

UW Medicine

UW SCHOOL  
OF MEDICINE

*43rd Annual*  
Advances in Family Practice  
and Primary Care

Monday - Friday  
September 14 - 18, 2015

University of Washington  
Health Sciences Building  
1959 N.E. Pacific Street  
Hogness Auditorium  
Seattle, WA



Sponsored by the University of Washington School of Medicine  
Department of Family Medicine • Office of Continuing Medical Education

## WHO SHOULD ATTEND

This course is designed for primary care providers including family medicine physicians, general internists, physician assistants and nurse practitioners.

## COURSE DESCRIPTION

This is the 43rd year that the Department of Family Medicine at the University of Washington School of Medicine is offering five days of educational opportunities for family practice and primary health care providers.

Each year our goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics and gastroenterology. Course topics are chosen with four criteria in mind:

- Suggestions from previous course attendees
- Distribution of topics should reflect the content of primary care
- Recent breakthroughs that may have significant impact on primary care practice and health outcomes
- Controversial topics where medical opinions may vary or are in flux

In addition, course content includes information about practice transformation in line with new health care legislation to help attendees know more about becoming a patient-centered medical home and working within an accountable care organization.

We offer a wide array of interactive workshops to reinforce and deepen content that is shared in large group plenary sessions. We are also integrating educational methods that engage learners and deepen learning during plenary sessions. We offer two ABFM SAMs (Self-Assessment Modules). These SAMs will help interested participants meet recertification requirements of the American Board of Family Medicine. These SAMs are applicable to ABFM MC-FP enrollees and are offered at no extra charge, although registration is limited.

## PLANNING COMMITTEE

### Department of Family Medicine

David Evans, MD  
Matthew Jaffy, MD  
Jeanne Cawse Lucas, MD

Thomas E. Norris, MD  
Pamela L. Pentin, JD, MD  
Linda Vorvick, MD

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics and gastroenterology to the care of patients in primary care
- Integrate teamwork designs into practice to improve efficiency and quality of care within the context of a patient-centered medical home
- Describe new practice designs to optimize practice effectiveness in chronic disease management, restricting opioid abuse, detecting and treating mental and substance abuse

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 33.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.

## FEES AND REGISTRATION

	Five-Day	Three-Day
MD/DO/PhD	\$695	\$465
PA/ARNP/RN/Allied	\$595	\$405
Resident/Fellow	\$225	\$155

The fee for this course includes catering, all instruction materials and transcript of *AMA PRA Category 1 Credits*<sup>™</sup>. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

## ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and this requirement will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

## CHILD CARE POLICY

In consideration of other participants and speakers, please do not bring infants/children into conference sessions.

## CONFERENCE SYLLABUS IS GOING GREEN

Syllabus materials will be available for download at [uwcmec.org](http://uwcmec.org) (for conference registrants only). Materials will be available from **September 8 - October 9, 2015**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

## CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **September 3, 2015**. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **September 3, 2015**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions — **call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu)**.

## SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, instructional materials, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

### Contact Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@u.washington.edu](mailto:dso@u.washington.edu)

## HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

### Watertown Hotel

4242 Roosevelt Way NE  
Seattle, WA 98105  
206.826.4242 or 866.944.4242  
Rates depend on availability  
Ask for UW CME conference rate

### Silver Cloud Inn

5036 25th Avenue NE  
Seattle, WA 98105  
206.526.5200 or 800.205.6940  
Rates depend on availability  
Ask for UW CME conference rate

