

# Current Concepts in Drug Therapy

Thursday - Friday April 23 - 24, 2015 Husky Union Building Ballroom University of Washington Campus Seattle, WA



Sponsored by the University of Washington School of Medicine Department of Medicine • Office of Continuing Medical Education

# Current Concepts in Drug Therapy

April 23-24, 2015

#### WHO SHOULD ATTEND

Primary care providers, including general internists, family practitioners, allied health professionals and pharmacists

#### COURSE DESCRIPTION

As primary care providers we are constantly encountering a dizzying array of medication options and patient questions regarding advertised medications. We are responsible for managing complex medication regimens including treatments we may not be intimately familiar with. In addition, safety concerns and new indications for old medications arise regularly. In order to help primary care providers keep up to date on these issues we have organized this CME course on Current Concepts in Drug Therapy. Through the use of a casebased format the speakers will highlight innovations in drug therapies, review new indications for old medications and discuss medication side effects or drug interactions. Individual presentations will be followed by panel discussions during which participants will be able to ask questions.

#### COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Evaluate the risks and benefits of new outpatient drug therapies
- Discuss new developments in the drug treatment of selected outpatient clinical conditions
- Make more informed drug treatment decisions in the outpatient setting

#### ACCREDITATION

#### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 13.5 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity,
Current Concepts in
Drug Therapy, with
a beginning date of
04/23/2015, has been reviewed and is
acceptable for up to 13.50 Prescribed
credit(s) by the American Academy of
Family Physicians. Physicians should
claim only the credit commensurate with
the extent of their participation in the
activity.

This activity has been approved for 13.5 continuing education credits by the Washington State Pharmacy Commission.

#### FEES AND REGISTRATION

	MD/DO/PhD	\$325.00
	Allied Health	\$275.00
	Resident/Fellow	\$125.00

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits*™. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

#### CONFERENCE SYLLABUS IS GOING GREEN

Syllabus materials will be available for download at uwcme.org (for conference registrants only). The password for the download website will be sent with your registration confirmation email. Materials will be available from April 17 - May 18, 2015, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

#### ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

#### CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

#### **CANCELLATION POLICY**

The Office of Continuing Medical Education must receive written notification of your cancellation by April 13, 2015. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following April 13, 2015. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions — call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

#### SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

#### Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@u.washington.edu

#### HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make your reservations please call the hotels directly. Ask for the "UW CME conference rate". No room block has been reserved.

Silver Cloud Inn 5036 25th Avenue NE Seattle, WA 98105 (206) 526-5200 www.silvercloud.com/university/ Hotel Deca 4507 Brooklyn Avenue NE Seattle, WA 98105 (206) 634-2000 www.hoteldeca.com

### Course Faculty

#### **COURSE CHAIR**

Jenny Wright, MD Assistant Professor Department of Medicine Division of General Internal Medicine

#### **COURSE CO-CHAIRS**

Genevieve L. Pagalilauan, MD Associate Professor Department of Medicine Division of General Internal Medicine Kim M. O'Connor, MD Associate Professor Department of Medicine Division of General Internal Medicine

#### **UNIVERSITY OF WASHINGTON FACULTY**

Bradley Anawalt, MD

Professor

Department of Medicine

Anthony DeSantis, MD

Clinical Associate Professor Department of Medicine Division of Metabolism Endocrinology & Nutrition

Shireesha Dhanireddy, MD

Associate Professor Department of Medicine Division of Allergy & Infectious Diseases

Tyra Fainstad, MD

Acting Instructor Department of Medicine

Laura Feemster, MD

Assistant Professor Department of Medicine Division of Pulmonary & Critical Care Medicine

Leah Gordon, MD

Resident Physician Department of Medicine Division of General Internal Medicine

Leah Haseley, MD

Clinical Associate Professor Department of Medicine Division of Nephrology

Lianne Hirano, MD

Acting Instructor Department of Medicine Division of Gerontology & Geriatric Medicine

