



Moving Ahead with Pain Treatment in Primary Care
November 4-5, 2016

UW Medicine
UW SCHOOL
OF MEDICINE

Office of Continuing Medical Education
Box 359441
Seattle, WA 98195-9441



REGISTER ONLINE
uwcme.org

Visit the conference website for
more details and registration

UW Medicine

UW SCHOOL
OF MEDICINE

9th Annual John D. Loeser Pain Conference

MOVING AHEAD WITH PAIN TREATMENT IN PRIMARY CARE



Friday - Saturday
November 4-5, 2016

Shoreline Conference Center
18560 1st Avenue NE
Shoreline, WA

Sponsored by UW School of Medicine
Department of Anesthesiology & Pain Medicine
Office of Continuing Medical Education

MOVING AHEAD WITH PAIN TREATMENT IN PRIMARY CARE

NOVEMBER 4-5, 2016

For primary care providers who manage patients with chronic, non-malignant pain. Other interested specialties may include rehabilitation medicine, occupational medicine and psychiatry.

COURSE DESCRIPTION

Pain is nearly ubiquitous in primary care, with an estimated 40% of older adults experiencing some form of chronic pain. The guidelines for providers and the regulations they are expected to follow have become more and more restrictive about the dosing and duration of opioid treatment as the evidence of potential harms has become clearer. At the same time, changes in insurance coverage have brought many more patients into primary care practices who have previously had poor access to care and may still have poor access to specialty care. The Loeser conference series is designed to fill the need for actionable, evidence-based pain care strategies among primary care providers, including physicians, nurse practitioners and physician assistants.

Our topics for this conference will include issues of movement and physical therapy, overcoming resistance to treatment recommendations, management of pain with comorbid substance use and psychiatric disorders, and headache treatment.

COURSE FEES - MJ1705

MD/DO/PhD	\$299
Allied Health	\$249
Resident/Fellow	\$125

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Embassy Suites Seattle - North/ Lynnwood

20610 44th Avenue West
Lynnwood, WA 98036
Reservations: 425.775.2500
embassysuites3.hilton.com

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Explain the medical workup process and radiology results to pain patients.
- Assess and treat functional GI complaints.
- Understand the current guidelines regarding opioid treatment and how to prevent diversion.
- Use mindfulness techniques to improve patients' coping.
- Interpret body noises and counsel patients on them.
- Appreciate non-pharmacological pain treatments including medical marijuana and PT.
- Identify and treat medication overuse headache.
- Discover helpful pain management resources in their own community.

Best Western Plus Edmonds Harbor Inn

130 West Dayton Street
Edmonds, WA 98020
Reservations: 425.771.5021
bwedmondsharborinn.com

CONFERENCE SCHEDULE AND FACULTY SPEAKERS

FRIDAY, NOVEMBER 4

7:30 Registration and Continental Breakfast

7:50 Welcome and Introduction - *Dan Krashin, MD/Suzanne Rapp, MD*

8:00 Explaining Medical Work-up and X-Rays To Your Patient - *John Loeser, MD*

8:40 Functional GI Complaints - *Jasmine Zia, MD*

9:20 Prescribing Low-Dose Opioid Medications - *Jane Ballantyne, MD*

10:00 Question & Answer Session - *Faculty*

10:20 Break

10:35 Pain Management Without Opioids - *Brett Stacey, MD*

11:15 What Can A Primary Care Doctor Do to Fight the Opioid Epidemic - *David Tauben, MD*

11:55 Question & Answer Session - *Faculty*

12:15 Lunch (provided)

12:30 Case Discussion - Bring Your Cases (optional during lunch)

1:00 Break

1:10 Mindfulness and Compassion in Pain Care - *Irakli Soulaekvelidze, MD*

1:50 Marijuana Update - *James Robinson, MD, PhD*

2:30 Pops, Creaks and Snaps - Are Body Sounds Bad? - *Christopher Standaert, MD*

3:10 Question & Answer Session - *Faculty*

3:30 Break

3:45 Understanding the CDC Guidelines - *Mark Sullivan, MD, PhD*

4:25 Managing the Noncompliant Patient OR Technology for Pain Care - *Ivan Lesnik, MD*

4:55 Question & Answer Session - *Faculty*

5:15 Adjourn

SATURDAY, NOVEMBER 5

7:30 Sign-In and Continental Breakfast

7:55 Welcome and Introduction - *Suzanne Rapp, MD*

8:00 Orofacial Pain Syndromes in Primary Care Practice - *Mark Drangsholt, DDS, MPH, PhD*
David Dean, DDS, MDS, MSD

8:40 Steps to Success with PT Referrals - *Lindsey McLeod, DPT*

9:20 Buprenorphine for Chronic Pain With or Without Opioid Addiction - *Lucinda Grande, MD*

10:00 Question & Answer Session - *Faculty*

10:20 Break

10:30 Overcoming Medication Overuse in Chronic Headache and Pain - *Natalia Murinova, MD*

11:10 Connecting Patients to Pain Resources - *Rebecca Taylor, PhD, RN*

11:40 Question & Answer Session - *Faculty*

12:00 Adjourn

VISIT THE COURSE WEBSITE FOR SPECIFIC DETAILS AND REGISTRATION

Register Online: uwcme.org

UW School of Medicine | Continuing Medical Education

Email: cme@uw.edu | Phone: 206.543.1050