# Course Faculty

## COURSE CO-CHAIRS

**Larry B. Mauksch, MEd**  
Clinical Professor  
Department of Family Medicine

**Grace Shih, MD, MAS**  
Assistant Professor  
Department of Family Medicine

## UW FACULTY

**Ruth Ballweg, MPA, PA-C**  
Professor  
Department of Family Medicine

**Amy Bauer, MD, MS**  
Assistant Professor  
Department of Psychiatry & Behavioral Sciences

**Nathalie Bentov, MD, MA**  
Clinical Assistant Professor  
Department of Family Medicine

**Heather A. Brandling-Bennett, MD**  
Adjunct Assistant Professor  
Department of Medicine, Division of Dermatology

**Başak Çoruh, MD**  
Assistant Professor  
Department of Pulmonary & Critical Care

**Shireesha Dhanireddy, MD**  
Associate Professor  
Department of Medicine, Division of Allergy & Infectious Diseases

**Jonathan A. Drezner, MD**  
Professor  
Department of Family Medicine

**David C. Dugdale, MD, FACP**  
Vice Dean for Clinical Affairs  
Professor  
Department of Medicine

**Mark H. Duncan, MD**  
Acting Assistant Professor  
Department of Psychiatry & Behavioral Sciences

**David Evans, MD**  
Associate Professor  
Department of Family Medicine

**R. Alan Failor, MD**  
Clinical Professor  
Department of Medicine, Division of Metabolism, Endocrinology & Nutrition

**Christopher S. Famy, MD**  
Clinical Assistant Professor  
Department of Psychiatry & Behavioral Sciences

**Bradford Felker, MD**  
Professor  
Department of Psychiatry & Behavioral Sciences

**Gregory C. Gardner, MD, FACP**  
Professor  
Department of Medicine, Division of Rheumatology

**Emily M. Godfrey, MD, MPH, FAAFP**  
Associate Professor  
Department of Family Medicine

**Deepti Gupta, MD**  
Adjunct Assistant Professor  
Department of Medicine, Division of Dermatology

**Kimberly G. Harmon, MD**  
Professor  
Department of Family Medicine

**Leslie Heron, MN, ARNP, FNP-BC**  
Associate Faculty  
Department of Medicine, Division of Oncology

**Elizabeth Kaplan, MD**  
Assistant Professor  
Department of Medicine

**Barbara Konkle, MD**  
Professor  
Department of Medicine

**Eric E. Kraus, MD**  
Associate Professor  
Department of Neurology

**Carol Kummert, LICSW, MTS**  
Palliative Care Social Worker  
UWMC

**Sharon Kunin, DO, MPH**  
Global Health Fellow  
Department of Family Medicine

**Lenna Liu, MD, MPH**  
Professor  
Department of Pediatrics

**Natalia Murinova, MD**  
Clinical Assistant Professor  
Department of Neurology

**Genevieve Neal-Perry, MD, PhD**  
Associate Professor  
Department of Obstetrics and Gynecology

**John W. O'Kane, MD**  
Associate Professor  
Department of Family Medicine

**Justin Osborn, MD**  
Assistant Professor  
Department of Family Medicine

**Henry F. Pelto, MD**  
Acting Assistant Professor  
Department of Family Medicine

# Course Faculty

## UW FACULTY (...continued)

**Pamela L. Pentin, JD, MD, FAAFP**  
Assistant Professor  
Department of Family Medicine

**William R. Phillips, MD, MPH**  
Professor  
Department of Family Medicine

**Raimund Pichler, MD**  
Clinical Associate Professor  
Department of Nephrology

**Jaqueline Raetz, MD**  
Assistant Professor  
Department of Family Medicine

**Ashwin L. Rao, MD**  
Assistant Professor  
Department of Family Medicine

**Anna Ratzliff, MD, PhD**  
Assistant Professor  
Department of Psychiatry & Behavioral Sciences

**Gregory Redding, MD**  
Professor  
Department of Pediatrics

**Gautham P. Reddy, MD, MPH**  
Professor  
Department of Radiology

**Michael L. Richardson, MD**  
Professor  
Department of Radiology

**Melissa R. Robinson, MD, FHRS, FACC**  
Assistant Professor  
Department of Medicine, Division of Cardiology

**Valerie Ross, MS**  
Senior Lecturer  
Department of Medicine

**Emily Ruedinger, MD**  
Assistant Professor  
Department of Pediatrics

**Michael Ryan, MD**  
Associate Dean for Curriculum  
Associate Professor  
Department of Medicine, Division of Nephrology

