

UW Medicine

UW SCHOOL
OF MEDICINE

ENDOCRINOLOGY UPDATE FOR PRIMARY CARE



Friday & Saturday

February 3 & 4, 2017

University of Washington Campus

HUB North Ballroom

Seattle, WA

**Sponsored by UW School of Medicine
Division of Metabolism, Endocrinology & Nutrition
Office of Continuing Medical Education**

TARGET AUDIENCE

This course is designed for primary care providers including family practice physicians, internists, physician assistants, advanced nurse practitioners, nurses and anyone with interest in endocrine and diabetes care.

COURSE DESCRIPTION

This is a new comprehensive 1.5 day course on the principles of endocrinology and diabetes geared towards primary care providers. There is an immense need for education in these areas as there have been vast changes in the field of endocrinology over the past decade. Primary care providers often are faced with diagnosing many endocrine conditions such as thyroid disorders, treatment of osteoporosis, as well as male and female gonadal issues. Highlighted offerings on day 1 include plenary lectures on testosterone replacement in men, osteoporosis update and workshops with interactive case management discussions. Current controversies in lipid management due to recent guideline changes and use of obesity drugs will be reviewed. Also included is a half day focus on diabetes, the incidence of which reaches 10% in the general population. This part of the program will provide timely information on new clinical trial data and address use of new therapeutic strategies in diabetes. A key feature is a plenary lecture on cost issues related to diabetes management.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Recognize and treat common gonadal disorders in men and women
- Interpret abnormal thyroid function tests
- Discuss diagnosis and treatment of osteoporosis
- Identify and appropriately manage lipid disorders
- Review the role of medication in the management of obesity
- Discuss new therapeutics and cost issues in treatment of diabetes

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

MD/DO/PhD	\$299
Allied Health	\$249
* Resident/Fellow	\$125

The UW CME office is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to include transcript of AMA PRA Category 1 Credits™, access to online instruction materials, catering, taxes, faculty planning and salaries.

To enroll, please complete the enclosed registration form and include payment or register online at uwcmc.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

** Residency/Fellowship will require written confirmation of current status*

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel

4242 Roosevelt Way NE
Seattle, WA 98105
206.826.4242 or 866.944.4242

Rates depend on availability
Ask for UW CME conference rate

Silver Cloud Inn

5036 25th Avenue NE
Seattle, WA 98105
206.526.5200 or 800.205.6940

Rates depend on availability
Ask for UW CME conference rate

Marriott Residence Inn

4501 12th Avenue NE
Seattle, WA 98105
206.322.8887 or 888.236.2427

Rates depend on availability
Ask for "UW" rate

ONLINE CONFERENCE MATERIALS

Syllabus material will be available online at uwcmce.org (for conference registrants only) starting on **January 27, 2017**. Registrants may print and/or download the materials. A handout with the agenda and pages for note-taking will be provided at the conference (printed handouts of presentations will not be provided).

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **January 20, 2017**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **January 20, 2017**. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions: **call 206.543.1050, fax 206.221.4525 or email cme@uw.edu**.

SPECIAL SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the CME Office at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

Save the Date

November 3 & 4, 2017 - Diabetes Update for Primary Care Providers in Spokane, WA

March, 2018 - Diabetes Update for Primary Care Providers in Seattle, WA

Course Faculty

COURSE CO-CHAIRS

Irl Hirsch, MD
Professor
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Division of Metabolism,
Endocrinology & Nutrition

Savitha Subramanian, MD
Assistant Professor
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UW FACULTY

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Brent Wisse, MD
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Lorena Alarcon-Casas Wright, MD
Clinical Assistant Professor
Department of Medicine
Division of Metabolism,
Endocrinology & Nutrition

Friday, February 3, 2017

	7:30	Registration and Continental Breakfast
Gonadal Endocrinology	8:05	To T or Not T? <i>Brad Anawalt, MD</i>
	8:50	PCOS/Diagnosis and Management <i>Subbu Trikudanathan, MD</i>
	9:30	Break
Thyroid & Bone	9:50	Thyroid Potpourri: Controversies and Tricks in Management of Hypothyroidism and Thyroid Nodules <i>Mara Roth, MD</i>
	10:45	Osteoporosis Update <i>Susan Ott, MD</i>
Lipids & Obesity	11:30	Lipid Management in Primary Care: Old and New Drugs <i>Savitha Subramanian, MD</i>
	12:15	Lunch (provided)
	1:15	Practical Use of Obesity Drugs <i>Kathryn Berkseth, MD</i>
	2:00	Transition to Workshop Session 1
		<u>Workshops 1, 2 & 3 (choose 1 for each session for a total of 3 selections)</u>
		A. Calcium and Osteoporosis Cases for Primary Care <i>Abe DeSantis, MD</i>
		B. Thyroid Cases for Primary Care <i>Tracy Tylee, MD</i>
		C. Tricks in Lipid Management <i>Savitha Subramanian, MD</i>
		D. Interpretation of Abnormal Outpatient Endocrine Tests <i>Alan Faylor, MD</i>
		E. Male and Female Gonadal Cases for Primary Care <i>Arthi Thirumalai, MD</i>
	2:10	Workshop Session 1
	2:55	Afternoon Break
	3:15	Workshop Session 2
	4:00	Transition to Workshop Session 3
	4:10	Workshop Session 3
	4:55	Adjourn

Saturday, February 4, 2017

Diabetes

7:30 **Sign-In and Continental Breakfast**

8:05 Protection of the CV System in Diabetes: What Works, What Does Not, What We Do Want to Work
Dace Trencé, MD

9:00 The Costs of Diabetes: Why So Expensive and How to Manage?
Irl Hirsch, MD

9:45 **Break**

Workshops 4, 5 & 6 (choose 1 for each session for a total of 3 selections)

F. Using New Non-Insulin Injectable Therapies in Diabetes
Kathryn Berkseth, MD

G. Using Insulin in the Primary Care Setting
Lorena Wright, MD

H. Screening and Treating Complications of Diabetes in Primary Care
Brent Wisse, MD

I. Bring Your Difficult Diabetes Cases for Discussion
Irl Hirsch, MD

10:00 Workshop Session 4

10:45 **Transition to Workshop Session 5**

10:55 Workshop Session 5

11:40 **Transition to Workshop Session 6**

11:50 Workshop Session 6

12:35 **Adjourn**

Endocrinology Update for Primary Care February 3 & 4, 2017

COURSE FEES

MD/DO/PhD	\$299.00
Allied Health	\$249.00
*Resident/Fellow	\$125.00

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REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -		
Email		

PAYMENT **Residency Program, if applicable*

<input type="checkbox"/> Check (payable to University of Washington) for \$		
<input type="checkbox"/> Credit Card charge \$ <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Discover		
Card #	Exp Date	
Signature	CVV #	
<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Task

WORKSHOPS (Select 3 sessions on Friday and 3 on Saturday)

Sessions 1, 2 & 3	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> D	<input type="checkbox"/> E
Sessions 4, 5 & 6	<input type="checkbox"/> F	<input type="checkbox"/> G	<input type="checkbox"/> H	<input type="checkbox"/> I	

RETURN COMPLETED REGISTRATIONS

MAIL:
UWCME
Box 359441
Seattle, WA 98195-9441

FAX:
206.221.4525

CALL:
206.543.1050

Register online at uwcme.org