

UW Medicine

UW SCHOOL  
OF MEDICINE

# Spring in Seattle XIV: Clinical Cardiology Pearls for Primary Care Providers

May 1-2, 2015  
Friday & Saturday

Sheraton Seattle Hotel  
1400 Sixth Avenue  
Seattle, WA 98101



Sponsored by the University of Washington School of Medicine  
Department of Medicine, Division of Cardiology • Office of Continuing Medical Education

# Clinical Cardiology Pearls for Primary Care Providers

May 1 - 2, 2015

## WHO SHOULD ATTEND

Primary care providers – including family medicine physicians, internists, nurse practitioners, physician assistants, nurses and others with an interest in heart disease

## COURSE DESCRIPTION

This course is tailored for a primary care audience and is intended to provide practical, up-to-date information on commonly encountered cardiovascular diseases. World-class faculty from the University of Washington School of Medicine will teach participants using case-based lectures and an audience response system to encourage interactive dialogue. Recent guidelines for hypertension and cholesterol management will be reviewed. Everyday primary care topics including diagnosis and treatment of coronary artery disease, congestive heart failure and supraventricular arrhythmias (including atrial fibrillation) will be covered. Practical issues regarding use of new anticoagulants will be discussed. Appropriateness of cardiac testing will be discussed during lectures on the cardiovascular physical exam and the evaluation of chest pain. Attendees will again be invited to submit their most challenging cases for incorporation into the sessions.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of *10.0 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.



## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Treat and manage high blood pressure based on new clinical guidelines
- Apply new cholesterol guidelines to the management of patients with cardiac risk factors
- Order the appropriate stress test for your patients based on current guidelines
- Identify abnormal findings on cardiovascular physical exam and identify which heart murmur patients should be referred for an echocardiogram
- Manage patients with chronic stable coronary artery disease
- Diagnose and treat patients with supraventricular arrhythmias, including atrial fibrillation
- Learn how to manage patients taking the new oral anticoagulants
- Interpret basic and complex ECGs
- Review ECGs in athletes and distinguish normal variants from pathologic changes
- Evaluate and treat patients with congestive heart failure
- Recognize who may benefit from new procedures for the management of structural and valvular heart disease

## FEES AND REGISTRATION

<b>MD/DO/PhD</b>	\$275.00
<b>Allied Health</b>	\$225.00
<b>Resident/Fellow</b>	\$125.00

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits™*. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition or register online at [uwcme.org](http://uwcme.org). Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

## CONFERENCE SYLLABUS IS GOING GREEN

Handout materials for the conference will be provided online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available from **April 24 - May 30, 2015**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

## CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **April 17, 2015**. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **April 17, 2015**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions — **call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu)**.

## SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

### Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@u.washington.edu](mailto:dso@u.washington.edu)

## HOTEL ACCOMMODATIONS

The University of Washington has contracted for a special rate at the conference hotel. You must mention the "Cardiology Conference" to receive this rate. After April 6, 2015, this rate and accommodations may not be available. The University of Washington accepts no further responsibility for lodging.

**Sheraton Seattle Hotel**, 1400 Sixth Avenue, Seattle, WA 98101  
[sheratonseattle.com](http://sheratonseattle.com)  
For reservations, call 1.888.627.7056 or 206.621.9000

**\$195.00**  
Single/Double  
(tax excluded)

### RESERVE ROOMS ONLINE:

<https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1412127463&key=D015301>  
Web address is case-sensitive. Visit the course listing at [uwcme.org](http://uwcme.org) for a direct link.

# *Course Faculty*

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## COURSE CO-CHAIRS

**Eugene Yang, MD, FACC**  
Clinical Associate Professor  
Department of Medicine  
Division of Cardiology

**Alec J. Moorman, MD, FACC**  
Clinical Assistant Professor  
Department of Medicine  
Division of Cardiology

## UNIVERSITY OF WASHINGTON FACULTY

**Jonathan A Drezner, MD**  
Professor  
Department of Family Medicine

**Jordan M. Prutkin, MD, MHS**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**Zachary D. Goldberger, MD, MS**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**Mark Reisman, MD**  
Clinical Professor  
Department of Medicine  
Division of Cardiology

**S. Carolina Masri, MD**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**Melissa R. Robinson, MD, FHRS, FACC**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**James M. McCabe, MD**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**B. Fendley Stewart, MD, FACC**  
Clinical Professor  
Department of Medicine  
Division of Cardiology



## *Friday, May 1, 2015*

**8:00 Registration and Continental Breakfast**

8:25 Opening Remarks  
*Alec Moorman, MD, FACC*

8:30 Update in Hypertension Management  
*Eugene Yang, MD, FACC*

9:10 Question & Answer Session  
*Eugene Yang, MD, FACC*

9:30 Revisiting the Lipid Guidelines: Updates and Controversies  
*Alec Moorman, MD, FACC*

10:10 Question & Answer Session  
*Alec Moorman, MD, FACC*

**10:30 Break**

10:45 Cardiovascular Screening in Athletes: Is ECG Recommended?  
*Jonathan Drezner, MD*

11:25 Question & Answer Session  
*Jonathan Drezner, MD*

**11:45 Lunch (provided) and Meet the Faculty**

12:30 Appropriate Use of Echocardiography in Primary Care  
*Fendley Stewart, MD, FACC*

1:10 Question & Answer Session  
*Fendley Stewart, MD, FACC*

1:30 New Approaches and New Anticoagulants for Atrial Fibrillation  
*Melissa Robinson, MD, FHRS, FACC*

2:10 Question & Answer Session  
*Melissa Robinson, MD, FHRS, FACC*

**2:30 Break**

## *Friday, May 1, 2015 (continued)*

- 2:50     Coronary Disease Treatment: En-COURAGE-ing Appropriate Care  
*James McCabe, MD*
- 3:30     Question & Answer Session  
*James McCabe MD*
- 3:50     Advances in Valvular and Structural Heart Disease  
*Mark Reisman, MD*
- 4:30     Question & Answer Session  
*Mark Reisman, MD*
- 4:50     **Adjourn**

## *Saturday, May 2, 2015*

- 8:00     **Sign-In and Continental Breakfast**
- 8:30     Evaluation and Treatment of SVT  
*Jordan Prutkin, MD, MHS*
- 9:10     Question & Answer Session  
*Jordan Prutkin, MD, MHS*
- 9:30     Evaluation and Management of Congestive Heart Failure  
*Carolina Masri, MD*
- 10:10    Question & Answer Session  
*Carolina Masri, MD*
- 10:30    **Break**
- 10:45    Cardiac Stress Testing: Which Test Should I Order?  
*Zachary Goldberger, MD, MS*
- 11:25    Question & Answer Session  
*Zachary Goldberger, MD, MS*
- 11:45    **Closing Remarks & Adjourn**  
*Alec Moorman, MD, FACC*



# Clinical Cardiology Pearls for Primary Care Providers

## May 1-2, 2015

### REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone (   )   -	Email	

### PAYMENT

*\*Residency Program, if applicable*

<input type="checkbox"/> Check (payable to University of Washington) for \$
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<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		
CCV #	Signature		

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

### COURSE FEES

MD/DO/PhD	\$275.00
Allied Health	\$225.00
Resident/Fellow	\$125.00

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### RETURN COMPLETED REGISTRATIONS

BY MAIL:  
UWCME  
Box 359441  
Seattle, WA 98195-9441

BY FAX:  
206.221.4525  
  
CALL:  
206.543.1050  
with questions

Register online at [uwcme.org](http://uwcme.org)