**Chris Sanford, MD, MPH, DTM&H**  
Associate Professor  
Department of Family Medicine

**Kathryn Schlenker, DO**  
Clinical Instructor  
Department of Medicine, Division of General Internal Medicine

**Alyssa Stephenson-Famy, MD**  
Assistant Professor  
Department of Obstetrics & Gynecology

**Savitha Subramanian, MD**  
Assistant Professor  
Department of Medicine, Division of Metabolism, Endocrinology & Nutrition

**Christina Surawicz, MD**  
Associate Dean for Faculty Development  
Professor  
Department of Medicine, Division of Gastroenterology

**Alyce Sutko, MD**  
Chief Resident  
Department of Family Medicine

**David J. Tauben, MD**  
Clinical Associate Professor  
Department of Medicine

**Matthew Thompson, MChB, MPH, DPhil, MRCHP**  
Professor  
Department of Family Medicine

**Heather Tick, MD, MA**  
Professor  
Department of Family Medicine

**Jay Vary, MD, PhD**  
Assistant Professor  
Department of Dermatology

**Thomas Walsh, MD, MS**  
Assistant Professor  
Department of Urology

**Eugene Yang, MD, FACC**  
Clinical Associate Professor  
Department of Medicine, Division of Cardiology

**Ying Zhang, MD**  
Fellow  
Department of Family Medicine

**Jasmine Zia, MD**  
Acting Instructor  
Department of Medicine, Division of Gastroenterology

**Timothy L. Zisman, MD, MPH**  
Assistant Professor  
Department of Medicine, Division of Gastroenterology

## GUEST FACULTY

**Sam Eggertsen, MD**  
Physician Provider  
HealthPoint  
Bothell, WA

# 43rd Annual Advances in Family Practice and Primary Care

September 14 - 18, 2015

## REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		Zip
City	State	
Phone ( ) -	Email	

<b>PAYMENT</b>	*Residency Program (if applicable)
<input type="checkbox"/> Check (payable to University of Washington) for \$	

<input type="checkbox"/> Credit Card charge \$	<input type="checkbox"/> Visa	<input type="checkbox"/> MC	<input type="checkbox"/> Discover
Card #	Exp Date		CVV #
Signature			

<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt
		Task

## COURSE FEES

	Five-Day	Three-Day
MD/DO/PhD	\$695	\$465
PA/ARNP/RN/Allied Health	\$595	\$405
*Resident/Fellow	\$225	\$155

MJ1605

If attending 3 days, indicate which three days						
<input type="checkbox"/> M	<input type="checkbox"/> T	<input type="checkbox"/> W	<input type="checkbox"/> TH	<input type="checkbox"/> F	<input type="checkbox"/>	<input type="checkbox"/>

## RETURN COMPLETED REGISTRATIONS

(include workshop form)

BY MAIL:

UWCME  
Box 359441

Seattle, WA 98195-9441

BY FAX:  
206.221.4525

CALL:  
206.543.1050  
with questions

Register online at [uwcme.org](http://uwcme.org)