Clinical Instructor Department of Medicine

Natalia Murinova, MD

Clinical Assistant Professor Department of Neurology

Ali Samii, MD

Professor

Department of Neurology

Matthew Schreiber, MD, PhD

Fellow

Department of Psychiatry & Behavioral Sciences

Ellen Schur, MD, MPH

Associate Professor Department of Medicine Division of General Internal Medicine

David Tauben, MD

Clinical Associate Professor Departments of Medicine and Anesthesiology & Pain Medicine Chief UW Division of Pain Medicine

Jasmine Zia, MD

Acting Instructor Department of Medicine Division of Gastroenterology

Michael Lenaeus, MD, PhD GUEST FACULTY

Oneil Bains, MD

Staff Physician Virginia Mason Medical Center

Seattle, WA

Anne Larson, MD

Staff Physician Swedish Medical Center

Seattle, WA

Elizabeth Reilly, MD

Staff Physician Virginia Mason Medical Center Seattle, WA

Michael Soung, MD

Staff Physician Virginia Mason Medical Center Seattle, WA

## Thursday, April 23, 2015

4:25

4:45

Panel Discussion

Adjourn

#### 7:30 **Registration and Continental Breakfast SESSION I** Moderator: Jenny Wright, MD 8:00 Welcome and Introduction 8:15 Update in Management of COPD Laura Feemster, MD Update in Novel Anticoagulants 8:45 Mike Lenaeus, MD 9:15 Treatment of Anxiety, ADHD and PTSD Matt Schreiber, MD 9:45 Panel Discussion 10:05 Break **SESSION II** Moderator: Jenny Wright, MD 10:25 Solid Organ Transplant from the Primary Care Perspective Genevieve Pagalilauan, MD 10:55 Infectious Disease Update: UTI, Sinus, Skin and Soft Tissue Infections Shireesha Dhanireddy, MD Dementia: Considering When to Start, Stop, and Continue Dementia 11:25 Medications Lianne Hirano, MD 11:55 Panel Discussion 12:15 Lunch (provided) **SESSION III** Moderator: Jenny Wright, MD 1:15 Chronic Pain David Tauben, MD 1:45 Primary Management of Irritable Bowel Syndrome Jasmine Zia, MD 2:15 Complementary Medicine Jenny Wright, MD Panel Discussion 2:45 3:05 **Break SESSION IV** Moderator: Jenny Wright, MD Using the New Lipid and Blood Pressure Guidelines in Your Clinical Practice 3:25 Michael Soung, MD

## Friday, April 24, 2015

4:10 **4:30** 

Adjourn

#### Sign-in and Continental Breakfast 7:30 **SESSION V** Moderator: Kim O'Connor, MD 8:00 Case Illustrations in Parkinson's Disease Ali Samii, MD, PhD 8:30 Sleep Disorders Oneil Bains, MD 9:00 Type 2 Diabetes: New Kids on the Block Abe DeSantis, MD 9:30 Panel Discussion 9:50 Break **SESSION VI** Moderator: Kim O'Connor, MD 10:10 Approaching Patients with "Tricky Headaches" Natalia Murinova, MD 10:40 Controversies in Osteoporosis Management Elizabeth Reilly, MD 11:10 Update on Hepatitis C Anne Larson, MD 11:40 Panel Discussion 12:00 Lunch (provided) **SESSION VII** Moderator: Kim O'Connor, MD Nephrotoxicity of Common Drugs 1:00 Leah Haseley, MD 1:30 Update in Men's Health Brad Anawalt, MD, PhD 2:00 Therapeutic Options for Obesity Ellen Schur, MD 2:30 Panel Discussion 2:50 **Break SESSION VIII** Moderator: Kim O'Connor, MD Women's Health Topics: Urinary Incontinence & Contraception 3:10 Leah Gordon, MD & Tyra Fainstad, MD Female Sexual Dysfunction 3:40 Kim O'Connor, MD Panel Discussion