

UW Medicine

UW SCHOOL  
OF MEDICINE

*Spring in Seattle XV*

# CLINICAL CARDIOLOGY PEARLS FOR PRIMARY CARE



Friday - Saturday

April 29-30, 2016

Westin Hotel • 1900 Fifth Avenue • Seattle, WA

Sponsored by UW School of Medicine  
Department of Medicine, Division of Cardiology  
Office of Continuing Medical Education

## WHO SHOULD ATTEND

Primary care providers – including family medicine physicians, internists, nurse practitioners, physician assistants, nurses and others with an interest in heart disease

## COURSE DESCRIPTION

This course is tailored for a primary care audience and is intended to provide practical, up-to-date information on commonly encountered cardiovascular diseases. World-class faculty from the UW School of Medicine will teach participants using case-based lectures and an audience response system to encourage interactive dialogue. Recent guidelines for hypertension, cholesterol management, and SVT will be reviewed. Everyday primary care topics including diagnosis and treatment of coronary artery disease, congestive heart failure, supraventricular arrhythmias, atrial fibrillation, will be covered. Practical issues regarding use of new anticoagulants and appropriateness of cardiac testing will be discussed. Attendees will be invited to submit their most challenging cases for incorporation into the sessions.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 10.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.



## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Treat and manage high blood pressure based on new clinical guidelines
- Apply new cholesterol guidelines to the management of patients with cardiac risk factors
- Order the appropriate stress test for your patients based on current guidelines
- Identify abnormal findings on cardiovascular physical exam and identify which heart murmur patients should be referred for an echocardiogram
- Manage patients with chronic stable coronary artery disease
- Diagnose and treat patients with supraventricular arrhythmias, including atrial fibrillation
- Learn how to manage patients taking new oral anticoagulants
- Interpret basic and complex ECGs
- Review ECGs in athletes and distinguish normal variants from pathologic changes
- Evaluate and treat patients with congestive heart failure
- Recognize who may benefit from new procedures for the management of structural and valvular heart disease

## FEES AND REGISTRATION

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|------------------------|----------|
| <b>MD/DO/PhD</b>       | \$275.00 |
| <b>Allied Health</b>   | \$225.00 |
| <b>Resident/Fellow</b> | \$125.00 |

The course fee includes catering, instruction materials and transcript of AMA PRA Category 1 Credits™. To enroll, please complete the enclosed registration form and include payment or register online at [uwcmc.org](http://uwcmc.org). Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

## ONLINE CONFERENCE SYLLABUS

Handout materials for the conference will be provided online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available from **April 25 - May 31, 2016**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

## CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **April 17, 2016**. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **April 17, 2016**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu).

## SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the CME office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

### Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

## Course Faculty

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### COURSE CO-CHAIRS

**Zachary D. Goldberger, MD, MS, FACC, FHRS**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**Alec J. Moorman, MD, FACC**  
Clinical Assistant Professor  
Department of Medicine  
Division of Cardiology

### UNIVERSITY OF WASHINGTON FACULTY

**Nazem Akoum, MD, MS, FACC, FHRS**  
Associate Professor  
Department of Medicine  
Division of Cardiology

**Melissa R. Robinson, MD, FACC, FHRS**  
Clinical Associate Professor  
Department of Medicine  
Division of Cardiology

**Jonathan A Drezner, MD.**  
Professor  
Department of Family Medicine

**B. Fendley Stewart, MD, FACC**  
Clinical Professor  
Department of Medicine  
Division of Cardiology

**Ravi S. Hira, MD, FACC**  
Assistant Professor  
Department of Medicine  
Division of Cardiology

**Eugene Yang, MD, MS, FACC**  
Clinical Associate Professor  
Department of Medicine  
Division of Cardiology

**Elina Minami, MD, FACC**  
Clinical Associate Professor  
Department of Medicine  
Division of Cardiology



## Friday, April 29, 2016

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### 8:00 Registration and Continental Breakfast

- 8:25 Opening Remarks  
*Alec Moorman, MD, FACC*
- 8:30 Approach to the Patient with Syncope  
*Melissa Robinson, MD, FACC, FHRS*
- 9:10 Question & Answer Session  
*Melissa Robinson, MD, FACC, FHRS*
- 9:30 Lipid Management: Guideline Update and New Therapies  
*Alec Moorman, MD, FACC*
- 10:10 Question & Answer Session  
*Alec Moorman, MD, FACC*
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### 10:30 Break

- 10:45 Cardiovascular Screening in Athletes: Is ECG Recommended?  
*Jonathan Drezner, MD*
- 11:25 Question & Answer Session  
*Jonathan Drezner, MD*
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### 11:45 Lunch & Meet the Faculty

- 12:30 Cardiac Stress Testing: Which and When?  
*Zachary Goldberger, MD, MS, FACC, FHRS*
- 1:10 Question & Answer Session  
*Zachary Goldberger, MD, MS, FACC, FHRS*
- 1:30 New Approaches and New Anticoagulants for Atrial Fibrillation  
*Nazem Akoum, MD, MS, FACC, FHRS*
- 2:10 Question & Answer Session  
*Nazem Akoum, MD, MS, FACC, FHRS*
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### 2:30 Break

- 2:50 Stable Coronary Disease: Controversies and Treatment Strategies  
*Ravi Hira, MD, FACC*
- 3:30 Question & Answer Session  
*Ravi Hira, MD, FACC*
- 3:50 Approach to the Patient with Hypertension  
*Eugene Yang, MD, MS, FACC*
- 4:30 Question & Answer Session  
*Eugene Yang, MD, MS, FACC*
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### 4:50 Adjourn

## Saturday, April 30, 2016

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### 8:00 Sign-In and Continental Breakfast

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8:30 SVT: Electrocardiography and Therapy  
*Zachary Goldberger, MD, MS, FACC, FHRS*

9:10 Question & Answer Session  
*Zachary Goldberger, MD, MS, FACC, FHRS*

9:30 Evaluation & Management of Congestive Heart Failure  
*Elina Minami, MD, FACC*

10:10 Question & Answer Session  
*Elina Minami, MD, FACC*

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### 10:30 Break

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10:45 Valvular Heart Disease: Echocardiography and Guideline Update  
*B. Fendley Stewart, MD, FACC*

11:25 Question & Answer Session  
*B. Fendley Stewart, MD, FACC*

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11:45 Adjourn  
*Alec Moorman, MD, FACC*

## HOTEL ACCOMMODATIONS

The University of Washington has contracted for a special rate at the conference hotel. You must mention "UW Cardiology" to receive this rate. After April 13, 2016, this rate and accommodations may not be available. The University of Washington accepts no further responsibility for lodging.

**Westin Hotel, 1900 Fifth Avenue, Seattle, WA 98101**

*westinseattle.com*

For reservations, call 1.888.627.8513 or 206.728.1000

RESERVE ROOMS ONLINE:

<https://www.starwoodmeeting.com/Book/UWCardiology>

Visit the course listing at [uwcme.org](http://uwcme.org) for a direct link.

starting at  
**\$225.00**  
per night  
(tax excluded)