# Workshops

## MONDAY, SEPTEMBER 14

<b>SESSION 1</b>	<input type="checkbox"/> 1 ABFM Self-Assessment Module: Well Child Care ( <i>applicable to ABFM MC-FP enrollees only - limited enrollment, held from 1-5 pm</i> )
<b>SESSION 2</b>	<input type="checkbox"/> 2 Suturing Techniques for the Primary Care Provider ( <i>hands-on</i> ) ( <b>Closed at capacity - waitlist only</b> ) held from 2:45-5 pm)
<b>SESSION 3</b>	<input type="checkbox"/> 3-1 Approach to Pulmonary Function Test Interpretation <input type="checkbox"/> 3-2 Psychiatric Case Studies <input type="checkbox"/> 3-3 Care of the Cancer Survivor <input type="checkbox"/> 3-4 Male Sexual Dysfunction: What to Ask, How to Treat, and When to Refer <input type="checkbox"/> 3-5 Pediatric Management of Obesity
<b>SESSION 4</b>	<input type="checkbox"/> 4-1 Approach to Pulmonary Function Test Interpretation <input type="checkbox"/> 4-2 Psychiatric Case Studies <input type="checkbox"/> 4-3 Care of the Cancer Survivor <input type="checkbox"/> 4-4 Male Sexual Dysfunction: What to Ask, How to Treat, and When to Refer <input type="checkbox"/> 4-5 Pediatric Management of Obesity

## TUESDAY, SEPTEMBER 15

<b>SESSION 5</b>	<input type="checkbox"/> 5 ABFM Self-Assessment Module: Cerebrovascular Disease ( <i>applicable to ABFM MC-FP enrollees only - limited enrollment, held from 1-5 pm</i> )
<b>SESSION 6</b>	<input type="checkbox"/> 6-1 Practical Applications of Motivational Interviewing for Primary Care Providers <input type="checkbox"/> 6-2 Cutaneous Infections of the Skin: MRSA and Beyond <input type="checkbox"/> 6-3 Knee and Hip Exams <input type="checkbox"/> 6-4 60-Minute MSK Fellowship <input type="checkbox"/> 6-5 Diabetic Kidney Disease <input type="checkbox"/> 6-6 Management of Chronic Pain in Primary Care
<b>SESSION 7</b>	<input type="checkbox"/> 7-1 Practical Applications of Motivational Interviewing for Primary Care Providers <input type="checkbox"/> 7-2 Cutaneous Infections of the Skin: MRSA and Beyond <input type="checkbox"/> 7-3 Knee and Hip Exams <input type="checkbox"/> 7-4 60-Minute MSK Fellowship <input type="checkbox"/> 7-5 Diabetic Kidney Disease <input type="checkbox"/> 7-6 Management of Chronic Pain in Primary Care

## WEDNESDAY, SEPTEMBER 16

<b>SESSION 8</b>	<input type="checkbox"/> 8-1 Optimizing Patients for Upcoming Surgery <input type="checkbox"/> 8-2 Shoulder Examination and Common Problems <input type="checkbox"/> 8-3 Vaccinations: What's New for Adults and Peds <input type="checkbox"/> 8-4 A Tightrope Balancing Act: Fertility Challenges in Women of Advanced Maternal Age <input type="checkbox"/> 8-5 Integrative Medicine Case Studies <input type="checkbox"/> 8-6 Questioning the Cholesterol Treatment Guidelines
<b>SESSION 9</b>	<input type="checkbox"/> 9-1 Optimizing Patients for Upcoming Surgery <input type="checkbox"/> 9-2 Shoulder Examination and Common Problems <input type="checkbox"/> 9-3 Vaccinations: What's New for Adults and Peds <input type="checkbox"/> 9-4 A Tightrope Balancing Act: Fertility Challenges in Women of Advanced Maternal Age <input type="checkbox"/> 9-5 Integrative Medicine Case Studies <input type="checkbox"/> 9-6 Questioning the Cholesterol Treatment Guidelines

