

UW Medicine

UW SCHOOL
OF MEDICINE

Women's Health Care Update

Thursday & Friday

March 26 - 27, 2015

University of Washington Campus

Kane Hall

Seattle, WA



Sponsored by the University of Washington School of Medicine
Department of Obstetrics & Gynecology • Office of Continuing Medical Education

Women's Health Care Update

March 26 - 27, 2015

WHO SHOULD ATTEND

Physicians, nurse practitioners, physician assistants and allied healthcare providers who provide primary health care for women

COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected from suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting. The format is a series of short lectures followed by question and answer sessions.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



This Live activity, Women's Health Care Update, with a beginning date of 03/26/2015, has been reviewed and is acceptable for up to 15.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION

The fee for this course includes catering, all instruction materials and transcript of AMA PRA Category 1 Credits™. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition or register online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Manage common urologic issues in women
- Manage basic vulvovaginal complaints and identify and refer complex vulvovaginal disorders
- Apply and interpret HPV testing as part of an effective strategy for cervical cancer prevention
- Manage chronic pain syndromes in women without narcotic pain medication
- Be familiar with the most pertinent published articles in the field of Women's Health for 2014
- Diagnose and manage osteoporosis, and common menopausal symptoms
- Provide pre-conception care and anticipatory guidance regarding medication use in pregnancy
- Manage common contraceptive problems
- Diagnose and evaluate recurrent pregnancy loss
- Evaluate and manage knee problems in women
- Apply new ACOG nomenclature regarding abnormal uterine bleeding
- Evaluate and manage common female sexual disorders

MD/DO/PhD	\$395.00
Allied Health	\$345.00
Resident/Fellow	\$125.00

CONFERENCE SYLLABUS IS GOING GREEN

Syllabus materials will be available for download at uwcme.org (for conference registrants only). The password for the download website will be sent with your registration confirmation email. Materials will be available from **March 20 - April 27, 2015**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

CHILDCARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by March 16, 2015. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following March 16, 2015. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions - **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@u.washington.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Hotel Deca

4507 Brooklyn Ave NE
Seattle, WA 98105

206.634.2000 or 800.899.0251

Rates depend on availability

Ask for UW CME conference rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105

206.526.5200 or 800.205.6940

Rates depend on availability

Ask for UW CME Conference rate

Course Faculty

COURSE CO-CHAIRS

David A. Eschenbach, MD

Professor and Chair

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Carolyn M. Gardella, MD, MPH

Associate Professor

Department of Obstetrics & Gynecology

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Ginger Evans, MD

Acting Instructor

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Division of General Internal
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& Gynecology

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Division of General Internal
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Department of Obstetrics
& Gynecology

Joyce Wipf, MD

Professor

Department of Medicine
Division of General Internal
Medicine

GUEST FACULTY

Lora Shahine, MD, FACOG

Director

Center of Recurrent

Pregnancy Loss

Pacific NW Fertility and

IVF Specialists

Seattle, WA

Thursday, March 26, 2015

7:30 Registration and Continental Breakfast

- 8:00 Global Health
Jennifer Unger, MD, MPH
- 8:30 Women's Health Articles of the Year
Kay Johnson, MD, MPH
- 9:00 Osteoporosis
Anna Golob, MD
- 9:30 Question and Answer Session
Faculty
-

10:00 Break

- 10:15 Preconception Care
Lisa Callegari, MD, MPH
- 10:45 STD Update
Carolyn Gardella, MD, MPH
- 11:15 Thyroid Disease in Women
Karen Foster-Schubert, MD
- 11:45 Question and Answer Session
Faculty
-

12:15 Lunch (provided)

- 1:00 Female Sexual Disorders
Kim O'Connor, MD
- 1:30 Management of Hypertension in Women
Ginger Evans, MD
- 2:00 Pap Smear Screening
Constance Mao, MD
- 2:30 Question and Answer Session
Faculty
-

3:00 Break

- 3:15 Common Vulvovaginal Complaints
Andrea Prabhu, MD
- 3:45 Vulvovaginal Cases
David Eschenbach, MD
- 4:15 Question and Answer Session
Faculty
-

4:45 Adjourn

Friday, March 27, 2015

7:30 Sign-In and Continental Breakfast

- 8:00 Evaluation and Management of Overactive Bladder
Michael Fialkow, MD, MPH
- 8:30 Recurrent Urinary Tract Infection
Anna Kirby, MD
- 9:00 Non-Opioid Pain Medication in the Complex Patient
Sharon Gill, MD
- 9:30 Question and Answer Session
Faculty
-

10:00 Break

- 10:15 Contraception Update #1
Sarah Prager, MD, MAS
- 10:45 Continuous and Extended Combined Hormonal Contraceptive Use: Why Stop When You're Ahead?
Lyndsey Benson, MD, MS
- 11:15 From Category A to X: Medication Use in Pregnancy
Alyssa Stephenson-Famy, MD
- 11:45 Question and Answer Session
Faculty
-

12:15 Lunch (provided)

- 1:00 Recurrent Pregnancy Loss
Lora Shahine, MD, FACOG
- 1:30 Care of Women Veterans
Joyce Wipf, MD
- 2:00 Evaluation and Management of Knee Problems in Women
John O'Kane, MD
- 2:30 Question and Answer Session
Faculty
-

3:00 Break

- 3:15 Management of Menopausal Symptoms
Eliza Sutton, MD, FACP
- 3:45 Abnormal Uterine Bleeding
Carolyn Gardella, MD, MPH
- 4:15 Question and Answer Session
Faculty
-

4:45 Adjourn

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COURSE FEES

MD/DO/PhD	\$395.00
Allied Health	\$345.00
Resident/Fellow	\$125.00

MJ1508

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () - Email		

RETURN COMPLETED REGISTRATIONS

BY MAIL:
UWCME
Box 359441
Seattle, WA 98195-9441

PAYMENT

<input type="checkbox"/> Check (payable to University of Washington) for \$			
<input type="checkbox"/> Credit Card charge \$		<input type="checkbox"/> Visa	<input type="checkbox"/> MC
Card #	Exp Date		
CCV #	Signature		
<input type="checkbox"/> UW Budget	Budget Name		Budget #
Box #	Proj	Opt	Task

BY FAX:
206.221.4525

CALL:
206.543.1050
with questions

Register online at uwcme.org