may include rehabilitation medicine, occupational medicine and psychiatry.

COURSE DESCRIPTION

Pain is nearly ubiquitous in primary care, with an estimated 40% of older adults experiencing some form of chronic pain. The guidelines for providers and the regulations they are expected to follow have become more and more restrictive about the dosing and duration of opioid treatment as the evidence of potential harms has become clearer. At the same time, changes in insurance coverage have brought many more patients into primary care practices who have previously had poor access to care and may still have poor access to specialty care. The Loeser conference series is designed to fill the need for actionable, evidencebased pain care strategies among primary care providers, including physicians, nurse practitioners and physician assistants.

Our topics for this conference will include issues of movement and physical therapy, overcoming resistance to treatment recommendations, management of pain with comorbid substance use and psychiatric disorders, and headache treatment.

COURSE FEES - MJ1705	
MD/DO/PhD	\$299
Allied Health	\$249
Resident/Fellow	\$125

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Explain the medical workup process and radiology results to pain patients.
- Assess and treat functional GI complaints.
- Understand the current guidelines regarding opioid treatment and how to prevent diversion.
- Use mindfulness techniques to improve patients' coping.
- Interpret body noises and counsel patients on them.
- Appreciate non-pharmacological pain treatments including medical marijuana and PT.
- Identify and treat medication overuse headache.
- Discover helpful pain management resources in their own community.

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Embassy Suites Seattle - North/ Lynnwood

20610 44th Avenue West Lynnwood, WA 98036 Reservations: 425.775.2500 embassysuites3.hilton.com Best Western Plus Edmonds Harbor Inn 130 West Dayton Street Edmonds, WA 98020 Reservations: 425.771.5021

bwedmondsharborinn.com

CONFERENCE SCHEDULE AND FACULTY SPEAKERS

FRIDAY, NOVEMBER 4

- 7:30 Registration and Continental Breakfast
- 7:50 Welcome and Introduction Dan Krashin, MD/Suzanne Rapp, MD
- 8:00 Explaining Medical Work-up and X-Rays To Your Patient John Loeser, MD
- 8:40 Functional GI Complaints Jasmine Zia, MD
- 9:20 Prescribing Low-Dose Opioid Medications Jane Ballantyne, MD
- 10:00 Question & Answer Session Faculty
- 10:20 Break
- 10:35 Pain Management Without Opioids Brett Stacey, MD
- 11:15 What Can A Primary Care Doctor Do to Fight the Opioid Epidemic -David Tauben, MD
- 11:55 Question & Answer Session Faculty
- 12:15 Lunch (provided)
- 12:30 Case Discussion Bring Your Cases (optional during lunch)
- 1:00 Break
- 1:10 Mindfulness and Compassion in Pain Care Irakli Soulakvelidze, MD
- 1:50 Marijuana Update James Robinson, MD, PhD
- 2:30 Pops, Creaks and Snaps Are Body Sounds Bad? Christopher Standaert, MD
- 3:10 Question & Answer Session Faculty
- 3:30 Break
- 3:45 Understanding the CDC Guidelines Mark Sullivan, MD, PhD
- 4:25 Managing the Noncompliant Patient OR Technology for Pain Care -Ivan Lesnik, MD
- 4:55 Question & Answer Session Faculty
- 5:15 Adjourn

SATURDAY, NOVEMBER 5

- 7:30 Sign-In and Continental Breakfast
- 7:55 Welcome and Introduction Suzanne Rapp, MD
- 8:00 Orofacial Pain Syndromes in Primary Care Practice -Mark Drangsholt, DDS, MPH, PhD David Dean, DDS, MDS, MSD
- 8:40 Steps to Success with PT Referrals Lindsey McLeod, DPT
- 9:20 Buprenorphine for Chronic Pain With or Without Opioid Addiction -Lucinda Grande, MD
- 10:00 Question & Answer Session Faculty
- 10:20 Break
- 10:30 Overcoming Medication Overuse in Chronic Headache and Pain -Natalia Murinova, MD
- 11:10 Connecting Patients to Pain Resources Rebecca Taylor, PhD, RN
- 11:40 Question & Answer Session Faculty
- 12:00 Adjourn

VISIT THE COURSE WEBSITE FOR SPECIFIC DETAILS AND REGISTRATION Register Online: uwcme.org

UW School of Medicine | Continuing Medical Education Email: cme@uw.edu | Phone: 206.543.1050