## THURSDAY, SEPTEMBER 17

<b>SESSION 10</b>	<input type="checkbox"/> 10-1 If You Don't Ask, They May Not Tell: Communication and Advance Care Planning in the Primary Care Setting <input type="checkbox"/> 10-2 Challenging Hypertension Cases Review <input type="checkbox"/> 10-3 Joint Injection Workshop <input type="checkbox"/> 10-4 Solving the Puzzle of Prenatal Diagnosis <input type="checkbox"/> 10-5 The Spectrum of Alcohol Use Disorders and Harm Reduction <input type="checkbox"/> 10-6 Cardiac Screening in Athletes: Symptoms and Family History Not to Miss
<b>SESSION 11</b>	<input type="checkbox"/> 11-1 If You Don't Ask, They May Not Tell: Communication and Advance Care Planning in the Primary Care Setting <input type="checkbox"/> 11-2 Challenging Hypertension Cases Review <input type="checkbox"/> 11-3 Joint Injection Workshop <input type="checkbox"/> 11-4 Solving the Puzzle of Prenatal Diagnosis <input type="checkbox"/> 11-5 The Spectrum of Alcohol Use Disorders and Harm Reduction <input type="checkbox"/> 11-6 Cardiac Screening in Athletes: Symptoms and Family History Not to Miss

**When registering please include both the completed registration form and workshop selection form (pages 6 and 7)**

## Monday, September 14, 2015

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### 7:00 Registration and Continental Breakfast

8:00 Welcome and Introduction

8:10 Update on Treating Lung Disease in Children  
*Gregory Redding, MD*

8:55 Upper and Lower Respiratory Infections - Where Are the Wise Choices?  
*Matthew Thompson, MBChB, MPH, DPhil, MRCHP*

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### 9:45 Break

10:00 Women's Health Update 2015  
*Pamela Pentin, MD, JD, FAAFP*

10:45 EKG Interpretation in Primary Care - Case-Based Review  
*Melissa Robinson, MD*

11:30 Collaborative Care: Evidence-Based Integration of Mental Health into Primary Care Settings  
*Anna Ratzliff, MD, PhD*

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### 12:15 Lunch (provided)

1:00 Assessment and Management of PTSD in Primary Care  
*Bradford Felker, MD*

1:45 Geriatrics Review for the Primary Care Provider  
*Jaqueline Raetz, MD*

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1:00 **Workshop: Session 1** (*Applicable to ABFM MC-FP enrollees only - limited enrollment*)  
to ABFM Self-Assessment Module: Well Child Care

5:00 *Ying Zhang, MD*

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### 2:30 Break

2:45 **Workshop: Session 2 - (Closed at capacity - waitlist only)**

to Suturing Techniques for the Primary Care Provider (*hands-on*)

5:00 *David Evans, MD and Justin Osborn, MD*

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### 2:45 Workshops: Session 3

3-1 Approach to Pulmonary Function Test Interpretation  
*Başak Çoruh, MD*

3-2 Psychiatric Case Studies  
*Chris Famy, MD*

3-3 Care of the Cancer Survivor  
*Elizabeth Kaplan, MD and Leslie Heron, MN, ARNP, FNP-BC*

3-4 Male Sexual Dysfunction - What to Ask, How to Treat, and When to Refer  
*Thomas Walsh, MD, MS*

3-5 Pediatric Management of Obesity  
*Lenna Liu, MD, MPH*

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### 3:45 Break

#### 4:00 Workshops: Session 4

4-1 Approach to Pulmonary Function Test Interpretation  
*Başak Çoruh, MD*

4-2 Psychiatric Case Studies  
*Chris Famy, MD*

4-3 Care of the Cancer Survivor  
*Elizabeth Kaplan, MD and Leslie Heron, MN, ARNP, FNP-BC*

4-4 Male Sexual Dysfunction - What to Ask, How to Treat, and When to Refer  
*Thomas Walsh, MD, MS*

4-5 Pediatric Management of Obesity  
*Lenna Liu, MD, MPH*

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### 5:00 Adjourn

## Tuesday, September 15, 2015

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### 7:30 Sign-In and Continental Breakfast

8:00 Introduction and Announcements

8:10 Updates in Adult Dermatology  
*Jay Vary, MD, PhD*



8:55 A Practical Differential for Dementia  
*Eric Kraus, MD*

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**9:45 Break**

10:00 Anticoagulation  
*Barbara Konkle, MD*

10:45 Care of the Adolescent  
*Emily Ruedinger, MD*

11:30 Preventing Physician Burnout  
*Christina Surawicz, MD*

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**12:15 Lunch (provided)**

1:00 Difficult Diarrhea Cases  
*Christina Surawicz, MD*

1:45 An Update on Common Thyroid Disorders  
*R. Alan Failor, MD*

1:00 **Workshop: Session 5** (*Applicable to ABFM MC-FP enrollees only - limited enrollment*)  
to ABFM Self-Assessment Module: Cerebrovascular Disease

5:00 *Alyce Sutko, MD*

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**2:30 Break**

**2:45 Workshops: Session 6**

6-1 Practical Applications of Motivational Interviewing for Primary Care Providers  
*Valerie Ross, MS*

6-2 Cutaneous Infections of the Skin: MRSA and Beyond  
*Deepti Gupta, MD*

6-3 Knee and Hip Exams  
*John O'Kane, MD*

6-4 60-Minute MSK Fellowship  
*Michael Richardson, MD*

6-5 Diabetic Kidney Disease  
*Raimund Pichler, MD*

6-6 Management of Chronic Pain in Primary Care  
*David Tauben, MD*

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**3:45 Break**

**4:00 Workshops: Session 7**

7-1 Practical Applications of Motivational Interviewing for Primary Care Providers  
*Valerie Ross, MS*

7-2 Cutaneous Infections of the Skin: MRSA and Beyond  
*Deepti Gupta, MD*

7-3 Knee and Hip Exams  
*John O'Kane, MD*

7-4 60-Minute MSK Fellowship  
*Michael Richardson, MD*

7-5 Diabetic Kidney Disease  
*Raimund Pichler, MD*

7-6 Management of Chronic Pain in Primary Care  
*David Tauben, MD*

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**5:00 Adjourn**

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**7:30 Sign-In and Continental Breakfast**

8:00 Introduction and Announcements

8:10 Pre-Sports Participation in Physicals: Identifying High-Risk Patients  
*Henry Pelto, MD*

8:55 Care Management Programs in Primary Care Practice  
*David C. Dugdale, MD*

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**9:45 Break**

- 10:00 Recruiting and Integrating PAs and NPs into Your Primary Care Practice  
*Ruth Ballweg, MPA, PA-C*
- 10:45 Common Pediatric Rashes  
*Heather Brandling-Bennett, MD*
- 11:30 Practical Management of Concussion in the Office Setting  
*Kimberly G. Harmon, MD*

**12:15 Lunch (provided)**

- 1:00 Update in Nephrology for Primary Care  
*Michael Ryan, MD*
- 1:45 Radiology Decision-Making: What to Order and When  
*Gautham Reddy, MD, MPH*

**2:30 Break**

**2:45 Workshops: Session 8**

- 8-1 Optimizing Patients for Upcoming Surgery  
*Nathalie Bentov, MD, MA*
- 8-2 Shoulder Examination and Common Problems  
*Jon Drezner, MD*
- 8-3 Vaccinations: What's New for Adults and Peds  
*Chris Sanford, MD, MPH, DTM&H & Sharon Kumin, DO, MPH*
- 8-4 A Tightrope Balancing Act: Fertility Challenges in Women of Advanced Maternal Age  
*Genevieve Neal-Perry, MD, PhD*
- 8-5 Integrative Medicine Case Studies  
*Heather Tick, MD, MA*
- 8-6 Questioning the Cholesterol Treatment Guidelines  
*Sam Eggertsen, MD*

**3:45 Break**

**4:00 Workshops: Session 9**

- 9-1 Optimizing Patients for Upcoming Surgery  
*Nathalie Bentov, MD, MA*
- 9-2 Shoulder Examination and Common Problems  
*Jon Drezner, MD*
- 9-3 Vaccinations: What's New for Adults and Peds  
*Chris Sanford, MD, MPH, DTM&H & Sharon Kumin, DO, MPH*
- 9-4 A Tightrope Balancing Act: Fertility Challenges in Women of Advanced Maternal Age  
*Genevieve Neal-Perry, MD, PhD*
- 9-5 Integrative Medicine Case Studies  
*Heather Tick, MD, MA*
- 9-6 Questioning the Cholesterol Treatment Guidelines  
*Sam Eggertsen, MD*

**5:00 Adjourn**

Thursday, September 17, 2015

**7:30 Sign-In and Continental Breakfast**

- 8:00 Introduction and Announcements
- 8:10 Update on GI Issues  
*Timothy Zisman, MD, MPH*
- 8:55 Update on Infectious Diseases for Primary Care  
*Shireesha Dhanireddy, MD*

**9:45 Break**

- 10:00 Headache Management in Primary Care  
*Natalia Murinova, MD*
- 10:45 Systems-Based Safeguards for Safe and Effective Opioid Prescribing  
*Moderator: Pamela Pentin, MD, JD, FAAFP*  
Panelists: Mark Parrent - US Attorney's Office for the Western District of Washington; Ricardo Quintero - US Drug Enforcement Administration, Seattle Division; Gary Garrety - Washington State Department of Health, Prescription Monitoring Program; Denise Gruchalla, Chief Investigator & James McLaughlin, General Counsel - Washington State Department of Health Medical Quality Assurance Commission

**12:15 Lunch (provided)**

1:00 Update on Hypertension Management 2015

*Eugene Yang, MD, FACC*

1:45 Recognizing Rheumatologic Disease in Common Complaints Seen in Primary Care

*Gregory Gardner, MD*

**2:30 Break**

**2:45 Workshops: Session 10**

10-1 If You Don't Ask, They May Not Tell: Communication and Advance Care Planning in the Primary Care Setting

*Kathryn Schlenker, DO and Carol Kummet, LICSW, MTS*

10-2 Challenging Hypertension Cases Review

*Eugene Yang, MD, FACC*

10-3 Joint Injection Workshop

*Ashwin Rao, MD*

10-4 Solving the Puzzle of Prenatal Diagnosis

*Alyssa Stephenson-Famy, MD*

10-5 The Spectrum of Alcohol Use Disorders and Harm Reduction

*Mark Duncan, MD*

10-6 Cardiac Screening in Athletes: Symptoms and Family History Not to Miss

*Jon Drezner, MD*

**3:45 Break**

**4:00 Workshops: Session 11**

11-1 If You Don't Ask, They May Not Tell: Communication and Advance Care Planning in the Primary Care Setting

*Kathryn Schlenker, DO and Carol Kummet, LICSW, MTS*

11-2 Challenging Hypertension Cases Review

*Eugene Yang, MD, FACC*

11-3 Joint Injection Workshop

*Ashwin Rao, MD*

11-4 Solving the Puzzle of Prenatal Diagnosis

*Alyssa Stephenson-Famy, MD*

11-5 The Spectrum of Alcohol Use Disorders and Harm Reduction

*Mark Duncan, MD*

11-6 Cardiac Screening in Athletes: Symptoms and Family History Not to Miss

*Jon Drezner, MD*

**5:00 Adjourn**

Friday, September 18, 2015

**7:30 Sign-In and Continental Breakfast**

7:50 Introduction and Announcements

8:00 US Preventive Services Task Force - Recent Recommendations and Current Controversies

*William Phillips, MD, MPH*

8:45 What's New in Diabetes Management

*Savitha Subramanian, MD*

9:25 Management of Chronic Pain in Primary Care

*David Tauben, MD*

**10:05 Break**

10:20 Update on Management of Depression in Primary Care

*Amy Bauer, MD, MS*

11:00 Complex Contraception

*Emily Godfrey, MD, MPH*

11:40 What's New in IBS Management

*Jasmine Zia, MD*

**12:20 Adjourn**